

bulletin

בית צדק
Beth Tzedec Congregation

Beth Tzedec Bulletin

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Scholar Weekend with
Prof. Stephen Berk
April 23 to 26
See p. 42

Weisfeld Lecture
with Shmuel Rosner
May 7 to 9
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Searching for My Voice
with Allan Soberman
May 12
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Please check our website at beth-tzedec.org or call the synagogue office
at 416-781-3511 to check if your event has been postponed.

Allan Soberman, son of Beth Tzedec's beloved Cantor Morris Soberman^{z"l}, returns home to share a story of life in his father's shadow, changing family dynamics and forging his own path and identity in the music industry.



SEARCHING FOR MY VOICE:

A PERFORMANCE BY ALLAN SOBERMAN

Tuesday, May 12 at 7:30 PM

Experience Allan's journey growing up in a religious family in Toronto through the '50s and '60s before finding his own way in the world of secular music. This intimate show blends story with song as Allan shares the synagogue and secular musical influences that shaped his life.

Tickets: \$36, available through the Synagogue office at 416-781-3511.

To Be a Conservative Jew

To understand the different approaches to Judaism, one has to understand the different approaches to revelation—how do we know what God wants of us?



I'VE ALWAYS BEEN IMMERSED IN THE DISCUSSION ABOUT what Conservative Judaism is. I am a product of this movement—my father is a Conservative rabbi, I went to a Solomon Schechter day school, Camp Ramah and USY, and was ordained at JTS. Most recently, I was the CEO of USCJ, the network of Conservative congregations across North America. So I know quite a bit about the topic.

To begin, however, I want to highlight the distinction between Conservative Judaism and the Conservative movement (a confederation of organizations that support Conservative Judaism). In this article, I want to focus on what makes Conservative Judaism so important and why I find it meaningful.

To understand the different approaches to Judaism, one has to understand the different approaches to revelation—how do we know what God wants of us?

Orthodox Jews tend to believe in a direct revelation. This is when one believes that God gave Torah directly to the Jewish people. Here it is—this scroll of Torah. Since it is direct, literally from the hand of God, every word, every white space, every crown, every aspect of Torah is Divine. Human beings are only responsible for transmitting it. Interpretation is narrow, because who are we to question God's authority? Tradition is given much more weight in decision making than modernity.

Reform Jews tend to believe that Torah is an outcome of a particular time and place. What's important are the values of the Jewish people contained in it, expressed by the prophets and carried forward into today. One is expected to learn Judaism holistically as a religious history and then adopt the practices that one feels will add to their ability to bring those values into the world. The individual is an autonomous decision-maker. Tradition has a voice, but neither a vote nor a veto.

Conservative Jews tend to believe in an indirect and continuous revelation, meaning that God gave Torah indirectly to the Jewish people at Sinai and that God continues to reveal God's will in the passage of time. Perhaps revelation was a dream, or an inspiration or a shared "wow" experience. We believe it is Divine in origin, but not communicated directly. An indirect revelation means that humanity was responsible for receiving the Torah and transmitting it. Interpretation and new knowledge

are part and parcel of the unfolding of Torah in our lives. Tradition and modernity live in tension with one another. Each has equal weight in decision making.

All of this is, of course, a broad generalization. I encourage you to learn more and would be happy to suggest a bibliography if it's something that you want to explore more deeply.

What are the implications of an indirect and continuous revelation for Conservative Jews? How does this impact what we believe and how we practice?

To start, it means that we believe in an authentic and dynamic religious tradition. Classical observances like Shabbat, *kashrut*, prayer, Torah study and social justice are Divine in origin and are time-tested methods for living a life of meaning and purpose. The *mitzvot* are commandments, not just good ideas or good deeds. Their observance helps us to create habits of holiness by which we are assured our Jewish values are brought into the world.

At the same time, what makes the tradition authentic is that it is dynamic. The Torah itself teaches that every generation has to make meaning of Torah in its time. Or as Professor Solomon Schechter once said, "God didn't give Torah to a parchment. God gave Torah to the Jewish people."

In other words, context is important, even necessary. And not only can we apply Torah to modernity, but we must for it to remain relevant. What are the roles of women, of Jews of colour, Jews with disabilities or members of the LGBTQ+ community? How do we make biomedical ethical decisions? These are just some of the important questions that modern, thinking Jews must grapple with as our modern understanding of science, sociology and psychology add context and information that our ancestors could not fathom.

Dana Horn, the novelist who spoke at our Snowbird Shabbat in Boca Raton, pointed out a distinction between Western literature influenced by Christian tradition and Jewish narrative. While Christian-influenced stories rely on neat, happy endings, Jewish stories are more comfortable sitting with the reality and uncertainty of our actual lives.

What all of this means is that for Torah to be meaningful, it has to be both authentic and dynamic. wrestling with meaning in each generation is the Jewish way.



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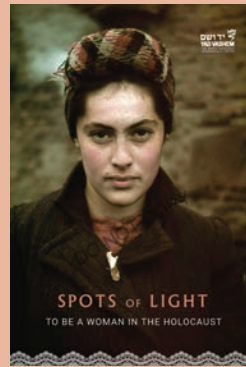
Museum Curator Dorion Lieb Gott
ext. 232, museum@beth-tzedec.org

TO CONTRIBUTE YOUR news, congratulations,
member updates or other listings, send an email
to thumphries@beth-tzedec.org, call
416-781-3514, ext. 212 or fax 416-781-0150.

SPOTS OF LIGHT: TO BE A WOMAN IN THE HOLOCAUST Opens Thursday, May 7 at 7:30 PM

This exhibition gives expression to the unique voices of Jewish woman during the Holocaust: their choices and responses in the face of evil. It features personal stories relating to various aspects of the Jewish woman's daily life, such as love, motherhood, friendship and womanhood. No charge, but RSVPs for the exhibit opening appreciated to 416-781-3511.

To arrange a group tour, contact museum curator Dorion Lieb Gott at 416-781-3514, ext. 232 or museum@beth-tzedec.org



Presented by
YAD VASHEM
THE WORLD HOLOCAUST
REMEMBRANCE CENTER

BETH TZEDEC
REUBEN & HELENE DENNIS
MUSEUM

בית צדק
Beth Tzedec Congregation



Explore Beth Tzedec's New Touch Screens



Explore our new digital screens, located at the Parking Lot entrance and outside the Hendeles Chapel. They'll make it easier than ever to navigate the synagogue, share important messages and stay up-to-date on our upcoming events.

While the touch functionality is disabled for Shabbat and holidays, you'll still be able to learn about our upcoming programs and events every day of the week!

A Daily Minyan Community



I have been able to witness firsthand the care, love and compassion shown by and for the people who attend Daily Minyan.

WE TALK A LOT ABOUT THE IMPORTANCE OF BUILDING community. At a recent visioning exercise for the Centre for Spiritual Well-Being, the overwhelming needs highlighted were for community and social well-being. When we foster greater welcoming, inclusion and care, it has a transformative impact on our community and there is no better place to highlight the important role community plays at Beth Tzedec than in our Daily Minyan services.

For years, Shep Gangbar, a past president and a regular at morning minyan, has been encouraging me and other shul leaders to attend Daily Minyan. To be honest, the services were not really on my radar and, because I attend shul weekly, I thought I was attending enough. The first time I was counted as the tenth person in a minyan was at a weekly *Minḥah-Ma'ariv* Service, and while that experience was profound for me personally, it didn't impel me to start attending weekday services. I simply didn't understand the important service Beth Tzedec provides by holding services twice a day, seven days a week. Until last year.

My father-in-law, Henry Friedman ^{z"l}, passed away very suddenly on April 30, 2019. To say that we were in shock would be an understatement and Rabbi Wernick, Rabbi Frydman-Kohl and Yacov Fruchter were a great comfort to my husband Michael and our family. That first Shabbat after the funeral, when Michael had to recite "*Kaddish d'Rabbanan*", Mitch Max, a member of the Little Minyan who was also saying kaddish, came to stand next to Michael as a sign of support. It was an incredibly moving gesture of community.

Michael and I started attending Daily Minyan regularly as he moved through the stages of mourning. The last nine months have afforded me a perspective that I don't believe I would have had if I had been the one who had suffered a loss. While supporting Michael throughout his year of Kaddish, I have been able to witness firsthand the care, love and compassion shown by and for the people who attend Daily Minyan.

That first morning, walking into breakfast after services, we felt somewhat tentative (at least I did) as the people in the Dr. Small Lounge appeared to be such a tight-knit group. But Michael and I were welcomed with open arms and brought immediately into the fold. I know how much this has meant to Michael and how much it has helped him deal with the loss of his father.

His experience is no different than that of our friends who have attended Daily Minyan regularly during their periods of mourning. The routine, comradery and the shared loss have contributed greatly to the healing process. The ebb and flow of the year, as some mourners have completed saying Kaddish while others have started, has been quite profound—a living example of the circle of life.

We at Beth Tzedec are truly privileged to have daily services along with a daily breakfast, which only serves to enhance the feeling of community. These services support our members and the community at large. I really had no idea how difficult it can be to find a Conservative minyan, let alone one that counts women in a minyan. What we provide at a time of such need is one of the greatest acts of community our *kehillah* performs.

This has been a year of many firsts without my father-in-law and it has been our community that has helped guide and lift us up over and over again. A huge thank you to all the regulars at Daily Minyan who have become like family. We have shared tears, laughter, stories about loved ones and a great deal of love. You have all had a profound effect on me. And to Michael, thank you for letting me join you on such a personal journey—it has helped me in more ways than you know.

To support the Beth Tzedec Daily Minyan, please consider making a contribution to the Daily Minyan Breakfast Fund. Or even better, come to one of the services during the week—ensuring that there is a minyan for mourners is one of the greatest *mitzvot* you can do.

Hag Kasher V'sameah Pesah.



For more information about sponsoring a breakfast, kiddush or *seudah shlisheet*, please contact the synagogue office at 416-781-3511.



SPIRITUAL SOUNDS LAB SHABBAT

Friday, April 3 and Saturday, April 4

Join artist-in-residence **Aviva Chernick** as she leads us in a Shabbat filled with the Torah of compassion through prayer, song, study and reflection.

Friday, April 3 beginning at 5:45 PM

Concert | Kabbalat Shabbat Service | Dinner

Aviva Chernick leads an uplifting pre-Shabbat concert followed by a delicious dinner.

Conclude this special Shabbat journey of song and Torah with dessert on the Beit Alpha Floor. Cost for dinner: \$40 adults; \$18 under age 40; \$6 children (ages 1-4). RSVP at www.beth-tzedec.org/login or call the office by Friday, March 27.

**Shabbat morning, April 4
beginning at 8:45 AM**

Our Spiritual Sounds Lab weekend continues with Aviva Chernick as she teaches us about *Tzav*, this week's *parashah*, leading us in an ongoing exploration of freedom while unpacking the rituals of offerings/*korbanot* through breath and song, reflecting on how they resonate in our own lives. Everyone is welcome.

Presented as part of The Beth Tzedec Centre for Spiritual Well-Being



Are you a Beth Tzedec member with a child attending Camp Ramah in Canada for the first time? BT members have access to one incentive grant per family, thanks to **The Beth Tzedec and Phyllis & Ab Flatt Camp Ramah in Canada Incentive Program Family Fund.**

For additional information about summer camping opportunities, please contact Daniel Silverman at dsilverman@beth-tzedec.org or call 416-781-3514, ext. 231.

Camp Ruach: What's in a Name?



We all possess a *ruah*, spirit or breath, that stirs but cannot be physically touched.

AS A CHILD LIVING IN THE SMALL

Canadian town Hespeler, where we were the only Jewish family, opportunities for social interaction with other Jewish kids were limited. I went to a K-to-8 public school that boasted a Jewish population of three or four, depending on which of my family members had graduated and which were entering.

"I had your brother," Mrs. Bertoni boomed at me on day one of first grade, "and I'm not going to put up with you too!" After elementary, I headed "out of town"—that is to the next town over—for high school. Bigger school, still no Jews.

In the absence of a Jewish community, I was nonetheless raised with a profoundly strong Jewish spirit. Though I was not always sure what "being Jewish" meant, I had a deep feeling of connectedness to anyone or anything Jewish.

In our home we embraced traditions that, in celebrating holidays, brought them to life. Though often alone, as a family we sometimes joined with Jewish families from neighbouring towns in prayer as our parents created a *kehillah*. There was Sunday morning 'tefillin club', cultural programs and study groups for adults to connect and socialize freely with other country Jews, speak a *bisele* Yiddish, share a nice piece of baked carp and celebrate "our" bagel!

My Jewish spirit was moved on Simḥat Torah as we sang and danced and read the final *pesukim*, then rolled and rolled until we renewed the cycle that begins with *Bereisheet*, just

as it ended in *Devarim*, "*l'eneye kol yisrael*"—before all of our people. Our parents, whose families came to Canada after WWI, struggled to give us a Hebrew school education. Far removed from the European experience, they imported a teacher from Toronto three days a week. We learned to read and write Hebrew, read bible stories and learned about the Jewish calendar and rituals. Taught in a classroom and nurtured at home, we were given a foundation for Jewish learning, spiritual growth and an appreciation (sometimes motivated by a wooden ruler) for our siddur and our people.

When our little *kehillah* sang "*Avenu Malkeinu*" together, our one voice vaulted our prayers and drowned out the pain we faced in non-Jewish spaces. My bar mitzvah class had four children (until one moved away) and I learned to chant my maftir and a spiritually uplifting *haftorah*. As I aged, I found comfort in the synagogue, davening even when I didn't understand all, because I felt part of something so much larger and deeper than myself.

Our parents created a summertime day camp—Camp Ruach; Camp Spirit. I remember it as a safe place where the spark of the Jewish spirit was ignited. Every day Jewish kids from surrounding small towns (and the big cities of Kitchener-Waterloo) arrived by carpool at a public park. We got to play, socialize and do Jewish.

Nobody laughed at my yellow *hallah* bread sandwiches. Nobody threatened me because I went to a

different "church". One day, one of my friends confided that he had a blood disease and I wondered how his spirit could be so strong when his body was being uncontrollably weakened. He had *ruah*, the spiritual strength of a lion that would not be tamed. As I got older, I better understood how spiritual strength kept me whole, especially in times of distress.

We all possess a *ruah*, a spirit or breath—that stirs but cannot be physically touched. The *ruah hakodesh*—the Holy Spirit—moves, but is not seen. It comes into us, lives in us and motivates us to act in ways that embrace the goodness of life.

In our sacred and *simḥah* spaces, we honour the spirit and promote spiritual well-being by using the teachings of Torah and tradition to enhance our lives. Our spiritual leaders, our rabbis and teachers, are here to strengthen, comfort and sometimes even help quiet that inner voice so we can achieve our potential. From the Temple times to our present day where this year we commemorate the 75th anniversary of the liberation of Auschwitz, we know that while the physical body can be broken, it is the spirit that brings each of us to life.

May the *ruah* that drives you be strong and growing ever stronger, always aware that everything we do to build our people today strengthens our spiritual centre for tomorrow.

To make a gift that will strengthen our *kehillah*, please contact me at 416-781-3511, ext. 211 or email rspiegel@beth-tzedec.org

Become part of our Women of Honour Booklet

Beth Tzedec's 12th Annual *Mother's Day Chai Tea* Finding Your Bliss with Judy Librach and Lily Librach

This Mother's Day, remember all the women in your life with a tribute listing in their honour or their memory.

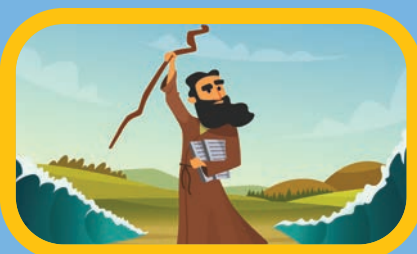
Half page greeting:	\$72
Diamond tribute:	\$54
Ruby tribute:	\$36
Pearl tribute:	\$18

All tributes, except the half page greeting, are a single line. Deadline for submissions: **May 1**. To reserve your space, contact the Synagogue office at 416-781-3511 or info@beth-tzedec.org.

PJ Library
Invites you to...

Programs for Toddlers with a
Parent, Grandparent or Caregiver

Sunday mornings from 10:00 to 11:30 AM



Moses and the People of Israel

April 5

Join Moses on a journey through the desert to the special little mountain: Sinai. Crafts, games, music and a special story will transport us to the times of the "Yetzeat Mitzraim" exodus.



Blintzes Factory!

May 24

Do you and your toddler want to learn to make delicious blintzes? We've got you covered. An amazing bubbie is coming to share her masterpiece blintzes recipes with us.



Time for Summer Kef

June 7

Join our summer fun camp and get ready to get wet in Beth Tzedec's "backyard" for crafts, water games, music and ice cream.

No charge, but RSVPs required through [Eventbrite.ca](https://www.eventbrite.ca) or call Shirel at 416-781-3514, ext. 239.

Milestones and celebrations



We can't share your good news unless you tell us about it. Send an email to thumphries@beth-tzedec.org or call us at 416-781-3514, ext. 212. **Deadline for the next Bulletin covering July through September is April 20.**

Births

Sophie Rose, daughter of JOANNA LINDENBERG & DR. ADAM WEIZMAN, granddaughter of GLENNIE & NATHAN LINDENBERG and DR. AGI & DR. SAM WEIZMAN, born November 14.

Brayden Eric, son of EMILY TEICHMAN & JONATHAN ZWORTH, grandson of ELLEN & DAVID ZWORTH and SHARON YALE & BLAKE TEICHMAN, great-grandson of HAROLD DAVIS, JUDY & MICKEY ZWORTH and QUEENIE TEICHMAN, born January 3.

Shale Sammy, son of DANIELLE & JAKE GOLDBERG, grandson of LIN & ARTHUR GOLDBERG, great-grandson of BERNICE RESNICK, born January 15.

Ethan Joshua, son of MICHELLE ZIMMERMAN & JUSTIN ASH, grandson of ANNA DAY & OSCAR ZIMMERMAN and DIANE ASH and NORMAN ASH, born January 27 (in New York).

Emmy Miller, daughter of SAM & MARISSA RISEN, granddaughter of STAN & PEGGY RISEN and MARTY & MARILYN FIRESTONE, great-granddaughter of RUTH STONE, born January 29.

Jayden Ashton, son of ELISSA & DAVID WACHS, grandson of CYNTHIA AMSTERDAM, MARK KRIEZMAN and NANCY & SCOTT WACHS, great-grandson of THE LATE MORRIS FRIEDMAN and THE LATE BEVERLEY FRIEDMAN, born December 10 (in New York).



Jayden Ashton Wax

Congratulations to

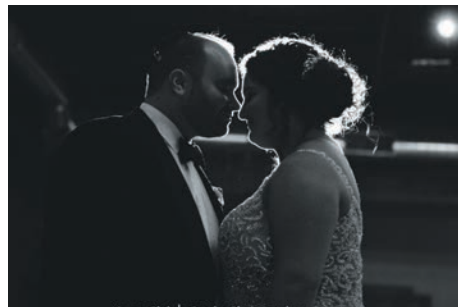
Dr. Murray Buchman, who celebrated his 97th birthday on January 20.

Jordana Goldman, daughter of DAVID GOLDMAN & JUDY LITWACK-GOLDMAN, granddaughter of RALPH & DONNA GOLDMAN, and **Graham Rosen**, son of LARRY ROSEN & SUSAN JACKSON, grandson of HARRY & EVELYN ROSEN, on their engagement.

Ruthe Mann, who celebrated her 98th birthday on January 11.

Weddings

Asher Farber, son of ZAHAVA & BARRY FARBER, and **Allie Dennis**, daughter of LORI & JEFFREY DENNIS, who were married December 31.



*Asher Farber and Allie Dennis
(Photo courtesy Yaron Eini)*

Benjamin Risen, son of STANLEY & PEGGY RISEN, and **Alyssa Slobodsky**, daughter of ROCHELLE & THE LATE ALLAN SLOBODSKY, who were married January 11.

Gabriel Weitz, son of CARI WEISS & RAMI WEITZ, and **Hanna Goldberg**, daughter of JODY KLAPMAN and BRIAN GOLDBERG, who were married February 1.

Reuven (Ruby) Yair Feld, son of DR. LEEONA FISHER FELD & ALAN FELD (of Caesarea, Israel), grandson of DONALD CARR & JUDY FELD CARR and THE LATE DR. RONALD FELD, and **Lieutenant Orly Nadler**, daughter of ANAT & JEFFREY NADLER, who were married February 20 (in Rehovot, Israel).

Adam Jonathan Jesin Neuberger, son of EDIE NEUBERGER & NORMAN JESIN, grandson of CHAVA & ISAAC JESIN, and **Sharon Kaur Majhail**, daughter of MOHINDER & JASPAL MAJHAIL, who will be married June 28.

Many Thanks to

Joanna Lindenberg & Adam Weizman, who sponsored a Congregational Kiddush on January 11 to honour the birth of their daughter **Sophie Rose**.

The Fruchter Family, who sponsored a Congregational Kiddush on January 25 to commemorate the yahrtzeit of **Sylvia Fruchter**.

The Kreidstein and Maltz Families, who sponsored a Congregational Kiddush on February 8 to mark the conclusion of *shloshim* for **Irving Kreidstein**.

The Gordon Family, who sponsored a *Seudah Shlisheet* on February 15 to commemorate the yahrtzeit of **Robert Gordon**.

Harry Enchin & Susan Friedrich, who sponsored a *Seudah Shlisheet* on February 22 to commemorate the *yahrtzeiten* of **Norman Enchin** and **Freda Enchin**.

Howard & Joyce Simmons and family, who sponsored a *Seudah Shlisheet* on February 22 to commemorate the yahrtzeit of **Hilda Simmons**.

Mazal Tov to Our Grads



Seth Harrison Kerzner, son of ROCHELLE & MICHAEL KERZNER, grandson of DOLLY & MAX KERZNER and THE LATE BARBARA & NORTON GRIMSON, who graduated Magna Cum Laude from the Telfer School of Management at the University of Ottawa with an Honours Bachelor of Commerce degree in Management (Co-op). He will continue his studies at the Raphael Recanati International School at IDC Herzliya (Israel) in their MBA program.

Lawrence & Elana Mandel, who will sponsor a Congregational Kiddush on May 2 to honour the Bat Mitzvah of their daughter **Erica Mandel**.

Richard Kane & Elana Schachter, who will sponsor a Congregational Kiddush on May 9 to honour the Bat Mitzvah of their daughter **Mia Hannah Kane**.

Joel Ray & Marian Vermeulen, who will sponsor a Congregational Kiddush on May 16 to honour the Bat Mitzvah of their daughter **Selma Tulip Ray**.

Michael Friedman & Allison Cepler, who will sponsor a Congregational Kiddush on May 23 to honour the Bat Mitzvah of their daughter **Liv Friedman**.

Jeffrey & Debra Wolfe, who will sponsor a Congregational Kiddush on June 6 to honour the Bat Mitzvah of their daughter **Bailey Wolfe**.

Steven Bloom & Tamara Hauerstock, who will sponsor a Congregational Kiddush on June 13 to honour the Bat Mitzvah of their daughter **Orly Rachel Bloom**.

Jeffrey & Cherryl Berliner, who sponsored a Congregational Kiddush on February 22 to honour the marriage of their son **Michael Berliner** to **Sara Schacter**.

Jamie & Elisa Fox, who sponsored a Congregational Kiddush on March 7 to honour the Bat Mitzvah of their daughter **Hailey Fox**.

Jody & Rabbi Steven Wernick, who sponsored a *Seudah Shlisheet* on March 7 to commemorate the yahrtzeit of **Michele Goldstein**.

Barry Schwartz & Cheryl Kaplan, who will sponsor a Congregational Kiddush on April 4 to honour the Bar Mitzvah of their son **Lee Schwartz**.

I.J. Schecter & Stephanie Gerstein Schecter, who will sponsor a Congregational Kiddush on April 18 to honour the Bat Mitzvah of their daughter **Charlotte Willow Schecter**.

Jonathan & Leora Abrams, who will sponsor a Congregational Kiddush on April 25 to honour the Bat Mitzvah of their daughter **Hannah Abrams**.

Sharing Your Success!



You've studied and applied yourself for years and now have your hard-earned graduation certificate in hand. It's time to share your success.

Beth Tzedec will include a special section of post-secondary graduation notices in the next edition of the *Bulletin*. Send your announcement to thumphries@beth-tzedec.org with the graduate's name, parents' names, degree earned and university/college name. We'd also be happy to include a digital photo. Deadline for submissions is **Friday, May 15**.

Board of Directors Meetings

Members are welcome to attend all regularly scheduled meetings of the Board of Directors. To accommodate the need for sensitive items to be discussed in private, each meeting will include an *in camera* portion, allowing the Board to deliberate confidentially without any guests.

Upcoming meeting dates: **Tuesdays, April 21 and May 19** at 7:30 PM*

* Meeting dates are subject to change. Please check with the office to confirm before attending.

Annual Meeting

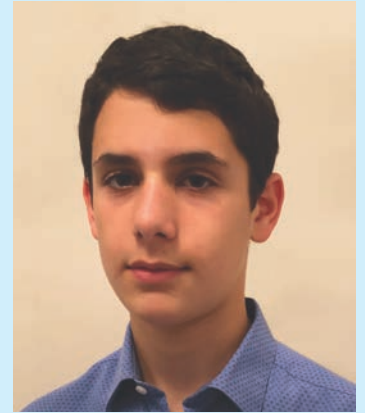
All members are invited and encouraged to attend our Annual Meeting on **Tuesday, May 26** at 7:30 PM.

Mazal Tov to our B'nei Mitzvah

WHO HAVE COMPLETED OUR
BAR/BAT MITZVAH PROGRAM



March 7
Hailey Fox
daughter of Jamie &
Elisa Fox
דורה מרים בת בנימין
הכהן ועליזה



April 6 (In Israel)
Lee Schwartz
son of Barry Schwartz &
Cheryl Kaplan
לב אבן בן חיים ובתיה רחל



April 18
Charlotte Willow Schecter
daughter of I.J. Schecter &
Stephanie Gerstein Schecter
לינה צפורה בת יצחק ישעיהו
הלוי וחנה לאה



April 23
Hannah Abrams
daughter of Jonathan &
Leora Abrams
חנה שי בילא בת שלמה יונה
שבתי וליאורה שושנה



May 2
Erica Mandel
daughter of Lawrence &
Elana Mandel
אפרת חוה בת יהודה אריה לב
ועטא מרים



May 9
Mia Hannah Kanee
daughter of Richard Kanee &
Elana Schachter
מיה חנה בת רונן ואילנה



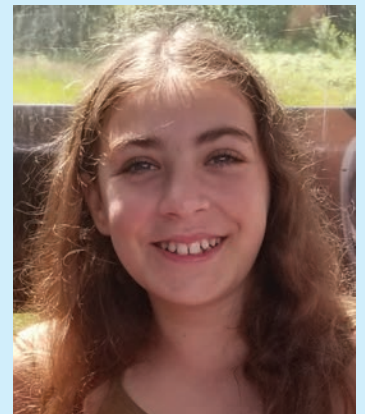
May 18
Selma Tulip Ray
daughter of Joel Ray &
Marian Vermeulen
שלום בת יואל ותקיעה



May 23
Liv Friedman
daughter of Michael Friedman &
Allison Cepler
לאה מלכה בת אפרים מרדכי
ואדירה זאבה



June 6
Bailey Wolfe
daughter of Jeffrey &
Debra Wolfe
שי ביילה בת ניסן אבא
ודבורה אלישבע



June 13
Orly Rachel Bloom
daughter of Steven Bloom &
Tamara Hauerstock
רחל בת אברהם ותמר

Mind-Body Connection for Women

**Wednesdays, April 22 & 29 and
May 6, 13, 20 & 27 beginning at 7:00 PM**

Learn mindfulness and meditation in a safe and supportive group setting. This six-week program includes topics on stress and anxiety reduction, connecting with your mind and body, self-worth and self-esteem and general relaxation and happiness.



COST

No charge, but pre-registration is required through JF&CS at 416-638-7800, ext. 6215 or online at www.jfandcs.com/groups.

JF&CS
JEWISH FAMILY AND CHILD
SERVICE OF GREATER TORONTO



בית צדק
Beth Tzedec Congregation

Healing Service *with Rabbi Fryer Bodzin*

**Wednesday evening,
May 6 at 7:30 PM**

When you feel broken, turn to our tradition for strength and renewal. We offer regular healing services with Rabbi Fryer Bodzin. Join us as we enrich our lives and strive for a sense of *shlaymoot* (well-being).

No charge, but RSVPs appreciated.

Jewish Meditation



**Shabbat mornings, April 18 & May 2
from 10:00 to 11:15 AM**

Meditation for men and women, centred on texts from our tradition, eliciting response and deep listening—a doorway to enhanced prayer.

Michelle Katz is an educator in English and Special Education. She provides workshops, retreats and group classes in Jewish Meditation, Jewish Spiritual Direction and Torah yoga.

For more information, please contact Marlene Laba at 416-781-3514 ext. 234 or mlaba@beth-tzedec.org

SPONSORED BY BETH TZEDEC MEN'S CLUB

Thanking God in Every Breath



When we take time to reflect on God's presence in our lives, it automatically slows us down, which so many of us need.

I RECENTLY ATTENDED A RETREAT IN WHICH PARTICIPANTS needed to be silent for most of the day. We could sing and *daven* aloud, but could not speak to one another. With the exception of cutlery clinking on plates, breakfast and lunch were silent too!

Equally as important, we disconnected from our email, texts, phone calls and social media. We left our phones in our rooms and focused on one thing at a time. As a natural multi-tasker, this was a challenge.

We were only able to speak when we began our afternoon text study. Each day we learned incredible texts, mostly from the *Hassidic* tradition. One text touched me so deeply that, once I understood it clearly, I literally started to cry. I felt like the rabbi was speaking directly to me. I feel honoured to share this teaching with you.

Psalm 150 is recited each morning in our daily prayers. In Hebrew, the final verse of the psalm is *kol haneshama tehalel Yah, halleluyah*. According to the JPS translation, it means "let all that breathes praise the Lord, hallelujah." It is a powerful way to end the Book of Psalms. It humbles us by connecting us to all living creatures.

The *Hassidic* master Levi Yitzchak of Berdichev, known as the *Kedushat Levi* (died 1809), has a different take on the verse. He says that the verse should be understood as "let us praise God for each and every breath." For the *Kedushat Levi*, the subject and the predicate are reversed. He teaches that for every breath that God instills in us, we need to praise God. Since God does not permit our *neshama* to leave, we say thank you to our Creator.

The *Kedushat Levi* also teaches that when we forget to be aware of God or to thank God, we can always begin the practice anew. We each have a spark inside of us that recognizes the Divine. Even when the spark is dull, it can be made brighter at any time.

We all have a lot going on and are frequently engaged in activities that require concentration, so recognizing

divinity in our lives is not always front and centre. We have families, jobs, volunteer commitments, driving from here to there, grocery shopping and Netflix binging that takes us away from thinking about God and thanking God for our existence. The *Kedushat Levi* reminds us that, at any moment, we can stop what we are doing and return to God.

There are so many times during the day that are natural invitations to reach out to God. When we eat, we can be more mindful. We can recite blessings before putting food in our mouths. If it is not habit yet, before you eat a fruit, remind yourself that God is the creator of the fruit of the tree and recite the *borei pri ha-etz* blessing. Before you eat a salad, remind yourself that God is the creator of the food that grows from the ground, by reciting the *borei pri ha-adamah* blessing. If the traditional blessings for food are new to you, and you would like to take on this practice to enhance your sense of awe and holiness in the world, let's find some time to meet, one on one, and we can learn them together.

Another way that we can pause and reflect on our relationship with God is to take a few minutes each day to sit and pay attention to our breath. Some call this meditation. Close your eyes and sit tall. Focus on the rise and fall of your chest and the ins and outs of your breathing.

When other thoughts enter your mind, gently push them away. When you conclude the practice, take time to thank God for permitting these breaths to occur and actualize the verse from Psalm 150, according to understanding of the *Kedushat Levi*: let us praise God for each and every breath.

When we take time to reflect on God's presence in our lives, it automatically slows us down, which so many of us need. If this way of being speaks to you and you want to learn more and go a little deeper, let me know.

Watch for the return of our Well-Being Workshops! Thursdays, June 4, 11 & 18



MARK YOUR CALENDAR:

Summer Movie Nights return on Monday evenings in July.
Watch for details coming soon.

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MONDAY NIGHT LEARNING



Handmade Midrash: Biblical Narratives, Personal Art and Spiritual Meaning

with Rabbi Baruch Frydman-Kohl

Monday evenings, May 25 and June 1 & 8 at 7:30 PM

We will use Jo Milgrom's creative method to encourage participants to produce their own "visual theology". No skill or training in art is required to produce our own commentaries on biblical stories. Artistic inexperience actually allows for novel insight to channel emotions, experiences and thought through art, heightening our symbolic awareness, personal development and spiritual *shlaymoot* (wholeness).

COST: No charge for Beth Tzedec members; \$20 non-members.
(Jo Migrom's book, *Handmade Midrash*, is available online.)

For more information or to register, contact the Synagogue office at 416-781-3511 or info@beth-tzedec.org

This year, when you
Celebrate • Honour • Commemorate
Choose 'Treasures of Beth Tzedec'
Tribute Cards



Our 'Treasures of Beth Tzedec' series, by local photographer Darren Levant, beautifully captures signature architectural details, noteworthy art and precious artifacts—timeless treasures of our Congregation. The Tribute cards featuring general, lifestyle and holiday themes, with space to add your own personal message, are available as a set of 6, or as individual cards sent from the Synagogue office.

- Purchase a package of 6 cards for \$50, or \$10 for an individual card, and personalize and send them out yourself; or
- Call us to order cards at a cost of \$18 each and we'll inscribe and send them out for you.

All 'Tribute card' contributions are fully tax receiptable. For information or to purchase, contact Avital Narvey at 416-781-3511 or info@beth-tzedec.org.

Transcendent Sound

Song allows our souls to ascend. Our music-filled prayers rise upwards toward the Holy One.



PASSOVER CELEBRATES OUR FREEDOM from slavery in Egypt. The most famous song of freedom in the Jewish canon is *Shirat Hayam*, the Song of the Sea, which we chant on the seventh day of Passover.

According to tradition, on this day the Israelites crossed the Sea of Reeds dry-shod. The Song of the Sea is also chanted as part of the regular Torah reading cycle on Shabbat Shirah when we read *Parashat Beshallah*. Although Shabbat Shirah is now over two months behind us, with the arrival of Passover I cannot help but recall the wonderful musical weekend in February when we welcomed the Nathaniel Dett Chorale.

The Chorale's artistic director, Dr. Brainerd Blyden-Taylor, joined our Shabbat morning service and delivered an inspiring sermon on Old Testament stories in African American spirituals and the shared experience of slavery and persecution in both traditions and music. The *Musaf* service with the *Shir Hadash* Ensemble incorporated my arrangements of a few Shabbat melodies from the Abayudaya Jews of Uganda.

The weekend culminated Saturday evening with both choirs joining me in a moving and inspirational interfaith concert on the theme of slavery and freedom. The program opened with "*Ha Lahma Anya*" ("This is the bread of our affliction") sung as part of the *Haggadah* at the Passover seder. The *Shir Hadash* Ensemble performed a setting of "*Betzet Yisrael*"

by Louis Lewandowski and "*Hallelujah*" by Srul Irving Glick. Some members of our choir also presented solo pieces of various Jewish musical genres.

The Nathaniel Dett Chorale performed a number of musical settings based on the book of Psalms as well as a few famous spirituals pertinent to Shabbat Shirah, Passover and freedom—"Go down, Moses", "Wade in the Water", and "The Song of Deborah". The spectacular array of angelic voices coming together among the ringing acoustics of the Kerzner Fellowship Hall were truly incredible, and I thank my choir director Ezra Burke for suggesting that concert space.

The theme of this bulletin is *Kedushah*—holiness or transcendence. In our daily morning liturgy, the first blessing before the *Sh'ma* recounts "And all open their mouths, in holiness and purity, in song and psalm, praising and extolling ... one with another they join to hallow their Creator with delight, pure speech and sacred song reverently chanting in unison: 'Holy, holy, holy is the Lord of Hosts, filling the entire world with God's glory'" (Isaiah 6:3).

Jews and African Americans/Canadians both share a common history of struggle and suffering, so the two communities coming together in holy song and praise was an unforgettably powerful experience. The power of song was recognized among the sages. Music is the soul's native language.

The 15th century Kabbalist, Meir ibn Gabbai, explains that music is the sounds the soul heard from the angels: "Now that the soul is in the body, and it hears a melody, it finds ease of spirit, taking pleasure in what it was once regularly surrounded by, cleaving to the bedrock of the melody of the cosmic voice" (*Avodat HaKodesh* part 3, Ch. 10 #123).

Song allows our souls to ascend. Our music-filled prayers rise upwards toward the Holy One. Meir ibn Gabbai goes on to explain how the music we produce in our world affects the music that is made on high: "The Hebrew word for harp (*kinor*) can be broken into the letters *kaf-vav* which equals 26, referring to the numerical value of God's name, and *nun-reish* meaning ner or lamp ... The blue light in the flame yearns and sways upward to fuse with white light, and when it is integrated and united one in another, behold it becomes complete *kinor*, the union of the Bride with her Beloved from the sweetness of the song" (*Avodat HaKodesh*, part 4, Ch. 24, #125).

Our job is to fix the flame of the eternal lamp by singing and making music. When we do this, we reunite the blue flame with the white, and thus repair the lamp of the human-divine continuum. Song is therefore imperative for transcendence; melody reaches upwards towards the heavens. At this time of freedom, I hope the musical experience at Beth Tzedec helps our souls rise.

COMMUNITY SINGING WITH GAL AND ALONA

Sunday, June 7 at 5:00 PM

Our *shinshinim*, Gal and Alona, invite the Beth Tzedec community to join them in song one last time before they leave for Israel! Come sing and learn about popular Israeli songs and celebrate our musical community together. RSVPs appreciated to galona.shinshinim@gmail.com.

Tikkun Leyl Shavuot

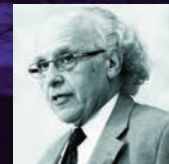
with Rabbi Harvey W. Meirovich

Thursday, May 28 beginning at 9:00 PM

Following Services, join us for dessert and a keynote presentation from Rabbi Harvey Meirovich on *Catastrophe to Hope: Five Voices of the Bible*, his recently published book.

The night will continue with study sessions led by Beth Tzedec and Beth Haminyan leaders, on a variety of engaging topics with dessert and refreshment breaks throughout. Everyone welcome. No charge.

For information, contact the Synagogue office at 416-781-3511 or info@beth-tzedec.org.



Rabbi Harvey W. Meirovich is visiting professor at the Zecharias Frankel College and at the School of Jewish Theology, University of Potsdam and author of *A Vindication of Judaism: The Polemics of the Hertz Pentateuch*.

Catastrophe to Hope: Five Voices of the Bible— Every person connects the "dots" of their life with subjective significance. Similarly connecting the "dots" of Lamentations, Ecclesiastes, Esther, Song of Songs and Ruth, in this sequence, forges a pattern of "seeing" that moves gradually from catastrophe to resilience and hope.



Blue and White Shabbat Dinner for 20s and 30s

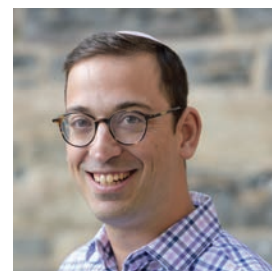
Friday May 1, at 6:00 PM

Celebrate Yom Ha'atzmaut with this special Shabbat Dinner for 20s & 30s in the Hurwich Boardroom. Come dressed in your favourite blues and sip delicious Israeli whites during this Yom Ha'atzmaut-inspired Shabbat dinner.



Hope From the Ashes

Each of us has a responsibility to not only share their stories but to commit to living Jewish values in a way that contributes to the greater good and brings more godliness in the world.



ON APRIL 18, I WILL TRAVEL TO POLAND AS THE SPIRITUAL leader of March of the Living, together with hundreds of teenagers, survivors and chaperones from Toronto. Although this will be my fifth time visiting the camps, it will be my first time in this specific role.

As the grandchild of four Holocaust survivors, two of whom spent significant time in Auschwitz, as a Jewish community leader and for the first time as a father, I approach this role with humility, reverence and gratitude for the survivors who have been willing to be so vulnerable. I also feel hope.

Hope? Absolutely. Despite the immense and catastrophic suffering of the Jewish people, as well as others targeted by the Nazis, the response by Jews following the Shoah was to cling to life and to find ways to rebuild. I recently officiated at the funeral of a woman who met her husband in the Displaced Persons camp of Bergen Belsen, where over 2,000 children were born in the few months following liberation, where they averaged 20 weddings per day and where, as early as July 1945, a Jewish elementary school was established. What a remarkable and hopeful response to destruction.

While there is no question that the students on this journey will be confronting death, my hope is that they will also leave with a profound sense of what Judaism stands for and how our people went from “darkness to light”. Individuals clung to life and rebuilt families, and as a collective people, we persevered to assume more power than ever before. Rabbi Irving Greenberg explains in *The Jewish Way* that this commitment to life resulted in the establishment of the State of Israel and to the greatest Diaspora community of all time, both of which are committed to a rich, diverse and vibrant Judaism.

“Never again” is not just about fighting anti-Semitism or ensuring other genocides do not occur, as important as that work is. To make Judaism only about survival is to diminish what the Jewish flame and our place in history represents. We travel to these places of death, not to instill fear, but to witness all that was lost and to be partners with those who emerged from this hell to rebuild from the ashes. Each of us has a responsibility to not only share their stories but to commit to living Jewish values in a way that contributes to the greater good and brings more godliness into the world.

In his famous makeup letter to God, published in the *New York Times* on Yom Kippur, 1997, Elie Wiesel wrote, “Auschwitz was not something that came down ready-made from heaven. It was conceived by men, implemented by men, staffed by men. And their aim was to destroy not only us but you as well.”

In Auschwitz, the reminder that we must participate in building and repairing God’s broken kingdom—“*letaken olam bemalhut shadai*” is blatantly obvious.

My grandmother, Rachel Fruchter, who by 1942 had witnessed all three of her children die in the Transnistrian labour camps, could have easily given up hope on life. Who would have blamed her? Instead, she committed to ensuring that her life would continue to have meaning.

When my father, (the second of two children she had with my grandfather after they reunited) was 17, he was at the beach with my grandmother when a woman ran up to them shouting “mama” and embraced her. My father was told that my grandmother, after losing her own children, shared the little bread she had with two orphans, who she cared for as her own.

May we all be so strong.



Beth Tzedec Small Groups give members of our community an opportunity to build relationships and connect over a shared interest, goal, project, or need. We will be launching the first year of BT Small Groups in the fall of 2020. At this point, we want to learn more from you about your interests. Please complete the survey [<https://www.surveymonkey.com/r/SmallGroupsAtBT>] by April 24 or email Klara Romm at kromm@beth-tzedec.org if you would like to participate in a community conversation focus group.

MONTHLY FAMILY SHABBAT DINNER

PROGRAM / SERVICE / DINNER

**Fridays, April 24,
May 22 and June 19
at 5:15 PM**

Come together for a delicious Shabbat dinner and great programming for kids of all ages. A young children's craft program begins at 5:15 PM, with a lively abridged Kabbalat Shabbat service at 5:45 PM followed by a delicious Shabbat dinner and older kids programming.

COST FOR DINNER:

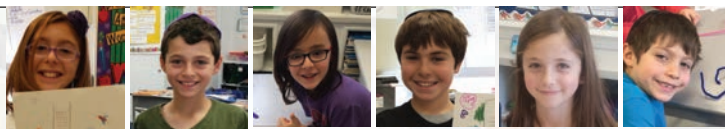
\$60 per family (2 adults and max. of 4 children); \$25 each additional family member.

Beth Tzedec member discounted price: \$50 per family; \$20 each additional family member. Dinner by advance reservation only by the Friday prior to each date.

Sponsored by the Gertner Family



**Congregational School
Experience**



Directed by an accomplished educational professional and staffed by well qualified teachers, CSX makes a personal connection with every child.

At **CSX**, your child will:

- Develop a sense of Jewish identity and learn about Jewish traditions, holidays and customs
- Gain familiarity with prayer and Jewish ritual
- Learn to read and write Hebrew
- Use technology, art, music and movement to create meaningful and lasting learning experiences
- Have the opportunity to meet other children and make friends
- Establish a vibrant link to Israel
- Begin a path to a more meaningful Bar/Bat Mitzvah experience

Limited spaces available. Register your child today!



When God Said ‘Enough’

If we are going to be made in God’s image, we have to also learn to say *dai*.



ONE OF THE MOST RECOGNIZABLE AND familiar components of Passover is the unique cuisine that we place on our seder table. We eat our vegetable dipped in salt water, our *haroset*, our eggs, our *maror* and our matzah to commemorate the Exodus and to mark the beginning of spring.

What sometimes goes unnoticed, however, is that these special and ceremonial foods are very simple. Matzah has two ingredients, while everything else is a food in its pure form or a combination of foods that requires no cooking. We celebrate our freedom from slavery and God’s miracles of deliverance with simplicity.

Keeping things simple is becoming a lost art. As our world becomes ever more instantaneous, as technological advances move forward at rapid speeds, we risk creating distance from the simple things in life.

As soon as we wake up in the mornings, we turn on our phones—assuming they were turned off in the first place! We rush from thing to thing, rarely slowing down to soak in the world that we are running through.

Of course, God has given us Shabbat, the day designed to slow down, to change the routine, to transcend the day-to-day of our world and slip into a simpler mode. There has been lots written about Shabbat as a day to unplug and reset; yet, I’d like to suggest that our tradi-

tion has not only given us Shabbat as a means to be simple, but that the activity of worshipping God in any way is designed to ground us in a more simple state.

Throughout the Bible, God reminds the people that technology is to be kept at a distance from God. Altars are to be made from earth or from uncut stone, and even in the construction of the Temple, the stones were cut and finished offsite, keeping the work of technology at a distance from God’s house. Ideally, the natural stones for an altar are supposed to be sourced from ground that hasn’t been worked by humans. And yet, God is the ultimate creator, who created the world and all that lives in it!

The *Talmud* (*Hagigah* 12a) resolves this tension with a beautiful thought. “When the Blessed Holy One created the world, it continued to expand like two balls of a warp, whose cord lengthens as they unravel, until the Blessed Holy One rebuked it and made it stand still ... And this is the same as that which *Reish Lakish* said: What is the meaning of that which is written: ‘I am the Almighty God’? It means: I am the One Who said to the world ‘enough’, instructing it to stop expanding.”

In this text, God is seen as the God who says ‘enough’ (*dai*), who constricts God’s self and stops creating. When God created humans

and told us that we are creations made in the image of God, one of the aspects unique to the human species is the ability to have restraint, to self-limit. Just as God could have chosen to go on creating but didn’t, so to do we have the ability to restrain ourselves in a myriad of ways. Seen through this lens, bringing together simplicity and the worship of God is an action that is emulating God. If we are going to be made in God’s image, we have to also learn to say *dai*.

That could mean saying enough to climate change, enough to discrimination, enough to the level of technological dependence we all have, enough paying attention to a screen instead of to a child.

Bill McKibben writes “We can destroy, but ... we can decide not to destroy ... We’re the only creature who can decide not to do something we’re capable of doing. That’s our superpower, even if we exercise it too rarely” (Falter, 2018, p. 254).

To live in this world with *kedushah*, with transcendence, is to accept the opportunity to be restrained, to be contemplative, to push back against the rapid pace of our world, and to engage in moments of simplicity—be it with our loved ones, with our community or within ourselves—such that we create more meaning and understanding in the world.

The Rav Roy Tanenbaum Israel Scholarship

Beth Tzedec is pleased to announce a new scholarship fund for students enrolled in degree programs in accredited colleges or university in Israel. Preference will be given to Beth Tzedec members. For more information, please contact **Randy E. Spiegel**, Executive Director, at 416-781-3514, ext. 211 or rspiegel@beth-tzedec.org.

DAY TRIPS IN JEWISH HISTORY

With educator and lecturer
HANA WERNER



MONDAYS: 1:30 PM Refreshments / 2:00 PM Lecture

5 sessions: \$45 for Beth Tzedec members / \$55 for non-members; **Per session:** \$14

SPRING SERIES— Bible is Our School of Life

April 27

Evil and Hope in Noah's Ark:
A modern approach

May 4

The Challenge of Blindness: Samson, Isaac,
Jacob and others

May 11

Rejuvenation and Resilience: Deborah,
Yael and Miriam

May 25

Vision, Passion and Hutzpah: The midwives,
Puah and Shifra and the five daughters of
Zelophehad

June 1

Jewish Continuity: Dilemmas in family
relationships—Moses, Eli and Samuel



NOTABLE SPEAKERS

SPRING SERIES

News & Views from
Prominent Scholars
and Personalities

Engaging ideas in current Jewish affairs, politics, arts and science with note-worthy community figures.

Wednesdays: 1:00 PM Light Lunch / 1:30 PM Lecture

Cost: Beth Tzedec members—Four sessions: \$50; Non-members—Four sessions: \$70 Per session: \$20

May 6 Dr. Bridget Stutchbury: Which Species Should We Save from Extinction? Dr. Stutchbury, professor of biology at York University, explores the difficult and soul-searching questions we confront as we enter the sixth mass extinction event in our planet's history, driven by logging, agriculture, pollution and climate change.

May 13 Corinne Berman: Hidden Toxic Chemicals: Do You Know What is in Your Sandwich? Corinne Berman, development director at Environmental Defence, discusses the unhealthy chemicals that are used in food products and ways to combat these issues.

May 27 Josh Basseches: The 21st Century Museum and the Future of Jewish Art and Life at the ROM As the ROM is embarking on a new, ambitious strategic plan to become one of the foremost cultural organizations in the world, Director & CEO of the ROM, Josh Basseches, goes behind the scenes to explore the past, present, and future of Judaica and Jewish art and culture at the Museum.

June 3 Prof. Heather MacRae: The European Union—Challenges and Opportunities Prof. MacRae, associate professor of politics at York University, examines the challenges faced by the E.U. and the ways in which it has evolved and changed in recent years.

Sponsored in memory of Anne Firestone^{z"l}

Answering the Call



Have your questions about social and community well-being answered by our Spiritual Leadership Team. This month, Rabbi Robyn Fryer Bodzin will answer a few of the questions that inspired her “Winter Well-Being Workshops”. If you would like to ask a question that may be included in a future article, email it to rabbiRFB@beth-tzedec.org.

I have a friend who recently lost his mother, and I don't know how to offer support. What can I do to make the shiva and mourning process easier for him?

Rabbi Fryer Bodzin's Response ...

First, try to accept that there is nothing you can do to make mourning the loss of a parent easier. It's wonderful that you want to offer support, but your friend needs to be able to take this time to feel sad and angry and all of the other feelings mixed up in loss.

Once you've accepted that, you can help by focusing on the practicalities of life which can be hard to address in the middle of grief. Offer to help organize meals being sent. Ask if you can pick up household items, like paper goods and kitchen staples. Be a comforting presence at the shiva and at services, but don't overstay your welcome or try to get your friend to open up when he's not ready. Be patient, be loving and, most importantly, be open to letting your friend dictate the kind of care he needs. Everyone mourns differently, but with such a supportive friend, I'm sure he's in good hands.

I'm interested in volunteering to make *Bikkur Holim* visits, but I don't know where to start. How can I get involved in visiting sick or infirm members of our community?

Rabbi Fryer Bodzin's Response ...

Visiting the ill or homebound is such an important mitzvah that we actually have a whole team of volunteers at Beth Tzedec dedicated to it. We read in the *Talmud* that “Anyone who visits an ill person takes from him one-sixtieth of his suffering.” I believe it!

The most important parts of being a *Bikkur Holim* visitor are to be an open, compassionate listener and to be fully present—we can all tell when a visitor's mind is wandering, and it can be very isolating when you're trying to have a conversation with them.

Making *Bikkur Holim* visits can be mentally and emotionally draining, so consider reaching out to other, more practiced visitors and ask if you can join them when they make their rounds. If you want to join Beth Tzedec's *Bikkur Holim* team, contact Yacov Fruchter at yfruchter@beth-tzedec.org, and he can help train and equip you for this incredible mitzvah.

As my parents get older, they've been relying on me more and more for everything from emotional support to practical things, like picking up groceries and shuttling them to doctor's visits. It's been hard for me, but also hard for them as they lose their independence. How can we navigate this transition?

Rabbi Fryer Bodzin's Response ...

The moment you realize your parents aren't the vigorous, independent powerhouses you always thought they were when you were a kid can be difficult. But as your roles slowly start to reverse, you have the opportunity to deepen your relationship and begin to see each other as somehow more human.

Now is the time to start having frank conversations with your family—including your parents, siblings and other close relatives—to begin setting expectations for the kinds of help you're willing and able to give. Remind your parents, while they're still largely independent, that you love and care about them, and just want to find an arrangement that will work for everyone.

Importantly, be alert for caregiver burnout. Find support outside of your family (for instance, at Beth Tzedec), and make sure to have people to turn to when you need help. You will have a harder time helping your parents if you're not equipped to take care of yourself.



Watch for the return of our Well-Being Workshops!
Thursdays, June 4, 11 & 18



International Holocaust Remembrance Day

On January 27, Rabbi Steven Wernick addressed the participants at the City of Toronto's International Holocaust Remembrance Day.



Rabbis with Ambassador Lyons

While in Israel over the winter, Rabbis Baruch Frydman-Kohl and Robyn Fryer Bodzin had the opportunity to meet with Canada's ambassador to Israel, Deborah Lyons.

Lishma Winter Class

The young adult participants of the *Lishma: Jewish Learning Project* winter class took a few moments from their engaging sessions at Holy Blossom for a group photo. The spring sessions begin April 22 and will be hosted at Beth Tzedec.



Shabbat Shirah Concert

Beth Tzedec honoured Black History Month and Shabbat Shirah with a soul-stirring concert featuring the Nathaniel Dett Chorale performing alongside Cantor Sidney Ezer and the *Shir Hadash* Ensemble.

Tax-Effective Charitable Giving

Jamie Golombek shares his expertise from his March 29 seminar on charitable giving.



WITH TAX SEASON UPON US, AS YOU look back at last year and review your 2019 tax return, did you take full advantage of the opportunities to be tax-effective in your philanthropy? Or did you, like most donors, simply write a cheque for your Beth Tzedec membership contribution? Or perhaps you used your credit card to make donations

to other worthy charities in 2019, so you could collect points or Air Miles?

For 2020, why not take a new approach to charitable giving and strategically plan your donations for the year. Rather than just focusing on how much to give to which causes in 2020, let's also focus on ways to give that can be more tax-effective.

Donors have a variety of ways they can choose to donate to charity, from writing that cheque, to using a credit card, to donating appreciated marketable securities to avoid paying capital gains tax on the accrued gain or even making a donation from RRSP or RRIF withdrawals. Let's review some tax basics surrounding charitable giving and a couple of tax-effective charitable strategies.

The Basics

Charitable donations to registered charities, such as Beth Tzedec, attract both federal and provincial non-refundable tax credits. On the federal side, you get a credit of 15 percent for the first \$200 of annual charitable donations. The federal credit rate jumps to 29 percent for cumulative donations above \$200 (and 33 percent for high income earners). Parallel provincial credits work similarly, with Ontario's credit at 5.05 percent on the first \$200 of annual gifts, rising to 11.16 percent on amounts greater than \$200. With Ontario's two-level surtax, the value of the credits can be even higher.

What's interesting, however, is that once you donate more than \$200 in total in a calendar year, your effective combined federal/Ontario donation tax credit rate is likely higher than your marginal tax rate, unless you're in the highest Ontario bracket. While there is a limit in claiming donations of up to 75 percent of your net income (100 percent in the year of death and the prior year), there is a

five year carryforward so that any donations not claimed in the current year may be claimed in the next five tax years.

Gifts of Appreciated Securities

For the past decade, donations of publicly traded shares, mutual funds or segregated funds to a registered charity not only give you a tax receipt equal to the fair market value of the securities or funds being donated, but you also avoid paying capital gains tax on any accrued gain on the shares or funds donated.

For example, let's say Sarah wishes to make a \$10,000 donation to Beth Tzedec. She has Apple shares with a tax cost of \$2,000 and accrued capital gain of \$8,000 that she will use to fund the gift. If Sarah simply sells the shares, she will pay tax on the capital gain of \$8,000. At the current 50 percent inclusion rate and a top marginal tax rate of, say, 50 percent, she would owe \$2,000 of tax. On the other hand, if Sarah chose to simply donate the shares "in-kind" to Beth Tzedec, she would pay zero tax on the capital gain and save \$2,000.

In both situations, Sarah would be entitled to a donation receipt for \$10,000, which can be worth up to 50% on her tax return, depending on her income for 2020.

Gifts of RRSP/RRIF

Gifts of RRSP and RRIF funds can also be tax-effective. Each dollar withdrawn from an RRSP or RRIF is taxable in the year of withdrawal at your marginal tax rate. But once you donate more than \$200 in a calendar year, your donation credit tax rate can often be higher than your marginal rate.

These excess credits can be used to offset taxes on other income you may have, including any Canada Pension Plan benefits you are currently receiving. As with all tax planning, be sure to check with your accountant or tax adviser to ensure the above strategies make sense for you! *This article was based on tax rules in effect as of March 9, 2020.*

Jamie Golombek, CA, CPA, CFP, CLU, TEP, is the Managing Director, Tax & Estate Planning with CIBC Private Wealth Management and is a Board member of Beth Tzedec Congregation.

To discuss giving opportunities, including endowments and donor-directed funds, please contact Randy E. Spiegel, executive director, at 416-781-3514, ext. 211 or rspiegel@beth-tzedec.org.



@ BETH TZEDEC

Short & Sweet Multi-Generational Family Service

(especially for families with young children)
Shabbat, April 4, May 2 and June 6
10:30 AM to 12:00 NOON

Our Short & Sweet Multi-Generational Family Service, supported by Beth Tzedec staff and volunteers, offers a lively, engaging prayer service incorporating the participation of the children, teens and families in attendance, followed by a community dairy luncheon.

Mini Minyans

(children up to age 5 with a parent)
9:30 AM to 12:00 NOON

Looking for an opportunity to spend a fun and educational Shabbat morning with your children? Drop off your kids in our weekly Mini Minyans program, then come back and join us at 10:45 AM for an interactive service that includes age-appropriate *davening*, singing, storytelling, healthy snacks and guided play.

Junior Congregation

(ages 6 to 12)
Shabbat and Yom Tov mornings
10:30 AM to 12:00 NOON

A dynamic drop-off program with activities, games, engaging and creative prayer, and quality time with our *shinshinim*.

Shabbat Afternoon Basketball for Teens and Adults

Shabbat, April 4, May 2 and June 6
1:00 to 3:00 PM

Channel your inner Kyle Lowry and come shoot some hoops at Beth Tzedec! Join us for a friendly Shabbat afternoon game for teens and adults. No charge, but RSVPs appreciated. Drop-ins are welcome.

For Children 0 to 5 and their Families

Pre-Shabbat Music

(for babies up to 18 months and an adult)
Friday mornings
11:30 AM to 12:15 PM

Join us to welcome Shabbat at a 45-minute music class featuring Shabbat songs and blessings, *hallel*, grape juice and lots of fun. Drop-ins welcome where space permits. Cost per session: \$7 for Beth Tzedec members; \$10 non-members.

PJ Library: Moses and the People of Israel

(for toddlers with parents or grandparents)
Sunday, April 5
10:00 to 11:30 AM

Join Moses on a journey through the desert to the special little mountain: Sinai. Crafts, games, music and a special story will transport us to the times of the “*Yetzeat Mitzraim*” exodus. No charge, but RSVPs requested by Tuesday, March 31.

PJ Library: Shalom Laḥ Israel!

(for toddlers with parents or grandparents)
Sunday, April 26
10:00 to 11:30 AM

Bring your toddlers to kick off Israel Day at Beth Tzedec as we decorate cupcakes together. We’ll enjoy our treats together as our *shinshinim*, Gal and Alona, share a story about the wonders of Israel. RSVPs required via Eventbrite.

PJ Library: Blintzes Factory

(for toddlers with parents or grandparents)
Sunday, May 24
10:00 to 11:30 AM

Do you want to learn to make delicious blintzes? We’ve got you covered. An amazing bubbie is coming to share her masterpiece blintzes recipes with us. No charge, but RSVPs requested by Tuesday, May 19.

PJ Library: Time for Summer Kef!

(for toddlers with parents or grandparents)
Sunday, June 7
10:00 to 11:30 AM

Join our summer fun camp and get ready to get wet. Join us in Beth Tzedec’s “backyard” for crafts, water games, music and ice cream. No charge, but RSVPs requested by Tuesday, June 2.

For Children in Grades 1 to 5

The Delicious Chocolate Seder

Sunday, April 5
2:00 to 3:30 PM

It’s almost Pesah time! Bring all your friends and come enjoy your favourite chocolatey treats (and healthy snacks!) while learning about Passover and the seder. Cost: \$5 for Beth Tzedec members; \$10 non-members. RSVPs requested by Monday, March 30.

Shavuot Sleepover & Scavenger Hunt

(for Grades 2 to 6)
Thursday evening, May 28
8:00 PM to 8:00 AM Friday

The Shavuot sleepover is back! Your kids will love celebrating Tikkun Leyl Shavuot with their friends as they spend the night learning, playing and deepening their relationship to this important holiday. No charge, but RSVPs and a parental consent form are required by Wednesday, May 20. Reserve early; limited spaces are available.

For Teens in Grades 6 to 12

The Delicious Chocolate Seder

(for Grades 6 to 12)
Sunday, April 5
2:00 to 3:30 PM

It’s almost Pesah time! Bring all your friends and come enjoy your favourite chocolatey treats (and healthy snacks!) while learning about Passover and the seder. Cost: \$5 for Beth Tzedec members; \$10 non-members.

For Families

Monthly Family Shabbat Dinner

Fridays, April 24, May 22 and June 19
5:15 to 7:00 PM

Come together for a delicious Shabbat dinner and great programming for kids of all ages. A young children’s craft program begins at 5:15 PM, with a lively abridged Kabbalat Shabbat service at 5:45 PM followed by

Shabbat dinner and programming for older kids and adults. Cost for dinner: \$60 per family (two adults and up to four children (under age 18); \$25 each additional adult. **Beth Tzedec member discount price:** \$50 per family; \$25 each additional adult. Participants are welcome to join for the craft and service at no cost. RSVPs required by the Monday prior to each date. *Sponsored by the Gertner Family*

Israel Day: Family Scavenger Hunt!

Sunday, April 26
11:00 AM to 12:00 NOON

Following our PJ Library program for toddlers, the entire family is invited to join Alona and Gal for a family scavenger hunt as we explore all of the amazing Israeli inventions that help make our world better. We'll search for clues and learn about innovative Israeli inventions together. RSVPs appreciated to galona.shinshinim@gmail.com.

Israel Day: Family Festival!

Sunday, April 26
12:00 NOON to 2:00 PM

Celebrate Israel Day at Beth Tzedec with a festival of family fun! With music, dancing, crafts and games, we'll celebrate together

and learn even more about the incredible inventions and ideas that have come out of the Holy Land. There will be Israeli food available for purchase and plenty of exciting things to learn about life in modern Israel.

Israeli Movie Night

Wednesday, May 20
7:00 PM

Join us for movie night to learn about Israel and Israeli culture from one of the country's most popular films as we snack on popcorn and chips. This evening of cinematic education will give adults a chance to learn more from our shinshinim, Gal and Alona, as they teach us about life in Israel through popular media. RSVPs appreciated to galona.shinshinim@gmail.com.

Summer Colours for Everyone

Sunday, June 14
Time: TBC

We'll travel to Shores's Kavanah Garden to cultivate awe and wonder in their gardens, where the vegetables and herbs grown are donated to vulnerable populations in the community. Join us for this special *tzedakah* project. Watch for registration information coming soon.

For information about Youth & Family programs, contact Shirel Barkan Slater at 416-781-3514, ext. 290 or sbarkan@beth-tzedec.org.

For information about Teen & ECRUSY programs, contact Sylvie Moscovitz at 416-781-3514, ext. 246 or smoskovitz@beth-tzedec.org.

High School Student Volunteers

For students in Grades 9 to 12:

Volunteers are needed for many of our programs, including several beginning in September. If you are looking to fulfill community service requirements or would like to gain valuable experience working on family-oriented programs, please contact Sylvie Moscovitz at 416-781-3514, ext. 246 or smoskovitz@beth-tzedec.org.

THE SHAVUOT SLEEPOVER IS BACK!

Shavuot Sleepover | for Grades 2 to 6

Thursday, May 28 from 8:00 PM to 8:00 AM (Friday)

Your kids will love celebrating *Tikkun Leyl Shavuot* with their friends as they spend the night learning, playing and deepening their relationship to this important holiday.

No charge, but participants must pre-register to Shirel Barkan-Slater at sbarkan@beth-tzedec.org by Friday, May 22. A signed parental consent form is required.

THE NEW ISRAELI JEW

with Shmuel Rosner

In partnership with Israel Bonds, Beth Tzedec welcomes Israeli columnist, editor and researcher **Shmuel Rosner**.

THURSDAY, MAY 7 AT 7:30 PM

The New Israeli Jew (In Hebrew)

FRIDAY, MAY 8 AT 6:30 PM

The New Israeli Jew (In English)

Kabbalat Shabbat Service, Lecture and Dinner

Israel's Jewish society is changing. It is becoming less Jewish, less Israeli and more "Jewsraeli". What does Jewsraeli mean? What does it mean for old definitions such as "secular," "Haredi" and "traditional"?

Cost for dinner. \$40 adults; \$18 youth (ages 4-15); \$6 children (ages 1-4). RSVPs required by **Monday, May 1.**

SHABBAT, MAY 9 BEGINNING AT 8:45 AM

Where Do We Go from Here?

Rosner concludes his lecture series with a pulpit presentation exploring the implications of recent Jewish sociological studies, and joins us for the community Kiddush following Services. Everyone is welcome.



Shmuel Rosner is a contributing opinion writer for the International New York Times and is the political editor of the Jewish Journal for which he writes the daily blog *Rosner's Domain*. He is author of *Shtetl, Bagel and Baseball: On the Dreadful, Wonderful State of America's Jews* and *The Jewish Vote: Obama vs. Romney—A Voter's Guide*.





For information or reservations, contact the Synagogue office at 416-781-3511 or reserve online at www.beth-tzedec.org/login.








Please check our website at beth-tzedec.org
or call the synagogue office at 416-781-3511
to check if your event has been postponed.

April 2020 / Nisan 5780

<p>11 NISAN</p> <p>5</p> <p>8:45am Shaharit 10:00am PJ Library presents: Moses and the People of Israel 2:00pm The Delicious Chocolate Seder for Grades 1 to 12 7:00pm Minhah–Ma'ariv</p>	<p>12 NISAN</p> <p>6</p> <p>7:30am Shaharit 1:00pm The Humash with Dr. Marty Lockshin 7:00pm Minhah–Ma'ariv 7:15pm Learn to Read Hebrew 7:30pm Learn Talmud at Your Own Pace 7:30pm Pilates</p>	<p>13 NISAN</p> <p>7</p> <p>7:30am Shaharit 7:00pm Minhah–Ma'ariv</p>	<p>14 NISAN</p> <p>8</p> <p>REV PESAH/FAST OF THE FIRST BORN</p> <p>7:30am Shaharit 9:00am Public <i>hametz</i> burning 11:00am Dispose of <i>hametz</i> 6:00pm Minhah–Ma'ariv 7:35pm Candle Lighting Light a 24-hr candle before festival candles First Seder after nightfall</p>	<p>15 NISAN</p> <p>9</p> <p>PESAH DAY 1</p> <p>Hallel</p> <p>9:30am Festival Shaharit 9:30am Mini Minyan 1:15pm Early Minhah Service 8:39pm Candle Lighting from an existing flame Second Seder after nightfall</p>	<p>16 NISAN</p> <p>10</p> <p>PESAH DAY 2</p> <p>Hallel</p> <p>Omer Day 1</p> <p>8:45am Festival Shaharit 9:30am Mini Minyan 10:30am Junior Congregation 6:30pm Minhah–Ma'ariv 7:37pm Candle Lighting from an existing flame</p>	<p>17 NISAN</p> <p>11</p> <p>HOL HAMOED PESAH</p> <p>1st Intermediate Day</p> <p>Omer Day 2</p> <p>8:45am Sanctuary Service 9:30am LM/Talking Torah 9:30am Mini Minyan 6:55pm Song of Songs 7:25pm Minhah/SS/Ma'ariv 8:45pm Havdalah</p>
<p>18 NISAN</p> <p>12</p> <p>HOL HAMOED PESAH</p> <p>2nd Intermediate Day</p> <p>Omer Day 3</p> <p>8:30am Shaharit 7:00pm Minhah–Ma'ariv</p>	<p>19 NISAN</p> <p>13</p> <p>HOL HAMOED PESAH</p> <p>3rd Intermediate Day</p> <p>Omer Day 4</p> <p>7:15am Shaharit 7:00pm Minhah–Ma'ariv 7:30pm Learn Talmud at Your Own Pace</p>	<p>20 NISAN</p> <p>14</p> <p>HOL HAMOED PESAH</p> <p>4th Intermediate Day</p> <p>Omer Day 5</p> <p>7:15am Shaharit 7:00pm Minhah–Ma'ariv 7:42pm Candle Lighting Light a 24-hr candle before festival candles</p>	<p>21 NISAN</p> <p>15</p> <p>PESAH DAY 7</p> <p>Hallel</p> <p>Omer Day 6</p> <p>8:45am Festival Shaharit 9:30am Mini Minyan 10:30am Junior Congregation 7:00pm Minhah–Ma'ariv 8:46pm Candle Lighting from an existing flame</p>	<p>22 NISAN</p> <p>16</p> <p>PESAH DAY 8</p> <p>Hallel / Yizkor</p> <p>Omer Day 7</p> <p>8:45am Shaharit 9:30am Mini Minyan 10:30am Junior Congregation 8:00pm Minhah–Ma'ariv 8:50pm Yom Tov concludes</p>	<p>23 NISAN</p> <p>17</p> <p>Omer Day 8</p> <p>7:30am Shaharit 6:30pm Kabbalat Shabbat 7:46pm Candle Lighting</p>	<p>24 NISAN</p> <p>18</p> <p>SHABBAT MEVARKHIM</p> <p>Shemini</p> <p>Omer Day 9</p> <p>8:45am Sanctuary Service 9:30am LM/Talking Torah 9:30am Mini Minyan 10:00am Jewish Meditation 7:30pm Minhah/SS/Ma'ariv 8:50pm Havdalah</p>
<p>25 NISAN</p> <p>19</p> <p>Omer Day 10</p> <p>8:45am Shaharit 8:45am Sportball 7:00pm Minhah–Ma'ariv 7:30pm Zikaron Bessalon: Personal Memories of the Holocaust</p>	<p>26 NISAN</p> <p>20</p> <p>Omer Day 11</p> <p>7:30am Shaharit 1:00pm The Humash with Dr. Marty Lockshin 7:00pm Minhah–Ma'ariv 7:15pm Learn to Read Hebrew 7:30pm Learn Talmud at Your Own Pace</p>	<p>27 NISAN</p> <p>21</p> <p>YOM HASHOAH</p> <p>Omer Day 12</p> <p>7:30am Shaharit 7:00pm Minhah–Ma'ariv</p>	<p>28 NISAN</p> <p>22</p> <p>Omer Day 13</p> <p>7:30am Shaharit 1:00pm Book & Film Club: Immigrant City: Stories 7:00pm Minhah–Ma'ariv 7:00pm Lishma: Jewish Learning 7:00pm Mind-Body Connection for Women</p>	<p>29 NISAN</p> <p>23</p> <p>Omer Day 14</p> <p>7:30am Shaharit 10:00am Torah Through the Ages 7:00pm Minhah–Ma'ariv 7:30pm US Elections, Israel & the Jews: Oy or Joy? w/ Prof. Stephen Berk</p>	<p>30 NISAN</p> <p>24</p> <p>ROSH HODESH IVAR</p> <p>Omer Day 15</p> <p>7:15am Shaharit 5:15pm Family Shabbat Dinner 6:30pm Kabbalat Shabbat Service and Dinner w/ Prof. Stephen Berk 7:40pm Minhah/SS/Ma'ariv 9:00pm Havdalah</p>	<p>1 IYAR</p> <p>25</p> <p>ROSH HODESH IYAR</p> <p>Tazria–Metzora</p> <p>Omer Day 16</p> <p>8:45am Sanctuary/Prof. Berk 9:30am LM/Talking Torah 7:40pm Minhah/SS/Ma'ariv 9:00pm Havdalah</p>
<p>2 IYAR</p> <p>26</p> <p>Omer Day 17</p> <p>8:45am Shaharit 10:00am Israel Day! 10:30am Prof. Stephen Berk: The State of Black Jewish Dialogue Today 7:00pm Minhah–Ma'ariv</p>	<p>3 IYAR</p> <p>27</p> <p>Omer Day 18</p> <p>7:30am Shaharit 1:00pm The Humash 1:30pm Hana Werner Series: Evil and Hope 7:00pm Minhah–Ma'ariv 7:30pm Yom Hazikaron Commemoration</p>	<p>4 IYAR</p> <p>28</p> <p>YOM HAZIKARON</p> <p>Omer Day 19</p> <p>7:30am Shaharit 7:00pm Minhah–Ma'ariv</p>	<p>5 IYAR</p> <p>29</p> <p>YOM HA'ATZMAUT</p> <p>Omer Day 20</p> <p>7:30am Shaharit 7:00pm Minhah–Ma'ariv 7:00pm Lishma: Jewish Learning Project 7:00pm Mind-Body Connection for Women</p>	<p>6 IYAR</p> <p>30</p> <p>Omer Day 21</p> <p>7:30am Shaharit 10:00am Torah Through the Ages 12:30pm Games Afternoon 7:00pm Minhah–Ma'ariv</p>		
			<p>9 NISAN</p> <p>3</p> <p>SHABBAT HAGADOL</p> <p>Tzav</p> <p>8:45am Sanctuary Service 10:30am Short & Sweet Family Service 7:15pm Minhah/SS/Ma'ariv 8:35pm Havdalah</p>	<p>10 NISAN</p> <p>4</p> <p>SHABBAT HAGADOL</p> <p>Tzav</p> <p>8:45am Sanctuary Service 10:30am Short & Sweet Family Service 7:15pm Minhah/SS/Ma'ariv 8:35pm Havdalah</p>		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>May 2020 / Iyar 5780</div>						<div>8 IYAR</div> <div> Aharei Mot Kedoshim Omer Day 23</div> <div>8:45am Sanctuary Service 10:00am Jewish Meditation 10:30am Short & Sweet Multi-Generation Service 1:00pm Shabbat Basketball 7:45pm Minhah/SS/Ma'ariv 9:05pm Havdalah</div>
						<div>7 IYAR</div> <div>Omer Day 22</div> <div>7:30am Shaharit 11:30am Pre-Shabbat Music 6:00pm Shabbat at the Floor 6:00pm 20s & 30s Blue and White Shabbat Dinner 6:30pm Kabbalat Shabbat 8:02pm Candle Lighting</div>
<div>9 IYAR</div> <div>Omer Day 24</div> <div>8:45am Shaharit 8:45am Sportball 7:00pm Minhah-Ma'ariv</div>	<div>10 IYAR</div> <div>Omer Day 25</div> <div>7:30am Shaharit 1:30pm Hana Werner Series: The Challenge of Blindness 7:00pm Minhah-Ma'ariv 7:15pm Learn to Read Hebrew 7:30pm Learn Talmud at Your Own Pace</div>	<div>11 IYAR</div> <div>Omer Day 26</div> <div>7:30am Shaharit 7:00pm Minhah-Ma'ariv</div>	<div>12 IYAR</div> <div>Omer Day 27</div> <div>7:30am Shaharit 1:00pm Notable Speakers: Prof. Bridget Stutchbury 7:00pm Minhah-Ma'ariv 7:00pm Mind-Body Connection for Women 7:30pm Healing Service with Rabbi Fryer Bodzin</div>	<div>13 IYAR</div> <div>Omer Day 28</div> <div>7:30am Shaharit 12:30pm Games Afternoon 7:00pm Minhah-Ma'ariv 7:30pm Shmuel Rosner: The New Israeli Jew (Lecture in Hebrew)</div>	<div>14 IYAR</div> <div>Omer Day 29</div> <div>7:30am Shaharit 11:30am Pre-Shabbat Music 6:30pm Kabbalat Shabbat Service and Dinner with Shmuel Rosner 8:10pm Candle Lighting</div>	<div>15 IYAR</div> <div> Emor Omer Day 30</div> <div>8:45am Shaharit/Rosner 9:30am LM/Talking Torah 9:30am Mini Minyans 10:00am Sunnybrook Shabbat 7:55pm Minhah/SS/Ma'ariv 9:15pm Havdalah</div>
<div>16 IYAR</div> <div>Omer Day 31</div> <div>8:45am Shaharit 3:00pm Finding Your Bliss: Mother's Day Chat Tea featuring Judy Librach and Lily Librach 7:00pm Minhah-Ma'ariv</div>	<div>17 IYAR</div> <div>Omer Day 32</div> <div>7:30am Shaharit 1:30pm Hana Werner Series: Rejuvenation and Resilience 7:00pm Minhah-Ma'ariv 7:30pm Learn Talmud at Your Own Pace</div>	<div>18 IYAR</div> <div>LAG BA'OMER</div> <div>Omer Day 33</div> <div>7:30am Shaharit 7:00pm Minhah-Ma'ariv 7:30pm Searching for My Voice Premiere with Allan Soberman</div>	<div>19 IYAR</div> <div>Omer Day 34</div> <div>7:30am Shaharit 1:00pm Notable Speakers: Corinne Berman 7:00pm Minhah-Ma'ariv 7:00pm Lishma Jewish Learning for Women</div>	<div>20 IYAR</div> <div>Omer Day 35</div> <div>7:30am Shaharit 10:00am Torah Through the Ages 12:30pm Games Afternoon 7:00pm Minhah-Ma'ariv</div>	<div>21 IYAR</div> <div>Omer Day 36</div> <div>7:30am Shaharit 11:30am Pre-Shabbat Music 6:30pm Kabbalat Shabbat 8:18pm Candle Lighting</div>	<div>22 IYAR</div> <div> Behar-Be'hukotai Omer Day 37</div> <div>8:45am Sanctuary Service 9:30am LM/Talking Torah 9:30am Mini Minyans 10:30am Junior Congregation 10:30am Shabbat 101 8:05pm Minhah/SS/Ma'ariv 9:25pm Havdalah</div>
<div>23 IYAR</div> <div>Omer Day 38</div> <div>8:45am Shaharit 7:00pm Minhah-Ma'ariv</div>	<div>24 IYAR</div> <div>VICTORIA DAY</div> <div>Omer Day 39</div> <div>8:45am Shaharit 7:00pm Minhah-Ma'ariv</div>	<div>25 IYAR</div> <div>Omer Day 40</div> <div>7:30am Shaharit 7:00pm Minhah-Ma'ariv 8:00pm Shabbat on Tuesday: A Musical Kumtitz</div>	<div>26 IYAR</div> <div>Omer Day 41</div> <div>7:30am Shaharit 10:30am Book & Film Club: Precious Life 7:00pm Minhah-Ma'ariv 7:00pm Mind-Body Connection for Women 7:30pm Israeli Movie Night</div>	<div>27 IYAR</div> <div>Omer Day 42</div> <div>7:30am Shaharit 10:00am Torah Through the Ages 12:30pm Games Afternoon 7:00pm Minhah-Ma'ariv</div>	<div>28 IYAR</div> <div>YOM YERUSHALAYIM</div> <div>Omer Day 43</div> <div>7:30am Shaharit 11:30am Pre-Shabbat Music 5:15pm Family Shabbat Dinner 6:30pm Kabbalat Shabbat 8:25pm Candle Lighting</div>	<div>29 IYAR</div> <div> Bemidbar Omer Day 44</div> <div>8:45am Sanctuary Service 9:30am LM/Talking Torah 9:30am Mini Minyans 10:30am Junior Congregation 8:10pm Minhah/SS/Ma'ariv 9:30pm Havdalah</div>
<div>1 SIVAN</div> <div>ROSH HODESH SIVAN</div> <div>Omer Day 45</div> <div>8:30am Shaharit 8:45am Sportball 10:00am PJ Library presents: Blintzes Factory! 7:00pm Minhah-Ma'ariv</div>	<div>2 SIVAN</div> <div>Omer Day 46</div> <div>7:30am Shaharit 1:30pm Hana Werner Series: Vision, Passion and Hutzpah 7:00pm Minhah-Ma'ariv 7:30pm Handmade Midrash: Biblical Narratives, Personal Art and Spiritual Meaning</div>	<div>3 SIVAN</div> <div>Omer Day 47</div> <div>7:30am Shaharit 7:00pm Minhah-Ma'ariv 7:30pm Annual Meeting of the Congregation</div>	<div>4 SIVAN</div> <div>Omer Day 48</div> <div>7:30am Shaharit 1:00pm Notable Speakers: Joshua Basseches 7:00pm Minhah-Ma'ariv 7:00pm Lishma Jewish Learning 7:00pm Mind-Body Connection for Women</div>	<div>5 SIVAN</div> <div>EREV SHAUVOT</div> <div>Omer Day 49</div> <div>7:30am Shaharit 8:00pm Shavuot Sleepover 8:31pm Candle Lighting Light a 24-hr candle before festival candles 8:35pm Minhah 9:00pm Tikun Leyl Shavuot</div>	<div>6 SIVAN</div> <div>SHAUVOT</div> <div>8:45am Festival Shaharit 9:30am Mini Minyans 10:30am Junior Congregation 6:30pm Minhah-Ma'ariv 8:32pm Candle Lighting from an existing flame</div>	<div>7 SIVAN</div> <div>SHAUVOT/MIZKOR</div> <div>8:45am Sanctuary Service 9:30am LM/Talking Torah 9:30am Mini Minyans 10:30am Junior Congregation 7:45pm Megilat Ruth 8:15pm Minhah/SS/Ma'ariv 9:35pm Havdalah</div>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>8 SIVAN</p> <p>8:45am Shaharit 8:45am Sportball 7:00pm Minhah–Ma’ariv</p>	<p>31</p> <p>9 SIVAN</p> <p>7:30am Shaharit i:30pm Hana Werner Series: Jewish Continuity 7:00pm Minhah–Ma’ariv 7:30pm Handmade Midrash: Biblical Narratives, Personal Art & Spiritual Meaning</p>	<p>1</p> <p>10 SIVAN</p> <p>7:30am Shaharit 7:00pm Minhah–Ma’ariv</p>	<p>2</p> <p>11 SIVAN</p> <p>7:30am Shaharit i:00pm Notable Speakers: Heather MacRae 7:00pm Minhah–Ma’ariv</p>	<p>3</p> <p>12 SIVAN</p> <p>7:30am Shaharit 10:00am Torah Through the Ages 12:30pm Games Afternoon 7:00pm Minhah–Ma’ariv 7:30pm Well-Being Workshop: Comforting Mourners</p>	<p>4</p> <p>13 SIVAN</p> <p>7:30am Shaharit 11:30am Pre-Shabbat Music 6:00pm Shabbat at the Floor 6:30pm Kabbalat Shabbat 8:37pm Candle Lighting</p>	<p>5</p> <p>14 SIVAN</p> <p> Naso 8:45am Sanctuary Service 9:30am LM/Talking Torah 10:30am Short & Sweet Multi-Generation Service i:00pm Shabbat Basketball 8:20pm Minhah/SS/Ma’ariv 9:40pm Havdalah</p>
<p>June 2020 / Sivan 5780</p>						
<p>7</p> <p>15 SIVAN</p> <p>8:45am Shaharit 8:45am Sportball 10:00am Men’s Club Annual Scholarship Awards Breakfast 10:00am PJ Library presents: Time for Summer Kef 7:00pm Minhah–Ma’ariv</p>	<p>8</p> <p>16 SIVAN</p> <p>7:30am Shaharit 7:00pm Minhah–Ma’ariv 7:15pm Learn to Read Hebrew 7:30pm Handmade Midrash: Biblical Narratives, Personal Art & Spiritual Meaning</p>	<p>9</p> <p>17 SIVAN</p> <p>7:30am Shaharit 7:00pm Minhah–Ma’ariv</p>	<p>10</p> <p>18 SIVAN</p> <p>7:30am Shaharit 7:00pm Minhah–Ma’ariv</p>	<p>11</p> <p>19 SIVAN</p> <p>7:30am Shaharit 10:00am Torah Through the Ages 12:30pm Games Afternoon 7:00pm Minhah–Ma’ariv 7:30pm Well-Being Workshop: Helping the Ailing</p>	<p>12</p> <p>20 SIVAN</p> <p>7:30am Shaharit 11:30am Pre-Shabbat Music 6:00pm 20s & 30s Shabbat Dinner 6:30pm Kabbalat Shabbat 8:42pm Candle Lighting</p>	<p>13</p> <p>21 SIVAN</p> <p> Beha’ alotkha 8:45am Sanctuary Service 9:30am LM/Talking Torah 9:30am Mini Minyans 10:30am Junior Congregation 8:25pm Minhah/SS/Ma’ariv 9:45pm Havdalah</p>
<p>14</p> <p>22 SIVAN</p> <p>8:45am Shaharit 8:45am Sportball 2:00pm Summer Colours for Everybody! 3:00pm BTUSY End of Year Program for Teens 7:00pm Minhah–Ma’ariv</p>	<p>15</p> <p>23 SIVAN</p> <p>7:30am Shaharit 7:00pm Minhah–Ma’ariv 7:15pm Learn to Read Hebrew</p>	<p>16</p> <p>24 SIVAN</p> <p>7:30am Shaharit 7:00pm Minhah–Ma’ariv</p>	<p>17</p> <p>25 SIVAN</p> <p>7:30am Shaharit 7:00pm Minhah–Ma’ariv</p>	<p>18</p> <p>26 SIVAN</p> <p>7:30am Shaharit 10:00am Torah Through the Ages 12:30pm Games Afternoon 7:00pm Minhah–Ma’ariv 7:30pm Well-Being Workshop: Caring for Elderly Parents</p>	<p>19</p> <p>27 SIVAN</p> <p>7:30am Shaharit 11:30am Pre-Shabbat Music 5:15pm Family Shabbat Dinner 6:30pm Kabbalat Shabbat 8:44pm Candle Lighting</p>	<p>20</p> <p>28 SIVAN</p> <p> Shelah 8:45am Sanctuary Service 9:30am LM/Talking Torah 9:30am Mini Minyans 10:30am Junior Congregation 8:30pm Minhah/SS/Ma’ariv 9:50pm Havdalah</p>
<p>21</p> <p>29 SIVAN</p> <p>8:45am Shaharit 8:45am Sportball 7:00pm Minhah–Ma’ariv</p>	<p>22</p> <p>30 SIVAN</p> <p>ROSH HODESH TAMMUZ 7:15am Shaharit 7:00pm Minhah–Ma’ariv</p>	<p>23</p> <p>1 TAMMUZ</p> <p>ROSH HODESH TAMMUZ 7:15am Shaharit 7:00pm Minhah–Ma’ariv</p>	<p>24</p> <p>2 TAMMUZ</p> <p>7:30am Shaharit 7:00pm Minhah–Ma’ariv</p>	<p>25</p> <p>3 TAMMUZ</p> <p>7:30am Shaharit 10:00am Torah Through the Ages 12:30pm Games Afternoon 7:00pm Minhah–Ma’ariv</p>	<p>26</p> <p>4 TAMMUZ</p> <p>7:30am Shaharit 6:30pm Kabbalat Shabbat 8:45pm Candle Lighting</p>	<p>27</p> <p>5 TAMMUZ</p> <p> Korah 8:45am Sanctuary Service 9:30am Talking Torah 9:30am Mini Minyans 10:30am Junior Congregation 8:30pm Minhah/SS/Ma’ariv 9:50pm Havdalah</p>
<p>28</p> <p>6 TAMMUZ</p> <p>8:45am Shaharit 7:00pm Minhah–Ma’ariv</p>	<p>29</p> <p>7 TAMMUZ</p> <p>7:30am Shaharit 7:00pm Minhah–Ma’ariv</p>	<p>30</p> <p>8 TAMMUZ</p> <p>7:30am Shaharit 7:00pm Minhah–Ma’ariv</p>	<p></p> <p>Please be considerate of others and refrain from using scented products when coming to Beth Tzedec’s prayer services, programs or events.</p>			



**Shabbat morning, May 16
from 10:30 to 11:45 AM**

Shabbat 101 is a monthly, 75-minute, experiential Shabbat morning service for anyone interested in becoming familiar with the structure, choreography and deep meaning of the traditional Shabbat morning service.

***Presented by Beth Tzedec Congregation and
Keeping the Faith***



**Beth Tzedec Congregation continues the
Bar/Bat Mitzvah Club, a program for children
with difficulty in social situations.**

We are looking for students with a Bar/Bat Mitzvah in 2020-2021 or 2021-2022 who are seeking to prepare for this experience with peers in a program suited to their needs.

The program will consist of nine evening sessions with dinner. A valuable and voluntary parent group will run concurrently with the children's sessions. The highly subsidized cost of the Bar/Bat Mitzvah Club is \$700.

For information, contact Daniel Silverman at 416-781-3514, ext. 231 or dsilverman@beth-tzedec.org.

*This program has been made possible thanks
to the Elizabeth Rose Herman Education
Bursary of Beth Tzedec Congregation*

PARTIAL FUNDING PROVIDED BY
 UJA Federation
OF GREATER TORONTO

SEND OFF SHABBAT

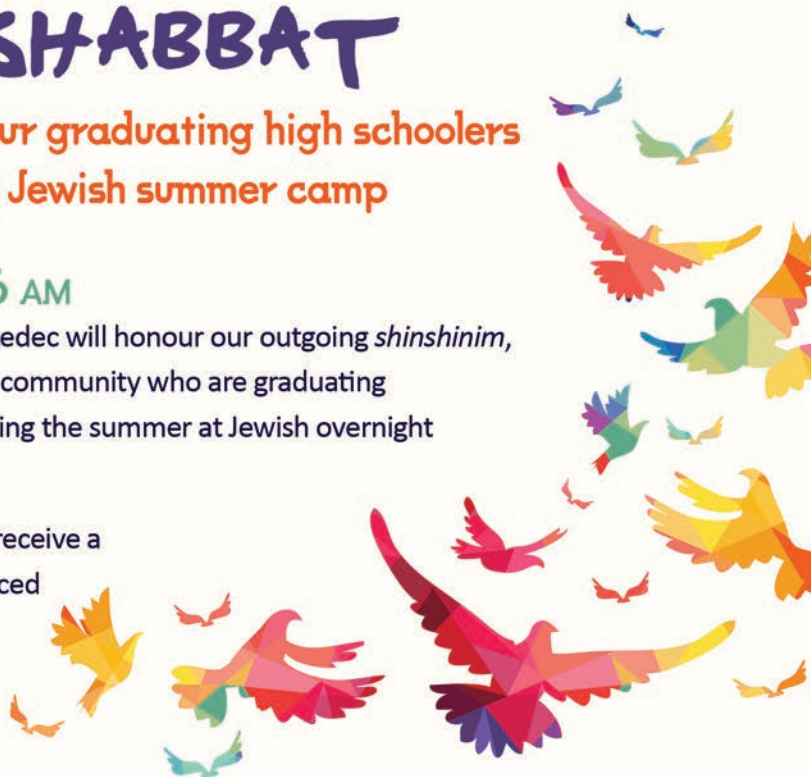
**honouring our *shinshinim*, our graduating high schoolers
and our children attending Jewish summer camp**

Shabbat, June 13 at 8:45 AM

On this special Shabbat morning, Beth Tzedec will honour our outgoing *shinshinim*, Alona and Gal, and send off those in our community who are graduating high school and those who will be spending the summer at Jewish overnight summer camps.

Each group will have the opportunity to receive a special Aliyah to the Torah and an enhanced Kiddush will follow services.

Everyone is welcome.



Our Shabbat Service Experiences

Kabbalat Shabbat Services every Friday night.

Check our weekly e-newsletter, *The Week Ahead*, our website and monthly calendars for service and candle lighting times.

Sanctuary / Chapel Services 8:45 AM, every Shabbat.

Our musical Sanctuary Service offers a complete spiritual and liturgical Shabbat experience with our Spiritual Leadership Team. Lift your soul in prayer as you sing along, or close your eyes in meditation and be carried away by our inspirational Shabbat morning service. The Beth Tzedec *Shir Hadash* Ensemble joins services on April 18, May 23 & 30 and June 20.

Little Minyan Services 9:30 AM, *Shabbat mornings through June 22*. Looking to be more actively involved in the worship experience? The Little Minyan offers a traditional service in a relaxed, family-friendly atmosphere full of song, spirit and warmth. Participants lead portions

of the service and Little Minyan tunes are available by request. Contact Cantor Sidney Ezer or Lorne Hanick to arrange to learn to lead parts of the service. Torah readers, *daveners* and those wishing to deliver a *D'var Torah* are always welcome.

Short & Sweet Multi-Generational Family Service

10:30 AM, *April 4, May 2 and June 6*. Our participatory abridged service is a perfect way for children, parents and grandparents to experience Shabbat morning together, learn the structure of the service and take leadership roles. It features the highlights of a Shabbat morning service. It also includes programs by our *shinshinim* and youth staff. Celebrate a group aliyah and blessing for everyone whose birthday is that month. A complimentary dairy lunch follows.

For information on **Shabbat Youth programming**, see pages 24 & 25.

Can't Get Enough Torah? Here's more!



Talking Torah with Daniel Silverman

9:30 to 10:30 AM every Shabbat morning
A new look at the traditional and modern interpretations of the weekly Torah reading with Daniel Silverman.

Jewish Meditation with Michelle Katz

10:00 to 11:15 AM on *April 18 and May 2*
For men and women, centred on texts from our tradition, eliciting response and deep listening—a doorway to enhanced prayer.

Shabbat 101

10:30 to 11:45 AM on *May 16*
This educational Shabbat morning service is for anyone interested in becoming familiar with the structure, choreography and deep meaning of the traditional Shabbat morning service.



Fridays, May 1 and June 5 at 6:00 PM

Join our musical Friday night Kabbalat Shabbat service on the Beit Alpha Floor the first Friday of each month. Led by Cantor Sidney Ezer, Yacov Fruchter and friends, the focus is on high energy and spirited, participatory singing. For more information, contact the Synagogue office at 416-781-3511.

countdown to Pesah

Tuesday, April 7 / 13 Nisan

7:30am *Shaharit*
6:00pm All forms for the sale of
hametz must be received
7:00pm *Minhah-Ma'ariv*
After dark Search for *hametz*

Wednesday, April 8 / 14 Nisan
Erev Pesah. No matzah may be eaten
on Erev Pesah. Fast of the
Firstborn / *siyyum* (completion of study)
followed by breakfast.

7:30am *Shaharit*
9:00-11:00am **Bring your *hametz* to Beth**
Tzedec for burning
By 11:00am Burn/dispose of all *hametz*
6:00pm *Minhah-Festival Ma'ariv*

Prior to candle lighting, light a
24-hour candle to use to light candles on
Thursday night

7:35pm Candle lighting;
Begin first seder

Thursday, April 9 / 15 Nisan

1st Day of Pesah

9:30am Pesah *Yom Tov* services
with *Hallel* and prayer for
Tal/Dew; *Kohanim* bring
blessing
12:30pm Kiddush Lunch and Learn
1:15pm Early Festival *Minhah*
There will be no *Minhah-Ma'ariv*
service at dusk at Beth Tzedec.
After 8:39pm Yom tov candle lighting
from an existing flame
After nightfall Begin second seder
Count omer 1

Friday, April 10 / 16 Nisan

2nd Day of Pesah

8:45am Pesah *Yom Tov* services
with *Hallel*; *Kohanim* bring
blessing
6:30pm Festival *Minhah-Ma'ariv*
Before 7:37pm Candle lighting from an
existing flame
Count omer 2

Saturday, April 11 / 17 Nisan

Hol Hamoed Pesah

8:45am *Hol Hamoed* services
with *Hallel*
6:55pm Song of Songs
(*Shir HaShirim*)
7:25pm *Minhah-Seudah-Ma'ariv*
8:45pm Havdalah
Count omer 3

Sunday, April 12 / 18 Nisan

Hol Hamoed Pesah

8:30am *Shaharit*
7:00pm *Minhah-Ma'ariv*
Count omer 4

Monday, April 13 / 19 Nisan

Hol Hamoed Pesah

7:15am *Shaharit*
7:00pm *Minhah-Ma'ariv*
Count omer 5

Tuesday, April 14 / 20 Nisan

Hol Hamoed Pesah/Erev Yom Tov

7:15am *Shaharit*
7:00pm *Minhah-Festival Ma'ariv*
7:42pm Candle lighting
Count omer 6

Wednesday, April 15 / 21 Nisan

7th Day of Pesah

8:45am Pesah *Yom Tov* services
with *Hallel*
7:00pm Festival *Minhah-Ma'ariv*
After 8:46pm Festival and yizkor candle
lighting, from an existing
flame
Count omer 7

Thursday, April 16 / 22 Nisan

8th Day of Pesah

8:45am Pesah *Yom Tov* services
with *Hallel* and *Yizkor*
8:00pm *Minhah-Ma'ariv*
8:50pm Pesah concludes
Wait until 9:10pm to consume *hametz*
sold with Beth Tzedec as the agent.
Count omer 8

Note for the first three nights of Pesah: It is permissible to transfer fire on
Yom Tov. Therefore candles on Wednesday evening may be lit from a match,
but on Thursday and Friday they should be lit from an existing flame.

Option 1: Obtain a 72-hour candle for lighting on Thursday and Friday night.

Option 2: Buy two 24-hour (*yahrtzeit*) candles. Light the first on Wednesday to
use for the Thursday night candles. When lighting Yom Tov candles on Thursday
night, also transfer to a second 24-hour candle from which Shabbat candles will be
lit on Friday at candle lighting time.



Your Guide to Pesah Observance

The master narrative of a religion or nation lies at the core of a community's history and ritual. The master story of Judaism is the Exodus of a people from Egypt, the national journey to Mt. Sinai and the long trek to the Promised Land.

The sacred story of our Covenant, our connection to each other and God, gives Judaism its mission and infuses Passover with deep meaning. We re-enact the Exodus through story and song, through recounting and ritual. We restrict our diet, clean our homes and prepare our souls to reinforce the message of the Exodus. This guide to observance is intended to help you reach back in time and to project forward in imagination. "By doing the finite, we perceive the infinite" (Heschel).

Background

The Torah prohibits the ownership of *hametz* (leavened grain or its derivative) during Pesah. We therefore either destroy or arrange for the sale of the *hametz* to a non-Jew. The transfer, *mekhirat hametz*, is accomplished by appointing an agent, usually a rabbi, to handle the sale. It is a valid and legal transfer of ownership. If ownership of the *hametz* is not transferred before the holiday, the use of this *hametz* is prohibited after the holiday as well.

Since the Torah prohibits the eating of *hametz* during Pesah, and since many common foods contain some mixture of *hametz*, careful attention is necessary when shopping and preparing for Pesah.

During the eight days of Pesah, *hametz* cannot lose its identity in a mixture. Therefore, even a minute amount of *hametz* renders the whole

mixture *hametz* and its use on Pesah is prohibited. During the rest of the year *hametz* follows the normal rules of mixture, i.e., it loses its identity in a mixture of one part *hametz* and 60 parts of non-*hametz* (*batel be-shishim*). This affords us the opportunity to differentiate between foods purchased before and during Pesah.

Practical

What follows is only a general guideline. One of our rabbis should be consulted when any doubt arises. "Kosher le-Pesah" labels that do not bear the name of COR or one of the recognized symbols of rabbinic supervision, or which are not integral to the package, should not be used without consulting our rabbis.

For detailed information, see the *Rabbinical Assembly Pesah Guide* at <https://tinyurl.com/RA-PesahGuide>.



Erev Pesah—*hametz* burning
Wednesday, April 8 from 9:00 to 11:00 AM

Please join us in fulfilling the pre-Pesah *mitzvah* of the public burning of your final pieces of *hametz*.

Beth Tzedec parking lot, rain or shine.

Needed: Left-over bits of bread or other leaven from your 'search' at home the night before to throw into our fire.

Pesah Guide continued

Prohibited Foods

Foods derived from wheat, barley, oats, spelt or rye. These include leavened breads, cakes, biscuits, crackers, pasta, cereal, coffees containing cereal derivatives, whiskeys and all liquids containing ingredients or flavours made from grain alcohol. Ashkenazi Jews also avoid *kitniyot*. The Committee on Jewish Law & Standards permits the consumption of *kitniyot*, but Beth Tzedec recommends you continue the historic custom of avoiding rice, corn, millet and legumes (beans, soy and peas) unless there is a significant personal or health need. COR now labels some products as Kosher for Passover for *Sefardim*. Many Israeli products contain *kitniyot*. If you have Ashkenazic roots, those products are NOT for you. If you are a vegetarian or have a medical condition that prohibits wheat/gluten, etc., consult one of our rabbis.

Permitted Foods

1. If purchased prior to Pesah, the following foods do not require a kosher le-Pesah label: unopened packages or containers of unflavoured natural ground coffee (not decaf) without cereal additives; sugar; pure tea (not herbal tea); salt (not iodized); pepper; natural spices; unshelled nuts, whole raw nuts, quinoa (with **nothing** added); frozen fruit juices with no additives; milk; butter; cottage cheese; cream cheese; frozen (uncooked) fruit (with no additives); baking soda and extra virgin olive oil.

2. If purchased before or during Pesah, the following products do not require a kosher le-Pesah label: fresh fruits and vegetables (not legumes, see above); eggs; fresh fish and fresh kosher meat; frozen fish (without additives); bottled water and unflavoured dental floss.

3. If purchased before or during Pesah, the following foods require a kosher le-Pesah label: All baked products (matzah, cakes, matzah flour, farfel, matzah meal, and any products containing matzah); canned or bottled fruit juices (juices are often clarified with *kitniyot*); decaf coffee; herbal teas; canned tuna; wine; liquor; vinegar; oils; ketchup; dried fruits; candy; chocolate flavoured milk; ice cream; yogurt and soda.

4. If purchased during Pesah, the following foods require a kosher le-Pesah label: all processed foods (canned, bottled or frozen); milk, butter, juices, vegetables, fruit, milk products, spices, coffee, tea and fish, as well as all foods listed in Category 3.

5. Consult our rabbis regarding infant formula, lactose-free milk, soy/rice milk and tofu.

Non-Food Items

The following products do not require a kosher le-Pesah label: Isopropyl alcohol, oven cleaner, kosher powdered and liquid detergents, candles, plastic cutlery, aluminum foil, plastic wrap and paper plates (with no starch).

Medicine

Since *hametz* binders are used in many pills and corn syrup in liquid medication, the following guidelines should be followed: If the medicine is **required for life sustaining therapy**, it may be used on Pesah. If it is not for life sustaining therapy, consult one of our rabbis. In all cases, capsules are preferable to pills and non-chewable medication is preferable to liquid or chewable medications.

Pet Food

Use non-grain food or include your pet food in your sale of *hametz*. Keep pet food away from the kitchen and wash utensils away from the kitchen.

Kashering of Utensils

The process of kashering utensils depends on how the utensils are used. According to *halakhah*, leaven can be purged from a utensil by the same process in which it was absorbed in the utensil (*ke-volto kakh polto*). Utensils, therefore, used in cooking are kashered by boiling, those used in broiling are kashered by fire and heat and those used only for cold food are kashered by rinsing.

Earthenware (china, pottery, etc.) **cannot** be kashered. However, translucent, fine translucent chinaware which has not been used for over a year may be kashered. Speak with one of our rabbis.

Glassware

Glasses for drinking—to kasher, soak in water for three days, changing the water every 24 hours.

Glass Cookware or bakeware (e.g. Pyrex) **cannot** be kashered.

All metal utensils

Utensils used in fire (spit, broiler)—speak with our rabbis for guidance.

Utensils used for cooking or eating (all-metal, silverware, pots) must be thoroughly scrubbed, cleaned and completely immersed in boiling water. Pots should not be used for a period of **at least 24 hours** between the cleaning and the immersion in boiling water.

Utensils used for baking **cannot** be kashered.

Plastics such as tablecloths, cutlery, spatulas and storage containers **cannot** be made kosher for Passover. Some heavy-duty plastics may be kashered. Consult one of our rabbis.

Hametz and non-Passover utensils: Non-Passover dishes, pots and *hametz* whose ownership has been transferred prior to Pesah should be separated, locked up or covered and marked in order to prevent accidental use.

Ovens and ranges: Every part that comes in contact with food (including walls, top and bottom of oven) must be thoroughly scrubbed and cleaned. Then, oven and range should be heated as hot as possible for 30 minutes. If there is a broil setting, use it.

Self-cleaning ovens should be scrubbed, cleaned and then put through the self-cleaning cycle.

Continuous-clean ovens must be kashered in the same manner as regular ovens.

Ceramic ranges. First, clean the top thoroughly. Turn the burners on high. After the burners have been on for 30 minutes, boiling water should be poured over and around the top of the ceramic range. **Be very careful to avoid scalding.**

Microwave ovens, which do not cook food by means of heat, should be cleaned and left unused for at least 24 hours, after which a cup of water should be vapourized inside. A microwave oven that has a browning element **cannot** be kashered for Pesah.

Refrigerators must be thoroughly washed and cleaned. Liners are **not** necessary.

Dishwasher: Clean the drainage trap, filter and run a cycle with detergent. Wait 24 hours, then run another cycle with detergent.

Electrical appliances: If the parts that come into contact with *hametz* are removable, they can be kashered in the appropriate way. (If metal, follow the rules for metal utensils.) All exposed parts should be thoroughly cleaned. If the parts are not removable, the appliance cannot be kashered.

Tables, closets and counters: If used with *hametz*, they should be thoroughly cleaned and covered; then they may be used.

Kitchen sink: A metal sink can be kashered by thoroughly cleaning and then pouring boiling water over it. A porcelain sink should be cleaned **and a sink rack used.** If dishes are to be soaked in a porcelain sink, a **dish basin must be used.**

Sale of *hametz*

There are four ways we fulfil the Biblical *mitzvah* of ridding ourselves of *hametz* before Pesah:

- ♦ we clean our homes;
- ♦ we burn any remaining crumbs;
- ♦ we verbally declare that any *hametz* in our possession is worthless and no longer owned by us; and
- ♦ to ensure that there is no question about our intent to remove *hametz* from our possession, we sell our *hametz* to non-Jews who may own leavened products on Passover.

You have to do the cleaning, burning and nullification yourselves, but we can assist you in the sale of your *hametz*. **Rabbis Wernick and Fryer Bodzin as well as Lorne Hanick and Cantor Ezer will be available after morning services and at various times during the day in the week prior to Passover to enable anyone who wishes to sell their *hametz* to delegate to them that authority.** If your *hametz* is in a different time zone from Toronto, please speak with one of our rabbis.

If you are unable to personally sell your *hametz*, please email, fax or send this form to the Synagogue office no later than **6:00 PM on Monday, April 6, 2020.**

I, _____
(acting on behalf of and with the authorization of my entire family)
transfer authority to sell all *hametz*, mixtures and objects containing *hametz*, to Rabbi Steven Wernick of Beth Tzedec Congregation in Toronto, Ontario. As my agent, he should arrange for this sale prior to 11:00 AM on **Tuesday, April 7, 2020.**
I have placed my *hametz* and mixtures and objects containing *hametz* in specially designated storage areas within my home, which is at:

ADDRESS

2ND ADDRESS

SIGNATURE

DATE

Your Family's Destination for Passover Celebration

Don't spend another holiday stuck in the kitchen! Celebrate Passover with friends, loved ones and a delicious meal from APEX Kosher Catering.



SOUPS & APPETIZERS

- Butternut Squash and Pear Soup with Curried Apple Chutney**
\$16 per litre (serves 4)
- Smoked Paprika Roasted Vegetable Soup**
\$15 per litre (serves 4)
- Chicken Noodle Soup with Brunoise of Carrot, Celery, Onion and Diced Chicken**
\$20 per litre (serves 4)
- Matzah Balls**
\$2.50 per piece
- Sweet Gefilte Fish with Beet Horseradish**
\$4 per 4oz portion
- Salt and Pepper Gefilte Fish with Beet Horseradish**
\$4 per 4oz portion
- Chopped Liver Paté with Fried Onion and Matzah Crackers**
\$18 per 1lb + 8 pieces cracker (Serves 8)

SALADS

- Creamy Hawaiian Slaw with Fine Shredded Red and Green Cabbage, Carrots, Pineapple, Mango and Apple Cider Dressing**
\$7 per portion
- Mixed Green Salad with Orange, Grapefruit, Mandarin Segments, Sweet Pickled**
Heirloom Carrots, Honey Berry Dressing
\$6 per portion
- Baby Spinach Salad with Roasted Red and Golden Beets, Balsamic Vinaigrette**
\$6 per portion

MAINS

- Matzah Breaded Chicken Roulade Stuffed with Spinach, Pimento, Caramelized Onion Marmalade Served with Au Jus**
\$24 per portion
- Pan Seared Chicken Supreme Served with Mango Peach Salsa and Au Jus**
\$22 per portion
- Citrus Glazed Salmon Served with Citrus Pomegranate Salsa**
\$18 per 8oz portion
- Montreal Spiced Braised Brisket Topped with Crispy Onion Served with Au Jus**
\$45 per pound cooked weight
- Stuffed Turkey Breast with Cranberry, Apricot, Matzah, Herbs Served with Turkey Cranberry Jus**
\$24 per 2x4oz portion

SIDES/STARCHES

- (average 4oz per portion)
- Herb Garlic Crisp Potato**
\$4 per portion
- Brown Sugar Honey Roasted Sweet Potato**
\$4 per portion
- Potato Kugel**
\$35 per pan (Serves 9)
- Apple Kugel**
\$38 per pan (Serves 9)
- Herb Sautéed Mixed Vegetables**
\$4 per portion
- Grilled Vegetable Bundles**
\$5 per portion

ADDITIONAL

- Chicken Fingers with Ketchup and Plum Sauce**
\$30 per dozen
- Meatballs with BBQ Sweet and Sour Sauce**
\$30 per dozen
- Charoset**
\$15 per 500ml
- Seder Plate**
\$20 per plate
- Red Beet Horseradish**
\$7.50 per 250ml

DESSERTS

- Frozen Lemon Cake**
\$55 per cake (Serves 12)
- Flourless Chocolate Cake**
\$55 per cake (Serves 12)
- Chocolate Biscotti**
\$24 per dozen
- Dried Fruit, Apricot and Cranberry Biscotti**
\$24 per dozen
- Salted Caramel Matzah Crunch**
\$24 per dozen

SEDER SET MENU

- \$40 per person (minimum 10 people)
- Seder Plate** (one seder plate per order)
- Chicken Noodle Matzah Ball Soup**
- Baby Spinach Salad** with Roasted Red and Golden Beets, Balsamic Vinaigrette
- Pan Seared Chicken Supreme** Served with Mango Peach Salsa with Au Jus
- Herb Garlic Crisp Potato**
- Sautéed Mixed Vegetables**

**All orders must be received by Monday, March 30. Pick-up date is
Wednesday, April 8 from 10:00 AM to 1:00 PM.**

To download the Passover menu and order form, visit www.beth-tzedec.org.

Apex Kosher Catering

1700 Bathurst Street Toronto, ON M5P 3K3

T: 416-901-5044 E: ordersbt@apexkoshercatering.com www.apexkoshercatering.com

Claiming Conservative Judaism

FOR MY ENTIRE LIFE, I HAVE BEEN A member of Beth Tzedec, a Conservative Jewish synagogue. I attended a Conservative Jewish day school there too, back when it was still called USDS. But even though I have always identified with Conservative Jewish institutions, it was only at 20/20 Judaism, the convention hosted in Boston by the United Synagogue of Conservative Judaism (USCJ) and the Rabbinical Assembly, which I attended as part of the rising leadership summit, that I really asked myself for the first time what it means to me to be a Conservative Jew.

The thing about growing up with an identity is that you often take it for granted. Conservative Judaism has never meant especially much to me because it wasn't a choice I made—it was a birthright I inherited. I've never really thought about why my ancestors would have chosen Conservative Judaism, or what differentiates it from other streams. To be fair, nobody else ever encouraged me to reflect on it either. The only explanation of Conservative Judaism that I received, to my recollection, was in my Grade 11 Jewish History class at CHAT.

Attending the USCJ conference forced me to reckon with my Jewish identity. And here's the truth—with each passing day, I became less and less convinced that I am, in fact, a Conservative Jew. It seemed like just about every other attendee focused on the parts of Judaism that aren't as salient to me, whereas the parts that really move me weren't as prominently featured. I think a lot of that can be chalked up to Imposter Syndrome, feeling like a fraud because I wasn't as observant as I assumed everyone else around me was. I'm sure there were other attendees who felt similarly, but

people who feel like frauds generally don't share that.

By the end of the conference, though, my feelings had changed because of two comments by two rabbis. I was explaining my discomfort to one rabbi, and she said the source of my discomfort was the reason it was so important for me to attend the conference. Even though I may have been a minority there, people like me make up a large portion of the congregations that are members of USCJ. Clearly, then, there are legitimate ways to connect to Conservative Judaism outside of just religious observance.

The second comment came from a rabbi just before I left the conference. I was explaining to him that if I had to choose a stream of Judaism for myself now, I wasn't sure if I would choose Conservative. But even so, I was going to stay at Beth Tzedec, because it feels like home to me. That's when the rabbi asked how I would feel if my rabbi ate a ham and cheese sandwich in front of me. My immediate and visceral sense of horror answered that question, which I articulated to the rabbi. So if I don't keep kosher, why do I care if my rabbi does, he asked?

I didn't immediately have an answer to that question. But now I do. I care if my rabbi keeps kosher because I have an idea of religious Judaism, and that idea includes honouring *halakhah*. I may not consider myself a religious Jew, but religious practice is still an important part of my Jewish identity, and when I do choose to practice religiously, it is imperative to me that the Judaism I practice aligns with my ideals. Even though I may not live as a practicing Conservative Jew in my day-to-day life, when I do choose to act religiously Jewish, I know in what environment I feel most at home.

The sessions and talks and panels at the conference drove this idea home. Conservative Judaism is at something of a crossroads in North America, with interest among young people waning (as in most religious traditions). The movement needs to decide which aspects are essential to it and which aspects are artifacts of past culture. This tension was obvious at some panels where the audience seemed split on what the boundaries of Conservative Judaism should be.

For me, the tension raised the following questions: At what point do inclusive policies undermine the very foundations of Conservative Judaism? To remain true to itself, will the movement have to resign itself to shrinking membership? Does religious integrity mean holding fast to principles or promoting individual spiritual fulfillment? And are those two values mutually exclusive or mutually supportive?

I don't pretend to know the answer to any of those questions. But I do know that, as a proud member of a Conservative Jewish synagogue, I look forward to contemplating them with my fellow members.

—Alex Rose



Photo courtesy of Jared Poirier

Chasing Cranes on the Golan Heights

THIS PAST HANUKKAH WAS THE MOST MEMORABLE HAG I'VE



enjoyed since converting to Judaism in 2018. Over the holiday, I visited Israel as part of a Birthright group, where I got to know many interesting people and see many incredible things.

The most impressive part of the trip was our visit to the Golan Heights.

At the top of Mount Bental, the tour guide told us many stories about the history of Israel and the conflict in the region. We were surrounded by military installations and sculptures made of steel recovered from broken tanks.

After learning about the region, we visited a nearby kibbutz for a Jeep tour of its farmland. Our guide explained that the fields were being overrun by cranes, who stopped to nibble at the kibbutz's crops while migrating south. We were there to help them chase the cranes away from the crops by honking and hollering as we drove between the fields.

Our group of 40 Birthright participants broke up into a handful of smaller groups to squeeze into a fleet of Jeeps. My jeep was driven by an older gentleman; a soldier who lived on the kibbutz. As he drove, he pointed to a nearby mountain and began to share his stories.

He said his father had helped establish the kibbutz. In the early days of their community, there were other farmers living in the area. "They were nice guys," he said, "But when we moved here, they always shot at us. Of course, we shot them back. We both had casualties."

At first, I didn't understand. I thought he was describing a conflict between two *kibbutzim*, so I asked why they would shoot at each other.

He laughed, "Why? Because the Syrians thought the land is theirs, so they wanted to drive us away. Do you know about the Six-Day War?" That's when I understood that the "nice guys" were Syrians.

The farm roads were very bumpy. With a jolt, I saw an

M16 rifle slide to my feet. Then, I noticed a magazine and some bullets. I was not afraid, but surprised. I remembered the history and the conflict of the Golan Heights.

The Jeep was still running. As we approached a flock of cranes, perched on a field of food, the driver turned on the loud-speaker. As we honked and yelled and made as much noise as we could, the frightened cranes returned to the sky and continued their migration.

Watching the flying birds, our jeep driver spoke about the relationship between nature and humanity. Humans collect resources from nature, and sometimes nature makes trouble for humans. In the conflict between humans protecting their crops and cranes stopping for a snack, everyone is innocent—both groups need to eat.

After driving the birds away, all the jeeps reunited in a field, beside a cliff. We took a moment to admire the view before being introduced to one of the other drivers, who had lost a leg to a Syrian landmine.

The soldiers shared their stories. After the Six-Day War of 1967, there were still some Syrian farmers living in the area. They had a contentious relationship with the Israelis. Both sides attacked one another, burying landmines, destroying farmland and killing

cattle. "Finally, we had to ask the army to drive them away." I thought about the cranes.

Israel is a tough place to live. When facing a difficult situation, the Israelis did what they needed to do to survive. So did the Syrians. War leaves people on every side of the conflict with regrets. Especially on the Golan Heights, an area bearing the weight of life and death, the border between right and wrong blurs. I can understand why our guide called the Syrians "nice guys". He didn't think of them as "the other". He wanted us, the next generation, to see them as people, not enemies.

Remembering the Golan Heights, a battlefield transformed into farmland, I recognize that turning swords into ploughs is difficult. But as a Jew, and a Jew-by-choice, I have a responsibility to help people achieve that dream.

—Chun Chen



Photos courtesy of Ellis Berman

Marvin Cooper: An Eye Doctor with an Eye for Photography

THERE ARE NOT MANY JEWISH OPHTHALMOLOGISTS IN

Canada; likely, they are a small fraternity. Even rarer are those eye doctors with an acquired specialty for focusing their vision on such remarkable photography. Possibly the only name on this list would be Dr. Marvin Cooper.

Cooper grew up in Toronto, in a home that he describes as an ardent Zionist environment. A framed copy of the Israeli Declaration of Independence given by Histradut hung proudly on the wall, inscribed with his father's name. That was the beginning of a passion for Israel and some of the photographs of Israel that came later in Marvin's life.

Besides his skill with a camera and his affection for Israel, Cooper also has a gift for working with his hands. Even back in high school, Marvin excelled in auto mechanics, machine shop and woodworking. From high school, he pursued a path to medicine and ophthalmology and practised in that area for 49 years, retiring only in 2019.

Over the course of Marvin's life, which later included his wife Mary, their three children and now eight grandchildren, Marvin had the opportunity to travel extensively all over Europe, parts of North Africa and Israel. Aside from his family, his constant companion was his camera. The camera showed his increasing admiration for the State of Israel, its development, its various peoples and the diversity of the cultures contained therein. Marvin was further aided by the fact that with assistance and encouragement from his family, he was able to travel within the state to visit and record sites most tourists and indeed native Israelis never see.

When it is all said and done, Marvin has accumulated thousands of images which reflect his strong feelings for the land and its citizens. Some of these images formed part of an exhibit showcased at Beth Tzedec—you've likely seen the striking photos along the walls as you walk to

and from the parking lot entrance. This wasn't Marvin's first exhibit at Beth Tzedec—it's his third.

When you study Marvin Cooper's photography, you will observe what has been expressed to Marvin on a number of occasions. People say "I cannot believe this is Israel. I have never seen it like this before." Marvin says that the objective in his photography is to illustrate the diversity of Israel, and not just from a Jewish perspective.

One way that he captures his subjects is with a wide angle lens, which allows him to shoot photos unobtrusively. Mostly however, he asks permission before he takes a picture. He does the majority of his work in black and white, which he feels gives a dramatic presentation.

Marvin says that what was once a hobby really became his pursuit in the last ten years—so much so, that he says it was like going back to school as he followed his passion, studying in earnest. He joined a group called the Toronto Focal Forum, set up for established and advanced photography enthusiasts. In addition, when Marvin showed me his workshop in the basement of his home for his photography, it was easy to see just how much he has invested in this life-long interest.

Take a good look at Marvin's work in the "Israel Images" exhibition. His work is of professional quality and I guarantee you will be mesmerized by many of his photos. It's worth a trip to Beth Tzedec, even if you do not attend a service. This retired eye doctor, Marvin Cooper, has an insightful eye for a photo opportunity. And he never misses an opportunity.—Gerry Posner



Limited
Spaces

Canasta and Mahjong Lessons

Are you interested in learning to play Canasta or Mahj? We are offering a new series of lessons in the summer and fall. For fee information or to register, please contact the Synagogue office at 416-781-3511 or info@beth-tzedec.org.

Refugee Sponsorship Fund

Campaign Launch: To save one life is to save the world.

IN THE WINTER OF 2015, A SMALL GROUP

of passionate Beth Tzedec members, supported by our clergy, partnered with Jewish Immigrant Aid Services (JIAS—a UJA-funded agency serving refugees and immigrants for almost 100 years) to take action on the Syrian refugee crisis. The goal was to help a family in peril find a safer life in Canada.

A member of this group had a colleague whose three sisters and their families were still in Syria and trying to leave. And so the process began. With the support of a generous community of donors from within and outside Beth Tzedec Congregation, we were able to raise funds and sponsor one of the sisters, her husband and three daughters. They arrived at Pearson Airport in September 2016 to an emotional family reunion and a welcoming committee from Beth Tzedec.

Three-and-a-half years later, all of the children are fluent in English. They excel at school, play music and sports and go to summer camp. The eldest daughter is graduating from high school this year and is applying to university to pursue her lifelong dream: a career in engineering. Her success is all her own, but we are grateful to have helped pave the way. Their lives would have been immeasurably different without the will and financial support of Beth Tzedec and the wider community.

Having seen close up the difference our efforts have made in the lives of the family we sponsored, and now armed with experience and inspiration, we are embarking on

another journey to sponsor a family in need of our help to come to Canada—for a safe and stable life where their children can thrive.

The Talmud teaches us that to save one life is to save the world. Help us to fulfill this responsibility and join our community of generous donors in changing the lives of another family in need.

How Can I Help?

Donate Today: The most immediate and effective contribution you can make at this time is financial. All contributions are tax-deductible. In keeping with the Government of Canada's requirement, we have committed to raising \$45,000 to sponsor a family of six for one year. We have already raised over one-third (\$17,000), but we need your help to achieve the \$45,000 goal this Spring.

You can donate via mail or in person with the form below. You can also donate by calling 416-781-3511 or online at www.beth-tzedec.org—select the “Donate” button at top-right, then scroll to the Refugee Program fund.

Tell Family and Friends: Please share this information with people you know and ask them to support this important initiative.

Join Our Committee: If you would like to take on a more hands-on role, join us. New members are welcome. Be prepared for an incredible experience! Please contact Bari Zittell at barizittell@gmail.com.

Who knows one?

BETH TZEDEC KNOWS ONE!

One refugee family, of two parents and three children, now well on their way to building independent new lives as Canadians, sponsored four years ago by generous members like you.

As we prepare to celebrate the Jewish people's exodus from slavery to freedom this Passover, please help us once again in the mitzvah of bringing a new refugee family from darkness to light.



Thank you for supporting the Beth Tzedec Refugee Sponsorship Fund.

Amount of Donation: \$ _____

Method of Payment: ☐ Visa ☐ MasterCard ☐ Cheque ☐ Send Invoice ☐ Stock Transfer
(Please make cheques payable to Beth Tzedec Congregation)

Credit Card#: _____ Expiry: _____ CVV/CVC: _____

Signature: _____ Date: _____

All amounts will be receipted to the maximum allowable by the Canada Revenue Agency (CRA).

The Value of Your Gift

Beth Tzedec is embarking on another journey to sponsor a family of refugees in need of our help as they make their way to Canada. Help us provide a safe and stable lifeline for those who need it most. We have committed to raising \$45,000 to sponsor a family of six for one year. You can make a difference in the life of this family for...

- \$18** one backpack or two lunch bags
- \$36** feminine hygiene products for two months
- \$72** school supplies for one child
- \$100** winter gear for one child
- \$150** TTC pass for one month
- \$180** winter gear for one adult
- \$360** groceries for one month
- \$500** linens and towels for a family
- \$650** cost for one adult to apply for Canadian citizenship
- \$1,800** phone and internet for one year
- \$2,500** rent for one month

Words from Our Community

“I felt that our Torah tradition called us to care for the stranger, our historical heritage demanded remembering our own migration and our mitzvah mandate prevented us from looking away from the socially marginalized. We might not be able to solve the totality of the refugee crisis, but we could act for one family to bring them from darkness to light and from slavery to freedom.

—*Rav Baruch*

“It’s important to be kind. This family needed help, and we helped them. If you were in the same situation, you would hope someone would do the same for you. It made me feel good to help.

—*Dori, teen who participated in previous family sponsorship*

“As the granddaughter of refugees, now in a position to help, I feel a tremendous sense of privilege and giving back through this work. My grandparents and great-grandparents went through so much so that I could have the life that I have today. It feels important that I use the privilege they created for me to help find a safer home for others. JIAS’s mandate of family reunification is one that I feel strongly about. Seeing the Farha sisters’ reunion at Pearson Airport in 2016 was a moment I will never forget and energizes me to continue with this project. Being a furniture importer, we thought furnishing their new home would give the family both comfort and a sense of finally being in a welcome environment.

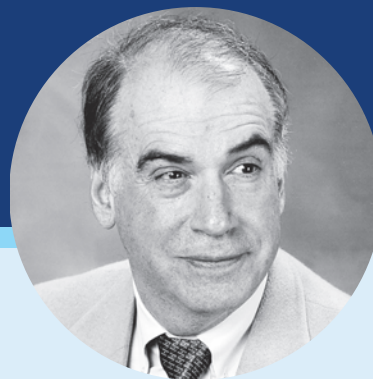
—*Lori and Marcia Nemoy*



The Refugee Sponsorship group hosted a “Macrame and Migration” evening at Mellah, a rug store, to learn more about Beth Tzedec’s latest initiative to aid a refugee family.

THE SAM & SARAH KERZNER AND JOSEPH KERZNER
HOLOCAUST MEMORIAL LECTURES
GUEST SCHOLAR WEEKEND

Professor Stephen Berk



Crisis and Hope: Jewish Life Today

THURSDAY, APRIL 23 AT 7:30 PM

The U.S. Election, Israel and the Jews: Oy or Joy?

This lecture is presented in partnership with Beth Emeth Bais Yehuda Synagogue (100 Elder Street, Toronto).

FRIDAY, APRIL 24 BEGINNING AT 6:30 PM

Old Wine in New Bottles

Kabbalat Shabbat Service, Dinner and Lecture

Cost: \$40 adults; \$18 youth (ages 5-14); \$6 children (ages 1-4). Dinner by RSVP only **by Friday, April 17.**

SHABBAT, APRIL 25— SERVICES AT 8:45 AM

The Resurgence of Russia

Pulpit Address with Question & Answer session following Kiddush

SUNDAY MORNING, APRIL 26

The State of Black Jewish Dialogue Today

Breakfast at 9:30 AM; Lecture at 10:30 AM

Everyone is welcome to the lecture at 10:30 AM. No charge.

Prof. Berk closes his scholar series with an engaging discussion. A complimentary breakfast with Prof. Berk is offered to members of Men's Club and Sisterhood. Those who are not members of Men's Club or Sisterhood can register for the breakfast—cost \$13. Limited seating; pre-registration required **by Wednesday, April 22.**

**For Friday dinner or Sunday breakfast reservations,
reserve online at www.beth-tzedec.org/login or
call the Synagogue office at 416-781-3511.**



Here, There and Back Again



Meet Roz Keyes, another talented member of the *Shir Hadash* Ensemble

ROZ KEYES BEGAN SINGING AT BETH Tzedec in 1993, under the musical direction of Gordon Kushner. Paul Kowarsky was the cantor at that time, and not long after Roz started, a fresh young rabbi named Baruch Frydman-Kohl appeared on the *bimah*.

The atmosphere at Beth Tzedec at that time was electric, with the young rabbi bringing a fresh perspective and Gordon and Paul making beautiful

music. Roz had recently converted and Beth Tzedec was teaching her so much about *neshama* (soul). Eight years later, after two daughters, two baby namings and a move to the east end of Toronto with another baby on the way, Roz made the difficult decision to leave Beth Tzedec and take up a position as cantorial soloist at a Durham region synagogue, B'nai Shalom v'Tikvah, where she still leads services throughout the year while

maintaining a modest career in opera and a full voice teaching studio.

In 2017, while performing in an opera premiere, Roz reconnected with Beth Tzedec through a friend who was singing here at the time. After a short meeting with Cantor Sidney, she was able to call Beth Tzedec home again and now enjoys the beautiful arrangements that Cantor Ezer writes for our *kehillah*.

Leining in Los Angeles

Beth Tzedec teen Dani Wohl shares her thoughts from USY's International Convention

OVER THE WINTER BREAK, FROM December 22 to 26, I had the pleasure of being one of the 11 participants from ECRUSY (Eastern Canadian Region USY) to attend United Synagogue Youth's (USY) 69th International Convention in Southern California.

USY is the United Synagogue of

Conservative Judaism (USCJ) movement's youth group that spans across North America, with Beth Tzedec's BTUSY chapter falling into the Eastern Canadian Region, (ECRUSY) of USY.

Over five days, we engaged in interesting learning sessions, participated in *Tikkun Olam* challenges,

toured all over sunny Los Angeles and met with over 300 other Jewish teens from across North America, forming incredible friendships.

It was an amazing week and we hope to bring that same USY *ruah*, spirit, to our chapter events and teen engagement at Beth Tzedec!

—Dani Wohl



Torah Fund

Women Ensuring Conservative/Masorti Jewish Education



A campaign to ensure our legacy to future generations of Conservative Jews by providing:

Rabbis
Cantors
Educators and Administrators
for Day Schools and Synagogue Schools
Synagogue Administrators
Social Workers
Scholars
Professional and Lay Leaders
Researchers

and more

You are Torah Fund at any level:

Keter Kavod	\$5,000
Scholarship Patron	\$2,500
Patron	\$1,200
Associate Patron.....	\$ 600
Guardian	\$ 300
Benefactor.....	\$ 180

Your Torah Fund contribution strengthens and perpetuates Conservative/Masorti Judaism throughout the world.



Receive the Torah Fund pin for 5780 as
OUR GIFT TO YOU
in recognition of your generous support.

Pin design by Eytan Brandes

Chesed

Chesed means "kindness" in Hebrew. The word can also be translated as "lovingkindness," to convey the deep love that animates Jewish acts of kindness, done without thought of reward.

The Bible has numerous examples of *chesed*, such as Abraham and Sarah welcoming three strangers to their tent in the heat of the day; Abraham's servant's prayer for a wife for Isaac, answered by Rebecca who offers water to him and to his camels; and Ruth, who shows loyalty and kindness to Naomi, adopting her religion and peoplehood, after Naomi has experienced great loss. The rabbinic tradition enacted many laws to formalize our commitment to kindness, making *chesed* one of the three central pillars of Jewish life, as Shimon HaTzaddik taught: "The world rests on three things, on Torah, on service of God, and on deeds of kindness" (Pirkei Avot 1:2).

The 5780 (2019-2020) Torah Fund pin depicts a heart surrounded by three circles, one larger than the next. This symbolizes the heart of kindness, which Jews enact in ever-widening realms of generosity: from family, to community, to the larger world; from North America, to Israel, to the world; or from sisterhood, to region, to the larger world of Women's League for Conservative Judaism. And as it is said in Psalm 89, may we build a world of kindness.

For more information, please contact Lynne Taradash at 416-781-3511 or lynnetaradash@icloud.com.

Out of the Cold 2019

The Out of the Cold Program is now in its 21st year of operation and we have nearly 175 people attending weekly. Sadly, the number of homeless people keeps growing due to the lack of affordable housing in Toronto. I am very grateful that we are able to make their lives a little bit easier by providing a nutritious meal, warm clothing, music, art and a warm place to sleep.

We have a nurse and community support workers on-site every week to help address their needs. For the first time this season, we will have a doctor from the Ophthalmology Outreach Program at St. Michael's Hospital to attend our site and offer eye exams to our guests.

We will be holding our 11th Annual Art Show and Sale at Beth Sholom on Sunday, March 29 from 1:00 to 3:00 PM. Our guests are extremely talented artists and this opportunity to tell their story and show and sell their artwork helps build self-esteem and self-reliance. Last year, the artists retained 90 percent of the proceeds from the sale, while the balance was used to help fund our program. Collectively, they earned close to \$7,000. Please mark the date in your calendar—it is truly a special afternoon.

Please consider choosing the Out of the Cold Fund when purchasing tribute cards at Beth Tzedec to honour or thank someone special in your life.

Mother's Day Chai Tea: Finding Your Bliss

Beth Tzedec will once again host a Mother's Day Chai Tea, with proceeds going to support Out of the Cold. With special guests Judy and Lily Librach, the May 10 event is themed around "Finding Your Bliss" and will include exciting games, wonderful raffles and a fabulous High Tea menu from Apex Kosher Catering. Be sure to join us for this memorable event!

Thursday Games Afternoon

Join us for an afternoon of Mahj and Canasta every Thursday from 12:30 to 4:00 PM. It is now in its sixth year and continues to attract upwards of 75 people weekly. All levels of players are welcome. Refreshments are served. For the cost of a toonie, you can help fund this activity as well as other *hesed* initiatives.

If you would like to play Bridge, please leave a message at the Synagogue office, as it has not been easy to put together a group for Bridge.

Mahj and Canasta Lessons

Mahj and Canasta lessons are offered at Beth Tzedec by Judi Rosen, who is a fantastic instructor. Spaces fill up quickly, so please call and leave a message at the office for more details. This program, be it lessons or free-play, is open to members and non-members alike.

—Maureen Tanz
Chair, *Hesed* Committee



SAVE THE DATE
MAR.29.20

BETH SHOLOM / BETH TZEDEC
OUT OF THE COLD
ART SHOW
1:00PM-3:00PM

ARTWORK IS FOR SALE & CREATED
BY ARTISTS FROM OUR SHELTER

1445 EGLINTON AVENUE WEST TORONTO

Anshe-eh Zafon (Lake Region)



The FJMC and Anshe-eh Zafon have had a busy few months.

The biggest push throughout all of the FJMC in the US and Canada has been to register people with Mercaz for the upcoming World Zionist Congress and in conjunction with all the branches of Conservative Judaism. This initiative has been very successful!

Locally, there have been a number of events at the various Men's Clubs such as the Sunnybrook Shabbat, World Wide Wrap, etc.

The regional retreat was held in December at Isaiah Tubbs Resort, near Picton, where we annually take over the resort for a weekend of *ruah* to spiritually recharge, relax and reconnect with our peers. This year

was notable for the fact the retreat was co-ed and in conjunction with Mercaz Canada. There were separate streams for workshops and learning, but we all came together for meals and services. Attendees came from across Canada and the United States and Rabbi Jennifer Gorman was our teacher-in-residence. For those interested, the Jewish trivia game was won handily by Cantor Zach Mondrow. Our own Don Smith and Allen Schacht competed. Allen didn't do too badly; Don was dead last!

The Leadership Development Institute (LDI) was held in January at the Pearlstone Conference Centre, north of Baltimore, with over 100 attendees gathered in a beautiful rural farm setting. There were four of

us attending from Toronto and others from all over the United States, including many new and younger members attending for the first time. Unlike in the past, the emphasis was not on content but on developing and reviewing leadership skills in a modern Jewish context. The entertainment following Havdalah was a "Tribute to the Catskills" improv show. Unfortunately, the Toronto contingent was once again dead last.

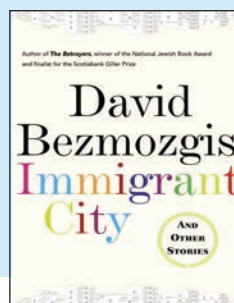
Keep your eyes peeled for future multi-shul events and news. Looking ahead to next year, we are already planning the International Convention in Chicago on the water and the Magnificent Mile on the July 4 weekend in 2021.

BETH TZEDEC CONGREGATION

Book and Film Club Selections 2019-2020

Wednesdays at 1:30 PM (Lunch at 1:00 PM)

\$25 per session at the door



APRIL 22, 1:30 PM

Immigrant City: Stories

Author David Bezmozgis discusses his latest collection

This award-winning author and filmmaker shares his latest work, a timely depiction of the plight of refugees and their quest to be members of a free world.

GENEROUSLY SPONSORED BY

Phyllis & Ab Flatt and Carole & Harold Wolfe

IN MEMORY OF

Max and Beatrice Wolfe

MAY 20, 10:30 AM

Precious Life

Dr. Juliet Helfield reviews Shlomi Eldar's documentary

Shlomi Eldar's documentary explores the attempts to save the life of a Palestinian boy in an Israeli hospital, a moral and political journey with epic implications.

GENEROUSLY SPONSORED BY

AMICA Retirement Residence



To register, please contact the Synagogue office at 416-781-3511 or info@beth-tzedec.org



Men's Club Makes a Difference

Celebrating Hanukkah at Sunnybrook

The Men's Club provided over 200 latkes with sour cream and apple sauce for the Sunnybrook Hospital Jewish War Veterans and their families at their annual Hanukkah party. Pictured are Jerry Grammer (Beth Tzedec Men's Club) with Hilda Harris and Harry Goldgrub of the Sunnybrook Jewish War Veterans Hospital.



Sunnybrook Shabbat—Saturday, May 9 at 10:00 AM

The Beth Tzedec Men's Club will once again hold a special service for the Jewish war veterans and residents of Sunnybrook Hospital. This abbreviated service takes place in the Sunnybrook Chapel (Building H), with an enhanced Kiddush following. Parking is free for participants. Join us in this intimate, musical and meaningful service while performing an important mitzvah. For more information, email Jerry Grammer at jaygeel937@gmail.com.

Men's Club Scholarship Program

The Beth Tzedec Men's Club is pleased to sponsor the annual scholarship program assisting young adults pursuing programs of higher Jewish education. For information or an application, please email Hersh Rosenthal at hershr@rogers.com. Deadline: April 7, 2020.

Membership Cards

Membership cards are being mailed to all new members. If you have misplaced, lost or did not receive your card, please contact Larry Rachlin at lrachlin@sympatico.ca.

EIGHTH ANNUAL
BETH TZEDEC MEN'S CLUB
GOLF
CLASSIC

Monday, June 1
DiamondBack Golf Club
13300 Leslie St., Richmond Hill

Chance to win fabulous prizes!
Registration deadline: Friday, May 22
Kashrut (dietary laws) observed.
Women are welcome!!

\$375 Golfer / \$1,400 Foursome

Sponsorship Opportunities Available
Call 416-781-3511 to register or learn more

With your support, the Beth Tzedec Men's Club provides seed and sustaining money for more than 22 programs and projects every year.



Programs with our *Shinshinim*

Beth Tzedec's *shinshinim*, Alona Laufer and Gal Goren, created a new series of interesting and engaging programs for adults and families, bringing a touch of Israel to Toronto. The first sessions have explored the array of Israel's winter holidays (December), Tu B'Shevat (January) and the culture and commercials of Israeli TV (February). Watch for their exciting programs coming soon.



Master Chef Yeladim

Kids in Grades 2 to 8 have been honing their cooking skills in the Master Chef *Yeladim* program, learning the art of Israeli cuisine. *Bete'avon!*



Teddy Bear Havdalah

On a cold Saturday evening in January, families with young children joined us for our super-special Superhero edition of Teddy Bear Havdalah. Then in February, JNF (Jewish National Fund) joined us for an engaging and informative Tu B'Shevat-themed program.



Clowns in the Making

Kids in Grades 1 to 8 had the opportunity to participate in an incredible mitzvah program, "*Clowns in the Making*". This special series taught these young participants how to transform themselves into colourful clowns and perform a special show at a local nursing home.



Tributes



Make a donation, send a tribute card and include your listing here to honour your friends and loved ones. For more information about tribute opportunities, contact Avital at 416-781-3511.

Betty & Sidney Troster Fund

Steven and Line Troster

Camp Ramah Scholarship Fund

Phyllis Flatt, commemorating the yahrtzeit of **Nettie Albert**.

Phyllis and Ab Flatt, commemorating the yahrtzeit of **Beatrice Wolfe**.

Daily Minyan Breakfasts

Earl Altman and family, commemorating the yahrtzeit of **Sonny Altman**.

An anonymous contribution, honouring those who sacrificed so much and those who keep the memory alive.

Sephi Band and family, commemorating the yahrtzeit of **Philip E. Band, QC**.

Rosalee Berlin and family, marking the conclusion of kaddish for **Dr. Seymour Berlin**.

Howard Black and family, commemorating the yahrtzeit of **Annie Black**.

Aaron Bodzin and Rabbi Robyn Fryer Bodzin, commemorating the yahrtzeit of **Bunny Bodzin**.

The Caplan Family, commemorating the yahrtzeit of **Leonard Caplan**.

The Cappe Family, commemorating the yahrtzeit of **David Cappe**.

Larry Chad and family, commemorating the yahrtzeit of **Lori Tanzer Chad**.

Dr. Leo and Bayla Chaikof, commemorating the yahrtzeit of **Harry Chaikof**.

The Cole Family, commemorating the yahrtzeit of **Sharon Cole**.

Dr. Perry and Shirley Cooper and family, commemorating the yahrtzeit of **Mervin Cooper**.

The Cummings Family, commemorating the yahrtzeit of **Dr. Anne Cummings**.

The Cummings Family, commemorating the yahrtzeit of **Michael Cummings**.

Harry Enchin and Susan Friedrich, commemorating the yahrtzeiten of **Lidia Friedrich** and **Jonathan Enchin**.

The Fox Family, commemorating the first yahrtzeit of **Howard Fox**.

Rabbi Robyn Fryer Bodzin, honouring her completion of *Daf Yomi*.

Shep and Lorraine Gangbar, commemorating the yahrtzeit of **Shepsil Gangbar**.

Rani Glick and family, marking the conclusion of *shloshim* for **Jonathon Glick**.

Sheldon and Judith Godfrey, commemorating the yahrtzeit of **Bert Godfrey**.

Sheldon and Judith Godfrey, commemorating the yahrtzeit of **Ruth Godfrey**.

Dr. Eudice Goldberg and family, commemorating the yahrtzeit of **Richard Goldberg**.

The Goodman Family, honouring the wedding of their daughter **Jaymee Goodman** to **Daniel Ozier**.

Roslynne and Harry Greenberg, commemorating the yahrtzeit of **Belle Korzen**.

Sheldon and Elaine Hildebrand, commemorating the yahrtzeiten of **David** and **Rae Hildebrand**.

Ronnie, Elana and Evan Hoffer, marking the conclusion of *shloshim* for **Sam Hoffer**.

Norman and Jackie Kahn, commemorating the yahrtzeit of **Rose Kahn**.

The Kirshenblatt and Halbert Family, commemorating the first yahrtzeit of **Dr. Ralph Halbert**.

Dr. Beverly Kupfert, commemorating the yahrtzeit of **Morris Kupfert**.

Nathan Lindenberg, commemorating the yahrtzeit of **Philip Lindenberg**.

Glennie Lindenberg and Morley Brown, commemorating the yahrtzeit of **Rose Brown**.

Ruthann and Lawrie Lubin and family, commemorating the yahrtzeiten of **Leo Joseph Cutler** and **Alta Miriam Cooper**.

Ruthe Mann and family, commemorating the yahrtzeit of **Dr. John Mann**.

Ruthe Mann and family, commemorating the first yahrtzeit of **Jeffrey Mann**.

Henia Miller, commemorating the yahrtzeit of **Meir Ambruski**.

Mary Richmond, Judi Alter and Susie Sokol, commemorating the yahrtzeit of **Andrew Mittelman**.

Stanley and Peggy Risen and family, honouring the marriage of their son **Benjamin Risen** to **Alyssa Slobodsky**.

Joseph Rosenthal, commemorating the yahrtzeit of **Diane Rosenthal**.

Joseph Rosenthal, commemorating the yahrtzeit of **Sam Rosenthal**.

Jacqueline and Mark Rother and family, commemorating the yahrtzeit of **Joyce McDonald**.

Soozi Schlanger, Goldie Schlanger and Chaja Grande, commemorating the first yahrtzeit of **Mary Miriam Aaron Schlanger**.

The Scoler Family, commemorating the yahrtzeit of **Renee Scoler**.

Alan and Faye Shiner and Fred and Benita Golt, honouring the birth of their granddaughter **Maya Frances Shiner**.

The Sobel Family, commemorating the yahrtzeit of **Lilian Fine**.

The Sobel Family, commemorating the yahrtzeit of **Meyer Fine**.

Eric Sobel, honouring the anniversary of his Bar Mitzvah.

Hope Springman and Ken Norwich, marking the conclusion of kaddish for **Annis Jeroff**.

Beverley, Susan, Beth and Gary Stern, commemorating the yahrtzeit of **Morton Stern**.

Reesa and Avrom Sud, commemorating the yahrtzeiten of **Louis Hotz** and **David Sud**.

Cynthia and John Warren and family, commemorating the yahrtzeiten of **Renee Borovoy** and **Samuel Borovoy**.

Cari Weiss and Rami Weitz, honouring the marriage of their son **Gabriel Weitz** to **Hannah Goldberg**.

Dot Whitehouse, commemorating the yahrtzeit of **Louis Whitehouse**.

Dot Whitehouse, commemorating the yahrtzeit of **Susan Layton**.

Sara Wunch Glick, commemorating the yahrtzeit of **Cypora Kamel**.

The Zabitsky Family, commemorating the yahrtzeit of **Haskell Zabitsky**.

Daily Minyan Fund

Rosalee Berlin, acknowledging **Cantor Deborah Staiman** in memory of **Bernard (Bernie) Staiman**.

Rosalee Berlin, commemorating the yahrtzeiten of **Anne Tennenbaum** and **Rose Berlin**.

Rose Sobel and Duke Segel, commemorating the yahrtzeit of **Bertha Chelin**.

Rose Sobel and Duke Segel, commemorating the yahrtzeit of **Gertrude Sobel McGrath**.

Jack Weisdorf, commemorating the yahrtzeit of **William Weisdorf**.

Jack and Judy Weisdorf, commemorating the yahrtzeiten of **Rose Weisdorf** and **Ethel Silver**.

General Fund

Murray Collis, commemorating the yahrtzeit of **Rick Collis**.

Irwin Glasberg

Shirley Grossman, commemorating the yahrtzeit of **Sam Berman**.

Jack Gwartz, commemorating the yahrtzeiten of **Sarah Gwartz, Sol Gwartz and Mary Raskin**.

Lou Hoffer, commemorating the yahrtzeit of **Sali Hoffer**.

Irving Matlow, commemorating the yahrtzeit of **Anne Climans**.

Susan and Norman Mogil

Hascal Rosen, commemorating the yahrtzeit of **Dr. Louis Julius Rosen**.

Sandra Rosen, commemorating the yahrtzeit of **Leah Zatz**.

Richard Seligman, commemorating the yahrtzeit of **Sidney Seligman**.

Orly Shinewald, honouring **Lorne Hanick**.

Dr. Harold Weizel, commemorating the yahrtzeit of **Zelda Weizel (Broudy)**.

Hesed Fund

Frances Ackerman, commemorating the yahrtzeit of **Sonya Ackerman**.

Frances Ackerman and Henry Einstoss, commemorating the yahrtzeit of **Jack Einstoss**.

Dr. Perry and Shirley Cooper and family, commemorating the yahrtzeiten of **Hyman Cooper and Nathan Korzenstein**.

Ruth Warner Hyman, commemorating the yahrtzeiten of **Gurion Hyman, Sarah and Samuel Warner, Fannie and Ben Zion Hyman and Roslyn Warner Savage**.

Marlene Laba, acknowledging **Cantor Deborah Staiman** in memory of **Bernard (Bernie) Staiman**.

Howard and Emily Snow and family, commemorating the yahrtzeit of **S. Milton Snow**.

Adrian Tenser and Helene Kerr, commemorating the yahrtzeit of **Henry Tenser**.

Howard (Hy) Cooper Trust Fund

David and Carol Grossman and family, acknowledging the family of the late **Joe Gerskup**.

David, Carol, Ari, Marissa and Yonit Grossman, acknowledging the family of the late **Agnes Klein**.

Jack and Sandi Grossman, acknowledging **Ronna Hoffer** in memory of **Sam Hoffer**.

Hersh and Cheryl Rosenthal, acknowledging **Ronna Hoffer** in memory of **Sam Hoffer**.

Jewish Family Living Fund

An anonymous contribution, honouring **Klara Romm** on the birth of her grandchildren.

Terri Humphries, acknowledging **Netta Zweig and Daniel Goldberg** in memory of **Fern Sharon Rowe**.

Aaron and Melanie Kohn, honouring the birthday of their daughter **Lily Kohn**, and commemorating the yahrtzeit of **Marty Kazman**.

Brenda Orser, commemorating the yahrtzeit of **Bryan Orser**.

Jonathan Kahn Memorial Fund

Janet Wortsman, honouring the memory of **Kelly Wortsman**.

Kaddish Fund

Ronna Hoffer, honouring the memory of **Sam Hoffer**.

Vardina Kaiman, honouring the memory of **Margaret Ungar**.

Kosher Food Bank

Rosylin and Gerold Goldlist, commemorating the yahrtzeit of **Zelda Goldlust**.

Ava Kanner-Tobias and Norman Tobias, commemorating the yahrtzeit of **Alexis Kanner**.

Leah and Israel Liquornik, commemorating the yahrtzeiten of **Ida and Phillip Turcowiz**.

Irving Matlow, commemorating the yahrtzeit of **Esther Matlow**.

Little Minyan Fund

Brenda Orser, honouring **Rabbi Rachel Rosenbluth** on her rabbinic ordination.

Debbie Rothstein and Michael Friedman, Emma and Zach, acknowledging **Dr. Sharon Kreidstein** in memory of **Irving Kreidstein**.



Hanukkiyah Workshop Beth Tzedec's 20s and 30s had the opportunity to make beautiful *hanukkiyah* glass creations with local artist Marcela Rosemberg.

Lorne Hanick Website Development Fund

Israel and Leah Liquornik, honouring **Lorne Hanick**.

Paul and Jodi Mandel, honouring **Lorne Hanick**.

Men's Club Scholarships

Jerold and Lillian Grammer, acknowledging **Ronna Hoffer** in memory of **Sam Hoffer**.

Elaine Marcus, commemorating the yahrtzeit of **Stanley Axmith**.

An anonymous contribution, honouring **Gary Elman, Lawrie Lubin** and **Barry Phillips**.

Music Fund

Joel and Linda Pearl, honouring **Allie Dennis** and **Asher Farber** on their marriage.

Out of the Cold Fund

An anonymous contribution, honouring **Rabbi Baruch Frydman-Kohl**.

Barbara Firestone, acknowledging the family of the late **Louis (Brock) Borochovitz**.

Barbara Firestone, honouring **Alice and Ed Backstein** on the Bat Mitzvah of their granddaughter **Abbie Backstein**.

Barbara Firestone, honouring **Cantor Deborah Staiman** for her hospitality.

Sally Gallinger, commemorating the yahrtzeit of **Harry Gallinger**.

Owen, Sandi, Justine, Gilad, James, Kyle and Taire Giddens, honouring **Lawrie Giddens** on the anniversary of his Bar Mitzvah.

Morice and Cynthia Glick, commemorating the yahrtzeit of **Reuven Glick**.

Nathan Greenberg and family, honouring **Rabbi Baruch Frydman-Kohl, Rabbi Steven Wernick, Rabbi Robyn Fryer Bodzin, Cantor Sidney Ezer** and **Lorne Hanick**.

Nathan Greenberg and Liane Greenberg, honouring **Lyon Wexler** on being named **Hattan Bereisheet**.

Marcy Greenglass, commemorating the yahrtzeit of **Harry Slotnick**.

Corinne Hart, acknowledging **Cantor Deborah Staiman** in memory of **Bernard (Bernie) Staiman**.

Cheryl Herman, commemorating the yahrtzeit of **Marilyn Herman**.

Gloria Houser, acknowledging **Carmi Liberta** in memory of **Freddie Liberta**.

Pearl Lipton-Silver, commemorating the yahrtzeit of **Toby Lipton**.

Harold and Ruth Margles, honouring **Rabbi Baruch and Josette Frydman-Kohl** on the birth of their grandson **Lior Yitzhak**.

Harold and Ruth Margles, wishing **Barbara Green** a *refuah sheleimah*.

Irving Matlow, commemorating the yahrtzeit of **Esther Matlow**.

Honey Milstein, commemorating the yahrtzeit of **Sarah Nisker**.

Saul and Ann Mimran, commemorating the yahrtzeit of **Elie Mimran**.

Ruth Nichols, commemorating the yahrtzeit of **Samuel Nichols**.

Helen Rosenbaum, honouring **Ruthe Mann** on her special birthday.

Lawrence Ross, commemorating the yahrtzeit of **Barbara Simon Mercer**.

Paul and Gella Rothstein, acknowledging **Lony Gropper** in memory of **Aurel Gropper**.

Paul and Gella Rothstein, honouring **Lynn and Skip Sigel** on their 60th anniversary.

Sheldon and Patti Rotman, acknowledging **Cantor Deborah Staiman** in memory of **Bernard (Bernie) Staiman**.

Sheldon and Patti Rotman and family, acknowledging **Melanie Steiner** in memory of **Emery Steiner**.

Sheldon and Patti Rotman and family, acknowledging **Marsha Urowitz** in memory of **Ernie Hurst**.

Sheldon and Patti Rotman and family, acknowledging **Neil Casselman** in memory of **Don Casselman**.

Sheldon and Patti Rotman and family, acknowledging **Rabbi Jennifer Gorman** in memory of **Rosalie Elkin**.

Jeanne and Irving Salit, commemorating the yahrtzeit of **Ethel Cooke**.

Jeanne and Irving Salit, honouring **Wendy and Irving Gold** on the marriage of their daughter **Ariane Gold** to **Jonathan Kosow**.

Soozi Schlanger, Goldie Schlanger and Chaja Grande, honouring **Lyon Wexler**.

Rose Sobel and Duke Segel, commemorating the yahrtzeit of **Gussie Sobel**.

Cantor Deborah Staiman, honouring **Lorne Hanick**.

Joseph and Elaine Steiner, acknowledging **Cantor Deborah Staiman** in memory of **Bernard (Bernie) Staiman**.

Joseph and Elaine Steiner, acknowledging the family of the late **Ethel Zemell**.

Joseph and Elaine Steiner, acknowledging **Janice, Isaac and Gabriel Stein** in memory of **Michael Stein**.

Melvin and Ruth Steinhart, acknowledging the family of the late **Freddie Liberta**.

Dorothy Tesis, commemorating the yahrtzeit of **Sarah Tesis**.

Dorothy Tesis and family, acknowledging **Milana Herzig and family** in memory of **Anne Kleiner**.

Barbra and Manle Walters, honouring **Clive and Janine Miller** on their special birthdays.

Prayer Book (HUmash) Dedications—Daily or Shabbat

Jeffrey and Phyllis Miller, honouring **Lenka Lichtenberg** on her Bat Mitzvah.

Prayer Book (Mahzor) Dedications—Daily or Shabbat

Norman Mogil and family, commemorating the yahrtzeit of **Ruth Mogil**.

Marilyn Seigel, honouring the memory of **Anne Sherman**.

Prayer Book (Siddur) Dedications—Daily or Shabbat

Pamela and Paul Austin, commemorating the yahrtzeit of **Fannie Cardish**.

Pamela and Paul Austin, commemorating the yahrtzeit of **Jennie Shoot-Austin**.

Liddy Beck and family, commemorating the yahrtzeit of **Mary Beck**.

Lynn Catzman and family, commemorating the yahrtzeit of **Marvin Catzman**.

Allan Goldstein, Michelle Glied-Goldstein and family, commemorating the yahrtzeit of **Herbert Goldstein**.

Shane Grosman and family, commemorating the yahrtzeit of **Ben Grosman**.

Noreen Kay and family, commemorating the yahrtzeit of **Gary Kay**.

Miriam Kerzner and family, commemorating the yahrtzeit of **Ethel Greenstone**.

Miriam Kerzner and family, acknowledging **Louise Starkman** in memory of **Steven Starkman**.

Susan Laufer and Barry Greenberg, commemorating the yahrtzeit of **Ida Laufer**.

Ellen and Alan Levin, commemorating the yahrtzeit of **Dr. Sidney Steinberg**.

Murray and Adrienne Levinter, honouring **Rhonda Burstyn** on her 90th birthday.

Claire and Dr. Newton Markus and family, commemorating the yahrtzeit of **Fannie Steinberg**.

Pauline Menkes and family, commemorating the yahrtzeit of **Jack Weintraub**.

Ruth Nichols, commemorating the yahrtzeit of **Carolyn Cronenberg**.

Esther and Victor Peters and family, honouring the memory of **Cantor Morris Goldlust**.

Dr. David and Shirley Promislow and family, commemorating the yahrtzeit of **Sam Promislow**.

Shirley and Dr. David Promislow, commemorating the yahrtzeit of **Corinne Gandler Koslovsky**.

Shirley and Dr. David Promislow, commemorating the yahrtzeit of **Israel Gandler**.

Shirley and Dr. David Promislow and family, commemorating the yahrtzeit of **Reva Gandler**.

Irene Reingold and family, commemorating the yahrtzeit of **Dr. Albert Reingold**.

Irene Reingold and family, honouring the memory of **Sali and Irwin Gilbert**.

Millard Roth, commemorating the yahrtzeiten of **Manuel and Juanita Roth**.

Paul and Gella Rothstein, honouring **Rhonda Burstyn** on her 90th birthday.

Marilyn Seigel, honouring the memory of **Anne Sherman**.

Renee and Robert Spiegel, commemorating the yahrtzeit of **Joseph Sananes**.

Beverley Stern, commemorating the yahrtzeit of **Myra Leeds**.

Dorothy Tessis and family, commemorating the yahrtzeit of **Dena Jean Tessis**.

Dorothy Tessis and family, commemorating the yahrtzeit of **Joseph Tessis**.

Dorothy Tessis and family, commemorating the yahrtzeit of **Zenek Wajgensberg**.

Ilana Valo, Josh, Jack and Cydney Silvertown, commemorating the yahrtzeit of **Sidney Valo**.

John and Cynthia Warren, honouring **Larry and Bonnie Moncik** on their 50th anniversary.

Eva Weisbrod, commemorating the yahrtzeit of **Dr. Wilfred Weisbrod**.

Rabbi Baruch Frydman-Kohl Endowment

An anonymous contribution, honouring **Aviva Chernick**.

An anonymous contribution, honouring **Rabbi Baruch and Josette Frydman-Kohl** on the birth of their grandson.

An anonymous contribution, honouring **Rabbi Robyn Fryer Bodzin** on completing her *Daf Yomi*.

Sephi Band, Jeffrey Mitz and Zoe Mitz, honouring **David Giddens** on his special birthday.

Janice Bennett and family, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Shirley Brazer, honouring the memory of her sister **Bessie (Betty) Schecter**.

Melvin and Sandra Brown, honouring **Rabbi Robyn Fryer Bodzin** on completing her *Daf Yomi*.

Rabbi Adam and Debra Cutler, honouring **Rabbi Robyn Fryer Bodzin** on completing her *Daf Yomi*.

Fred and Jocelynn Engle, honouring **Rabbi Robyn Fryer Bodzin** on being installed as Beth Tzedec's Associate Rabbi.

Fred and Jocelynn Engle, honouring **Rabbi Steven Wernick** on being installed as Beth Tzedec's Senior Rabbi.

Ab and Phyllis Flatt, acknowledging **Mark Grammer** in memory of **Karen Kadish**.

Ab and Phyllis Flatt, honouring **Rabbi Baruch and Josette Frydman-Kohl** on the birth of their grandson.

Michael Friedman and Debbie Rothstein, acknowledging **Cantor Deborah Staiman** in memory of **Bernard (Bernie) Staiman**.

Newton Glassman, commemorating the yahrtzeit of **Dr. Max Glassman**.

Morty and Elaine Goldbach, commemorating the yahrtzeit of **Jack Goldbach**.

Esther Hussman, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

Michael Katz and Deborah Nyman, commemorating the yahrtzeiten of **Blanche and Melvin Katz**.

Jerome and Pearl Kazdan, honouring **Rabbi Baruch Frydman-Kohl**.

Marlene Laba, acknowledging **Netta Zweig** in memory of **Fern Sharon Rowe**.

Marlene Laba, acknowledging **Rabbi Jennifer Gorman** in memory of **Rosalie Elkin**.

Marlene Laba, acknowledging **Shirley Brazer** in memory of **Bessie (Betty) Schecter**.

Harold Maltz and Dr. Sharon Kreidstein Mitch and Anne Max, honouring **Ilene and Stephen Flatt** on the birth of their grandson.

Irwin and Meirav Meisels, honouring **Rabbi Steven Wernick**.

Roslyn Mendelsohn, commemorating the yahrtzeit of **Fay Bigman**.

Hilda Mitz, wishing **Rabbi Baruch and Josette Frydman-Kohl** a happy new year.

Barry Oretsky and Paula Perlmutter Oretsky, honouring **Rabbi Baruch Frydman-Kohl** on his retirement.

John and Molly Pollock, acknowledging **Anita Kerzner and family** in memory of **Albert Kerzner**.

John and Molly Pollock, honouring **Rabbi Baruch and Josette Frydman-Kohl** on the birth of their grandson.

Debbie Rothstein and Michael Friedman, acknowledging **Lony Gropper** in memory of **Aurel Gropper**.

Debbie Rothstein and Michael Friedman, honouring **Rabbi Baruch and Josette Frydman-Kohl** on the birth of their grandson.

Debbie Rothstein, Michael, Emma and Zach Friedman, acknowledging **Michael Opler and family** in memory of **Gene (Eugene) Opler**.

Debbie Rothstein, Michael, Emma and Zach Friedman, honouring **Judy and Cliff Librach** on the engagement of their son **Max Librach to Sylvie Moscovitz**.

Debbie Rothstein, Michael, Emma and Zach Friedman, honouring **Rabbi Robyn Fryer Bodzin** on completing her *Daf Yomi*.

Jack and Marla Samuel, honouring **Randy Spiegel**.

Mildred Schwartz, commemorating the yahrtzeiten of **Jack Schwartz and Michael Meyerson**.

Lorne and Arlene Shillinger

Cantor Deborah Staiman, honouring **Rabbi Robyn Fryer Bodzin** on completing her *Daf Yomi*.

Cantor Deborah Staiman, honouring **Rabbi Steven Wernick and Rabbi Robyn Fryer Bodzin** on being installed as Beth Tzedec's rabbis.

Dr. Melvin and Ruth Steinhart, commemorating the yahrtzeiten of **Sam Siegel and Harry Steinhart**.

Beverley Stern, commemorating the yahrtzeit of **Morton Stern**.

Line Troster, honouring the memories of **Madeleine and Jean Jacques Veillant**.

The Valo Family, commemorating the yahrtzeit of **Sidney Valo**.

Felicia Valo, commemorating the yahrtzeit of **William Travis**.

Maxine Gallander Wintre, honouring **Paul and Gella Rothstein** on their grandson's Bar Mitzvah.

Refugee Sponsorship Fund

Edna Hussman, Ayal Lesh and Dori Hussman-Lesh
Esther Hussman

Victims of Terror Fund

Judith and Sheldon Godfrey,
commemorating the yahrtzeit of
Pearl Lester.
Zamir, Bella and Alexander Latipow,
commemorating the *yahrtzeiten* of Lea
Burstein and Albert Latipow.

David, Shayndelynn, Daniel and
Jonathan Zeldin, acknowledging Neil
Grammer in memory of Karen Kadish.

Yom Hashoah Candle Fund

Cathy Surdin and Lawrence and Brooke
Schiff, acknowledging Michael Lanys and
family in memory of Syd Lanys.
Dot Whitehouse, commemorating the
yahrtzeit of Béla Spiegel.

Young Professionals Fund

Ruth and Albon Garbe and family,
commemorating the yahrtzeit of
Esther Matlow.

Paul and Jodi Mandel, honouring
Yacov Fruchter.

**Youth Initiatives Fund in memory of
Adam Kruger**

Dorothy Tesis, honouring Bonnie and
Larry Moncik on the Bat Mitzvah of
their granddaughter.

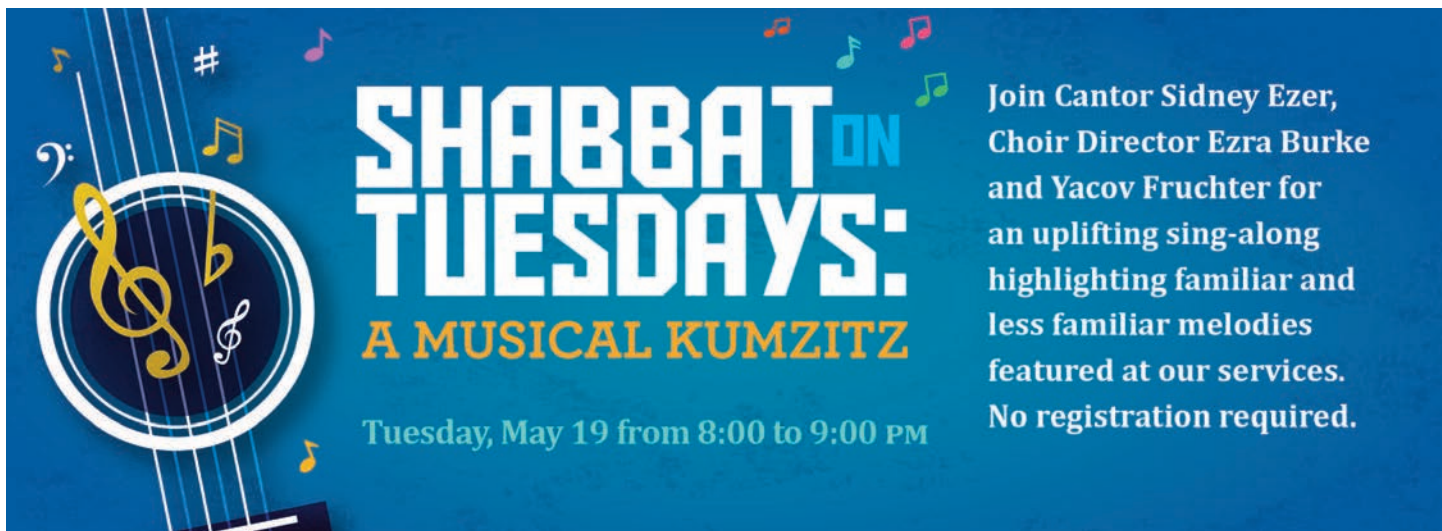
Greetings from Sisterhood

The Beth Tzedec Sisterhood wishes everyone a healthy and happy Pesah.

The Executive of the Sisterhood Board of Beth Tzedec would like to thank all our members for their continuing support. We look forward to hearing from you and seeing you at upcoming programs. Please check your *Bulletins*, Shabbat flyers and eblasts.

If you wish to get involved, please contact the office at 416-781-3511 and someone from our Board will contact you.

 BETH TZEDEC
בית צדק SISTERHOOD



**SHABBAT ON
TUESDAYS:
A MUSICAL KUMZITZ**

Tuesday, May 19 from 8:00 to 9:00 PM

Join Cantor Sidney Ezer,
Choir Director Ezra Burke
and Yacov Fruchter for
an uplifting sing-along
highlighting familiar and
less familiar melodies
featured at our services.
No registration required.

Weekly Games Afternoons

Thursdays from 12:30 to 4:00 PM

Join us every Thursday for a social activity program of Mahjong, Bridge and Canasta. All games are for beginners and seasoned veterans alike.

Cost: \$2 supporting *hesed* initiatives.



For information, contact the Synagogue office at 416-781-3511 or info@beth-tzedec.org

BETH TZEDEC SISTERHOOD'S Torah Fund Tribute Cards

Choose these beautifully illustrated cards when you honour, acknowledge or commemorate the memories of those who are most important in your life.



The Torah Fund tribute cards can be purchased individually at a cost of \$5 each or a selection of 5 cards for \$20*. To purchase, contact Lynne Taradash at 416-781-3714 or lynnetaradash@icloud.com.

The Beth Tzedec Sisterhood supports Conservative Judaism through its Torah Fund, the designated philanthropy fund of the Women's League for Conservative Judaism.

**Tax receipts will be issued for orders of \$20 or more.*

BETH TZEDEC
בית צדק SISTERHOOD

Condolences

The Congregation extends heartfelt condolences to the families of the late:

Catherine Adam
Mollie Alexandroff
Pat Angel
Benona Argintaru
Valli Jean Berman (Portnoff)
Marc Bernstein
Mary Bernstein
Don Casselman
Dr. Norman Epstein
Joseph Frieberg
Shirley Glatt
Julian Glazer
Rose Glazier
Stanley Griesman

Hannah Katz
Judith Kauffman
Ira Kaufman
Albert Kerzner
Henrietta Kostman
Irving Kreidstein
Penny Mogil Baum
Stanley Paul
Arthur (Art) Pollack
Fern Sharon Rowe
Ella Rutman
Alexander Rzhevsky
Bessie (Betty) Schechter
Stan Swartzman
Irene Tepperman

"May the God of mercy sustain and strengthen them in their sorrow."

Memorial Plaques

Plaques in honour of the following individuals will be installed in the Sanctuary:

Dr. Michael M. Abbott
Beatrice Bottler Solomons
Karyn Kalef
Blanche Helene Katz
Michael J. Landauer
Susan Layton

Barrie David Rose
Ruth Speyer
Sam Steel
Paul Gerald Walfish
Jack Winberg
Marilyn Winberg

If you wish to honour the memory of a dear one, a fitting, traditional and dignified remembrance is through a memorial plaque and lamp. Each plaque, bearing the name and *yahrtzeit* date, is mounted on a bronze tablet in the Sanctuary. The lamp is lit on the Shabbat of the week of the *yahrtzeit*, on the day of the *yahrtzeit*, and on the four festivals during the year when *Yizkor* is recited. To order a memorial plaque, contact Avital Narvey at 416-781-3511 or info@beth-tzedec.org.

Everything we do Today is for Tomorrow

Beth Tzedec has a number of opportunities for members wishing to support our *tzedakah* initiatives. Honour the memory of a loved one by making a contribution to one of our funds or sponsoring breakfast on a *yahrtzeit*. For a complete list of Synagogue funds, please call the office at 416-781-3511.

If you are interested in leaving a legacy for the Congregation to name a special project, youth program or adult education seminar, contact Randy Spiegel at 416-781-3514, ext. 211 to discuss these opportunities in confidence.

Yizkor Memorial Booklet

It is time to send information to include the names of your loved ones in the annual Yizkor Memorial Book used at Yizkor Services on Yom Kippur, Shemini Atzeret, Pesah and Shavuot for the years 5781. The cost is \$18.00 per memorialized name per household. Submission deadline: **Friday, July 3.**

Yizkor Memorial Booklet Donation

Make cheques payable to: Beth Tzedec Congregation
1700 Bathurst Street, Toronto, Ontario M5P 3K3
Phone: 416-781-3514, ext. 212 Fax: 416-781-0150
E-mail Terri Humphries: thumphries@beth-tzedec.org

Deadline: Please complete and return this form with your payment no later than 5:00 PM on July 3, 2020.

Beth Tzedec — Yizkor Memorial Booklet Donation Form



Listed Donors:

Tax receipt to:

Street address:

City:

Postal code:

Phone:

Email:

Total Donation* \$

Credit card:

☐

VISA

☐

MASTERCARD

Credit card number:

Signature:

Expiry date:

CVV:

***Note: \$18.00 minimum contribution per memorialized name.**

In order to acknowledge your donation in memory of your loved ones, please **PRINT** their names very clearly, in **English only**.

In Sacred and Loving Memory of:

Beth Tzedec's 12th Annual

Mother's Day Chai Tea

Finding Your Bliss

with Judy Librach and Lily Librach



Sunday, May 10, 2020

3:00 PM (Doors open at 2:30 PM)

Join Judy Librach, life coach and motivational speaker, as she shares her vision and inspires us all to get one step closer to finding our bliss!

Lily Librach, singer and dancer, will share her vocal talents as we enjoy our annual Chai Tea.

Cost: \$48 women; \$30 young women (ages 13 and younger).

RSVPs required via www.beth-tzedec.org/login or
call 416-781-3511 by Monday, May 4.

All proceeds help support Beth Tzedec's Out of the Cold program.

*Special thanks to the Pollock and Gold families for their sponsorship
in memory of Ricky Pollock ^{z"l} and presented with support from the
Beth Tzedec Sisterhood and Men's Club*