



Beth Tzedec Small Groups Initiative

When many of us are itching to reconnect with our friends and form new connections, Small Groups are an opportunity to build new relationships and connect with other Beth Tzedec members.

SENIORS

Wise Aging: A Year of Contemplative Inspiration
Led by Lorraine Sandler
Tuesdays at 11:30 AM

Pilates Group
Led by Mia Rappaport
with Rayna Jolley
Tuesdays

Have You Dreamed of Writing Your Story? Let's Do It!
Led by Norman Bacal
Wednesdays at 3:00 PM

The Magical Memory Box Project
Led by Bernie Rubinstein
Thursdays at 1:00 PM

20s AND 30s

Advancing Your Career
Led by Norman Bacal
Tuesdays at 7:30 PM

Creating the Calendar: Expressing the Jewish Calendar Through Arts & Crafts
Led by Shimona Hirschberg
Tuesdays at 7:30 PM

Wisdom and Conversations with Our Elders
Led by Ben Murane
Wednesdays at 7:30 PM

Between the Lines: A Social Justice Book Club
Led by Leah Mauer
Thursday evenings
(first Thursday of each month)

Schvitz and Schmooze: A GTA Exploration Group
Led by Gaby Heymann
Sundays at 11:00 AM
(third Sunday of each month)

GENERAL

Around the Dinner Table
Led by Patti Rotman
Mondays at 5:00 PM

Chapters for Change: A Social Action Book Club
Led by Bari Zittell
Mondays at 7:30 PM
(every sixth week)

From Deborah to David: Governance, Personalities (and Problematics) in Ancient Israel
Led by Nira Kolers
Tuesdays at 2:00 PM

Paint Party
Led by Brianne Freedman
Tuesdays at 7:30 PM

Shmita and Land on Which We Sit: A Jewish Perspective on Land, Sustainability and Our Responsibilities as Settlers
Led by Corrine Hart
Tuesdays at 7:30 PM

The Good Life Conversations
Led by Pearl Gropper Berman
and Judy Moncik
Wednesdays at 7:00 PM

Caregivers Connect
Led by Anne Max
Wednesdays at 7:30 PM

Rabbi Sacks Reading Group
Led by Benji Shinewald
Thursdays at 7:30 PM

ZenTangle
Led by Bonnie Greenberg
Fridays at 1:00 PM

Health and Wellness for Today's Career Women
Led by Lisa Wall
Weeknights

BT Riders
Led by Reb Steve Wernick
and Alan Sless
Sunday mornings

New-ish Jewish Families/Parents Group
Led by Meredith Mednick
Fridays at 12:00 NOON

Parenting Teens and Tweens
Led by Dana Solnik
Mondays at 7:30 PM

Small Groups registration closes on September 30.

Click on the title of each Small Group for a full description and to register for the group.