# Wave Hello to Sukkot!

**Shake a lulav**–Be sure to order your quality Israeli lulav and etrog! Only \$40.00 per set.

Beginning on Thursday, September 19, bring your family and your lulav and etrog to shul, as we joyously march around the Synagogue in celebration of Sukkot. Children welcome!

Ordering Deadline Thursday, September 12

#### **Pick-up Dates and Times**

Tuesday, September 17 from 6:00 to 8:00 pm and Wednesday, September 18 from 8:00 to 10:00 am

□ Yes, I would like to be a part of this <i>Mitzvah</i> !		
Name:		
Address:		
Phone number:		
I would like the following set(s) of Lulav & Etrog: x \$40.00 per set		
Total cost of order = \$		
Please check one of the following		
□ Cheque enclosed – Make all cheques payable to <i>Beth Tzedec Congregation</i>		
□ Visa/Mastercard Card Number:		
Expiry Date:	Cardholder Name:	
	PLEASE PRINT NAME AS IT APPEARS	ON YOUR CARD
<b>Fax to:</b> 416-781-0150 <b>Email to:</b> info@beth-tzedec.org	Mail/Drop off to: Beth Tzedec Congregation 1700 Bathurst Street Toronto, Ontario M5P 3K3	<b>Order by Phone:</b> 416-781-3511

### This year, our High Holy Day Breakout Learning Sessions are



Join us for one or more of our new Hot Topics! interactive learning sessions and discussions led by dynamic professionals sharing their expertise on compelling topics connected to High Holy Day themes, Israel and issues confronting Jews today.

Check these out if you're looking for a meaningful break from Services. *Unless otherwise indicated, these sessions are open to everyone.* 

#### THURSDAY, SEPTEMBER 5 – FIRST DAY ROSH HASHANAH

For Parents of Children and Teens: Helping Our Kids Cope: Strategies for the New Year

Led by **Leanne Matlow**, educator, workshop facilitator and cognitivebehaviour counsellor

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Jewish history includes countless examples of coping with change. As the new year begins, we take stock as we consider the demands of the year ahead; busy parents and children face new pressures and anxieties. Leanne Matlow presents strategies to build resilience and manage change, based on her experience working with children and teens.

10:30 to 11:30 am Max & Beatrice Wolfe Library

#### How Can the Connected Generation Connect to Judaism?

Panel discussion with **Danny Richmond**, community activist and former Global Campaign Manager for the Tony Blair Faith Foundation, **Alexandria Fanjoy**, faculty member at TanenbaumCHAT, and **Rachel Rosenbluth**, Director of Education at Shoresh Jewish Environmental Programs Gen X and Y connect to each other and the world with ease, yet many struggle to find relevant and meaningful Jewish connections, thus facing the challenges of assimilation and alienation. Join three Beth Tzedec Millennials for a conversation about new ways to explore and act on your own values and interests within Jewish contexts, including through social activism, education, environmentalism and more.

Lower Hall 10:30 to 11:30 am

Infertility Then and Now: How Modern Medicine Might Have Helped Sarah and Hannah Led by Dr. Karen Glass, OBGYN at CReATe Fertility Centre

Both the Torah Reading and Haftarah on Rosh Hashanah focus on women who struggle with fertility. Join Dr. Karen Glass for a conversation about options available to women like Sarah and Hannah today and related questions concerning reproductive ethics and Judaism.

11:30 to 12:30 pm Lower Hall

## New Hot Topics! Learning Sessions 5774

#### FRIDAY, SEPTEMBER 6 – SECOND DAY ROSH HASHANAH

I am Canadian: How Can I Impact Israel? Panel discussion moderated by **Shoel Silver**, Chair, Committee on the Unity of the Jewish People, Jewish Agency for Israel, with **Rinat Dushansky-Werbner**, **Max Zworth, Connie Putterman** and **David Golden** 

Diaspora Jews often find it difficult to connect with Israel as our homeland, and with the broader Jewish world. Join members of our community who engage with Israel in a variety of ways as they discuss the challenges and sensitivities involved in building and participating in a long distance relationship with Israel and world Jewry.

10:30 to 11:30 am Lower Hall

#### Being a Parent: Approaches to Raising a Jewish Family Led by Lorraine Sandler, ECE Jewish Educator

Making your home a fulfilling Jewish environment for you and your young children can be challenging. Lorraine Sandler shares stories, strategies and advice for creating a loving Jewish home. New parents are encouraged to attend: Toys will be available for kids, or take advantage of our babysitting and youth programs (see page 13).

11:30 am to 12:30 pm Lower Hall

#### SATURDAY, SEPTEMBER 14 – YOM KIPPUR

## Repenting in Secret: Crypto Jews and Yom Kippur

Led by **Dr. Jill Ross**, Professor of Comparative Literature and Medieval Studies at the University of Toronto, and **Dr. Mark Meyerson**, Professor of History at the University of Toronto

During and after the expulsion of Spanish and Portuguese Jews in 1492 and 1497, many converted to Christianity, yet secretly maintained Jewish practices, some continuing to this day. Learn how these Crypto Jews (also referred to as "Marranos" and Conversos) celebrated Yom Kippur and other Jewish holidays, and what modern scholarship has uncovered about 500 years of hidden practice.

10:30 to 11:30 am Lower Hall

The Yom Kippur War: Its Impact on Israel 40 Years Later Led by Daniel Silverman, Beth Tzedec Director of Education & Family Programming

Yom Kippur 2013 marks the 40<sup>th</sup> anniversary of the Yom Kippur War which forever changed the Israeli psyche. Explore how Israel and Israelis have internalized the horrors of this conflict and the lessons learned from it, and how Yom Kippur plays a critical role in this self-reflection.

12:00 to 12:45 pm Lower Hall

## New Hot Topics! Learning Sessions 5774

#### For High School Students: The High School Experience: Canada vs. Israel

Led by **Maxwell Charlat** and **Emma Friedman**, 2013 participants in *Tikhon Ramah Yerushalayim* (TRY), the Ramah Jerusalem High School semester in Israel program, and our new Israeli *Shinshinim*, **Maya Schwartz** and **Barak Tal** 

On the heels of their transformative spring semester in Israel, Maxwell and Emma will share their perspectives on how the High School experience differs for Canadian and Israeli teens. Come hear them share their points of view on Israel, Jewish identity, leadership and social connections, in discussion with our Israeli *Shinshinim*, Maya and Barak.

#### 12:00 to 12:45 pm Max & Beatrice Wolfe Library

For University Students and Young Professionals: Confronting Evil in our World Led by Andre Ivory, former Youth Director of Beth Tzedec, now working and studying in Phoenix, Arizona

Why horrible things happen is a question we've tried to answer for eternity. Why is there evil? How do we respond to the evil we see in the world around us and the evil we battle within ourselves? Join Andre to explore our responsibility to acknowledge and counter evil forces in the world.

12:45 to 1:45 pm Lower Hall

#### Jonah and Human Nature: Forgiveness, Patience and the Irrationality of Anger

Led by **Andrew Goldstein**, MBA and researcher in mental health first aid for seniors

Commanded to deliver God's message of warning and love, Jonah chose to flee. Join Andrew Goldstein as he explores the philosophy and psychology behind the drama and dialogue between God and Jonah, highlighting inner human conflicts as well as themes of punishment and forgiveness.

#### 12:45 to 1:45 pm Max & Beatrice Wolfe Library

#### For Everyone During the Afternoon Break: Jonah: Judgment and Justice, Then and Now

Led by the Hon. Kathryn N. Feldman, the Court of Appeal for Ontario, the Hon. Edwin B. Minden, the Superior Court of Justice of Ontario, the Hon. Justice Jack M. Grossman, Ontario Court of Justice and the Hon. Justice Petra E. Newton, Ontario Court of Justice

Responsibility, judgment and forgiveness are key themes of Yom Kippur and the Jonah narrative. Four distinguished members of our congregation who serve in different levels of the judiciary will reflect on how these fundamental elements of the Canadian legal system are brought to bear in their courts and in the lives of the people affected by their decisions. This discussion will be moderated by Rav Baruch Frydman-Kohl.

4:00 to 5:00 pm Hendeles Chapel