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Beth Tzedec Bulletin

VOLUME 69, NO. 1 | TISHREI 5780 • OCTOBER 2019 | WWW.BETH-TZEDEC.ORG

SOCIAL
CREATIVITY
LOVE OF
LEARNING
HUMANITY
TIPEN-MIL
RADICAL
AMAZEMENT
SELF-CONTROL
VEDUSHAH
TRANSCENDENCE
HUMANITY
OMETZ • G
AHAHAH
BRAVERY

Shanah Tovah!

Sharing the Gift of Judaism



**New York Cantors
Concert**
October 24
See p. 2

**Simhat Torah
Luncheon**
October 22
See p. 30

**Prosecuting Evil
with Barry Avrich**
November 5
See p. 48



Cantor
Yaakov (Yanky) Lemmer



Cantor
Chaim David Berson



Cantor
Netanel Hershtik

The New York Cantors

An Evening to Remember

Thursday, October 24, 7:00 PM
Beth Tzedec Congregation

Tickets: Reserved* \$180; General Admission* \$75;
Alumni/Young Adult (up to age 39) \$50

*Presented by The David and Bessie Pullan and
Sophie and Rose Pullan Endowment Fund*

For tickets and information, visit www.cftau.ca or call 416.787.9930

**Tax receipt issued for maximum allowable by the CRA*



3130-214 Bathurst Street
Toronto | ON M6A 2A1
Tel 416-787-9930
www.cftau.ca

1700 Bathurst Street
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www.beth-tzedec.org



Today the World Stands as at Birth



We are striving to enrich all of our prayer experiences through the values of relevancy, engagement, participation and respect for service flow and time.

THE SAGES DEBATED WHETHER ROSH HASHANAH CELEBRATES the first day of creation of the world or the sixth day in which humanity was formed. A key verse from our *mahzor*, recited just after the Shofar is sounded in *Musaf*, however, resolves the debate. Rosh Hashanah is the celebration of humanity.

How do we know this? First of all, the meaning of the word הרהר, *harah*, is literally pregnancy or gestation. If the prayer were referring to the creation of the world it would have used the word ברא, *bara*, (created). By using *harah*, we know the subject can only be referring to humanity. Secondly, in emphasizing היום, *hayom*, this day, the prayer also suggests that Rosh Hashanah is, as written, “no mere anniversary celebration; rather, all humanity are renewed today”. In other words, Rosh Hashanah is about us and our ability to grow; our capacity to learn, to improve, to renew.

In the six months that I have been a part of our Beth Tzedec community, we have discussed the many ways in which we want Beth Tzedec to be renewed; we want the synagogue to inspire and enable us to live meaningful Jewish lives. There is much we appreciate and seek to preserve about our sacred community.

We have a strong sense of family—multiple generations—that call Beth Tzedec home. This synagogue was built by our parents and grandparents. It is where we celebrate our lifecycles and find comfort at moments of loss or sadness.

Comfort, this too, is a significant element of our culture. We do a remarkable job of supporting each other when in hospital, in crisis, at burial, during shiva and more. When bad things happen, Beth Tzedec responds with love.

We are learners and teachers. Every week, hundreds of people of every age and stage enter our doors for Jewish learning. We teach text. We teach Jewish values and practices. We teach Jewish history, Jewish culture and current events. We speak Hebrew and Yiddish. We learn.

We appreciate coming together for prayer and spirituality whether it is through daily minyan, for Shabbat, for *haggim*, for the High Holy Days or just to sit and meditate. Our doors are always open.

This Rosh Hashanah, we shall begin again the process of renewing ourselves and our Congregation. As we

honour our past there will also be several new, innovative experiences. Allow me to highlight some of them.

For starters, we have two new rabbis! Though I have been here for six months, Rabbi Fryer Bodzin has just arrived. We both look forward to meeting you and becoming part of our shared Beth Tzedec community. We will each visit the different prayer experiences offered during the High Holy Days, but most importantly, we will be sharing the leadership of the Sanctuary and Mezzanine Services. On Day 1 of Rosh Hashanah, I'll be in the Sanctuary and Rabbi Fryer Bodzin will be in the Mezzanine. Day 2, we'll switch. And on Yom Kippur, we will each spend some quality time in the Sanctuary, the Mezzanine and in the many prayer experiences offered at Beth Tzedec.

Perhaps the most significant change this year, however, will be the inclusion of the *Imahot*, the Matriarchs, in our public recitation of the *Amidah*. We began learning the history and *halakhah* of the inclusion of the Matriarchs and the reasons behind our current practice at Shavuot. We have had two additional opportunities to learn together—the August session was conducted via Zoom and you can watch it now on our website.

Our members' robust participation made it clear that the Beth Tzedec community is open to this modernization of our prayer experience. There are certainly those who disagree with the reasoning and the outcome, but we can all be very proud of how we have respectfully listened, learned, discussed and debated such an important and emotional element of our prayers. We demonstrated what it really means to be engaged in *makhloket l'shem Shamayim*—an argument for the sake of Heaven.

Our position is that we affirm both versions of the *Avot* section (the 'a' and 'b' page in your siddur) of the *Amidah* as authentic Jewish practice. As such, our implementation will encourage lay leaders to use whichever version they use in their personal prayer publicly when they lead the repetition of the *Amidah*. Our spiritual team leaders will use the *Imahot*, the 'b' page, whenever we do so.

We began including the Matriarchs in our *Amidah* on *Rosh Hodesh Elul*, September 1. We welcome your additional questions and opportunities to learn and

discuss why this decision is important to becoming a more inclusive congregational community.

We are striving to enrich all of our prayer experiences through the values of relevancy, engagement, participation and respect for service flow and time. To accomplish this, we will include more English readings and congregational melodies throughout our services. We also hope that the *kavanot* we share to set the mood of particular prayers will inspire and help us to personalize the High Holy Day liturgy.

Another innovation for us is that we have asked Cantor Sidney Ezer to lead us at *Neilah*, the final prayer experience of the High Holy Days. He is our cantor. He knows us and we know him. Who better than him to represent and lead our entire community as we come together for the “locking of the gates” of Heaven and our closing efforts of repentance?

We hope you will join us for this meaningful moment and all the meaningful moments to come. *Hayom harat olam*. We are indeed at the moment when the world stands as at birth. As do we, individually, as family and as a Beth Tzedec community, we pray that it be filled with blessing, *simḥah* and *shlaymoot*.

Community Yom Kippur @ BT



Wednesday, October 9 beginning at 3:30 PM

On Yom Kippur afternoon, we open our doors to all—no High Holy Day tickets required. Bring your family, friends and neighbours for special learning opportunities and programs for children, teens and families.

Services: *Minḥah* at 4:45 PM and *Neilah* at 6:15 PM

Step in our doors to experience a more meaningful *Yom Tov*.

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TO CONTRIBUTE YOUR news, congratulations,
member updates or other listings, send an email
to thumphries@beth-tzedec.org, call
416-781-3514, ext. 212 or fax 416-781-0150.

Celebrating Together

There is so much going on over the High Holy Days that we need the information desk to help.



FULL DISCLOSURE: WHEN I WAS YOUNGER, YOU WERE JUST as likely to find me in the hallways during High Holy Day Services as you were to find me in the Sanctuary. Those were the days of one service, with overflow seating in the Hendeles Chapel for Kol Nidrei. As someone who has always struggled in large crowds and confined spaces, when the Rabbi announced from the pulpit for the ushers to shut all the doors so the service could begin, I felt only one thing—panic. I would focus on braiding the fringes of my father or grandfather’s *tallit* to keep me calm. Not what I would describe as an engaging experience.

Eventually, a Parallel Service was offered on Rosh Hashanah and Yom Kippur for those wanting a less formal prayer experience but one that still hit all the highlights. In the early years, the service was led by Rabbi Ben Hollander ^{z”l} and Howard Black as our *shaliach tzibur*, prayer leader. Later, Rabbi Adam Cutler and Cantor Sidney Ezer took over the Service, and over the years, it has grown and become a community unto itself. That being said, the two offerings at Beth Tzedec continued to be of the traditional mode of service.

Approximately five years ago at a Board meeting, Sharon Bacal lamented that there was nothing being offered on the High Holy Days for the young adult member, the less engaged member or the member who was simply not finding the offered services meaningful. Sharon, with Board support, was tasked with creating programming over Rosh Hashanah that could appeal to those members. A High Holy Day Committee was formed and that first year *Connect Talk!* was introduced—a breakaway session for 20s and 30s in discussion with high-profile members of our Congregation. Coffee and cookies were available in the Connect Lounge and it was a less formal opportunity for people to learn together. It was an instant hit.

Every year since, the High Holy Day offerings at Beth Tzedec have grown. The High Holy Day Committee, presently chaired by Gary Elman and Larry Wallach, became a permanent offshoot of the Ritual Committee. They are always looking for new ways to engage a broader range of members. *Connect Talk!* has continued and we have expanded to *Hot Topics* for all ages with past themes such as “Abraham on Trial” and “Israel and the Diaspora: One People Divided by a Common Religion?”

We’ve also added an enhanced Family Service, a Short and Sweet Service, a *Kehillah* Inclusion Service for individuals with special needs, a Spiritual Exploration service with Rachel ‘Bluth’ Rosenbluth (a personal favourite!) and a panel discussion during the afternoon break on Yom Kippur. There is so much going on over the High Holy Days that we need the information desk to help direct people to the different offerings available!

Last year, while volunteering at the information desk on the second day of Rosh Hashanah, I couldn’t help but think of my younger self, hanging out in the halls instead of being in the Service with my family, and noticed how few people that day were in the halls. All of a sudden, there was a rush of people from all directions. It was a flurry of activity—was there a lull in the Service, people leaving for the day or the Rabbi’s sermon perhaps? And within a couple of minutes, the hall was empty once again. It took me a moment, but I realized that all the people I had seen had either been at a *Hot Topics* session, were going to one or were heading to the Spiritual Exploration Service or one of the other service options. It was truly gratifying to see that what began as an experiment a handful of years ago had expanded into such successful programming.

This year, for many of you, the High Holy Days will be your first opportunity to see Rabbi Wernick and Rabbi Fryer Bodzin in action. Please take the opportunity to welcome them to our *kehillah*. Once again, there will be *Hot Topics* and *Connect Talk!*, with sessions on varied topics such as the 2018 Survey of Canadian Jews, the legacy of residential schools in Canada, language surrounding LGBTQ+ spaces and so much more. I encourage you to read through the *High Holy Day Guide* that comes with your tickets to find a program or service that speaks to you. I know that it has enhanced the *Yamim Noraim* for me. I would love to hear your feedback about the services and programs that are being offered. On behalf of the Board of Directors, I wish you and your families *Shanah Tovah U’metukah* and *G’mar Hatimah Tovah*. Wishing you all good health, happiness, peace and prosperity.

—Debbie Rothstein, President

NOTABLE SPEAKERS SERIES

News & Views from Prominent Scholars and Personalities

Engaging ideas in current Jewish affairs, politics, arts and science with note-worthy community figures.

Wednesdays: 1:00 PM Light Lunch / 1:30 PM Lecture

October 23 The Shoe Project Experience the heart-wrenching stories of female immigrants as they recount their amazing journeys to and arrivals in Canada with Katherine Govier.

October 30 Lifestyle and Healthy Brain Aging Dr. Deirdre Dawson, senior scientist at Baycrest's Rotman Research Institute, presents the latest research on brain aging and proven approaches to protect your brain health as you age.

COST: Beth Tzedec members: Eight sessions: \$80; Four sessions: \$50 / Non-members: Eight sessions: \$100; Four sessions: \$70; Per session: \$20

November 6 Canada on the World Stage Dr. Adam Chapnick, professor of Defence Studies at Royal Military College, explores Canada's past, present and future, including its international interests and how and whether the Canadian government should pursue them.

November 13 Volunteering Opportunities for the Betterment of the Jewish People Ryla Braemer, director of Israel Engagement, UJA Federation, joins us to share new, innovative approaches to connecting communities locally, globally and in Israel.



Baycrest



Sponsored in memory of Anne Firestone^{z"l}

Register online at www.beth-tzedec.org/login or call 416-781-3511. Pre-registration required.

Salmon Run

TASHLIKH AT THE HUMBER RIVER



**Sunday, October 6
from 4:00 to 6:00 PM**

Join Beth Tzedec's 20s and 30s and Young Families for a unique *tashlikh* experience as we connect to nature during this season of reflection and *teshuvah* (repentance). Just as the salmon have to swim upstream, we too have to work towards becoming the people we strive to be.

RSVPs requested through [Eventbrite.ca](https://eventbrite.ca)
(<https://tinyurl.com/Salmon-Run-Tashlikh>)



CALLING ALL FAMILIES

SUKKAH DECORATING PARTY!

Sunday, October 13 from 10:00 AM to 1:00 PM

Come decorate the Beth Tzedec Sukkah and enjoy lunch, games and community. We are looking for artists, crafts-people, decorators and hanger-uppers. All ages and all families welcome! Teens can get community service hours. No charge.

For more information, contact Daniel Silverman at 416-781-3514, ext. 231 or dsilverman@beth-tzedec.org.

Giving From the Heart

... listening to your heart is much more valuable than always making decisions with just your head.



ALMOST DAILY, WE ARE HIT WITH AN endless barrage of requests for money and donations. There are so many good causes and so many good reasons to give; it can be hard to decide what we value most and what we want to support.

My great aunt Rose^{ah} used to say that “everyone who asks, should get something”. Sure, she and my uncle Jack had their faves, (like the shul, Hadassah, a hospital in Israel), but no one who knocked on their door ever left empty-handed. Aunt Rose and Uncle Jack never had a lot but they always gave freely from their hearts, “even if it’s just a dollar”. And back then, a dollar was a dollar.

It’s a spirit I hope we can all live by, because it’s a spirit that can bring us closer to tackling some of the biggest issues of our age: hunger, disease and the future of the Jewish people.

While we might not think of a Jewish future in the same pressing way we think about other causes, the demands and freedoms that come from living in a modern world mean that we’re seeing more people choosing not to affiliate with the community, not to support our institutions and not to give at all.

Today, we have the freedom to choose to disassociate, disaffiliate and even disdain all that has held us together for over 3,000 years. Our tapestry of Jewish customs and laws, woven together to create a value-added

value system, provides a roadmap that guides us through life—but it’s a roadmap that many of us are leaving behind as we hit the freedom highway.

Of course, you don’t have to be Jewish to be a good person. But embracing a Jewish way of living means holding ourselves to unique standards of love, compassion and care for ourselves and our communities. It means seeing and helping strangers, hugging your child when you are tired, tossing the ball with your energetic grandkids—because you can and because Judaism calls on us to be the best versions of ourselves, giving deeply and genuinely from our hearts. And we all know how good it feels when we do something good.

We encourage people to have a heart. Or when we want to really touch someone, we speak from the bottom of our hearts. “The heart,” write Ed and Deb Shapiro, “is the essence of your spiritual and emotional being ... listening to your heart is much more valuable than always making decisions with just your head.”

Thinking requires the brain, but living and acting Jewishly demands a willing heart. When we act without consciousness of being—without heart—we risk missing the opportunities that make life worth living. When we give from the heart, we give in ways that we hope others will emulate. When we give from the

heart, we give to the heart and our words, deeds and contributions leave a lasting impact on the world.

Through beginning a New Year, I am reminded of the last major festival—Pesah. It was in ancient Egypt that God “hardened” Pharaoh’s heart. God revoked Pharaoh’s freedom of choice and took away his heart, so that even in the face of devastation, he and his people suffering, Pharaoh refused to allow the children of Israel freedom.

Thankfully, God has not hardened our hearts. We have the opportunity and the potential to open our hearts, act out of love and compassion and grant others the freedom to be who they are and who they are meant to be. Today and tomorrow, I urge you to give from your heart, with your heart and use the strength of that giving spirit to inspire positive change in the world.

To our community, to your families and for our future, give—not until it hurts but until it feels good.

To make a gift that will strengthen our *kehillah*, please feel free to contact me at 416-781-3514 ext. 211 or rspiegel@beth-tzedec.org.

Shanah Tovah.



WINTER MOVIE AFTERNOONS

Mondays in January at 1:00 PM. Watch for information coming soon.

of Israel Conservative Juda-
Monday Night Summer Leau
ing a Mensch Ethical Widom
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Twilight Rabbi Jennifer Gorman
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MONDAY NIGHT LEARNING



Learn to Read Hebrew with Lorne Hanick

Monday evenings, beginning October 28 from 7:15 to 8:15 PM

Ritual director Lorne Hanick leads a course in Hebrew reading for beginners and near-beginners who want to learn to read with fluency. Upon completion, students will be comfortable reading Hebrew at synagogue services and following the Torah Reading.

COST Beth Tzedec members: \$40 plus \$36 materials fee; Non-members: \$90 plus \$36 materials fee; Members participating in the 'Friends Campaign' pay only materials fee of \$36.

For more information or to register, contact the Synagogue office at 416-781-3511 or info@beth-tzedec.org

Learn Talmud at Your Own Pace with Rabbi Steven Wernick

Monday evenings, beginning November 4 from 7:30 to 9:00 PM

One of Judaism's greatest strengths is its affinity for diverse opinions and the debate, for the "sake of Heaven" to implement God's will in our lives. The Talmud is the source from which this affinity for debate and the code of Jewish *halakha* (law) is derived. For many, the study of *Talmud* can seem overwhelming. In this weekly class series, learn at a slow and deliberate pace, sequentially studying a single page of Talmud throughout the week, with Shabbat designated as a day for personal review.

COST No charge for Beth Tzedec members; \$25 for non-members.

The Beth Tzedec Sisterhood wishes everyone a happy and healthy *Shanah Tovah*.



Mazal Tov to our B'nei Mitzvah

WHO HAVE COMPLETED OUR BAR/BAT MITZVAH PROGRAM



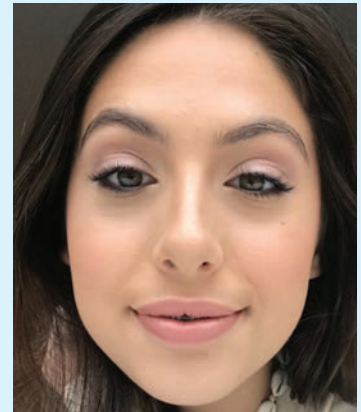
October 5
Cole Abramson
son of Edward Abramson and
Robina Abramson-Walling & Ian Walling
נתן בן יהודה ובינה



November 7
Jake Mandel
son of Paul & Jodi Mandel
שי בן פישל מענדל הכהן
ויחיאלה



December 5
Jack Neuberger
son of Joseph Neuberger
and Adi Lea Waksman
יעקב אברהם בן יוסף ועדי לאה



December 14
Maia Randi Simmons
daughter of Teddy & Martha Simmons
הינדא חנה בת דב הכהן
ויטא חיה



SHABBAT ON TUESDAYS: A MUSICAL KUMZITZ

November 19, December 17, January 21,
February 18, March 24 and May 19
from 8:00 to 9:00 PM

Join Cantor Sidney Ezer, choir director Ezra Burke and Yacov Fruchter on the third Tuesday of each month at 8:00 PM for an uplifting sing-along highlighting familiar and less familiar melodies that will be featured at Shabbat at the Floor and Shabbat/Festival morning services. No registration required. Expand your musical repertoire and feel more comfortable singing along during services. No charge. Everyone welcome.

Kehillah Inclusion Service for the High Holy Days

**Rosh Hashanah Day One—Monday, September 30
and Yom Kippur—Wednesday, October 9
10:30 to 11:15 AM**

Beth Tzedec is pleased to once again offer the *Kehillah* Inclusion Service, an adapted service for individuals with special needs and their families. This service offers a hands-on, spiritually uplifting and educationally exciting holiday experience for every participant. Open to members and non-members, the *Kehillah* Inclusion Service is for the whole community.



To ensure your spot and for other inquiries, please contact Klara Romm at 416-781-3514, ext. 220 or kromm@beth-tzedec.org.



Lishma Jewish Learning Project launched in November 2018 in Toronto. We are a community of learners in our 20s and 30s, excited to share our desire for greater Jewish engagement. We are willing to ask questions of our tradition and we want to explore how it informs our lives today. We hope you'll be part of it.

Semester 2: Oct 30, Nov 6/13/20/27, Dec 4 @ Miles Nadal Jewish Community Centre

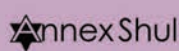
Hands-On Track:
Jewish Self-Care through the Arts with Or Har-Gil

Judaism + Modernity:
Faith Based Social Justice with the Lishma Team

Text and Context:
6 Amazing Texts with Rabbi Zachary Goodman

For information or to register, visit www.lishma.com

Presented by:



Milestones and celebrations



We can't share your good news unless you tell us about it. Send an email to thumphries@bethzedec.org, or call us at 416-781-3514 ext. 212. **Deadline for the next Bulletin covering January through March is November 15.**

Births

Hallie Bea, daughter of ALYSSA TANZ-MALACH & EVAN MALACH, granddaughter of MAUREEN & BERNIE TANZ and FRAN & HOWARD^{z"l} MALACH, great-granddaughter of BETTY PLOTNICK, GILDA TANZ, MARTIN KELMAN and MARK & JACQUELINE TANZ, born May 10.

Milo Layton, son of PETER & NICOLE SCHWARTZ, grandson of ALAN & ARLENE SCHWARTZ and DR. MISHA & BATIA LAZARCIUC, born June 4 (in New York).

Ethan Charles, son of JOSHUA AXLER & TARYN BEBER, grandson of JEFFREY & HELENA AXLER and JEFF BEBER & CORI CAPP, great-grandson of HARVEY & FLORENCE CAPP, born July 9.

Jack Max, son of SARAH & JORDAN APPLEBAUM, grandson of THE LATE NIKI BLEDIN, GEOFFREY BLEDIN, FRAN APPLEBAUM and STEVEN APPLEBAUM, born August 1.

Georgia Daisy, daughter of JULIE KLEIN & WILL MILLER, granddaughter of ALISSA & DONALD KLEIN and MARTHA & THE LATE HARRY MILLER, great-granddaughter of MIRIAM LIBERMAN, born July 10.

Ezra Yosef, son of RABBI HARTLEY & STACIE PERLMUTTER, grandson of JOANNE & JEFFREY PERLMUTTER and ELYNN & GARY ROSENBERG, great-grandson of MERVIN & MYRNA LASS and BURT BIRNBAUM & BARBARA KAMHI, born August 5.

Weddings

Ally Krystal, daughter of MARCIA LIGHT KRYSTAL & STEPHEN KRYSTAL, granddaughter of MARYLYN & THE LATE IZZIE (ISADORE) LIGHT, and **Harley Meirovich**, son of HEIDI & BRIAN MEIROVICH, grandson of ROSALINE KLUGER, who were married July 5.

Sabreena Peters, daughter of ALAN & FRANCINE PETERS, and **Jason Craig**, son of TONY & BETTY CRAIG, who were married September 1.

Linda Marleny Dow, daughter of ASTRID & PAT DIFRANCO, and **Joel Pearl**, son of ROCHELLE & BRIAN PEARL, who were married September 9.

Congratulations to

Gillian Blustein, daughter of MYRA & STEVEN BLUSTEIN, granddaughter of RUTH & LONY GROPPER and THE LATE MARY & MURRAY BLUSTEIN, and **Joshua Cohen**, son of DEBBIE & FARLEY COHEN, grandson of EVELYN & THE LATE ANDREW SPITZER and THE LATE MARY & ABE COHEN, on their engagement.

Dr. Mervyn & Frances Deitel, who celebrated their 57th anniversary on June 18.

Laura Elman, daughter of JAN & GARY ELMAN, granddaughter of JESSIE & STANLEY GOLDSTEIN and PEARL & DAVID ELMAN, and **Zane Brickman**, son of MARLENE & MICHAEL^{z"l} BRICKMAN, grandson of URI BRICKMAN, on their engagement.

Rabbi Robyn Fryer Bodzin, on being chosen to participate in the "Clergy Leadership Program" of the Institute for Jewish Spirituality.

Jacob David Glaizel, son of DR. JEFF GLAIZEL & LISA ENGLE, grandson of DR. FRED & JOCELYNN ENGLE and HERZL & BARB GLAIZEL, who celebrated his Bar Mitzvah on August 19 (in Jerusalem).

Dr. Albert & Sabina Green, who celebrated their 60th anniversary on July 19.

Shanna Kirshenblatt, daughter of PERRI & ELLIOT KIRSHENBLATT, granddaughter of ROSLYN & THE LATE RALPH HALBERT and ESTHER & THE LATE LOU KIRSHENBLATT, and **Lucas Slan**, son of SHAWNEE & HERSH GLICKMAN and PAUL SLAN, on their engagement.

Brenda Harris Singer, who was appointed a member of Order of Canada, recognizing her outstanding achievement and dedication to the community and to service to the nation for her contribution to the field of mental health.

Lyon Wexler, who celebrated his 85th birthday on July 11.



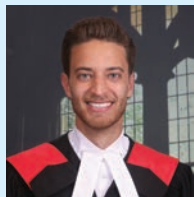
Rabbis Robyn Fryer Bodzin, Steve Wernick and Baruch Frydman-Kohl welcome the *kehillah* to services.

Mazal Tov to Grads



Evan Goldman, son of DAVID GOLDMAN & JUDY LITWACK GOLDMAN, who graduated from the Smith School of Business at Queen's University with a BComm degree.

Jordana Goldman, daughter of DAVID GOLDMAN & JUDY LITWACK GOLDMAN, who graduated from Ryerson University with a Masters degree in Journalism.



Avery Kalpin, son of LESLEY & RANDY KALPIN, grandson of CAROLE & ARTHUR ANDREWS and JEAN & JERRY KALPIN, who graduated from the University of Ottawa, Faculty of Law with a Juris Doctor Degree Cum Laude, Common Law Section, and who passed the

Canadian Law School Bar Exam.

Rabbi Rachel Rosenbluth, daughter of DR. ALLAN ROSENBLUTH & ELLEN KACHUCK ROSENBLUTH, who graduated from Beit Midrash Har El with Semikhah Rabbinic Ordination. It is the first Orthodox rabbinic program in Israel that is ordaining women and men.

Yacov Fruchter, Beth Tzedec's Director of Community Building and Spiritual Engagement, graduated from Emmanuel College, University of Toronto with Masters in Pastoral Studies with a certificate in Spiritual Care and Psychotherapy. Yacov is the first Jewish student to graduate from this program.

Many Thanks to

Alan & Lorraine Sandler, who sponsored a *Seudah Shlisheet* on June 22 to commemorate the yahrtzeit of **Sonia Weinstock**.

The Carr and Allen Families, who sponsored a *Seudah Shlisheet* on July 6 to commemorate the yahrtzeit of **Lillian Carr**.

Rabbi David & Alexis Lerner, who sponsored a Congregational Kiddush on July 13 to honour the birth of their son **Levi Unkie Lerner**.

Rabbi Baruch & Josette Frydman-Kohl, who sponsored a Congregational Kiddush on July 27 to honour the Beth Tzedec community and to mark his transition to Rabbi Emeritus.

Jamie Golombek & Christine Perry, who sponsored a Congregational Kiddush on July 27 to honour their marriage.

Norman & Jackie Kahn and family, who sponsored a *Seudah Shlisheet* on August 10 to commemorate the yahrtzeit of **Jonathan Kahn**.

Tom & Elaine Ungar, who sponsored a Congregational Kiddush on August 24 to honour the marriage of **Allan Ungar & Jessica Ringel**.

Brian, Rochelle and Lorne Pearl, who sponsored a Congregational Kiddush on September 7 to honour the marriage of **Joel Pearl & Linda Marleny Dow**.

Rabbi Steven & Jodi Wernick, who sponsored a Congregational Kiddush on September 7 to honour their 27th anniversary.

Ruthe Mann and family, who sponsored a *Seudah Shlisheet* on September 14 to commemorate the yahrtzeit of **Grace Longert**.

Edward Abramson, who will sponsor a Congregational Kiddush on October 5 to honour the Bar Mitzvah of his son **Cole Abramson**.

John Black & Eve Rubenzahl, who will sponsor a Congregational Kiddush on November 2 to honour the Bar Mitzvah of their son **Joseph Black**.

Paul & Jodi Mandel, who will sponsor a Congregational Kiddush on November 9 to honour the Bar Mitzvah of their son **Jake Mandel**.

Joseph Neuberger and Adi Waksman, who will sponsor a Congregational Kiddush on December 7 to honour the Bar Mitzvah of their son **Jack Neuberger**.

Ted & Martha Simmons, who will sponsor a Congregational Kiddush on December 14 to honour the Bat Mitzvah of their daughter **Maia Simmons**.



The Beth Tzedec Sukkah has been donated in memory of Sam & Minnie Sitzer.

Many of the decorations were provided by the Greenspan Family.

Ancient Lessons for a Modern Life



From the rabbinic era through the medieval period and into today, Jewish thinkers and philosophers have been helping us achieve a sense of *shlaymoot*.

WHILE IT DOES NOT happen often enough, every now and then I pick up across a book that I can read in a 24-hour period. In a 24-hour period I can inhale it and close the book with a new understanding of the world.



In May, the book *Who We Are* by Tom Rath and Jim Harter was highly recommended to me. Since I was relocating to a new community that was creating a Centre for Spiritual Well-Being, I thought it would be worthwhile to at least crack open the book. I was captivated on the first page when the authors wrote that wellbeing isn't just about being happy. That was contrary to my understanding. They claim that wellbeing is about the combination of our love for what we do each day, the quality of our relationships, the security of our finances, the vibrancy of our physical health, and the pride we take in what we have contributed to our community.

The authors outlined five life elements that are essential to most people: career, social, financial,

physical and community wellbeing. According to their data, only seven percent of people are thriving in all areas. Or as I understand it, probably all of us are lacking in at least one of the areas. Few of us are able to achieve a sense of *shlaymoot*, or wholeness, but it is aspirational and attainable.

At the same time that I dove into this book, I was teaching on Shabbat afternoons from *Pirkei Avot Lev Shalem*, a new volume of *Ethics of our Fathers* which is similar to the *Mahzor Lev Shalom* used at Beth Tzedec for High Holy Days. It includes the ancient *mishnaic* text from 2,000 years ago, with commentary that makes it accessible to the modern reader.

So much of what Rath and Harter wrote can be found within the wisdom that our rabbis shared thousands of years ago. Some of Hillel the Sage's most popular teachings are recorded in *Pirkei Avot*.

We can connect the importance of community and social well-being to "if I am solely for myself, than what



kind of person am I?" (1:14) and "do not separate yourself from the community" (2:4).

We can connect financial wellbeing to the famous question "Who is the one who is content with little?" (3:1).

It is on the importance of career well-being can also be learned from *Pirkei Avot*—the Shabbat days are a wonderful opportunity to explore the text and find your own connections to the pursuit of well-being.

From the rabbinic era through the medieval period and into today, Jewish thinkers and philosophers have been helping us achieve a sense of *shlaymoot*. If you are a seeker, I hope that the opportunities that will stem from the Centre for Spiritual Well-Being can be a resource for you.

While I have not yet been able to connect every name with every face at Beth Tzedec, I look forward to getting to know more of you in the weeks, months and years to come.

THE HA-HA HUT
A 20s and 30s Comedy Shabbat in the Sukkah
Friday, October 18 at 6:00 PM

Beth Tzedec 20s and 30s invite you to spend a special Shabbat in the Sukkah where you can expect to laugh your *schach* off.

Enjoy a catered Shabbat meal and a hilarious performance by professional improvisers. Cost: \$18 per person. RSVPs required by **Monday, October 7.**

REMEMBRANCE DAY SHABBAT

Saturday, November 9

Shabbat Shāharit Service—8:45 AM

Join Cantor Sidney Ezer and the Beth Tzedec *Shir Hadash* Ensemble as they present this meaningful Remembrance Day Shabbat Service honouring our veterans and incorporating popular hymns as well as songs from the First and Second World Wars.



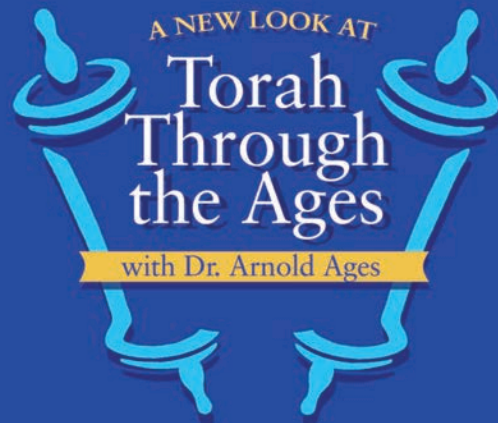
Calling all young talented singers ages 8-12 and teens 13 and up for

Cantor Sidney's:
e-SID (Choral Singers In Development)
Program

Do you enjoy singing but can only commit for a short time? Earn school volunteer hours and a \$50 stipend singing with Cantor Sidney Ezer and the Beth Tzedec *Shir Hadash* Ensemble during a few special services and concerts throughout the year. Approximately two rehearsals for one to two hours needed in preparation for each event.

Teens and young adults: Have more time and interest to commit for the whole year? Have strong music skills and want to eventually be a full-time member of the choir? Earn school volunteer hours and \$50 per month. Rehearsals are approximately twice per month, two hours per rehearsal.

For information, contact Cantor Sidney Ezer at 416-781-3514, ext. 296 or cantorsid@beth-tzedec.org



**Thursday mornings from
10:00 to 11:00 AM**

Dr. Arnold Ages includes in his Torah study sessions a brief survey of news items relevant to the *parashah*, short book reviews of recent Jewish books, a Talmud-corner from various tractates and an in-depth look at the weekly Torah portion with traditional and modern commentaries.

No charge.

*Generously sponsored by the
John and Molly Pollock Lectures*

I Hope You Like Jammin’



Here are some of the major musical undertakings we have planned for the upcoming year and I invite you to be a part of all of them.

“We’re jammin’
I wanna jam it with you
We’re jammin’, jammin’
And I hope you like jammin’, too.”

These opening lyrics from the 1977 hit by Bob Marley and the Wailers encapsulate some of the new and exciting musical programming in store at Beth Tzedec for the upcoming year.

One such initiative is our new *Shabbat on Tuesday: A Musical Kumzitz*. On the third Tuesday of each month, why not join me, Yakov Fruchter and our talented Beth Tzedec *Shir Hadash* Ensemble choir director, Ezra Burke, as we gather for an hour of informal sing-along, learning familiar and less familiar Shabbat and festival songs. Expect to hear Carlebach and other traditional favourites, but also be ready to experience an eclectic array of music from contemporary composers and diverse Jewish communities.

Our Shabbat at the Floor Service features melodies currently popular within the independent *minyanim*, and you can expect more of the same from these sessions. Come sing the inspiring *niggunim* and tunes of Joey Weisenberg, Shira Hadasha, Hadar, Romemu and Nava Tehila. We have always presented a vast array of Sephardic and Ashkenazi melodies from around the globe. Open your minds and expand your understanding of Jewish music as we explore different pathways for approaching prayer texts.

Although Yakov, Ezra and I will be running these sessions, we are open to suggestions. Perhaps there is a particular Shabbat, High Holy Day or festival melody you know that you have been dying to teach. Maybe there is an Israeli song you love, either liturgical or secular. So step right up—at each session there will also be an opportunity for members of the community to share a song or two with the group. Do you play an instrument? Then bring it along and join the jam session! There is something for every age and musical taste in this monthly gathering of song. (There will also be some light refreshments to snack on, because what’s a gathering without great food?)

The default space for our *Shabbat on Tuesday* will be at Beth Tzedec’s Beit Alpha Floor. We are also hoping to host sessions in other places in the neighbourhood—

perhaps in a home near you. So come on out and help build our singing community!

I can’t remember the last time we held a Hanukkah concert, and although the holiday falls right in the middle of winter break and peak travel season this year, we won’t let that deter us. Get into the spirit of the season two weeks early, get first dibs on *sufganiyot* and chocolate gelt and join us Sunday, December 8 at 7:00 PM for a musical evening of new and traditional Hanukkah favourites featuring myself, the Beth Tzedec *Shir Hadash* Ensemble and young, talented voices from our community.

Yes, that’s right—we’re looking for musically talented teens and young adults! If your son or daughter likes to sing or play an instrument, perhaps they would like to join our Hanukkah concert, either with a solo piece or by performing in a small ensemble. Any young musical prodigies interested in participating in this Hanukkah gig are most welcome.

This year, *Shabbat Shirah* falls in February, which is Black History month. So “Go Down Moses and tell of Pharaoh!” Beth Tzedec is planning an inspirational musical weekend celebrating *Shabbat Shirah* and Black History month and examining the shared Black and Jewish experience, each with its own exodus. Join us for a spiritual Shabbat morning service and a Saturday evening interfaith concert on the theme of slavery and freedom. Keep your eyes peeled for further details about this amazing weekend.

In the spirit of community, we’ll be offering another *kumzitz*-like event later in the year as we have the opportunity to gather to celebrate Lag Ba’Omer like we’ve never done before. Join us as we sing inspirational songs exalting Rabbi Shimon Bar Yohai and learn other general songs for the holiday, written by Israeli composers. Musicians are welcome to bring their instruments as well. Watch for further details in upcoming bulletins.

These are some of the major musical undertakings we have planned for the upcoming year and I invite you to be a part of all of them. Our goal is to reach out to music aficionados of all ages and celebrate Beth Tzedec’s legacy as a synagogue that’s passionate about music. Please don’t hesitate to reach out to me with your ideas and feedback.

MENTAL HEALTH EMPOWERMENT DAY

WHAT I
WISH YOU
KNEW



OCTOBER 27, 2019 10:00 AM to 1:00 PM

INFO: WWW.MHED.CA; TICKETS AVAILABLE THROUGH EVENTBRITE.CA



Saving Lives,
Supporting Families,
Strengthening Communities.



The Beth Tzedec Centre for
Spiritual Well-Being

ISRAEL IMAGES: A PHOTOGRAPHY EXHIBIT

by Marvin Cooper

Exhibit Opens Thursday, October 31 at 7:30 PM



Remember to Breathe

Through countless personal and professional experiences, I've learned that the sacredness and importance of each breath cannot be taken for granted.



“YACOV, TAKE A BREATH!”

When my instructor at a recent boxing class noticed that I was holding my breath during an entire boxing combo, he reminded me of something obvious, but necessary. Something that I try to remember both in the boxing ring and in my everyday life. On December 23, 2011, I held my breath as my first child Sheelo was born, and I did not release it until she took her first one.

On January 12, 2018, I had the painful honour of holding it once again as we witnessed my mother taking her last.

In July, in my last week at Toronto General Hospital after four summers of interning in the Spiritual Care department, I comforted a grieving daughter who was in shock and inconsolable as she confronted her father's death. I sat with her, our eyes locked as she breathed with me, following my lead, calming her in the moment, even though I knew that there were many more tears to cry and more heartache ahead.

It says in the Torah that when God created humans, we only came to life when God breathed life into us.

“The Lord God formed man from the dust of the earth. He blew into his nostrils the breath of life, and man became a living being” (*Genesis 2:7*).

Through countless personal and professional experiences, I've learned that the sacredness and importance of each breath cannot be taken for granted. Just as God infused us with the original breath, through divine mercy we have been gifted with structure through which to combat breathlessness and wasted breath;

community and Shabbat.

As my time at Toronto General Hospital came to an end, I found myself working eight straight days, including a very rare Saturday morning shift and facing some very challenging patient interactions. Though I still participated in a beautiful Friday night Shabbat dinner, the whole next week felt uncalibrated and out-of-sync, as both my circadian and weekly rhythms felt off.

It turns out that I need those 25 hours from Friday sunset to the witnessing of three stars on Saturday night to catch my breath so that I can feel whole and rested, consistent with Rabbi Mordechai Kaplan's words: “An artist cannot be continually wielding his brush. He must stop at times in his painting to freshen his vision of the object, the meaning of which he wishes to express on his canvas. Living is also an art. The Sabbath represents these moments when we pause in our brushwork to renew our vision of the object. Having done so we take ourselves to our painting with clarified vision and renewed energy. This applies alike to the individual and the community.

For the individual the Sabbath becomes thereby an instrument of personal salvation; for the community an instrument of social salvation.”

When working with struggling conversion students, desperate to feel part of the Jewish people and get the most out of Jewish wisdom and tradition, I remind them that Judaism is not a solo sport. We must practice Judaism as part of a community to experience it as the soul enriching and life-giving tradition it is meant to be. Breathing life into each other through our active care, presence and participation in community is very much the way in which we live up to our responsibility as “images of God.”

As we transition to a new spiritual leadership team, it is time to release the collective breath we have been holding, knowing that we will be lovingly led by Rabbi Wernick, Rabbi Fryer Bodzin, Cantor Ezer and the rest of the Spiritual Leadership team. We have a special year planned with many opportunities to feel inspired, to learn together, to care for each other and to breathe deeply together as we begin a new year.

B'Shalom,



Rabbi Frydman-Kohl and Lishma class participants, June 2019.

SIMHAT TORAH

YOUNG CHILDREN'S PROGRAM AND FAMILY DINNER

Monday, October 21 beginning at 5:00 PM

Enjoy holiday crafts, games and a kids' Torah parade (recommended for children up to age 7), followed by a dinner for pre-registered families of all ages beginning at 6:00 PM. The party continues at 6:45 PM with our synagogue-wide *Hakafot*—singing, dancing, candy, food and drinks.



No charge for children's program. Cost for dinner: \$20 adults; \$15 youth (ages 5-13); \$5 child (ages 1-4).

Dinner reservations required. Reserve online at www.beth-tzedec.org/login or call 416-781-3511 by Friday, October 11.

Modelling Jewish Ethics



Judaism has always placed a high level of importance on moral and educational development.

AMIDST ALL THE JOYS, CHALLENGES AND RESPONSIBILITIES of raising and educating children, I am often focused on the task of instilling a strong sense of values and principles. Parents, teachers, adults and community leaders all have the opportunity, if not the responsibility, to help children of all ages grow and develop into the moral beings we want them to become.

Judaism has always placed a high level of importance on moral and educational development, but with the growth of moral education in the secular world, Jewish learning and teaching now has a broader model to borrow from in an effort to combine moral development and educational development. In the opening chapter of her book *Transmission & Transformation: A Jewish Perspective on Moral Education*, my teacher Carol Ingall asks and answers the following questions, albeit in the context of the American Jewish community:

“What is the goal of Jewish moral education? Is it the transmission of time-honoured norms in order to preserve a beleaguered Jewish people, beset by defection and inter-marriage? Is the goal the creation of a personal values map to find one’s way through a shadowy landscape menaced by greed, exploitation, and materialism? It is both, and that is why it is so difficult” (Ingall, 5).

Prof. Ingall then offers eight E’s of moral Jewish education:

- 1) Excellences—the virtues, values or *middot* that we are striving for;
- 2) Environment—being conscious of creating settings that demonstrate care;
- 3) Experience—giving children the opportunity to experience situations of moral education;
- 4) Expectations—always pushing to become better people;
- 5) Explanation—creating opportunity for dialogue, offering context, avoiding indoctrination;
- 6) Examination—conveying the analytical skills for processing moral situations;
- 7) Exemplars—being moral leaders for children; and
- 8) Empathy—understanding that this is a developed skill that must be nurtured.

This long list encompasses the structure of moral education. The skills, values and feelings that we want to use this structure to instill include compassion, friendship,

love, justice, righteousness and mercy, to name only a few.

Successfully implementing all of this is not easy. It means talking to children about the meaning of these words and concepts. It means demonstrating them in our day-to-day lives. It means exposing children to experiences that positively reflect these values and also experiences that are oppositional to these values. It means debriefing these experiences to build further understanding and entrench a moral sense of self. In short, as parents, educators and role models, instilling a strong Jewish moral sense of self in children is hard and demanding work.

The High Holy Day season is peppered with many of these moral concepts. The task we must take on is figuring out how to extract these concepts from the prayer book and translate them into ongoing feelings and actions, all at an age-appropriate level.

So, a few suggestions.

- 1) If you go apple picking before Rosh Hashanah, pick an extra bag of apples, discuss in advance that there are people who don’t have money to buy fresh produce and then go as a family to drop off the apples at a food bank. When you are there, try speaking to an employee, a volunteer or a client and make sure that children either participate in the conversation or that you are using child-appropriate language so that they can follow.
- 2) If you build a sukkah, try sleeping in it for one night, or at least spend part of the night outside (I know that the Toronto racoon population make sukkah sleeping a hazardous proposition), and then discuss how it felt and what it might feel like for those who have to sleep outside regularly. Then in the winter, volunteer with Out of the Cold and connect it back to the Sukkot experience.
- 3) Help children develop a list of things they have done that might have been hurtful to others, then simulate the *tashlikh* ritual of casting the list away. Ask the child how it felt to first make the list, and then to rid themselves of it.

Our world right now seems to need morally strong people in all walks of life. Let us use this High Holy Day season to focus on strengthening the moral character of our children so that future generations can continue to strengthen and repair our world.

What's in a Name?

We want to be respectful, but it can be awkward to ask outright what people would prefer to be called.

REB, RAB OR RABBI? HAZZAN OR CANTOR? REV? IT CAN BE tricky to work out how to address the members of our Spiritual Leadership team. We want to be respectful, but it can be awkward to ask outright what people would prefer to be called. And of course, like many spiritual leaders, they often turn your question around on you ... “What would you like to call me?”

But no more! With all of the new faces at Beth Tzedec this year, we thought it was a good time to clarify how to address each member of our Spiritual Leadership team.

Reb Steve—Rabbi Steve Wernick prefers the informal “Reb,” (from Rebbe), paired with his first name.

Rabbi Fryer Bodzin—Rabbi Robyn Fryer Bodzin, who uses she/her pronouns, prefers the traditional title-surname format. Just try to remember that there's no hyphen in Fryer Bodzin!

Rav Baruch—Credited with starting the first-name trend at Beth Tzedec, Rabbi Baruch Frydman-Kohl also prefers a shortened version of “Rabbi”.

Cantor Sidney—When asked about his preferred address, Cantor Sidney Ezer said that he prefers people use his first name, and most members go with Cantor over *Hazzan*.

Lorne—Ritual Director Lorne Hanick is happy to be called by his first name.

Yacov—Yacov Fruchter, Director of Community Building and Spiritual Engagement, uses he/him pronouns and is happy to go by his first name. While we briefly tried to make “Reb Yacov” happen, it never quite stuck.

Rabbi Lerner—Rabbinic Intern Rabbi David Lerner also likes the traditional title-surname format. Although still in his fifth year at the Jewish Theological Seminary (JTS), using the ‘rabbi’ honorific at Beth Tzedec is helping him adjust to the weight and responsibility of the title.



HANUKKAH
GLASS-MAKING
WORKSHOP



Thursday, December 5 at 7:00 PM

Spend a special holiday lighting candles in your custom-made glass *hanukkyah*. You will get to design your own *hanukkiyah* with the help of professional glass artist Marcela Rosemberg. The pieces will be decorated during the workshop and will be available for pick up in time for Hanukkah.

Cost: \$60 per piece for members; \$70 for non-members (includes a light dinner). RSVPs required. Space is limited.

Board of Directors Meetings

Members are welcome to attend all regularly scheduled meetings of the Board of Directors. To accommodate the need for sensitive items to be discussed in private, each meeting will include an *in camera* portion, allowing the Board to deliberate confidentially without any guests.

Upcoming meeting dates: **Tuesdays, October 29** and **December 10** at 7:00 PM*

* Meeting dates are subject to change. Please check with the office to confirm dates before attending.

Strengthening Relationships



As the Centre for Spiritual Well-Being ramps up its efforts to improve community and social well-being at Beth Tzedec, keep your eyes peeled for regular updates on the Centre's programs and progress.

WITH THE ARRIVAL OF RABBI FRYER BODZIN, WE'VE BEGUN THE PROCESS OF of connecting with new and existing partners who can help us meet the urgent needs of our community members. We want the Centre to be a hub for resources and expertise. Even when the Beth Tzedec team isn't equipped to provide those resources, we want to be able to connect our members with partners who can offer support through any crisis.

Learning and Growing

Members of our Spiritual Leadership team have made a commitment to continue learning and developing their skills so that they can better serve the Beth Tzedec community. Several members of our team are focusing their professional development this year on developing the deeper insights and abilities needed to meet the evolving needs of our members.

Improving Current Programs

In the July 2019 Bulletin, we wrote that the Centre for Spiritual Well-Being is more than a program – it's a culture shift. And that shift begins here, with the programs and opportunities that our members already value at Beth Tzedec.

Some of our offerings, like *hesed* programs ranging from Out of the Cold to our refugee sponsorship, already support well-being in our community, but we are looking for ways to expand their impact on all participants.

Others, like the monthly Jewish Meditation offered on Shabbat mornings, will be made more accessible to a wider variety of our members.

Still others, like the *Bikkur Holim* Committee, which visits with and offers support to homebound and ill community members, will be restructured in new and engaging ways. (If you would like to get involved in the *Bikkur Holim* Committee, contact Yacov Fruchter at yfruchter@beth-tzedec.org or 416-781-3514, ext. 279.)

Fundraising Update

With \$2.5 million dollars raised, we're a little over one-third of the way to our fundraising goal for the Centre for Spiritual Well-Being, supported by the Rabbi Baruch Frydman-Kohl Endowment Fund. We're still working toward 100 percent member participation for this important initiative, as we would like every member of the Beth Tzedec community to feel connected and invested as we re-think traditional shul offerings and re-shape ourselves into the Synagogue of the Future.

If you would like to get involved in the Campaign Cabinet, or support our efforts to fund the Beth Tzedec Centre for Spiritual Well-Being, contact Klara Romm at kromm@beth-tzedec.org or 416-781-3514, ext. 220.

Understanding Our Community

One of the most important ways that we are meeting the changing needs of our community is by identifying what those needs are. We started by getting to know as many people as possible—since their respective arrivals, Rabbi Steve Wernick and Rabbi Robyn Fryer Bodzin have shaken countless hands as they integrate themselves into our community and start putting names to faces.

But it's time to add quantitative data to the qualitative work we've been doing. That's why, after the High Holy Days, we will be launching a detailed survey into the community, social and spiritual well-being of our members. We will be asking you about the challenges and changes shaping your life and the lives of your family members and we want to know how the Centre for Spiritual Well-Being can best serve you.

Keep your eyes peeled for the opportunity to make your voice heard. Watch your inbox, and if you're not already subscribed to Beth Tzedec's weekly digital newsletter, please send your email address to info@beth-tzedec.org.

FAMILY HANUKKAH PARTY




Saturday evening, December 14
from 6:00 to 7:30 PM





Join us as we celebrate the end of Shabbat with Havdalah and the upcoming holiday of Hanukkah by lighting Havdalah candles and enjoying fantastic entertainment and treats.






More details will be available later in the fall. No charge, but RSVPs requested by **Thursday, December 12.**

For more information, contact the Synagogue office at 416-781-3511 or visit www.beth-tzedec.org.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>29 29 EULUL</p> <p>EREV ROSH HASHANAH</p> <p>8:30am Shaharit 6:30pm Minhah–Ma'ariv 6:46pm Candle Lighting (Light 24-hr candle before festival candles)</p>	<p>30 1 TISHREI</p> <p>ROSH HASHANAH</p> <p>8:00am Sanctuary Service 8:30am Mezzanine Service 10:00am Short & Sweet Service 10:30am Family Service 10:30am Kehillah Service 11:45am Spiritual Exploration 5:00pm Tashlich 7:00pm Minhah–Ma'ariv 7:42pm Candle Lighting</p>	<p>1 2 TISHREI</p> <p>ROSH HASHANAH</p> <p>8:00am Sanctuary Service 8:30am Mezzanine Service 10:00am Short & Sweet Service 10:30am Family Service 11:45am Spiritual Exploration 7:00pm Minhah–Ma'ariv 7:4pm Yom Tov concludes</p>	<p>2 3 TISHREI</p> <p>FAST OF GEDALYAH</p> <p>7:10am Selihot–Shaharit 7:00pm Minhah–Ma'ariv 7:40pm Fast concludes</p>	<p>3 4 TISHREI</p> <p>7:10am Selihot–Shaharit 10:00am Torah Through the Ages with Dr. Ages 1:00pm Games Afternoon 7:00pm Minhah–Ma'ariv</p>	<p>4 5 TISHREI</p> <p>7:10am Selihot–Shaharit 11:30am Pre-Shabbat Music 6:00pm Shabbat at the Floor 6:30pm Kabbalat Shabbat 6:37pm Candle Lighting</p>	<p>5 6 TISHREI</p> <p>SHABBAT SHUVAH</p> <p> Vayelekh</p> <p>8:45am Sanctuary Service 9:30am LM/Talking Torah 9:30am Mini Miyyans 10:00am Jewish Meditation 6:20pm Minhah/SS/Ma'ariv 7:37pm Havdalah</p>
<p>6 7 TISHREI</p> <p>8:30am Selihot–Shaharit 8:45am Sportball 2:00pm Hessed Project: Clowns in the Making 4:00pm Salomon Run Tashlich 6:25pm Minhah–Ma'ariv 7:30pm 15 Parts of a Whole Evening Concert</p>	<p>7 8 TISHREI</p> <p>7:10am Selihot–Shaharit 1:00pm The Humash with Dr. Marty Lockshin 6:25pm Minhah–Ma'ariv</p>	<p>8 9 TISHREI</p> <p>KOL NIDREI</p> <p>7:20am Selihot–Shaharit 2:00pm Minhah 6:30pm Sanctuary Service 6:30pm Mezzanine Service 6:30pm Family Service 6:30pm Sweet & Spiritual Service 6:30pm Candle Lighting</p>	<p>9 10 TISHREI</p> <p>YOM KIPPUR</p> <p>9:00am Sanctuary Service 9:00am Mezzanine Service 10:00am Short & Sweet Service 10:30am Family Service 10:30am Kehillah Service 12:30pm Spiritual Exploration 4:45pm Minhah 6:15pm Neilah Service 7:30pm Ma'ariv/Havdalah</p>	<p>10 11 TISHREI</p> <p>7:30am Shaharit 10:00am Torah Through the Ages with Dr. Ages 1:00pm Games Afternoon 6:25pm Minhah–Ma'ariv</p>	<p>11 12 TISHREI</p> <p>7:30am Shaharit 11:30am Pre-Shabbat Music 6:24pm Candle Lighting 6:25pm Kabbalat Shabbat</p>	<p>12 13 TISHREI</p> <p> Ha'azinu</p> <p>8:45am Sanctuary Service 9:30am LM/Talking Torah 9:30am Mini Miyyans 10:30am Junior Congregation 6:05pm Minhah/SS/Ma'ariv 7:25pm Havdalah</p>
<p>13 14 HESHVAN</p> <p>EREV SUKKOT</p> <p>8:45am Shaharit 10:00am Family Sukkah Decorating Party 10:00am Pl Library: Sukkah Fun 6:20pm Candle Lighting (Light 24-hr candle before festival candles)</p>	<p>14 15 HESHVAN</p> <p>SUKKOT</p> <p>8:45am Festival Shaharit 9:30am Mini Miyyans 10:30am Junior Congregation 6:25pm Minhah–Ma'ariv 7:20pm Candle Lighting (from existing flame)</p>	<p>15 16 HESHVAN</p> <p>SUKKOT</p> <p>8:45am Shaharit 9:30am Mini Miyyans 10:30am Junior Congregation 6:25pm Minhah–Ma'ariv 7:20pm Yom Tov concludes</p>	<p>16 17 HESHVAN</p> <p>HOL HAMOED SUKKOT</p> <p>1st Intermediate Day</p> <p>7:10am Shaharit 1:00pm Book & Film Club: Female Persuasion 6:15pm Minhah–Ma'ariv</p>	<p>17 18 HESHVAN</p> <p>HOL HAMOED SUKKOT</p> <p>2nd Intermediate Day</p> <p>7:10am Shaharit 10:00am Torah Through the Ages with Dr. Ages 1:00pm Games Afternoon 6:15pm Minhah–Ma'ariv</p>	<p>18 19 HESHVAN</p> <p>HOL HAMOED SUKKOT</p> <p>3rd Intermediate Day</p> <p>7:10am Shaharit 11:30am Pre-Shabbat Music 6:00pm The Ha-Ha Hut 6:13pm Candle Lighting 6:15pm Kabbalat Shabbat</p>	<p>19 20 HESHVAN</p> <p>HOL HAMOED SUKKOT</p> <p>4th Intermediate Day</p> <p>8:45am Sanctuary Service 9:30am LM/Talking Torah 10:30am Short & Sweet Service 5:55pm Minhah/SS/Ma'ariv 6:30pm Mitzvot Team: Clowns in the Making 7:13pm Havdalah</p>
<p>20 21 HESHVAN</p> <p>HOSHANAH RABBAH</p> <p>8:00am Shaharit 6:09pm Candle Lighting (Light 24-hr candle before festival candles)</p>	<p>21 22 HESHVAN</p> <p>SHEMINI ATZERET</p> <p>8:45am Shaharit/Vizkor 5:00pm Simhat Torah Young Children's Program 6:00pm Simhat Torah Family Dinner 6:10pm Minhah–Ma'ariv 7:10pm Candle Lighting (from existing flame)</p>	<p>22 23 HESHVAN</p> <p>SIMCHAT TORAH</p> <p>8:45am Shaharit 9:30am Mini Miyyans 10:30am Junior Congregation 6:25pm Minhah–Ma'ariv 7:10pm Yom tov concludes</p>	<p>23 24 HESHVAN</p> <p>7:30am Shaharit 1:00pm Notable Speakers: Katherine Cover 6:00pm Minhah–Ma'ariv</p>	<p>24 25 HESHVAN</p> <p>7:30am Shaharit 10:00am Torah Through the Ages with Dr. Ages 1:00pm Games Afternoon 6:00pm Minhah–Ma'ariv 7:00pm New York Cantors Concert: An Evening to Remember</p>	<p>25 26 HESHVAN</p> <p>7:30am Shaharit 6:00pm Kabbalat Shabbat 6:02pm Candle Lighting</p>	<p>26 27 HESHVAN</p> <p>SHABBAT MEVARKHIM</p> <p> Berisheet</p> <p>8:45am Sanctuary Service 9:30am LM/Talking Torah 9:30am Mini Miyyans 10:30am Junior Congregation 5:40pm Minhah/SS/Ma'ariv 7:02pm Havdalah</p>
<p>27 28 HESHVAN</p> <p>8:45am Shaharit 8:45am Sportball 10:00am Mental Health Empowerment Day: What I Wish I Knew 5:50pm Minhah–Ma'ariv 7:15pm Learn to Read Hebrew</p>	<p>28 29 HESHVAN</p> <p>7:30am Shaharit 1:00pm The Humash with Dr. Marty Lockshin 1:30pm Hana Wener Series: Shimon Peres 5:50pm Minhah–Ma'ariv 7:15pm Learn to Read Hebrew</p>	<p>29 30 HESHVAN</p> <p>ROSH HODESH HESHVAN</p> <p>7:15am Shaharit 5:50pm Minhah–Ma'ariv</p>	<p>30 1 HESHVAN</p> <p>ROSH HODESH HESHVAN</p> <p>7:15am Shaharit 1:00pm Notable Speakers: Dr. Deirdre Dawson 5:50pm Minhah–Ma'ariv 7:00pm Lishma: The Jewish Learning Project</p>	<p>31 2 HESHVAN</p> <p>7:30am Shaharit 10:00am Torah Through the Ages with Dr. Ages 1:00pm Games Afternoon 5:50pm Minhah–Ma'ariv 7:30pm Israel Images Photo Exhibit Opening</p>	<p>October 2019 / Tishrei 5780</p>	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
November 2019 / Heshvan 5780						
<p>5 HESHVAN</p> <p>DAYLIGHT SAVING ENDS</p> <p>8:45am Shaharit 8:45am Sportball 10:00am Beyond the Huppah 4:45pm Minhah-Ma'ariv</p>	<p>6 HESHVAN</p> <p>7:30am Shaharit 1:00pm The Humash with Dr. Marty Lockshin 1:30pm Hana Werner Series: Golda Meir 4:45pm Minhah-Ma'ariv 7:15pm Learn to Read Hebrew 7:30pm Learn Talmud at Your Own Pace</p>	<p>7 HESHVAN</p> <p>7:30am Shaharit 4:45pm Minhah-Ma'ariv 7:30pm Prosecuting Evil: The Extraordinary World of Ben Ferencz</p>	<p>8 HESHVAN</p> <p>7:30am Shaharit 1:00pm Notable Speakers: Dr. Adam Chapnick 4:45pm Minhah-Ma'ariv 7:00pm Lishma: The Jewish Learning Project 7:30pm Healing Service</p>	<p>9 HESHVAN</p> <p>7:30am Shaharit 10:00am Torah Through the Ages with Dr. Ages 1:00pm Games Afternoon 4:45pm Minhah-Ma'ariv</p>	<p>10 HESHVAN</p> <p>7:30am Shaharit 4:43pm Candle Lighting 4:45pm Kabbalat Shabbat</p>	<p>11 HESHVAN</p> <p>REMEMBRANCE SHABBAT</p> <p> LeCh Lekha 8:45am Sanctuary Service 9:30am Mini Minyans 4:25pm Minhah/SS/Ma'ariv 5:30pm Teddy Bear Havdalah 5:43pm Havdalah</p>
<p>12 HESHVAN</p> <p>8:45am Shaharit 8:45am Sportball 10:00am Beyond the Huppah 2:00pm Hessed Project: Clowns in the Making 4:35pm Minhah-Ma'ariv</p>	<p>13 HESHVAN</p> <p>7:30am Shaharit 1:30pm Hana Werner Series: Barbara Streisand 4:35pm Minhah-Ma'ariv 7:15pm Learn to Read Hebrew 7:30pm Learn Talmud at Your Own Pace</p>	<p>14 HESHVAN</p> <p>7:30am Shaharit 4:35pm Minhah-Ma'ariv</p>	<p>15 HESHVAN</p> <p>7:30am Shaharit 1:00pm Notable Speakers: Rya Braemer 4:35pm Minhah-Ma'ariv 7:00pm Lishma: The Jewish Learning Project</p>	<p>16 HESHVAN</p> <p>7:30am Shaharit 10:00am Torah Through the Ages with Dr. Ages 1:00pm Games Afternoon 4:35pm Minhah-Ma'ariv</p>	<p>17 HESHVAN</p> <p>7:30am Shaharit 11:30am Pre-Shabbat Music 4:35pm Kabbalat Shabbat 4:35pm Candle Lighting 5:15pm Family Shabbat Dinner</p>	<p>18 HESHVAN</p> <p> Vayera 8:45am Sanctuary Service 9:30am Mini Minyans 10:00am Sunnybrook Shabbat 10:30am Shabbat 101 4:20pm Minhah/SS/Ma'ariv 6:00pm Mitzot Team: Clowns in the Making 5:36pm Havdalah</p>
<p>19 HESHVAN</p> <p>8:45am Shaharit 8:45am Sportball 3:00pm BTUSY Teen Baking for Hessed 4:30pm Minhah-Ma'ariv</p>	<p>20 HESHVAN</p> <p>7:30am Shaharit 1:00pm The Humash with Dr. Marty Lockshin 4:30pm Minhah-Ma'ariv 7:15pm Learn to Read Hebrew 7:30pm Learn Talmud at Your Own Pace</p>	<p>21 HESHVAN</p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv 8:00pm Shabbat on Tuesday: A Musical Kuntzitz</p>	<p>22 HESHVAN</p> <p>7:30am Shaharit 1:00pm Book & Film Club: Memento Park 4:30pm Minhah-Ma'ariv 7:00pm Lishma: The Jewish Learning Project</p>	<p>23 HESHVAN</p> <p>7:30am Shaharit 10:00am Torah Through the Ages with Dr. Ages 4:30pm Minhah-Ma'ariv</p>	<p>24 HESHVAN</p> <p>7:30am Shaharit 11:30am Pre-Shabbat Music 4:29pm Candle Lighting 4:30pm Kabbalat Shabbat</p>	<p>25 HESHVAN</p> <p>SHABBAT MEVARKHIM</p> <p> Hayei Sarah 8:45am Sanctuary Service 9:30am LM/Talking Torah 9:30am Mini Minyans 10:30am Junior Congregation 4:10pm Minhah/SS/Ma'ariv 5:30pm Havdalah</p>
<p>26 HESHVAN</p> <p>8:45am Shaharit 8:45am Sportball 4:30pm Minhah-Ma'ariv</p>	<p>27 HESHVAN</p> <p>7:30am Shaharit 1:00pm The Humash with Dr. Marty Lockshin 4:30pm Minhah-Ma'ariv 7:15pm Learn to Read Hebrew 7:30pm Learn Talmud at Your Own Pace</p>	<p>28 HESHVAN</p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv</p>	<p>29 HESHVAN</p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv 7:00pm Lishma: The Jewish Learning Project</p>	<p>30 HESHVAN</p> <p>ROSH HODESH KISLEV</p> <p>7:15am Shaharit 10:00am Torah Through the Ages with Dr. Ages 1:00pm Games Afternoon 4:30pm Minhah-Ma'ariv</p>	<p>1 KISLEV</p> <p>ROSH HODESH KISLEV</p> <p>7:15am Shaharit 11:30am Pre-Shabbat Music 4:25pm Candle Lighting 4:25pm Kabbalat Shabbat</p>	<p>2 KISLEV</p> <p> Toledot 8:45am Sanctuary Service 9:30am LM/Talking Torah 9:30am Mini Minyans 10:30am Junior Congregation 4:05pm Minhah/SS/Ma'ariv 5:27pm Havdalah</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>3 KISLEV</p> <p>8:45am Shaharit 8:45am Sportball 4:30pm Minhah-Ma'ariv</p>	<p>4 KISLEV</p> <p>7:30am Shaharit 1:00pm The Humash with Dr. Marty Lockshin 4:30pm Minhah-Ma'ariv 7:15pm Learn to Read Hebrew 7:30pm Learn Talnudat at Your Own Pace</p>	<p>5 KISLEV</p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv</p>	<p>6 KISLEV</p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv 7:00pm Listma: The Jewish Learning Project</p>	<p>7 KISLEV</p> <p>7:30am Shaharit 10:00am Torah Through the Ages with Dr. Ages 1:00pm Games Afternoon 4:30pm Minhah-Ma'ariv 7:00pm 20s & 30s Hanukkah Class Workshop</p>	<p>8 KISLEV</p> <p>7:30am Shaharit 11:30am Pre-Shabbat Music 4:23pm Candle Lighting 4:30pm Kabbalat Shabbat 6:00pm Shabbat at the Floor</p>	<p>9 KISLEV</p> <p> Vayetztei 8:45am Sanctuary Service 9:30am LM/Talking Torah 10:00am Jewish Meditation 10:30am Short & Sweet Multi-Generational Service 4:05pm Minhah/SS/Ma'ariv 5:25pm Havdalah</p>
<p>December 2019 / Kislev 5780</p>						
<p>10 KISLEV</p> <p>8:45am Shaharit 8:45am Sportball 4:30pm Minhah-Ma'ariv 5:00pm Pl Library presents: Hanukkah, Oh Hanukkah 7:00pm Hanukkah Concert</p>	<p>11 KISLEV</p> <p>7:30am Shaharit 1:00pm The Humash with Dr. Marty Lockshin 4:30pm Minhah-Ma'ariv 7:15pm Learn to Read Hebrew 7:30pm Learn Talnudat at Your Own Pace</p>	<p>12 KISLEV</p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv</p>	<p>13 KISLEV</p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv</p>	<p>14 KISLEV</p> <p>7:30am Shaharit 10:00am Torah Through the Ages with Dr. Ages 1:00pm Games Afternoon 4:30pm Minhah-Ma'ariv</p>	<p>15 KISLEV</p> <p>7:30am Shaharit 4:23pm Candle Lighting 4:30pm Kabbalat Shabbat 5:15pm Family Shabbat Service & Dinner</p>	<p>16 KISLEV</p> <p> Vayishlah 8:45am Sanctuary Service 9:30am LM/Talking Torah 9:30am Mini Minyans 10:30am Shabbat IOI 4:05pm Minhah/SS/Ma'ariv 5:25pm Havdalah 6:00pm Family Hanukkah Party</p>
<p>17 KISLEV</p> <p>8:45am Shaharit 8:45am Sportball 2:00pm Hessed Project: Clowns in the Making 3:30pm Mitzvot Team: Clowns in the Making 4:30pm Minhah-Ma'ariv</p>	<p>18 KISLEV</p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv 7:15pm Learn to Read Hebrew 7:30pm Learn Talnudat at Your Own Pace</p>	<p>19 KISLEV</p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv 8:00pm Shabbat on Tuesday: A Musical Kunitz</p>	<p>20 KISLEV</p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv</p>	<p>21 KISLEV</p> <p>7:30am Shaharit 10:00am Torah Through the Ages with Dr. Ages 1:00pm Games Afternoon 4:30pm Minhah-Ma'ariv</p>	<p>22 KISLEV</p> <p>7:30am Shaharit 4:25pm Candle Lighting 4:30pm Kabbalat Shabbat</p>	<p>23 KISLEV</p> <p>SHABBAT MEVARKHIM  Vayeshev 8:45am Sanctuary Service 9:30am Talking Torah 9:30am Mini Minyans 10:30am Junior Congregation 4:10pm Minhah/SS/Ma'ariv 5:27pm Havdalah</p>
<p>24 KISLEV</p> <p>EREV HANUKKAH 8:45am Shaharit 4:30pm Minhah-Ma'ariv</p>	<p>25 KISLEV</p> <p>HANUKKAH DAY 1 7:15am Shaharit 4:30pm Minhah-Ma'ariv 7:15pm Learn to Read Hebrew</p>	<p>26 KISLEV</p> <p>HANUKKAH DAY 2 7:15am Shaharit 4:30pm Minhah-Ma'ariv</p>	<p>27 KISLEV</p> <p>HANUKKAH DAY 3 NATIONAL HOLIDAY 8:30am Shaharit 3:30pm The Macabees 4:30pm Minhah-Ma'ariv</p>	<p>28 KISLEV</p> <p>HANUKKAH DAY 4 NATIONAL HOLIDAY 8:30am Shaharit 10:00am Torah Through the Ages with Dr. Ages 4:30pm Minhah-Ma'ariv</p>	<p>29 KISLEV</p> <p>HANUKKAH DAY 5 7:15am Shaharit 4:29pm Candle Lighting 4:30pm Kabbalat Shabbat</p>	<p>21 KISLEV</p> <p>ROSH HODESH TEVET HANUKKAH DAY 6  Meikeitz 8:45am Sanctuary Service 9:30am Talking Torah 9:30am Mini Minyans 4:10pm Minhah/SS/Ma'ariv 5:32pm Havdalah</p>
<p>1 TEVET</p> <p>ROSH HODESH TEVET HANUKKAH DAY 7 8:30am Shaharit 4:30pm Minhah-Ma'ariv</p>	<p>2 TEVET</p> <p>HANUKKAH DAY 8 7:15am Shaharit 4:30pm Minhah-Ma'ariv 7:15pm Learn to Read Hebrew</p>	<p>3 TEVET</p> <p>7:30am Shaharit 4:30pm Minhah-Ma'ariv</p>	<p></p> <p>Please be considerate of others and refrain from using scented products when coming to Beth Tzedec's prayer services, programs or events.</p>			
<p>29</p>	<p>30</p>	<p>31</p>				



Shabbat and Yom Tov Mornings

9:30 AM to 12:00 NOON

Looking for an opportunity to spend a fun and educational Shabbat morning with your children?

Drop off your kids in our Mini Minyans program, then come back and join us at 10:45 AM for an interactive service that includes age-appropriate *davening*, singing, storytelling, healthy snacks and guided play.



BETH TZEDEC

Short & Sweet Family Service

(for families with young children)

Shabbat, October 19, November 2 and December 7

10:30 AM to 12:00 NOON

Our monthly Short and Sweet Multi-Generational Family Service, led by Rabbi David Lerner and supported by other Beth Tzedec staff and volunteers, offers a lively, engaging prayer service incorporating the participation of the children, teens and families in attendance, followed by a community dairy luncheon.

Mini Minyans

(children up to age 5 with a parent)

9:30 AM to 12:00 NOON

Looking for an opportunity to spend a fun and educational Shabbat morning with your children? Drop off your kids in our Mini Minyans program, then come back and join us at 10:45 AM for an interactive service that includes age-appropriate *davening*, singing, storytelling, healthy snacks and guided play.

Junior Congregation

(kids ages 6 to 12)

10:30 AM to 12:00 NOON

A dynamic drop-off program with activities, games, engaging and creative prayer, and quality time with our *shinshinim*, Alona Laufer and Gal Goren. (Does not meet when there is a Family Service.)

For Children 0 to 5 and their Families

Pre-Shabbat Music Mornings

(babies up to 18 months with an adult)

Friday mornings

11:30 AM to 12:15 PM

Welcome Shabbat with a 45-minute music class featuring Shabbat songs and blessings, *hallah*, grape juice, book reading and lots of fun. For more information on fees or to register, call the Synagogue office.

Sportball @ Beth Tzedec

Sunday mornings

8:45 to 9:30 AM (16 months to 2 years)

9:30 to 10:15 AM (20 months to 2.5 years)

10:15 to 11:00 AM (2.5 years to 4 years)

Sportball is coming to Beth Tzedec. Preschoolers can participate in fun, non-competitive sports activities Sunday mornings. For information or to register, visit www.sportball.ca.

PJ Library presents: Sukkah Fun

(toddlers ages 1 to 4 with an adult)

Sunday, October 13

10:00 to 11:30 AM

Explore the holiday of Sukkot with crafts, games and lots of fun! Discover how we can make this holiday special for others around us. Snacks will be served. No charge, but RSVP by Monday, October 7.

PJ Library presents: Hanukkah, Oh Hanukkah

(toddlers ages 1 to 4 with an adult)

Sunday, December 8

5:00 to 6:30 PM

Are you ready for a magical Hanukkah concert? Let's spread some light, dance like a dreidel and set our voices free with Hanukkah songs. No charge, but RSVP by Monday, December 2.

For Children in Grades 1 to 5

The Hessed Project: Clowns in the Making

Sundays, October 6, November 10 and December 15

2:00 to 3:30 PM

Want to have fun while making people laugh? Let's be clowns and experience *mitzvot* in this most amazing way!

- **October 6**—Learn about empathy, *hesed* and the importance of helping others.
- **November 10**—Continue your clown training and start rehearsing for the show.
- **December 15**—Practice your newfound talent as clowns while performing a fun Hanukkah show at a seniors' home.

No charge; RSVPs required. Participants must commit to attending all three sessions.

For Teens in Grades 6 to 8 (Kadima)

Mitzvot Team: Clowns in the Making

Saturday, October 19 6:30 to 8:00 PM

November, 16 6:00 to 7:30 PM

Sunday, December 15 3:30 to 5:00 PM

Want to have fun while making people laugh? Let's be clowns and experience *mitzvot* in this most amazing way!

- **October 19**—In this first session, learn about empathy, *hesed* and the importance of helping each other.
- **November 16**—Continue your clown training and start rehearsing for the show.
- **December 15**—Practice your newfound talent as clowns while performing a fun Hanukkah Show at a seniors' home.

No charge; RSVPs required. Participants must commit to attending all three sessions.

For Families and Parents

Salmon Run Tashlikh

Sunday, October 6 4:00 PM

Join Beth Tzedec's 20s and 30s and Families for a unique *tashlikh* experience as we connect to nature during this season of reflection and *teshuvah* (repentance). Just as the salmon have to swim upstream, we too have to work towards becoming the people we strive to be. No charge, but RSVPs requested through [Eventbrite.ca](https://www.eventbrite.ca).

Family Sukkah Decorating Party

Sunday, October 13
10:00 AM to 1:00 PM

Come decorate the Beth Tzedec Sukkah and enjoy lunch, games and community. We are looking for artists, crafts-people, decorators and hanger-uppers. All ages and all families welcome! No charge.

Family Simhat Torah Celebration

Monday, October 21
5:00 to 7:00 PM

Enjoy holiday crafts, games and a kids' Torah parade (recommended for children up to age 7), followed by a dinner for pre-registered families of all ages beginning at 6:00 PM. The party continues at our synagogue-wide *Hakafot* with singing, dancing, candy, food and drinks. Cost for dinner: \$20 adults; \$15 youth (ages 5-13); \$5 children (ages 1-4). RSVP by Friday, October 11.

Mental Health Empowerment Day: What I Wish You Knew

Sunday, October 27
10:00 AM to 1:00 PM

Mental Health Empowerment Day is designed to empower all those who work or live with children and youth who are dealing with mental health issues, one of the most pervasive issues in the world today. Through the professional and lived experience of students, educators, psychiatrists, parents and peer supporters, we will tell you what we wish you knew—and what you need to know—to empower the young people in your life. Cost: \$36, through [Eventbrite.ca](https://www.eventbrite.ca).

Family Shabbat Dinner

Friday, December 13
5:15 to 7:30 PM

Come together for a delicious dinner and great programming for kids of all ages. A young children's craft program begins at 5:15 PM, with a lively 30-minute participatory service at 5:45 PM followed by a delicious Shabbat dinner and programming for older kids and adults. Participants are welcome to join for the craft and service at no cost. Cost for dinner: Beth Tzedec members—\$50 per family (two adults and maximum of four children); \$20 each additional family member; Non-members: \$60 per family; \$25 each additional family member. RSVP by Monday, December 9. *Sponsored by the Gertner Family*

For more information about Youth, Teen and Family programs, contact Shirel Barkan-Slater at 416-781-3514 ext. 290 or sbarkan@beth-tzedec.org.

High School Student Volunteers—Calling all teens in Grades 9 to 12:

Volunteers are needed for many of our programs, including several beginning in the fall.

If you are looking to fulfil community service/volunteer requirements or would like to gain valuable experience working on family-oriented programs, contact Daniel Silverman, Director of Education and Programming, at 416-781-3514 ext. 231 or dsilverman@beth-tzedec.org.

Alona and Gal, our new *shinshinim*, have arrived at Beth Tzedec and are already settling into Toronto life. We look forward to seeing them at many of our Services, programs and festivals throughout the year, including our Membership Appreciation BBQ and High Holy Days programs.

Why not make a personal connection with Alona and Gal by inviting them into your home for a warm, friendly Shabbat lunch? To arrange to host a lunch, contact Michael Friedman at michael.friedman@rogers.com.

Teddy Bear Havdalah for Toddlers and Their Families

Saturdays, November 9 and January 18
beginning at 5:30 PM

Everyone is invited to say goodbye to Shabbat with music, Havdalah, dinner, a special story and a very enjoyable time with friends and family.

No charge, but RSVPs required to Shirel Barkan-Slater at 416-781-3514, ext. 290 or sbarkan@beth-tzedec.org by the Monday prior to each program.



Hanukkah Concert

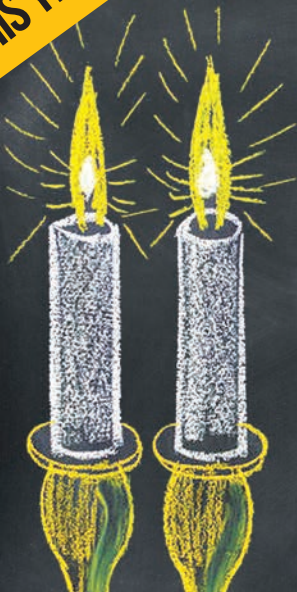
Sunday, December 8 at 7:00 PM



Get into the spirit of Hanukkah early and join us for an evening of traditional and new Hanukkah favourites featuring Cantor Sidney Ezer, the Beth Tzedec *Shir Hadash* Ensemble and young, talented voices from our synagogue community. Hanukkah-themed refreshments to follow.

Cost: \$10 advance; \$15 at the door; No charge for youth and teens.

**NEW
THIS YEAR!**



SHABBAT 101

Shabbat mornings, November 16, December 14, January 18, February 15, March 14 and May 16 from 10:30 to 11:45 AM

Shabbat 101 is a monthly, 75-minute, experiential Shabbat morning service for anyone interested in becoming familiar with the structure, choreography and deep meaning of the traditional Shabbat morning service.

Presented by Beth Tzedec Congregation and Keeping the Faith

Our Shabbat Service Experiences

Kabbalat Shabbat Services every Friday night.

Check our weekly e-newsletter, *The Week Ahead*, our website and monthly calendars for service and candle lighting times.

Sanctuary Services 8:45 AM, every Shabbat.

Our musical Sanctuary Service offers a complete spiritual and liturgical Shabbat experience with Rabbi Steven Wernick, Cantor Sidney Ezer and Lorne Hanick. Lift your soul in prayer as you sing along, or close your eyes in meditation and be carried away by our inspirational Shabbat morning service.

Little Minyan Services 9:30 AM, every Shabbat.

Looking to be more actively involved in the worship experience? The Little Minyan offers a traditional service in a relaxed, family-friendly atmosphere full of song, spirit and warmth. Participants lead portions of the service, and Little Minyan tunes are available on request. Contact

Cantor Sidney Ezer or Lorne Hanick to arrange to learn to lead parts of the service. Torah readers, *daveners* and those wishing to deliver a *D'var Torah* are always welcome.

Short & Sweet Multi-Generational Family Service

10:30 AM, Shabbat, October 19, November 2 and December 7.

Our participatory abridged service is a perfect way for children, parents and grandparents to experience Shabbat morning together, learn the structure of the service and take leadership roles. It features the highlights of a Shabbat morning service and is led by children, teens and Rabbi David Lerner. It also includes programs by our *shinshinim* and youth staff. Celebrate a group aliyah and blessing for everyone whose birthday is that month. A complimentary dairy lunch follows.

For information on **Shabbat Youth programming**, see pages 26 & 27.

Can't Get Enough Torah? Here's more!



Talking Torah with Daniel Silverman

9:30 to 10:30 AM every Shabbat morning

A new look at the traditional and modern interpretations of the weekly Torah reading with Daniel Silverman.

Jewish Meditation with Michelle Katz

10:00 to 11:15 AM on October 5, November 2 and December 7

For men and women, centred on texts from our tradition, eliciting response and deep listening—a doorway to enhanced prayer.

Shabbat 101

10:30 to 11:45 AM on November 16 and December 14

This educational Shabbat morning service is for anyone interested in becoming familiar with the structure, choreography and deep meaning of the traditional Shabbat morning service.



Fridays, October 4, November 1 and December 6 at 6:00 PM

Join our musical Friday night Kabbalat Shabbat service on the Bet Aleph Floor the first Friday of each month. Led by Cantor Sidney Ezer, Yacov Fruchter and friends, the focus is on high energy and spirited, participatory singing. For more information, contact the Synagogue office at 416-781-3511.

Beth Tzedec's Annual

Simḥat Torah Luncheon



Join us in the stunning Mezzanine Banquet Hall as we honour our *Kallat Torah* Heather Gotlieb and our *Hattan Bereisheet* Lyon Wexler.

Tuesday, October 22, 2019

following Services

Adults \$40.00 / Youth (4 to 14) \$18.00 Children (under 4) free.

Reserve online at www.beth-tzedec.org/login or call 416-781-3511
by Wednesday, October 2. Limited Space. Reserve Now!

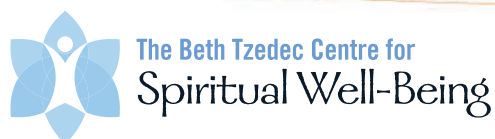
Healing Services *with Rabbi Fryer Bodzin*

Wednesday, November 6 at 7:30 PM

When you feel broken, turn to our tradition for strength and renewal. Through the Beth Tzedec Centre for Spiritual Well-Being, we will be offering regular healing services with Rabbi Fryer Bodzin. Join us as we enrich our lives and strive for a sense of shlaymoot (well-being).

No charge, but RSVPs appreciated to the Synagogue office at 416-781-3511 or info@beth-tzedec.org

Upcoming dates: January 8, March 4 and May 6



Simḥat Torah Luncheon

Honouring outstanding dedication and leadership in our Beth Tzedec Community.



WE ARE THRILLED TO HONOUR KALLAT TORAH Heather Gotlieb and *Hattan Bereisheet* Lyon Wexler at our Simḥat Torah services and luncheon. Heather and Lyon have demonstrated outstanding dedication and leadership to our Beth Tzedec community we look forward to having them join our distinguished list of honourees.

Heather Gotlieb – *Kallat Torah*

Heather Gotlieb is a lifelong, second-generation member of Beth Tzedec. She has celebrated all of her and her family’s milestone events at Beth Tzedec, from her own Bat Mitzvah and wedding, to her children’s baby namings and B’nai Mitzvah.

Heather is well-known for her philanthropy and generosity. She has taken on leadership positions for numerous charities, including chairing or co-chairing various fundraising events for Mount Sinai Hospital, the Hospital for Sick Children, the Brazilian Ball benefiting York University, the Royal Ontario Museum, the Canadian Friends of Simon Wiesenthal Centre and the Canadian Friends of the Israeli Museum, among others.

According to Randy Spiegel, Beth Tzedec’s Executive Director, “Heather and her husband Max Gotlieb are committed members of our community who give of themselves through their charitable work. They’ve dedicated themselves to supporting health and education and have been ongoing supporters of Beth Tzedec’s cultural and Israel-based programs.”

She and her husband Max have been married for 38 years and their family includes a daughter, Amanda, two sons, Ted and Peter, and a beloved fur baby, a Bichon Poo, named Oliver.

Lyon Wexler – *Hattan Bereisheet*

Born in Montreal, Lyon Wexler has been a fixture of the Beth Tzedec community since he joined our congregation in September 2001. Always ready with a joke and a smile, he’s a regular at *Shaharit*, Shabbat and holiday services and is a “breakfast buddy” for those commemorating *yahrtzeiten* or saying kaddish.

You may remember Lyon best for his performances in many of our Purim plays, but he’s also been involved in several of the committees and initiatives that help keep our synagogue running. These include his work with the Ritual Committee, the Cantorial Search Committee and the committee that organized Beth Tzedec’s 50th anniversary celebrations. Over the last 12 years, he has also been called upon from time to time to perform cantorial duties.

Lyon has also been affiliated with the Associates of Carleton University, the Canadian Bar Association, the Carleton Club, the Honour Society of Carleton University, the Trust Companies Association of Canada, the Children’s Aid Society and the County of York Law Association.

Lyon graduated from Carleton College (now University) in Ottawa and from Osgoode Hall Law School in Toronto. He practiced law in Toronto and was appointed Queen’s Counsel in 1980. He currently serves as a consultant for the Metrontario Group of Companies.

Lyon is father to four sons and proud grandfather to five grandchildren.

Join us as we celebrate these two remarkable members of the Beth Tzedec community and the contributions they have made. Please see the opposite page for more information about our Simḥat Torah Luncheon.



**February 7 and 8, 2020
in Boca Raton, FL.**

Watch for details coming soon.

PJ Library[®]

Invites you to...

For Toddlers with a Parent, Grandparent or Caregiver



Sukkah Fun

Sunday, October 13
10:00 to 11:30 AM

Explore the holiday of Sukkot with crafts and games while we discover how can we make it special for those around us.



Hanukkah, Oh Hanukkah

Sunday, December 8
5:00 to 6:30 PM

Let's spread some light, dance like a dreidel and set our voices free with Hanukkah songs.

No charge, but RSVPs requested by the Tuesday prior. For information or to RSVP, contact Shirel Barkan-Slater at 416-781-3514 ext. 239 or sbarkan@beth-tzedec.org.

Volunteer Opportunity:

Teens in Grades 9 to 12—Do you need to fulfil community service hours or are you interested in engaging in mitzvah projects? We need volunteers to help with this special event. For information or to register as a volunteer, contact Shirel Barkan-Slater at 416-781-3514, ext. 290 or sbarkan@beth-tzedec.org.



Celebrate the Holy Days with Song

Engage with the music and spirit of the High Holy Days with the acclaimed voices of *Hazzans* Sidney Ezer and Moshe Fishel, composer Meir Briskman and a melodious international choir.

AS THE TEMPERATURE COOLS, WE'RE warming up our singing voices for the High Holy Days!

We are delighted to report *Hazzan* Moshe Fishel will once again lead Rosh Hashanah and Yom Kippur services at Beth Tzedec, joined by musicologist, conductor and composer Meir Briskman and the international *Lishmoa El Harina Ensemble*.

This will be the fourth consecutive year that the duo of Moshe & Meir (M&M) joins Beth Tzedec for the Days of Awe and we're excited to

learn more about how they plan to enchant us with song.

While they are here, our musical guests will take the opportunity to share their talents with the entire community. Mark your calendar for Thursday, September 26, after the annual *Member Appreciation BBQ*, when the talented musical duo will perform a few numbers and join us for a musical meet and greet.

On Sunday, October 6, don't miss *15 Parts of a Whole*—an opportunity for the *Lishmoa El Harina Ensemble*

and *Hazzan* Fishel to showcase their favourite songs and compositions for the Beth Tzedec community. Love to sing but can't commit to a choir? Call the synagogue office to join our one-day *Community Choir* and take centre stage for a special number showing off your musical chops.

There's lots to look forward to as we ramp up for the High Holy Days at Beth Tzedec. Add your voices to ours as we ring in the new year with song.

15 PARTS OF A WHOLE CONCERT

with Meir Briskman and the Lishmoa El Harina Ensemble

Sunday, October 6 at 7:30 PM

Get to know maestro Meir Briskman and the *Lishmoa El Harina Ensemble* and the music they love at our annual holiday concert.

Love to sing but can't commit to a choir? Join our one-day community choir and take centre stage for one special number to show off your musical chops.

A Voice From Across the Pond

The conductor of Beth Tzedec's *Shir Hadash Ensemble* lends his international flair to our choir.



HI THERE, I'M EZRA! You might recognize me as the conductor of the Beth Tzedec *Shir Hadash Ensemble*, or perhaps as the

guitarist at various shul events such as *Shabbat at the Floor*.

Born and raised in London, England, I moved to Toronto three years ago to undertake a Masters in Choral Conducting at the University of Toronto. Since my move to Canada, I have been fortunate to work with a range of wonderful choirs. Alongside my work here at the Synagogue, I have also enjoyed working as the assistant conductor of both the University of Toronto Men's Chorus and the Dukes of Harmony Barbershop Chorus, and I was most recently appointed associate conductor of the Toronto Mendelssohn Choir. In this capacity, I was invited to present one of their *Singsation!* events, as well as a program of Jewish music titled *Songs of Milk and Honey*, featuring works by Srul Irving Glick, Salamone Rossi and Felix Mendelssohn, amongst others.

Given that I moved to Toronto relatively recently, it may seem presumptuous to say that I feel at home here. My father was born not far up the road from Beth Tzedec. My grandfather, Jack Burke^{z1}, was one of the founding principals of the Associated Hebrew Schools and he would often attend services here.

I was delighted when I first joined the choir as a singer to find that our soprano, Faye Kellerstein, was taught the intricacies of Hebrew grammar by my grandfather and that her father, Mr. Zucker, was my father's cherished bar mitzvah teacher! Indeed, when my father leads services in London, it is Faye's father's *nusah* that he still uses.

It is exactly this cross-generational merging of Jewish community, liturgy and music which I feel makes our choir so special. We are small, yes, but unique: a blend of ages, backgrounds and experiences. But we share one voice—one which hopefully inspires and engages the Congregation. In our small choir we feature a very gifted teenage singer, talented music students and young professional musicians along with keen amateurs, as well as longtime and valued members from our very own Congregation. We are a vibrant, comfortable and quirky bunch who share a love of Jewish tunes from around the world, skillfully selected and arranged by our very own Cantor Sidney Ezer.

In the past year, we have bonded not only through making music together, but also socially, over a couple of outings—including a trip to enjoy frozen yoghurt on a particularly cold winter night. We have also gathered in private homes where we taught each other new Jewish songs and jammed out to old favourites.

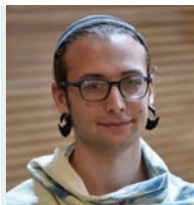
We are keen to innovate. I am thrilled about a new monthly venture, *Shabbat on Tuesday: A Musical Kumzitz*, where Cantor Sidney, Yakov and I will welcome members to learn new tunes together. This will be a relaxed and fun opportunity to sing and play through some familiar and less familiar pieces accompanied by my guitar, drums and whatever other instruments participants scrounge up.

Other exciting events in the pipeline include a festive Hanukkah concert featuring our choir and young soloists (and possibly a doughnut or two!), as well as a special Shabbat Shirah concert featuring collaborations in honour of Black History Month.

If you're as excited as I am about all of the musical programming coming to Beth Tzedec this year, come say hello at kiddish and introduce yourself. I'd love to hear your thoughts and ideas!



Members of the *Shir Hadash* choir at Menchie's with Cantor Ezer and Ezra.



A Rainbow Thread book launch with author Noam Sienna

Wednesday, October 2 at 8:00 PM (The Wolfond Centre, 36 Harbord St., Toronto)

For information, visit <https://tinyurl.com/ARainbowThreadLaunch>.

Leading with Passion

Ari Grossman, like the students he leads, knows the value of finding something that he's passionate about.



ARI GROSSMAN DOESN'T THINK OF HIMSELF AS AN athlete. The Associate Director of Business Operations for the Waterloo Warriors and life-time Beth Tzedec member sees himself as someone who supports opportunities for people—not just elite athletes—to succeed and enjoy sports, whether competitively or recreationally.

“I wasn’t an elite athlete growing up, but there were definitely elements of sports in my upbringing. It was fun being a part of the excitement,” says Ari. His father, retired Toronto sports reporter David Grossman, “highlighted people using sports to enhance their lives.”

Perhaps that’s why Ari enjoys working with young athletes who are enhancing their own lives through sport. Besides his work with the University of Waterloo, he has led the Canadian delegation to the International University Sports Federation (FISU) 2017 Winter Universiade in Almaty, Kazakhstan and the 2019 Summer Universiade in Naples, Italy.

Being Chef-de-Mission for 300 Canadian student athletes as they explore and compete in Naples couldn’t have been easy, as Ari was responsible for all elements of conduct and leadership, as well as medical, operational and communication staff. Despite the heat, the pace and the decentralized living conditions, “we were working toward the highest level of experience for student athletes.”

Of course, you don’t have to be a competitive athlete to benefit from sports. Ari concedes that supporting and getting involved in athletics gave him unique leadership skills and opportunities, but he also credits those experiences with exposing him to different kinds of confidence and shaping the ways he leads and works with other people.

“Sports and recreation are a neutral ground to meet and work together with diverse groups of people,” he says. He explains that athletics can help all of us break out of the small, tightly-knit social bubbles that we sometimes find ourselves in and encourage us to interact with different kinds of people.

When asked about the biggest hurdles in getting people excited about athletics, Ari points to busy schedules and people feeling that they don’t have enough time to dedicate to being active. “Sports don’t have to be your whole life,” he says. “One of my favourite things about working with student athletes is seeing all of the other things they have going on in their lives. Their sport

isn’t necessarily a career for them, it’s a passion.”

That ties into another hurdle he mentioned: the tension between fitness and recreation. Many people think of physical activity in terms of exercise, which can be intimidating and overwhelming. But there’s no need to start pumping iron or dive into a high-intensity running routine.

“I go to the gym, but I’m not there every day.” He recommends choosing activities that work for your life—skip the elevator, kick a ball around the park or find a reason to take a walk instead of getting into the car. Like many of us, Ari tracks his daily step count - he aims for a baseline of 15,000 steps a day, which he usually achieves during a workday, walking around the University of Waterloo campus.

“There are opportunities for activity everywhere—it doesn’t have to be organized or competitive. One slight step forward will help you get where you’re going, as long as you stay committed.” Ari says that thinking about physical activity in terms of recreation, instead of fitness, can help it feel more casual and accessible.

Ari Grossman, like the students he leads, knows the value of finding something that he’s passionate about. While he might not call himself an athlete, his leadership and inspiration have made him a leader on the international stage and a role model for the Beth Tzedec community.




The JCCs of Greater Toronto are looking for athletes and artists to participate in the JCC Maccabi Games and ArtsFest 2020. For sports, participants must be between 13 - 16 as of August 1, 2020. (For ArtsFest, not older than 17.)

Please visit jccmaccabigames.org for an overview of the Games and for more information.

Come together for a delicious Shabbat dinner and great programming for kids of all ages.

MONTHLY FAMILY SHABBAT DINNER

PROGRAM / SERVICE / DINNER

Friday, December 13
at 5:15 PM



A young children's craft program begins at 5:15 PM, with a lively 30-minute Kabbalat Shabbat service at 5:45 PM followed by a delicious Shabbat dinner and programming for older kids and adults. Participants are welcome to join for the craft and service at no cost.

COST:

\$60 per family (up to two adults and up to four children under age 18); \$25 each additional adult.

MEMBER DISCOUNTED PRICE:

\$50 per family (up to two adults and up to four children under age 18); \$20 each additional adult.

Reserve online at www.beth-tzedec.org/login or call the Synagogue office at 416-781-3511 by Monday, December 9.



KIDS IN KINGSTON FOR THE HOLIDAYS?

Let Beth Israel be their synagogue home away from home!

We welcome Queen's and St Lawrence College students free of charge
Home hospitality can be arranged
Please contact office@kingstonbethisrael.ca or 613-542-5012
www.kingston-bethisrael.ca for more information

Beth Israel
Congregation

A Life with Many Chapters

Gerry Posner brings to life the story of long-time Beth Tzedec member Irving Matlow.



IF I USED TO THINK I WAS PASSIONATE about my family history, I found in Irving Matlow a guy who took his love of family history to a higher level. He has written about his paternal and maternal grandparents, his own father Archie^{z"l}, 1899-1965, his mother Goldie^{z"l}, 1898-1991, and had their stories bound and mimeographed. These books all were written later in Irv's life.

One of the little nuggets to emerge from just a casual perusal of one of the books was that Irv's mother was an eighth generation descendant of the Vilna Gaon—the scholar and foremost leader of non-hassidic Jewry of the past few centuries. Perhaps that connection explains Irv's longstanding interest in Hebrew studies. At the core of Irv Matlow is a man who has wanted and still wants to instill in his family these same Jewish values, so much a part of the Matlow genetic package. From what I observed, he and his wife Esther were winners on that score.

Irv was born in Toronto in 1927 and married the late Esther Climans in 1952. He received a Bachelor of Commerce degree in 1950 and later an M.A. in Sociology. He and his wife have been members of Beth Tzedec for over 60 years and counting. When asked, Irv says he can chant a *haftarah* not connected to his own bar mitzvah and he did so, recently. You can find Irv at shul on most Shabbat mornings, except when he is in Israel. He still resides in the family home occupied by his family over many years.

Even though Irv has deep roots in the city, what marks him is his

Zionism and his desire that his children know their family heritage. He was raised in a family with a strong Zionist commitment. In fact, Irv served as a volunteer in Machal during the Israeli War of Independence. His family spent a sabbatical year in Jerusalem in 1970-1971. Moreover, the family has owned a home in Israel since 1983. Irv's second language is Hebrew and he is a fluent reader and speaker. His own parents left Canada and made aliyah in 1955, where his mother lived until her death in 1991.

When Esther died in 2012, Irv and his family published a book in her memory. Part of the book contains her recipes and part of it is a biography of Esther, as written by Irving. The only missing part was Irv's own story, which he penned tracing his life right up until his marriage to Esther. The couple produced four children, all married, 12 grandchildren, four married, and seven great-grandchildren, all boys.

After writing about the lives of all of his family members, Irv undertook his greatest challenge: writing a novel. His book *At The Family Table*, published in February 2018, is based on many of his own experiences while encompassing a wider canvas for ideas. Irv says his book is like a bride, in that a bride is *tzu shein*—a Yiddish phrase meaning “too beautiful.” The book has some 450 pages, a rather impressive piece of writing for anyone, let alone a 90 year old. Irv does not regard this as such a big deal because the book was fun for him to write. More importantly, it was founded on his belief that by planting a seed of Jewish values in his children, that

seed will one day bear fruit in future generations. You can purchase a copy of the book from Irv, with all proceeds going to food banks.

With such strong values, it ought not be surprising that Irv is a supporter of many charitable causes, both in Toronto and Israel, including five hospitals in the Toronto region. It is the same reason that Irv and his late wife were so heavily involved in supporting Jewish education not only for children, but for adults as well.

One hardly knows what to expect next from Irving Matlow. When I asked him about his plans, he was quick to say that he is busy working on a follow up novel, just a little shorter in size. The challenge, Irv says, is to get older and not get old. I asked myself if Irv was in fact 91 or was it, as in Hebrew, read from right to left, 19. He certainly has the tenacity of a teenager. He has the time to do things that give him satisfaction and writing does just that for Irv. A remarkable man? I can say it in writing, just not to his face according to Jewish law. Yes, Irv Matlow is a remarkable man.

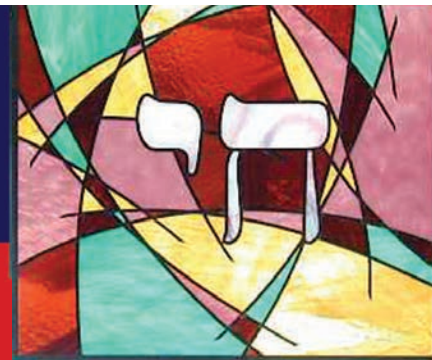
—Gerry Posner



The Matlow Family

DAY TRIPS IN JEWISH HISTORY

With educator and lecturer
HANA WERNER



MONDAYS:

1:30 PM Refreshments / 2:00 PM Lecture

10 sessions: \$60 for Beth Tzedec members / \$70 for non-members;

5 sessions: \$45 for Beth Tzedec members / \$55 for non-members; Per session: \$14

PART ONE: Achievers: For Them, Nothing is Impossible!

September 16

Sergey Brin—The Google super-genius

September 23

Moshe Dayan—Warrior and archaeologist par-excellence

October 28

Shimon Peres—The darling kibbutznik who became President

November 4

Golda Meir—The powerful voice, the daunting builder

November 11

Barbra Streisand—
Extraordinary talent and ambition

To register, visit www.beth-tzedec.org/online
or contact the Synagogue office at
416-781-3511 or email info@beth-tzedec.org.



Canasta and Mahjong Lessons

Are you interested in learning to play Canasta or Mahj? We are offering a new series of lessons in the summer and fall. For fee information or to register, please contact the Synagogue office at 416-781-3511 or info@beth-tzedec.org

Weekly Games Afternoons

Thursdays from 1:00 to 4:00 PM

Join us on Thursday afternoons for a social activity program of Mahjong, Bridge and Canasta. All games are for beginners and seasoned veterans alike.

Cost: \$2 supporting *hesed* initiatives.

For information, contact the Synagogue office at
416-781-3511 or info@beth-tzedec.org

Volunteering for Out of the Cold 2020

The 22nd season of Out of the Cold will run on Tuesday nights, from January 7 to March 24, 2020. The program is run jointly with Beth Sholom at their premises. We feed close to 200 guests and provide sleeping accommodations and breakfast for 60 people. We offer an art program, clothing distribution, mindfulness workshops and BINGO.

Volunteer registration opens Wednesday, October 2 through Tuesday, November 12. Visit www.beth-tzedec.org, click the link marked "Social Action/Tikkun Olam" and then click on "Community Action".

Shifts are approximately two hours in length and volunteers can sign up for the dinner set-up, dinner service, distribution of warm clothing/art program, late evenings (9:00 to 11:30 PM) and breakfast preparation/service on Wednesday mornings. We are looking for people who are interested in supervising sandwich-making with students (5:00 to 6:30 PM) as well as those who can staff the volunteer check-in desk during the 5:00 to 7:00 PM and 7:00 to 9:00 PM shifts.

OOTC is an excellent Bar/Bat Mitzvah project and community service hours are provided to high school students. In particular, we are looking for people who are interested in a larger role in running the different shifts. If you have questions, email me at ootcsbt@gmail.com.

Supporting Out of the Cold

Out of the Cold is self-funded, relying on donations from members of the Congregation and the community at large. We are always in need of new or gently-used adult clothing, specifically down coats and ski jackets, winter/hiking/construction boots, running shoes, sweatpants and sweatshirts, t-shirts, sweaters, jeans and new sleeping bags. Hotel-sized toiletries are greatly appreciated. Please do not donate summer clothing, socks or underwear. Donations should be bagged, labeled and dropped off at Beth Sholom weekdays between 9:00 AM and 4:00 PM, after November 1.

If you would like to purchase items to donate to Out of the Cold, please consider calling The Bargains Group, because they'll not only stretch your dollar to increase your budget, but they'll also provide us with additional donations! For example: if you buy a case of socks to donate, we will receive an additional donation from the company! Contact Lesley at 416-785-5655 for more information.

Those who are able to donate a large quantity of industrial size garbage bags, large tins of coffee, tea, or paper

products (plates, cutlery, cups, napkins, paper towels) will receive a tax receipt for the value of the goods.

Kits for a Cause, a division of the Bargains Group, is an engaging way for companies to work together on a team-building corporate volunteer activity. As a group, you can pack kits of winter warmth and hygiene items that our homeless guests desperately need. For more information, email info@kitsforacause.com.

Art Circle

An important part of Out of the Cold is the Art Circle, where our guests paint beautiful pieces of art each week under the guidance of our fabulous art facilitators. Please mark Sunday, March 29, from 1:00 to 3:00 PM on your calendar as the date of our annual Art Exhibit and Sale at Beth Sholom, where the works of our artists will be displayed and sold.

I am proud to announce that our shelter has initiated an art program at Sistering, (a multi-service agency for at-risk, socially isolated women in Toronto who are homeless or precariously housed) which will be taught by Raylah, one of our talented guests.

Thursday Games Afternoon

Thursday Games Afternoon, now in its sixth year, continues to grow. Each Thursday from 1:00 to 4:00 PM, nearly 80 people of all ages gather to socialize while playing Canasta, Mahjong and Bridge. We offer coffee, tea and refreshments, all for a donation of a TOONIE each week, which helps to fund our many *hesed* initiatives. If you are interested in playing Bridge, leave a message at the Synagogue office.

Mahjong and Canasta Lessons

Mahjong and Canasta lessons are offered at Beth Tzedec and spots fill quickly. If you are interested in registering, contact Avital in the Synagogue office. Members and non-members alike can partake in both the lessons and games.

Hesed Fund Occasion Cards

Hesed cards are available for purchase through the Synagogue office for all of your family occasions. Contributions support *hesed* projects throughout the year.

I would like to wish everyone a *Shanah Tovah*, and may the coming year be filled with good health, happiness and peace for everyone.

—Maureen Tanz
Chair, *Hesed* Committee

Anshe-eh Zafon (Lake Region) News



FJMC Convention Recap

The July FJMC biennial convention was a huge, energy-packed, spiritual success. There were several services, morning and evening, dozens of teaching sessions from presentations by El Al to Intro to Talmud, a cantorial concert to comedy shows.

The 400 men and spouses explored the city and beyond and met our local hosts, with the support of Beth Tzedec's prayer books and *Aron Kodesh* front and centre.

The programs presented by the clubs showed the impact they have in their communities, including a Holocaust memorial given to the local community that engaged the city, their politicians and the media and a professional workshop and mentoring program for teens and young adults, amongst dozens of other programs.

This convention also saw the launch of a new program to educate and help those who have psychological, health and substance dependence

issues, with presentations by a Jewish treatment and rehab centre. Plus the best kosher food the Westin Harbour Castle could dish up—it was the first time ever that the kitchen staff got a standing ovation!

The upcoming fall/winter retreat this year will, as always, feature learning and services in a relaxed atmosphere of fellowship. We will be joined by Rabbi Jennifer Gorman, Executive Director of Mercaz Canada.

There is lots more to come as we approach the date in December!



Roll up your sleeves for a day of community-wide volunteering. Bring your family or come on your own for a day of hands-on activities to make an immediate difference in the lives of people affected by homelessness.

Learn how you can do more to make real and lasting change happen.

veahavta.org/acttoimpact



Men's Club Makes a Difference



Men's Club Sunnybrook Shabbat-Saturday, November 16

The Beth Tzedec Men's Club will be holding its annual Remembrance Day Shabbat Service honouring the current and past Jewish war veterans. The service will take place in the chapel at Sunnybrook Hospital

(Administrative Building). Services are from 10:00 AM to 12:00 NOON, with a Kiddush following. Parking is free for those attending services.

Come and enjoy this small, personal, friendly service while performing a most-meaningful mitzvah.

For information, contact Jerry Grammer at (416) 985-8708 or email jaygeel937@gmail.com.

GRADES 1 TO 5

The Hased Project: Clowns in the Making

Sundays, October 6, November 10 and December 15 from 2:00 to 3:30 PM

This is a special invitation for children who want to have fun while making other people laugh. Let's become clowns and experience *mitzvot* in the most amazing way!



The Hased Project is a series of three sessions:

- **October 6**—While being trained to become clowns, learn about empathy, *hased* and the importance of taking care of others.
- **November 10**—Continue training to become clowns and start practicing the show.
- **December 15**—Practice your newfound talent as clowns while performing a fun Hanukkah show in an area seniors' residence.

No charge, but pre-registration is required. Participants must commit to attending all three sessions.

For information or to register, contact Shirel Barkan-Slater at 416-781-3514, ext. 290 or sbarkan@beth-tzedec.org.





PARENT OPEN HOUSE

For September 2020 Entry

Evening Session

Tuesday, October 29, 2019
8:00 - 9:30 PM

New Stream

Information Session
7:15 - 8:00 PM

Morning Session

Wednesday, October 30, 2019
9:00 - 10:30 AM

New Stream

Information Session
10:30 - 11:15 AM

THE NEW STREAM PROGRAM is for students with little or no Jewish day school experience.

RSVP REQUIRED

www.tanenbaumchat.org/open-house

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ADRABA's Part-Time Program delivers an innovative, cutting-edge and personalized **high school Jewish learning** experience.

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Stay for the friends.

Part-Time Program begins **September 16**
info & sign-up: adraba.ca/application



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Save our number, you'll be glad you did!



Tributes



Make a donation, send a tribute card and include your listing here to honour your friends and loved ones. For more information about tribute opportunities, contact Avital at 416-781-3511.

Daily Minyan Breakfast

Dr. Leslie and Mary Richmond, commemorating the yahrtzeit of **Sam Richmond**.

Ruth Berman, Mara and Eli Lederman and Ayala and Yoram Beck, commemorating the yahrtzeit of **Dr. Neil David Berman**.

Sheila Rubinoff and family, commemorating the yahrtzeit of **Melvyn Paul Rubinoff, Q.C.**

Mary and Les Richmond and Judi and Jeff Alter, commemorating the yahrtzeit of **Olga Mittelman**.

Eudice Goldberg and family, commemorating the yahrtzeit of **Arthur Konviser**.

Caren Ruby and family, commemorating the yahrtzeit of **Reta Isenberg**.

Stephen Tanny and Sharon Weinstein and family, commemorating the yahrtzeit of **Aron Tanny**.

Dorothy Tassis and family, commemorating the yahrtzeit of **Stanley Tassis**.

Eric Sobel, honouring **Paul Sobel and Ruth Elmaleh** on their marriage.

The Sobel Family, commemorating the yahrtzeit of **Bert Fine**.

Barry and Maretta Lithwick, honouring their grandson **Joshua Stein** on his Bar Mitzvah.

Corinne Hart, honouring the memory of **Myer Hart**.

Helen Glazer and family, commemorating the yahrtzeit of **Albert Glazer**.

Dr. Harvey Coopersmith and family, commemorating the yahrtzeit of **Myrtle Coopersmith**.

Matthew Weinstein, commemorating the yahrtzeit of **Evelyn Weinstein**.

Jeffrey and Jill Levine and Sophie and Lester Fischhoff, honouring the birth of their granddaughter **Marlee**.

Joel and Jill Reitman and family, commemorating the yahrtzeit of **Cyril Reitman**.

The Himel Family, commemorating the yahrtzeit of **Malka Green**.

The Carr and Allen Families, commemorating the yahrtzeit of **Murray Allen**.

Shep and Lorraine Gangbar Rami Mozes and Cheryl Herman, honouring the marriage of their daughter **Alannah Mozes to Zack Hyman**.

Soozi Schlanger, Goldie Schlanger and Chaja Grande, commemorating the yahrtzeit of **Golda Chana Aaron**.

Janice Bennett and family, commemorating the yahrtzeit of **Geoffrey Bennett**.

Jeffrey and Jane Gertner, commemorating the *yahrtzeiten* of **Ruth Gertner and Sidney Stern**.

Hayley Colt, commemorating the yahrtzeit of **Maureen Colt**.

The Arbuck and Ezer Families, commemorating the yahrtzeit of **Marvin Arbuck**.

Esterita Rajskey and Rochelle Zabitsky, commemorating the yahrtzeit of **Ida Zelda Chananie**.

Gloria Houser and family, commemorating the yahrtzeit of **Cyril Houser**.

Pauline Menkes, commemorating the yahrtzeit of **Frances Weintraub**.

Randy and Annette Goodman and Howard and Helen Libenson, honouring the birth of their granddaughter **Harper Lace Libenson**.

The Goldenberg Family, commemorating the yahrtzeit of **Gerald Joseph Goldenberg**.

Dr. Beverly Kupfert, commemorating the yahrtzeit of **Eva Kupfert**.

The Alexandroff Family, commemorating the yahrtzeit of **Harry Alexandroff**.

Lois Buckstein, commemorating the yahrtzeit of **David Buckstein**.

The Cummings Family, commemorating the yahrtzeit of **Robert Cummings**.

Louise Shogilev, Harvey and Earl Consky, commemorating the yahrtzeit of **Sandra Consky**.

Marcus Scoler, honouring the memory of **Renee Scoler** and the dedication of an ambulance to Magen David Adom.

Daily Minyan Fund

Jeffrey Axler, commemorating the yahrtzeit of **Sara Axler**.

Rosalee Berlin, commemorating the yahrtzeit of **Myer David Berlin**.

General Fund

Shelley Ball, honouring the memories of **Allen and Ann Ball**.

Enid Berg, acknowledging **Clarice Warren** in memory of **Evelyn Ashley**.

Enid Berg, acknowledging **Sandra Brown** in memory of **Hyla Isabel Boniuk**.

Enid Berg, commemorating the first yahrtzeit of **Graham Berg**.

Enid Berg, honouring **Barbara and Irving Green** on their 60th anniversary.

Dr. Mervyn and Frances Deitel, commemorating the yahrtzeit of **Anna Deitel**.

Dr. Mervyn and Frances Deitel, honouring their 57th anniversary.

Drs. Owen and Sandra Giddens and family, acknowledging **Dr. Avron Seetner** in memory of **Dr. Barney Seetner**.

Joel Greenstein, honouring **Beth Tzedec Congregation**.

Mildred Kriezman, commemorating the yahrtzeit of **Sol Glazier**.

Ruthe Mann and family, commemorating the yahrtzeit of **Harry Longert**.

Devora Rottem, commemorating the yahrtzeit of **Bella Abramovitch**.

Hesed Fund

An anonymous contribution, honouring **Josette Frydman-Kohl**.

Frances Ackerman, acknowledging **Bea Wortsman** in memory of **Mim Prusky**.

Frances Ackerman and Henry Einstoss, commemorating the yahrtzeit of **Bella Einstoss**.

Cherryl and Jeff Berliner and family, honouring **Ruth Milne** on her 90th birthday.

Denise Chriqui, acknowledging **Sandra Brown** in memory of **Hyla Isabel Boniuk**.

Perry and Shirley Cooper, acknowledging **Hope Springman and the Jeroff Family** in memory of **Annis Jeroff**.

Irving Gold, commemorating the yahrtzeit of **Dora Gold**.

Judith and Aubrey Golden, commemorating the yahrtzeit of **Marshall Adam Golden**.

Carole and Nathan Greenberg, commemorating the yahrtzeit of **Rebecca Greenberg**.

Nathan Greenberg, commemorating the *yahrtzeiten* of **Joseph Greenberg, Jacob Greenberg, Anne Greenberg and Morris Greenberg**.

Lou Hoffer, commemorating the yahrtzeit of **David Hoffer**.

Malki Lazar, commemorating the yahrtzeit of **Regina Lazar**.

Barbara Nemyo Leibel and family, honouring **Helen Glazer** on her 100th birthday.

Joy and Mike Lipkin, honouring **Helen Glazer** on her 100th birthday.

Ruth and Harold Margles, honouring **Irving and Jeanne Salit** on their grandson's Bar Mitzvah.

Hascal and Sandra Rosen, commemorating the *yahrtzeiten* of **Amelia Rosen** and **Samuel Zatz**.

Ralph and Judy Shiff, acknowledging **Clarice Warren** in memory of **Evelyn Ashley**.

Ralph and Judy Shiff, acknowledging **Sandra Brown** in memory of **Hyla Isabel Boniuk**.

Cantor Deborah Staiman, commemorating the *yahrtzeit* of **Alexander Staiman**.

Cantor Deborah Staiman, commemorating the *yahrtzeit* of **Herman Itkoff**.

Cantor Deborah Staiman, commemorating the *yahrtzeit* of **Shirley Jane Staiman**.

Cantor Deborah Staiman, honouring **Rabbi Shalom Schachter** and **Rabbi Jennifer Gorman**.

Rita Tenenbaum, acknowledging **Dr. Vita Land** and family in memory of **Janet Land**.

Eleanor Wisenberg, commemorating the *yahrtzeit* of **Louis Wisenberg**.

Jewish Family Living Fund

An anonymous contribution, honouring the **Beth Tzedec** staff.

Kaddish Fund

The Ashley Family, honouring the memory of **Evelyn Ashley**.

Bonnie Dale, Jamie Dale, Richard Kimel, Rob Kimel and Shelley Eisenberg, honouring the memory of **Florence Kimel**.

Lawrence Prusky and family, honouring the memory of **Miriam Prusky**.

Debbie Weinberg, honouring the memory of **Emma Rosenberg**.

Kaplan Bar/Bat Mitzvah Financial Assistance Award

Michael and Phyllis Kaplan, honouring **Claire Markus** on her special birthday.

Dr. Newton and Claire Markus, honouring **Michael Kaplan** on his special birthday.

Kosher Food Bank

An anonymous contribution, honouring **Rabbi Shalom Schachter** and **Rabbi Jennifer Gorman**.

Shelley Ball, honouring the memories of **Ann and Allen Ball**.

Judy Feld Carr and Donald Carr, wishing **Barry Phillips** good health.

Riva Kirsh, commemorating the *yahrtzeit* of **Toby Waltman**.

Irving Matlow, commemorating the *yahrtzeit* of **Goldie Matlow**.

Rabbi Shalom Schachter and Marcia Gilbert, honouring **Shep and Lorraine Gangbar** for their friendship.

Little Minyan Fund

Sephi Band and Jeffrey Mitz, acknowledging **Michael Friedman** in memory of **Henry Friedman**.

Asher Farber and Allie Dennis, honouring **Linda Marleny Dow** on being called to the *Beit Din*.

Ilene and Stephen Flatt and family, acknowledging **Michael Friedman** in memory of **Henry Friedman**.

Ilene and Stephen Flatt, honouring **Anne and Mitch Max** on the birth of their granddaughter.

Ilene and Stephen Flatt, honouring **Gary and Jan Elman** on the engagement of their daughter **Laura Elman**.

Allan and Ellen Rosenbluth, acknowledging **Michael Friedman** in memory of **Henry Friedman**.

Debbie Rothstein and Michael Friedman and family, honouring **Bob and Sharon Cherniak** on the birth of their granddaughter.

Janis Seftel and Francis Guanlao, acknowledging **Michael Friedman** in memory of **Henry Friedman**.

Lorne Hanick Website Development Fund

An anonymous contribution, honouring **Sheila Benoit**.

Brenda Orser, honouring **Rabbi Baruch Frydman-Kohl**.

Men's Club Scholarships

Art and Carole Andrews, acknowledging **Dr. Jeffrey Ashley** and family in memory of **Evelyn Ashley**.

Music Fund

Ab and Phyllis Flatt, acknowledging **Nathan Greenberg** in memory of **Carole Greenberg**.

Out of the Cold Fund

Ethel Abramowitz, commemorating the *yahrtzeit* of **Nathan Abramowitz**.

Frances Ackerman, commemorating the *yahrtzeit* of **Nancy Einstoss**.

Shelley Ball, honouring the memory of **Robin Ball**.

Bella and Leonard Brody, commemorating the *yahrtzeit* of **Abraham Jacobs**.

Leonard and Bella Brody, commemorating the *yahrtzeit* of **Aaron Brody**.

Barbara Firestone, acknowledging **Honey Carr** in memory of **Ella Feldman**.

Cynthia and Morice Glick, commemorating the *yahrtzeit* of **Beila Moss**.

Sam and Karen Hirsch, acknowledging **Harold Ashley** in memory of **Evelyn Ashley**.

Sam and Karen Hirsch, acknowledging **Nathan Greenberg** in memory of **Carole Greenberg**.

Michael and Rochelle Kerzner, honouring **Sheldon Rotman** on concluding his term as President of Beth Tzedec Congregation.

Sheldon and Patti Rotman, honouring **Lyon Wexler** on his special birthday.

Jeanne and Dr. Irving Salit, acknowledging **Clarice Warren** in memory of **Evelyn Ashley**.

Jeanne and Dr. Irving Salit, acknowledging **Sandra Brown** in memory of **Hyla Isabel Boniuk**.

Jeanne and Dr. Irving Salit, honouring **Barbara and Irving Green** on their 60th anniversary.

Ralph and Judy Shiff, honouring **Claire Markus** on her special birthday.

Judith and Ralph Shiff, honouring **Ruth and Harold Margles** on their special anniversary and birthdays.

Judith and Ralph Shiff, wishing **Marion Feld** a *refuah sheleimah*.

Cantor Deborah Staiman, commemorating the *yahrtzeit* of **Rebecca Staiman**.

Melvin and Ruth Steinhart, honouring **Claire Markus** on her special birthday.

Rabbi Steven and Jody Wernick, honouring **Beth Tzedec** and **Sheldon Rotman**, **Randy Spiegel**, **Daniel Zimmerman**, **Brian Dias** and the maintenance staff.

The Rabbi Baruch Frydman-Kohl Endowment Fund

The 20s and 30s Committee, honouring **F + B Kosher**.

Frances Ackerman and family, honouring **Rabbi Baruch Frydman-Kohl**.

Pearl Amsterdam, honouring **Rabbi Baruch Frydman-Kohl**.

An anonymous contribution, honouring the **Beth Tzedec** committee members, staff and volunteers for making the year of celebration such a success.

An anonymous contribution, honouring **Rabbi Robyn Fryer Bodzin** and family.

An anonymous contribution, honouring **Rabbi Steven Wernick**.

An anonymous contribution, honouring **Zoltan and Sara Zimmerman**.

Rosalee Berlin, honouring **Rabbi Baruch Frydman-Kohl**.

The Beth Tzedec Study Group, acknowledging **Ms. C. Troster** in memory of **Rabbi Larry Troster**.

Beverley Black, honouring **Rabbi Baruch Frydman-Kohl**.

Dr. Arthur and Estelle Blank, acknowledging **Sandra Brown and family** in memory of **Hyla Isabel Boniuk**.

Melvin and Sandra Brown, acknowledging **Sherman Hans** in memory of **Judith Hans**.

Melvin and Sandra Brown, acknowledging **Dr. Vita Land** in memory of **Janet Land**.

Sandy and Melvin Brown, acknowledging **Harold Ashley and family** in memory of **Evelyn Ashley**.

Sandy and Melvin Brown, honouring **Irving and Barbara Green** on their 60th anniversary.

Sandy and Melvin Brown, honouring **Philip and Nanci Turk** on their 25th anniversary and on **Philip's** birthday.

Lynn Catzman, honouring **Rabbi Baruch Frydman-Kohl**.

Halle Cohen, acknowledging **Sandra Brown** in memory of **Hyla Isabel Boniuk**.

Halle Cohen, honouring **Rabbi Baruch Frydman-Kohl**.

Gertrude Diamond, honouring **Rabbi Baruch Frydman-Kohl**.

Bruce and Nancy Elman, acknowledging **Sandra Brown** in memory of **Hyla Isabel Boniuk**.

Irwin and Rochelle Fajertag, honouring **Rabbi Baruch Frydman-Kohl**.

Sheri and Ian Federman, acknowledging **Roslyn Oslender** in memory of **Tilly Oslender**.

Faye Firestone, acknowledging **Roslyn Oslender** in memory of **Tilly Oslender**.

Lila Freedman, Dr. Jaime Freedman and family, Monica Eckman and family, acknowledging **Sandra Brown and family** in memory of **Hyla Isabel Boniuk**.

Georgine Friedlich-Rosman, honouring **Claire Markus** on her special birthday.

Elaine Glassman and family, honouring **Rabbi Baruch Frydman-Kohl**.

Judith and Aubrey Golden, honouring **Rabbi Baruch Frydman-Kohl**.

Merle Goldman, honouring **Rabbi Baruch Frydman-Kohl**.

Jackee Gosewich, commemorating the yahrtzeit of **Sam Spunt**.

Arnold Gosewich, commemorating the yahrtzeit of **Rae Gosewich**.

Moishe, Jodi, Joshua, Benjamin and Samara Gottesman, honouring **Debbie Rothstein** on becoming the President of Beth Tzedec Congregation.

Diane Grafstein, acknowledging **Clarice Warren** in memory of **Evelyn Ashley**.

Diane Grafstein, acknowledging **Roslyn Oslender** in memory of **Tilly Oslender**.

Barbara and Irving Green, acknowledging **Sandra Brown and family** in memory of **Hyla Isabel Boniuk**.

Saul and Bonnie Greenberg, honouring **Ferne and Bernard Rubinstein** on the Bat Mitzvah of their granddaughter **Ruby**.

Joel Greenstein, honouring **Beth Tzedec Congregation**.

Arnold and Carol Greenwood, honouring **Herbert and Janet West** on their anniversary.

David and Lucille Griff, commemorating the *yahrtzeiten* of **Alexander and Adela Griff**.

Hon. Jack and Sandi Grossman, acknowledging **Roslyn Oslender** in memory of **Tilly Oslender**.

Jack Gwartz, commemorating the yahrtzeit of **Sam Gwartz**.

Nava Jakubovicz, commemorating the yahrtzeit of **Iran Esther Jakubovicz**.

Lorna Kahn, commemorating the *yahrtzeiten* of **Marie and Philip Casher and Asher Kahn**.

Sally Kert, honouring the memory of **Sheldon Kert**.

Norma and Ernie Kirsh, honouring **Rabbi Baruch Frydman-Kohl**.

David and Joy Kohn, honouring **Rabbi Baruch Frydman-Kohl**.

Henrietta Kostman, acknowledging **Dr. Vita Land** in memory of **Janet Land**.

Marlene Laba, acknowledging **Roslyn Oslender** in memory of **Tilly Oslender**.

Barbara and Allan Leibel, honouring **Rabbi Baruch Frydman-Kohl**.

Lisa Levin and Rick Magrath, acknowledging **Dr. Vita Land** in memory of **Janet Land**.

Judy, Cliff, Max and Lily Librach, commemorating the yahrtzeit of **Herbert E. Sibling**.

Pearl Lipton-Silver, commemorating the yahrtzeit of **Morris Lipton**.

Dora Litwack, Marilyn Deborah, Judy and David Goldman, honouring **Rabbi Baruch Frydman-Kohl**.

Stephen, Elisha, Josh, Adam and Jeremy Margles, honouring **Rabbi Baruch Frydman-Kohl**.

Roslyn Mendelson, commemorating the yahrtzeit of **Joseph Bigman**.

Honey Milstein, commemorating the yahrtzeit of **Solly Nisker**.

Petra, Lionel, Samanta and Zachary Newton, honouring **Rabbi Baruch Frydman-Kohl**.

Petra and Lionel Newton, honouring **Rabbi Baruch Frydman-Kohl**.

Ruth Nichols, acknowledging **Roslyn Oslender** in memory of **Tilly Oslender**.

BETH TZEDEC SISTERHOOD'S Torah Fund Tribute Cards

Choose these beautifully illustrated cards when you honour, acknowledge or commemorate the memories of those who are most important in your life.



The Torah Fund tribute cards can be purchased individually at a cost of \$5 each or a selection of 5 cards for \$20*. To purchase, contact the Lynne Taradash at 416-781-3714 or lynnetaradash@icloud.com.

The Beth Tzedec Sisterhood supports Conservative Judaism through its Torah Fund, the designated philanthropy fund of the Women's League for Conservative Judaism.


*Tax receipts will be issued for orders of \$20 or more.

BETH TZEDEC
בית צדק SISTERHOOD


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*Jewish
Meditation*



Shabbat, October 5, November 2 and
December 7 from 10:00 to 11:15 AM

For men and women, centred on texts from our
tradition, eliciting response and deep listening—
a doorway to enhanced prayer.

For more information, please contact Marlene Laba at
416-781-3514 ext. 234 or mlaba@beth-tzedec.org.

*Michelle Katz is an educator in English and Special Education.
She provides workshops, retreats and group classes in Jewish
Meditation, Jewish Spiritual Direction and Torah yoga.*

SPONSORED BY THE BETH TZEDEC MEN'S CLUB

Condolences

The Congregation extends heartfelt condolences to the families of the late:

- | | |
|---------------------------|---------------------------|
| Sari Alter | Florence Kimel |
| Marian Ash | Janet Land |
| Evelyn Ashley | Dora Litwack |
| Alex Berman | George Metz |
| Hyla Isabel Boniuk | Dorothy Newman |
| Mark Frankel | Alec Nisker |
| Ron Golden | Faye Ann Nisker |
| Carole Greenberg | Betty Olanow |
| Sophie Handman | Mim Prusky |
| Judith Hans | Bette Risen |
| Pearl Harnick | Dr. Barney Seetner |
| Ruth Isaac | Evelyn (Evy) Snow |
| Karyn Kalef | Rachel Vitsas |
| Jean Kalpin | Zoltan Zimmerman |

*“May the God of mercy sustain and strengthen them
in their sorrow.”*

Memorial Plaques

Plaques in honour of the following individuals will be installed in the Sanctuary:

Bernard (Barney) Dales
Mim Prusky

If you wish to honour the memory of a dear one, a fitting, traditional and dignified remembrance is through a memorial plaque and lamp. Each memorial plaque, bearing the name and yahrtzeit date, is mounted on a bronze tablet in the Sanctuary. The lamp is lit on the Shabbat of the week of the yahrtzeit, on the day of the yahrtzeit, and on the four festivals during the year when Yizkor is recited. To order a memorial plaque, contact the Synagogue office at 416-781-3511 or info@beth-tzedec.org.

Everything we do Today is for Tomorrow

Beth Tzedec has a number of opportunities for members wishing to support our *tzedakah* initiatives. Honour the memory of a loved one by making a contribution to one of our funds or sponsoring breakfast on a *yahrtzeit*. For a complete list of Synagogue funds, please call the office at 416-781-3511.

If you are interested in leaving a legacy for the Congregation to name a special project, youth program or adult education seminar, we would be pleased to help you plan today for tomorrow. Contact our Executive Director, Randy Spiegel at 416-781-3514, ext. 211 to discuss these opportunities in confidence.

Brenda Orser, acknowledging the **Shapiro Family** in memory of **Jakob Ari Shapiro**.
 Paul Brown and Celeste Pelliccione, honouring **Rabbi Baruch Frydman-Kohl**.
 Richard, Annette, Lucie and Sam Pivnick, honouring **Rabbi Baruch Frydman-Kohl**.
 Millie Pollock, acknowledging **Roslyn Oslender** in memory of **Tilly Oslender**.
 Linda Reitapple, honouring **Rabbi Baruch Frydman-Kohl**.
 Joe Rosenthal, commemorating the yahrtzeit of **Gertrude Rosenthal**.
 Lynda and Ronnie Roth and family, honouring **Rabbi Baruch Frydman-Kohl**.
 Paul and Gella Rothstein, honouring **Sheldon Rotman**.
 Debbie Rothstein and Michael Friedman, acknowledging **Sandra Brown** in memory of **Hyla Isabel Boniuk**.
 Debbie Rothstein and Michael Friedman, honouring **Anne and Mitch Max** on the birth of their granddaughter.
 Debbie Rothstein and Michael Friedman, honouring **Gary and Jan Elman** on their daughter's engagement.
 Debbie Rothstein and Michael Friedman and family, honouring **Randy and Debbie Spiegel** on the birth of their grandson **Ayal**.
 Ilse Seetner, honouring **Rabbi Baruch Frydman-Kohl**.

Ilse Seetner, honouring **Debbie Rothstein** on becoming President of Beth Tzedec Congregation.
 Benjamin Shinewald, Marcie Hart, Orly and Talia, honouring **Rabbi Baruch Frydman-Kohl**.
 Judy Shostack, commemorating the yahrtzeit of **Aron Shostack**.
 Deenna Sigel and Skip and Lynn Sigel, acknowledging **Anne Golden and family** in memory of **Ron Golden**.
 Esther Smalline, acknowledging **Roslyn Oslender** in memory of **Tilly Oslender**.
 Eric Sobel, acknowledging **Roslyn Oslender** in memory of **Tilly Oslender**.
 Jill and Jack Spitz, honouring **Rabbi Baruch Frydman-Kohl**.
 Paul and Mary Spring, honouring **Gerald Sheff and Shanitha Kachan Sheff**.
 Cantor Deborah Staiman, acknowledging **Roslyn Oslender** in memory of **Tilly Oslender**.
 Jason Stein and Jeannette Stein, acknowledging **Roslyn Oslender** in memory of **Tilly Oslender**.
 Joseph and Elaine Steiner, acknowledging **Sandra Brown** in memory of **Hyla Isabel Boniuk**.
 Joseph and Elaine Steiner, honouring **Lyon Wexler** on his special birthday.

Joseph and Elaine Steiner, honouring the **Beth Tzedec staff**.
 Tracey and Hillary Steinhart, acknowledging **Roslyn Oslender** in memory of **Tilly Oslender**.
 Ruth Steinhart, commemorating the yahrtzeit of **Allan Siegel**.
 Beverley Stern, commemorating the yahrtzeit of **Ida Rivelis**.
 The Study Group, honouring **Murray Lipton**.
 Martha Sud, honouring the memory of **David Sud**.
 Renee Topper and family, honouring **Rabbi Baruch Frydman-Kohl**.
 Jane and John Trachtenberg, commemorating the yahrtzeit of **Fritz Rothschild**.
 Harold Weizel, commemorating the yahrtzeit of **Eleanor Weizel**.
 Dot Whitehouse, honouring the worshippers and clergy.

Reuben & Helene Dennis Museum Fund

Gella and Paul Rothstein, commemorating the yahrtzeit of **Pauline Goldhar**.

Young Professionals Fund

Paul and Gella Rothstein, honouring **Yacov Fruchter** on receiving his Master's degree in Pastoral Studies.

Wave Hello to Sukkot!

Shake a lulav—Be sure to order your quality Israeli lulav and etrog! Only \$45 per set.

Beginning on Monday, October 14, bring your family and your lulav and etrog to shul, as we joyously march around the Synagogue in celebration of Sukkot. Children welcome!

For information or to order a lulav set, please contact the Synagogue office at 416-781-3511 or info@beth-tzedec.org.



PROSECUTING EVIL

THE EXTRAORDINARY WORLD OF
BEN FERENCZ

with Producer/Director
BARRY AVRICH

Tuesday, November 5 at 7:30 PM

Barry Avrich's gripping new documentary tells the fascinating story of Ben Ferencz, the last surviving Nuremberg prosecutor and lifelong advocate of "law not war".

No charge, but RSVPs appreciated to
Eventbrite.ca or call 416-781-3511.



The Itta & Eliezer Zeisler
Memorial Lectures

