

Bulletin

VOLUME 72, NO. 3 | ADAR 5783 • MARCH 2023 | WWW.BETH-TZEDEC.ORG

Celebrate

Purim, Passover and Israel's 75th birthday at Beth Tzedec!

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Bree-AH/ The Arts and Pray/Play Lab

Sundays, March 5, 12, 19 & 26 from 10:00 AM to 12:00 NOON

Join **Aviva Chernick**, Beth Tzedec's artist-in-residence and *shliḥat tzibur* (prayer leader), and **Ayla Lefkowitz**, spoken word artist, educator and social entrepreneur, for a four-part series exploring prayer and creativity.

What does this look like? We gather, singing simple, repeated melodies, incorporating silence and movement as we explore gratitude and praise in the morning prayers. For the second portion of the session, we are guided through an arts and crafts activity that allows us to reflect on our experience in prayer and express the prayers of our hearts.

No previous experience with Hebrew, prayers or arts practice is required for participation. Curious newcomers and experienced artists are all welcome.



Click **here** for info

"I was asleep but my heart was awake...the voice of my Beloved is knocking, let me in." –(Shir Hashirim 5:2.)



SONGS OF LOVE FROM SHIR HASHIRIM A Pre-Shabbat Concert

Friday, March 31 beginning at 5:00 PM

On this Shabbat before Pesah, we warm up our prayer space, our homes and our hearts with this pre-service concert, highlighting the beautiful poetry of *Shir Hashirim*—Song of Songs.

This musical event features Aviva Chernick, Beth Tzedec Artist in Residence, together with Cantor Sidney, percussionist Naghmeh Farahmand and other incredible musicians from the Global music community.

No charge, but reservations are requested **HERE**>>



Rabbi Steven Wernick

Israel, more than the Land, is the people, our people.

Yom Ha'atzmaut 2023

The Hebrew word Aatzmaut is a fascinating one. It can mean 'power' from 'atzum'. It can mean 'bone' or 'essence' from 'etzem'. It also can have the meaning of 'self-hood. My colleague and friend Rabbi Steven Lindemann suggests, therefore, "that Ha'atzmaut is really about having a powerful sense of who you are, feeling in your bones a sense of how essential Israel is to your identity".

As we approach Israel's 75th Yom Ha'atzmaut, Rabbi Lindemann's interpretation of its meaning poses an interesting question for us: How do we explain what Israel means to us, to our sense of self?

I was born June 29, 1967, three weeks after the Six Day War. I have never known a world without Israel nor one in which Israel was not militarily strong and capable of defending itself. My first personal recollections about Israel centre on my parents' concerns for it during the Yom Kippur War, but even then, Israel was able to turn the tide and emerge victoriously.

My first actual memory of Israel was the Raid on Entebbe. Israel was more



than just strong, it was a super hero.

Israel is, of course, much more than a powerful nation. My first trip to Israel was when I was in college. I went with Volunteers for Israel and checked Kitbags for the IDF. On that trip, I remember visiting the Kotel. As my knees began to buckle, overwhelmed with standing before the last remnant of the Temple in Jerusalem, I felt as if generations of Jews before me were holding me up. It was a powerful feeling of connectivity to our past, present and future; thousands of years of Jewish history and hope.

That was 1988. Since then, I have lost track of the number of times I have been to Israel, leading groups, on solidarity missions and for vacation. Israel is where I've lived and learned, walked the Herodian Road from the Second Temple period barefoot, participated in an archeological dig, hiked the Arbel, swam in the Kineret and the Dead Sea, traced the steps of Abraham and King David, taught *Mishneh* in Tiberias where it was codified and so much more.

Israel is where I've visited victims of terror, comforted children in bomb shelters, volunteered at food banks and institutes for education, worked for the Jewish people and negotiated agreements with the government.

Israel, more than the Land, is the people, our people. My engagement with Israel over the years means that I have acquired more than a few friends. I continue to watch their families babies being born, teenagers entering the IDF, marriages and loss. I talk to everyone (drives my kids bonkers that I do!) and form lasting relationships with shopkeepers, soldiers, teachers, rabbis, politicians and thought leaders. It's so easy because we share a common history, culture and religion. Being in Israel is like being among family.



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To contribute your news, congratulations, member updates or other listings, send an email to thumphries@beth-tzedec.org, call 416-781-3514, ext. 212 or fax 416-781-0150.

CONTINUED Rabbi Steven Wernick



When each of my kids were 5 to 7-years-old, I took them to Israel for two weeks alone. Alana understood the notion of Jewish Peoplehood right away. We were walking to a friend's house for Shabbat dinner. It was a 30-minute walk so I made sure we went to the washroom before leaving. Just ten minutes into our walk and of course, she needed the washroom. What were we to do?! Alana looked at me and said, "Abba, don't worry. We are in Israel. I'll knock on someone's door and they will let me use their washroom."

She got it! Being part of a people, means your part of a family and are never truly strangers. Even more importantly, if you are in need, your People will be there. That's an essential element of Israel—the Land and the People.

In my *iEngage* class, we recently discussed *The Israel We Imagine*. Rabbi David Hartman^{z[¬]} argues that Israel represents an opportunity for the Jewish People to actualize Jewish values in a public square. And that requires us to juxtapose our ideal imagination of Israel with the actual power and the challenges of sovereignty. That's messy. But's that's also why Israel has become essential to my sense of self, to who I am.

I can think of no better way to celebrate Israel's 75th Yom Ha'aztmaut than to be there with our UJA Federation community. And again, for my nephew's becoming bar mitzvah in June. It will be his first trip. I hope as a result Israel will become part of his essence, too.

How is Israel essential to your sense of self? Send me a note (rebsteve@beth-tzedec.org) or post a picture and message on our Instagram or Facebook pages.

Happy Yom Ha'atzmaut!

BT Generations Membership

Our new, NO-FEE membership for those under 40.



Click here for more info.



Patti Rotman

Have you taken the time to peruse our shul calendar lately? There are so many inviting and engaging programs to enjoy.



Meeting the Challenges of an Active Community

Living in Toronto my entire life, I have never been one to love the cold. As the seasons change, it is like a calendar for my soul. I'm reminded that much is shifting around me which represents a time of refreshment, renewal and optimism. Regardless of the current weather outside, I feel a sense of rejuvenation in my spirit knowing that Summer is just around the corner. As I experience these thoughts of renewal, I feel reminded of the many celebrations the Jewish people have to look forward to.

On March 6, we will celebrate Purima holiday that encompasses unity, family and togetherness. We remember the important message about triumphing over adversity and the bravery of Queen Esther. In early April, we will celebrate Passover and at our seders commemorate the exodus of the Jewish people from slavery and their captivity in Egypt. On May 8, we will celebrate Lag Ba'Omer. Although this holiday has come to symbolize the resilience of the Jewish people, we cannot forget the important practice of counting the omer-the 49-day period between Passover and Shavuot. And finally, on May 25, we will celebrate Shavuot. While we commemorate the anniversary of the day Hashem gave the Torah at Mount Sinai, it also marks the conclusion of the counting of the omer. For many, it is the holiday we associate most with eating cheesecake!

We have all been witness to the increased costs around us. Exacerbated by supply chain issues, we've all experienced significant increases in the price of eggs, lettuce and other grocery items. To be transparent, keeping our doors open for our members to take advantage of and participate in activities 365 days a year does have a cost. Your continued support ensures we can persevere with important work to provide vast programming, maintain our security to the highest level, facility maintenance and much needed improvement costs. The safety and well-being of our members and staff is our primary concern. With that in mind, when your membership contribution renewal arrives, please do not hesitate to respond promptly.

Our *kehillah* is so fortunate to have a devoted Spiritual Leadership Team and a lay leadership that is equally as hard-working. We are a well-oiled team collaborating on a daily basis offering the finest of programming, diversity in service options and meaningful pastoral care. At our shul, our calendar is filled with a multitude of options for every age and stage, both in-person and virtually. Whether you join us three days a week or three times a year, we are always available for programming engagement, services and pastoral care.

Have you taken the time to peruse our shul calendar lately? There are so many inviting and engaging programs to enjoy. From Babies, Blessings and Shabbat Fun to Mizmor Monthly with Cantor Ezer and Asher Farber, monthly book and film clubs, and the incredibly well-attended 20s & 30s and Family Shabbat dinners. Our Small Groups programs are still a huge success. If you haven't yet had the experience, think about joining one in the early fall. I invite you to come to a program, get involved and strengthen your mental and spiritual well-being with everything our kehillah has to offer.

CONTINUED Patti Rotman

In early 2023, our Engagement Rabbi/Cantor search committee, expertly led by Leah Mauer and Sherri Storm, interviewed candidates for the position. The role of the Engagement Rabbi/Cantor will focus on engaging our Generations families and young adults. Our community is growing, and this position will work collaboratively with our current Spiritual Leadership Team and staff to engage this cohort. I hope many of you participated in the two separate weekends where we warmly welcomed them into our home. I'm certain you are just as excited as I am to meet the successful candidate in July.

I am delighted to share that we have filled the role of Director of Development. Please help me in welcoming Jonny Ain to our Beth Tzedec family. Jonny has many years of experience in and a unique understanding of fundraising in the Jewish community and possesses the creativity, energy and leadership skills to work with us to hone our and execute our strategic plan with a particular interest in sponsorships, donor growth and our philanthropic landscape.

I would also like to welcome Evon Kassabian to our shul as Executive Assistant. Evon is a wonderful addition to our administrative team providing a high level of support to our new Executive Director, Phil David.

On behalf of our shul, I would like to wish Rabbi Robyn Fryer Bodzin a meaningful experience as she will be a Spiritual Leader for this year's March of the Living.

The High Holy Days are just six months away. While it may seem premature to mention, it's important to note that the professional and lay leadership of Beth Tzedec continue to work diligently to be creative, fiscally responsible and responsive to the needs of the entire Congregation. By beginning High Holy Days planning early, you can be assured of an experience just as meaningful as 2022!

Did you know that Rabbi Wernick celebrated his fourth anniversary at

Beth Tzedec on February 1, 2023? May he continue to lead our Congregation for many years to come.

Please join me at 7:30 PM on Tuesday, May 23, 2023 for our Annual Meeting in the Mezzanine Hall. All members in good standing have a voice and a vote and are invited to attend the meeting. I look forward to your participation.

In a few short months, Israel will celebrate its 75th birthday. As Theodor Herzl taught, "if you will it, it is no dream." As Israel continues to develop, flourish and grow, we celebrate both the complexity and beauty that is our modern Jewish state. Let us say a *l'chaim* to its multiculturalism, world-leading innovations and most of all, its resilience.

May we be strengthened and comforted by all that enables our community to grow and thrive. *Am Yisrael Chai!*

> L'shalom, Patti

Megillah + Tequila A Purim Speakeasy for 20s and 30s

MONDAY, MARCH 6 AT 8:00 PM

ERGYS COFFEE TILL COCKTAIL (1008 EGLINTON AVE W)

Beth Tzedec 20s and 30s invites you to a Megillah + Tequila Speakeasy. Join us for a night of scrumptious eats, soulful beats and lots of Purim surprises. A full Megillah reading will be held at Beth Tzedec beginning at 6:45 PM.

Cost: \$30; includes two drinks and food. Register here



Purim Carnival and Abridged Megillah Reading

Monday, March 6 from 4:30 to 6:30 рм

Join the fun at our annual Purim carnival! Kids of all ages will enjoy carnival booths, bouncy castles, a toddlers' play-zone and more! An abridged Megillah reading will take place from 5:15 to 5:30 PM (A full Megillah reading begins at approximately 6:40 PM).

No charge for activities; kids dinner (pizza) will be available for purchase. RSVPs requested at HERE.



The Whole Megillah

Monday, March 6 at 6:45 рм Tuesday, March 7 at 7:30 ам

Grab your groggers, get in costume and come join us for a festive, fun reading of *Megillat Esther*... the whole megillah including musical interludes from professional musicians!



Purim Trivia Night

Monday, March 6 at 8:00 рм

Following the Megillah reading, join us for a light dinner, adult beverages and trivia! Individual and team sign-ups are encouraged!

Cost: \$15 per person (includes dinner and two drinks). Pre-registration required **HERE**.





Phil David

I am still new enough to say I'm blown away by all that Beth Tzedec has to offer.



The Other 362 Days

I am very proud to say I work at Beth Tzedec. Ours is a thriving shul. Driven by a strategic plan and a mission to inspire and enable our community to live meaningful Jewish lives ... and coupled with the launch of the Generations Membership initiative on top of a stable membership base, we all should be full of pride when it comes to our shul. I give a ton of credit to Beth Tzedec's long line of leaders and visionaries over the past (almost) seven decades.

We know we can never rest on past laurels. As we read about the unfortunate demise of other shuls through closures or mergers—here in Toronto and across North America—we know that Beth Tzedec must continue to innovate to attract new members while staying true to the core values that resonate with our longest-tenured members. It's a challenging and sensitive balance but as a newbie who has been here for seven months observing our SLT, Executive Committee and Board at work, I am confident your shul is in good hands.

This leads to the age-old question—or at least the one that has been emerging over the last few decades as Jews increasingly explore *a la carte* options to express their Judaism instead of belonging to a congregation. That question is, "If I only come to shul for the High Holy Days and the occasional service or to observe a yahrtzeit, why should I pay to belong?" I have to admit, for a period, I was one of those 'skeptics' so I get it, but now I 'live' the other side.

I suppose we must first ask what the value of a synagogue is to be Jewish. We all have our own reasons, and many have written about this much more eloquently than I certainly can. So, all I can do is share on a personal level and perhaps I can encourage you to reflect similarly. I look back to my time growing up in a small shul in Sydney, Nova Scotia. Not surprisingly, the synagogue was the central part of our Jewish lives because we lived in a town that was anything but. It was the place where I 'felt' the most Jewish, where I felt a very different bond with the kids I would sneak out of services with versus my school chums or hockey buddies. And here I am, 40 years later with the privilege of being a part of one of North America's largest (if not the largest!) shul, and it still feels the same way.

Beth Tzedec appears large from the outside, but I am beyond sold on its magical powers to connect, to help one feel part of a bigger community where we all share the commonality of being Jewish—just like the tiny shul I grew up in 2,000 kilometers to the east.

Whether it's everyday life like a minyan breakfast, card game or tots program, or a milestone moment like a baby naming, bar mitzvah or wedding, it really isn't a cliché to say that Beth Tzedec has something for everyone. Whether you want to worship, study, or just be part of a like-minded community, we've got it!

Our members get to choose how integrated they wish to be in a community such as ours, but if you're not sure, ask us to suggest how you can become involved. The benefit of being large is the sheer volume of opportunities to get involved on as small or large a scale as you wish.

And since nothing in life is free as the saying goes, yes, there is a cost to being a Beth Tzedec member. Whether you attend weekly, monthly, or for the High Holy Days only, your membership contribution is vital to the long-term sustainability of the synagogue. Your contribution helps to maintain a 70year-old facility, cover the cost of utilities, employ top-notch ritual and administrative staff and facilitates the delivery of a broad swath of programs for every demographic and age cohort.

I am still new enough to say I'm blown away by all that Beth Tzedec has to offer. If your priority is to join us for worship, we have services day and night, seven days a week. Want to learn? Join a study group. If the ritual angle is not your thing, attend a program, join a Small Group or share your career expertise ... If you are a lawyer, social worker, writer, accountant, software/app developer— the list goes on and on—we can always use help with a project, a program or finding the solution to a problem.

Tapping into what you know best may be your natural entry point into synagogue life versus the traditional worship path. If you are trying to find better value in your shul membership, please connect with us and I'm sure we'll be able to help you find a way.

Changing subjects for a moment ...

After referencing the massive contribution of our SLT, Executive and Board above, I would be remiss if I did not give a huge shout-out to the team I work closest with in Administration. We don't have a hip name yet like the SLT (working on it!), but I can say with confidence—because I witness it every day—that our members are in great hands with the incredibly hard-working gang who are here to serve you day-in and day-out. A massive thank you for all your efforts—Hadassah, Joven and Aida; Evon, Avital, and Karen; Terri, Klara, and Dorion; Brian and his team; and Daniel, Yuri, Penina and Sylvie who straddle across departments. Todah Rabah and Kol Hakavod.

We always strive to do and be better. If you have suggestions, please connect with me or a member of the team. The 'freshest' eyes belong to our members and if there is an improvement opportunity to make your experience at Beth Tzedec more meaningful, we are all ears.

You can contact Phil David by email at PDavid@beth-tzedec.org or by phone at 416-781-3514, ext. 211.

BT Book & Film Club Series

Wednesday afternoons at 1:30 PM

SPRING SESSIONS

MARCH 22 Wan

Dr. Nora Gold will be in conversation with author Dawn Promislow

Narrated in a completely distinctive and mesmerizing voice, Wan is the story of Jacqueline, a privileged artist in 1970s South Africa. After an anti-apartheid activist comes to hide in her garden house, Jacqueline's carefully constructed life begins to unravel.

APRIL 19 Don't Ask

Led by author Gina Roitman

Don't Ask poses the question: who packed the suitcase we carry from birth? In this literary thriller, a woman agonizes over her Holocaust Survivor mother's suicide and is thrown into turmoil over her own attraction to a German.

MAY 17 My Polish Honeymoon

Led by Dr. Gillian Helfield

Don't

Gina Roitman

In this French film, Anna and Adam, a young couple from Paris with Polish-Jewish origins leave for the first time of their lives in Poland. If Adam is not very excited about this trip, Anna is excited to discover the land that is also her grandmother's.

Cost per session: \$10 online; \$15 in person (In-person programming includes snacks). Pre-registration required via Shulcloud.

The Spring Series is sponsored by Reuben Cipin Healthy Living Center, 2 Neptune and Baycrest Terraces

Making a Minyan WhatsApp Group

Join Our WhatsApp Group and Help Us Make a Minyan

Do you live in the shul neighbourhood? Please join our new WhatsApp Minyan Group to help us ensure a minyan when we are short. Once a week, once a month—it's really up to you!

You will fulfill several *mitzvot*. You will make a minyan. You will give yourself time to engage with God. You will enable others to recite Kaddish. And you will strengthen our Beth Tzedec community by getting to know more of our members. It's a win-win-win! And did we mention the free breakfast?

It's easy to join. Click this **LINK** to join the WhatsApp Minyan distribution list.

Yizkor Memorial Book

It is time to send information to include the names of your loved ones in the annual Yizkor Memorial Book used at Yizkor Services on Yom Kippur, Shemini Atzeret, Pesaḥ and Shavuot for the year 5784. The cost is \$18.00 per memorialized name per household. Submission deadline: **Friday, July 14**.

You can submit your Yizkor Memorial Book listing by completing this online form or you can phone or contact Terri Humphries at 416-781-3514 ext. 212 or thumphries@beth-tzedec.org.

Deadline: Please complete and return this form with your payment no later than 5:00 pm on Friday, July 14, 2022.

Milestones and Celebrations

We can't share your good news unless you tell us about it. Send an email to thumphries@beth-tzedec.org or call 416-781-3514, ext. 212. Deadline for the next *Bulletin* covering June through August is July 21.



Births

Zev Quincy, son of Shai & Margeaux Freedman, grandson of Penina Hoffnung and Eli Freedman and Arelys & Ian Walcott, born **September 5, 2022.**

Owen, son of Dr. Joel Elman & Tarin Arenson, grandson of Bruce & Nancy Elman and Lenny & Rhona Arenson, born **November 26, 2022.**

Spencer Noah, son of Brittany & Justin Hennick, grandson of Reesa & Avrom Sud and Karrie & David Hennick, great-grandson of Martha Sud, Yetta Hotz and Sheila & Paul Roth, born **December 21, 2022.**

Theo Nikola, son of Simon Weisz & Katarina Zoricic, born January 19.

Weddings

Jodi Spivak, daughter of Allan & Elizabeth Spivak, granddaughter of Anna & the late Samuel Spivak and the late Fred & Shirley Drucker, and Michael Sugarman, son of Etta & Alan Sugarman, grandson of the late Sam & Pearl Sugarman and the late Joe & Anita Feldman, who will be married on May 28.

Congratulations to

Gertrude Diamond, who will celebrate her 100th birthday on April 10.

Sara Kachuck, who will celebrate her 101st birthday on March 8.

Dr. Morty & Gayle Eisenberg, who celebrated their 50th anniversary on December 17.

Murray & Adrienne Levinter, who celebrated their 70th anniversary on January 22.

Leslie Marmer, son of Adele Berenstein & Ken Marmer^{z¹}, and **Hannah Seligman**, daughter of Bill Seligman & Rabbi Dr. Gail Labovitz, on their engagement.



Dr. Jeffrey & Lynnda Pancer, on the recent bar mitzvah of their grandson **Jack Isaac Ray Rose**, son of Dr. Mitch Rose & Natalie Pancer, grandson of Clara Rose and the late Dr. Irwin Rose.

Many Thanks

Lorne Hanick, who sponsored a Congregational Kiddush on December 3 honouring his 50th bar mitzvah.

Supporting Our Refugee Family

Beth Tzedec is pleased to announce that our refugee family will be arriving from Ethiopia on March 9. Our priority is to find a two- or three-bedroom apartment and a doctor and dentist for the family. If you have any leads or would like to join our committee, please email **Yacov Fruchter**.

Barbra Walters and family, who sponsored a Congregational Kiddush on December 17 commemorating the first yahrtzeit of **Manley Walters**.

The Gordon Family, who sponsored a Seudah Shlisheet on February 11 commemorating the yahrtzeit of Robert Gordon.

The Iunni Family, who sponsored a Congregational Kiddush on February 25 honouring their son **Daniel Iunni** on his bar mitzvah.

Dr. Jeremy Rezmovitz & Ellie

Richmond, who will sponsor a Congregational Kiddush on March 11 honouring their daughter **Joely** Rezmovitz on her bat mitzvah.

Paul & Jodi Mandel, who will sponsor a Congregational Kiddush on March 18 honouring their daughter **Haylie** Mandel on her bat mitzvah.

Dr. Ryan & Jessica Rakowski, who will sponsor a Congregational Kiddush on April 29 honouring their daughter **Leah Rakowsk**i on her bat mitzvah.

Robert & Patricia Levy, who will sponsor a Congregational Kiddush on May 13 honouring **Samuel Levy & Vera Li** on their upcoming marriage.

Allan & Elizabeth Spivak and Alan & Etta Sugarman, who will sponsor a Congregational Kiddush on May 26 honouring Michael Sugarman & Jodi Spivak on their upcoming marriage.

Andrew & Alisha Rotstein, who will sponsor a Congregational Kiddush on May 27 honouring their son **Shea** Rotstein on his bar mitzvah.



TRIP DATES: July 2 to 26 or July 16 to August 10 Grades: Current Grade 10 & 11 students*

Beth Tzedec Congregation is excited to partner with UJA and USY to help Toronto teens save over \$5,000 for EPIC Israel trips this summer! In this unique three-week program, grade 10-12 students* will build a community, experience the Jewish homeland and enjoy everything the beautiful country has to offer. The experience of a lifetime awaits!

SAVE OVER

FOR EPIC ISRAEL THIS SUMMER!

CAD

To learn more about EPIC Israel and how you can save over \$5000 this summer, visit https://www.ecrusy.org/torontoisrael

*Grade 12 students are only eligible for \$1,600 in scholarship funds. *Precise trip and funding amounts are subject to change due to fluctuating exchange rate

This year, when you CELEBRATE • HONOUR • COMMEMORATE Choose 'Treasures of Beth Tzedec' Tribute Cards



Our 'Treasures of Beth Tzedec' series, by local photographer Darren Levant, beautifully captures signature architectural details, noteworthy art and precious artifacts—timeless treasures of our Congregation. The Tribute cards featuring general, lifestyle and holiday themes, with space to add your own personal message, are available as a set of 6, or as individual cards sent from the Synagogue office.

- Purchase a package of 6 cards for \$50, or \$10 for an individual card, and personalize and send them out yourself; or
- Call us to order cards at a cost of \$18 each and we'll inscribe and send them out for you.

All 'Tribute card' contributions are fully tax receiptable. For information or to purchase, contact the Synagogue Office at 416-781-3511 or info@beth-tzedec.org.

Mazal Tov to our B'nei Mitzvah

WHO HAVE COMPLETED OUR BAR/BAT MITZVAH PROGRAM



May 13 **Kaitlyn Walden** daughter of Amir Walden & Dara Schwartz

חיה פנינה בת אמיר ודבורה



May 25 **Shea Rotstein** son of Andrew & Alisha Rotstein

ישראל שמואל בן אלתר יעקב וצביה רחל



April 29 **Leah Rakowski** daughter of Ryan & Jessica Rakowski

לאה שרה בת חונא ראובן וחנה



May 22 **Jordyn Pasternak** daughter of Jonathan & Cara Pasternak

רחל בת יונתן ורבקה



March 18 **Haylie Mandel** daughter of Paul & Jodi Mandel

הכהן ויחיאלה

מיה בתשבע בת פישל מענדל



March 9 Joely Rezmovitz daughter of Dr. Jeremy Rezmovitz & Ellie Richmond

יעל חנה בת יעקב יוסף ורחל רייזל



May 20 **Talia Gordon** daughter of Jamey & Karen Gordon

ליאה ברכה בת אברהם יהושוע ושרה רבקה



May 13 Nathan Worth son of Jordan Worth & Liza Cooperman אביחיל בן ישראל וצביה



Rabbi Robyn Fryer Bodzin

My relationship to Israel has changed over the years. My eyes have been opened to just how complex the country is. But my love and connection and devotion remains.





Israel is in My Heart; My Heart is in Israel

Dear Friends,

When asked when he was going next to Israel, my Uncle Herb z^1 used to say he was going on the first. When prodded, he would then add, the first chance he got.

I live my life the same way.

Since I was 19 years old, when I first went to Israel and fixed carburetors at the Julis military base as a participant in the Sar-El Volunteers for Israel program, I have always looked forward to my return home. And yes, Israel feels like home.

Even when I vehemently disagree with decisions of its political leaders, my love for Israel never waivers. I have traveled to Israel many times, often multiple times a year. I have led trips, participated as a delegate in groups, studied, volunteered, created curricula and just been on vacation. Israel is my happy place. At my core, I am a Jerusalemite, but lately I have found a new love for Tel Aviv.

It is hard for me to pinpoint when I first fell in love with the country. It was definitely way before I first stepped off a plane, when I thought the whole country was sand and oranges.

Israel has always been an important part of my life. It is part of my family. Support for and visits to Israel are simply non-negotiable for the Fryers and the Bodzins. Due to the pandemic, three years have passed since I have been in the county, but I am returning in 2023 in a big way.

In February, I will be traveling with the Israel Bonds Rabbinic Delegation, and we will be meeting with leaders of multiple sectors and see a number of new-to-me spectacular sights. In April, after a week in Poland, I will spend a week in Israel as the Spiritual Leader of the March of the Living. And in July, I will study at the Shalom Hartman Institute.

In honour of Israel's 75th birthday, I want to share three precious memories of being in Israel.

1. My bat mitzvah on Masada. I was in my mid-20s and staffing the first ever Birthright Israel group. We offered all participants who never had a bar or bat mitzvah, the opportunity to be called for an aliyah on a Thursday morning atop Masada.

Growing up in a non-egalitarian environment, I never had one, so I decided to join the group. And so, I was called up to the Torah for the first time ever, on top of Masada, with a light drizzle falling from the sky. Whenever I return to Masada, I am transported back to that magical moment.

2. A number of years ago, I was a delegate on an AIPAC Progressive Rabbis trip. It was a challenging time.



CONTINUED Rabbi Robyn Fryer Bodzin

Missiles were constantly being fired at Israel from Gaza. The Iron Dome was working overtime. Early Friday afternoon, my group had a meeting in the Foreign Ministry. It did not make the international news, but the Iron Dome intercepted a missile that was headed for the government buildings in Jerusalem. After spending time in the "sealed room", we headed outside and saw the remnants of the Iron Dome, of a few clouds against a perfectly blue sky.

Later that night, we went to Friday services at Kehillat Zion. Out of relief and still in shock, my colleagues and I cried our way through Kabbalat Shabbat. I was pregnant at that time and petrified that the stress would cause harm. The opposite happened. Thank God.

3. For Israel's 70th birthday, three shuls in Queens, New York organized

a joint trip. Yom Ha'atzmaut began with prayer at the Southern Plaza of the Kotel. I was privileged to lead Hallel with intense spirit and *kavanah*. My husband and then toddler daughter travelled on that trip as well. It made Israel's 70th that much more special for me.

It is fair to say that I grew up with a romanticized understanding of Israel. As a student at Associated, I learned Torah and clung to verses like *Genesis* 17:8, where God said to Abraham: "I will give to you, and to your offspring after you, the land of your sojournings, all the land of Canaan, for an everlasting possession; and I will be their God."

Since I was a child, all I ever wanted to do was go see Israel with my own eyes. Once I started visiting, I could not stop. I still cannot.

My relationship to Israel has changed

over the years. My eyes have been opened to just how complex the country is. But my love and connection and devotion remains.

There are a lot of other places on this planet left for me to see, but I subscribe to the philosophy of Rav Nachman of Bratzlav who said: "Everywhere I go, I am going to Jerusalem." Sure, it would be nice to take two weeks this summer and see historical sites in Europe or hike awesome trails, but I want to experience summer in Jerusalem again. It has been too long.

There is a Tosefta text that teaches living in Israel is equal to all the *mitzvot* of the Torah. [*Avodah Zarah* 5:2] My life is exceptional and complete living in Toronto and serving as your rabbi. But maybe one day.

Happy 75th birthday Israel!

THE ULTIMATE JOURNEY OF CELEBRATION

ISRAEL TOUR UJA Israel 75: THE ULTIMATE JOURNEY OF CELEBRATION APRIL 24 TO MAY 1

Join us for an unforgettable journey!

Israel is reaching the milestone of its 75th anniversary in 2023 and we want you to join us for this historic celebration!

Beth Tzedec's **Rabbi Steven Wernick** and **Bernie Gropper** join the entire Toronto Jewish community to partake in this trip of a lifetime. With hundreds of other Jews from around the world, we'll celebrate everything Israel has to offer. From its natural beauty and beaches, world-renowned cuisine, inspiring leaders and innovators, and exciting nightlife, this UJA Mission will cover all areas of interest.

For information or to register for this incredible opportunity, visit **https://www.jewishtoronto.com/missions/israel-at-75**



Hazzan Sidney Ezer

For thousands of years up to and including the founding of the modern State of Israel, the land of Israel has been the object of countless poetry and song.

Cultivating the Melody of the Land of Israel at 75

"For each and every shepherd has his own unique *nigun* (melody), according to the blades of grass and the place in which he shepherds... Each and every blade of grass has its own song that it sings, its aspect of the Song of the World, and from the song of the grass is made the shepherd's song." This text is from Rabbi Nahman of Breslow. [Likkutei Moharan II, 63]

When Rabbi Nahman contemplated nature, he saw not only plants, animals and soil, but also as a source of spiritual inspiration. His teaching was the basis of Naomi Shemer's song *Shirat Ha'asavim*, which expresses a human being's yearning to feel the mystery inherent in nature and in the Land of Israel. The melody seems to echo within its listeners, lifting them to an experience of spiritual exaltation.

There is an inherent connection between shepherding and music. The source of this connection is the birth of the brothers Yaval and Yuval in *Genesis* 4:20-21. Yaval was the father of all who dwelled in tents, with flocks. His brother Yuval was the father of those that took up the harp and pipe.

As soon as there was a shepherd in the world, there were musical instruments. King David, who knew how to make music, was also a shepherd.

The shepherd has the unique ability to tap into the music inherent in the land. Rabbi Nahman explains it is because of the grass that grows from the land that the *nigun* did emerge, and because the shepherd knows the song, the Shepherd can endow the grass with energy, and then there is sustenance for the animals to eat.

In my previous article, I mentioned that the Hebrew root *zayin*, *mem*, *reish* from the word *zamir* has the meaning of "song" and connotes "pruning". Thus, we read in *Song of Songs* 2:12: "Blossoms have appeared in the land, the season of pruning/singing has come". Blossoms, therefore, grow in the earth because of the songs and *nigunim* that belong to them.

All the above texts come to mind for me as we mark Israel's 75th anniversary and cultivate all its blossoms. For thousands of years up to and including the founding of the modern State of Israel, the land of Israel has been the object of countless poetry and song. Israel's bounty, the native produce of the land is, in essence, a melody.

Rabbi Nahman in his commentary on Genesis 43:11 teaches that when Jacob sent his sons with gifts of Israel's harvest to Joseph in Egypt, he sent with them the melody of the land of Israel. Thus, he said to his sons, "Take from the bounty (*zimrat*) of the land, into your vessels," that is, they took the essence of the land's melody (*zimrat ha'aretz*) with their vessels.



CONTINUED Cantor Sidney Ezer

Each of the gifts Joseph's brothers brought down to Egypt—the balm, honey, aromatic gum, resin, pistachio and almonds—are kinds and types of melody, since a melody is made from what grows from the land.

This imagery of the land's melody is also captured in songs like *Shir HaEmek*, *Song of the Valley*. Originally created by Daniel Sambursky for a short film titled "The Land of Promise" released in 1935, the song refers to the Jezreel Valley in Northern Israel. This region is home to some of modern Israel's earliest agricultural settlements, such as Nahalal and Ein Harod, founded in the aftermath of the First World War with the rise of the Jewish National Movement. It symbolizes the revival of the Jewish nation and the victory of man over nature.

The words are by Nathan Alterman, a prolific poet, playwright and satirist who created the lyrics to Sambursky's pre-existing melody. "The sea of grain stalks dances, the song of the valley rings. These are my country and its fields. This is the Jezreel Valley. Blessed and praised be my land, from Bait Alfa to Nahalal."

As we cultivate the melody of Israel at this significant milestone in its history, may it continue to inspire us as it did Naomi Shemer when she sang: "How beautiful and pleasant to hear their song, to pray among them and serve the Lord in joy."



DAY TRIPS IN JEWISH HISTORY

with educator and lecturer HANA WERNER

Mondays at 1:30 рм April 24 and May 1, 8, 15 & 29

The mystery of our history is shaped by the revolutionary thinking and practice that transformed adversity into resilience and promoted the survival of our people.

SPRING SERIES April 24: Yochanan ben Zakkai May 1: Israel Ben Eliezer May 8: Eliezer Ben Yehudah May 15: Emma Lazarus May 29: Ze'ev Jabotinsky

Cost: \$30 for series; \$10 per session. To register, click HERE

PRESENTED AS PART OF THE INSTITUTE FOR JEWISH LEARNING IN MEMORY OF ANNE AND MAX TANENBAUM

GENEROUSLY SPONSORED IN MEMORY OF CANTOR JOSEPH COOPER^{2'L}



MIZMOR MONTHLY WITH CANTOR SIDNEY EZER AND ASHER FARBER

Fridays, March 24, April 21, May 19 and June 16 at 5:30 PM

Join Cantor Sidney and Asher before Kabbalat Shabbat Services once a month as they preview the themes of each Jewish month through music and song. This program is open to everyone with plenty of opportunities to sing along. No charge. RSVPs required **HERE**

20s and 30s Shabbat Dinners



Friday, March 31 at 7:00 PM

Let's take some time away from the pre-Passover cleaning and prep to join 20s and 30s from our community for a delicious Shabbat dinner prepared by Apex Kosher Catering.

Cost for dinner. \$18 per person. Pre-registration is required by Thursday, March 23.



Friday, April 21, at 7:00 PM

Join us following our Kabbalat Shabbat Service for a catered dinner celebrating Yom Ha'atzmaut and Israel's 75th birthday.

Pre-registration is required HERE by Thursday, March 23.

Board of Directors Meetings

Members are welcome to attend all regularly scheduled meetings of the Board of Directors. To accommodate the need for sensitive items to be discussed in private, each meeting will include an in camera portion, allowing the Board to deliberate confidentially without any guests. Upcoming dates: **Tuesdays, March 21, April 19 and May 16** at **7:30 PM**.

For information or to pre-register for a Board meeting, contact Evon Kassabian at 416-781-3514 ext. 222 or email ekassabian@beth-tzedec.org.

Annual Meeting

All members are encouraged to participate in our Annual Meeting on **Tuesday, May 23** at **7:30 PM.**

Watch for information to be shared with members via email in the coming days and weeks.



Yacov Fruchter

Just as I found my own personal connection to the love story between Jacob and Rachel, it is all of our jobs to help future generations of Jews find the ways in which their stories lean on previous Jewish stories.



The Telling of the Story

Children's author Jane Yolen wrote "Stories lean on stories".

I proposed to my wife Ryla in Maarat Keshet in the Galilee in 2009. The moment was right out of a movie. The sun was setting, and mountain goats were climbing the side of the hill.

There is a tradition to make a wish when crossing this rock formation, so after Ryla made hers, I did the romantic thing that any 26 year old would do ... I took out a folded piece of paper and read her a story from the Torah! Not just any story, but the story in *Genesis* of Yacov being so in love with Rachel at the first moment that he meets her that he kisses her, cries and then explains who he is.

Ryla's Hebrew name is Rachel, and my Holocaust survivor grandparents were also Yacov and Rachel, as were my great-great-grandparents. Ryla said yes and in the vintage of the made for each other biblical couple, Ryla and I were continuing in this story of Jacobs and Rachels. (For the record, I was not in the practice of only dating Rachels!)

This is, of course, just one love story in the Torah, and one that I have developed a personal connection to, but is indeed a love story that changes the course of the Jewish story. It is this love story that leads to the birth of a son named Joseph. He is favoured because of the love experienced between his parents; and it is this favouritism that leads to his brothers' jealousy; and his being sold as a slave in Egypt; which leads to hundreds of years of slavery, ending with the moment of *Exodus*, *yetziat mitzraim* that we are about to celebrate on Pesah.

It is no surprise that the mitzvah of "*higadeta lebenkha*—teaching the story to the next generations" [*Exodus* 13:8] is central to the seder experience. We read in the *Hagadah* that "even if we were all sages, all discerning, all elders,

all knowledgeable about the Torah, it would be a commandment upon us to tell the story of the exodus from Egypt. And anyone who **adds in telling the story** of the exodus from Egypt, behold he is praiseworthy."

While we have our traditional seder structure, the bolded words above are clear: we are encouraged to be creative in the way that we tell the story. The key to the story telling each year is to tell it in a way that resonates with the new generation.

Just as I found my own personal connection to the love story between Jacob and Rachel, it is all of our jobs to help future generations of Jews find the ways in which their stories lean on previous Jewish stories.

I recently officiated at a funeral where the deceased was the first b'nei mitzvah in the new Beth Tzedec building. He later married in the building, as did his children; his grandchildren were called to the Torah in our Sanctuary. Beth Tzedec is a central theme in this family's Jewish story.

Since the launch of our Generations Membership, we are thrilled to see the number of people who have not only signed up but who have been flocking to our family Friday night dinners (200 per month) and Shabbat morning services and programs, 20s and 30s dinners (100 per month), holiday programs and hesed opportunities. They are coming because they want to lean into the Jewish story, and what we hear in our hundreds of coffee dates is that they believe that Beth Tzedec's values make it the right place for them to continue to write the next chapter for themselves and for their children.

It is such a *brakha*, a true blessing to be part of this community at this time.



Daniel Silverman

The existence of a thriving State of Israel enriches Diaspora Jewish life, and vice versa.



Jewish Identities



One of the things I love most about spending time in Israel is that the country lives on Jewish time. The holiday calendar is the Jewish holiday calendar. The Friday frenetic energy of preparation for Shabbat is present everywhere. In so many ways, living a Jewish life is easier in Israel because the national structure of society is built for a Jewish majority.

All the holidays of the late winter through late spring fit this observation. Purim in Israel is as ubiquitous as Halloween is in Toronto, with weeks of sales on costumes, mishloah manot supplies, and the evolving culinary trend of fancy hamantashen. Pesah is also relatively easy in Israel. Not only is it one day shorter (!), but there is also ample supply of kosher-for-Passover foods, many restaurants switch to a Passover menu and the entire seven days are vacation. Shavuot's agricultural themes also make more sense in Israel. where the holiday coincides with the fruit harvest as opposed to in Canada, where only leafy greens are ready to pick and consume.

My favourite thing about Israel being a Jewish country, though, is how Jewish tradition, culture and text permeate the public sphere.

Here are a few of my favourite examples:

- The national day for commemorating Israeli soldiers with no known graves occurs each year on the 7th of Shevat, regardless of the corresponding English calendar date. Our tradition marks the 7th of Shevat as the date of Moses' death. Moses' gravesite is unknown, so the leaders of the modern state connected this tradition to a 20th-century need for mourning and healing for these specific families.
- On Israeli busses, the sign that asks riders to give up their seat for a senior reads "מפני שיבה תקום", a quote from *Leviticus* 19:32 that means "You Should Rise Before the Aged". Instead of using secular language, the bus company took the opportunity to use Torah language, perhaps further emphasizing the importance of the action being requested.
- Among secular Israelis, Yom Kippur has become known as יום האופניים, Bicycle Day. This is because even non-observant Jews in Israel refrain from driving vehicles on Yom Kippur, so the roads and highways are absent of any cars and trucks, leaving them free for bicycles to enjoy. Some Israelis mark Yom Kippur not by attending synagogue or by fasting, but rather by cycling on freeways.

CONTINUED Daniel Silverman

This is not to say that Jewish life is necessarily better or worse in Israel or in the Diaspora. What Israel offers us Diaspora Jews is a place to visit where we can experience a Jewish majority nation-state, something our history has not had for almost 2,000 years and that our Jewish traditions and practices are not necessarily well adapted for. As an example, if you have ever been in an Israeli hotel over Shabbat. note that most of the hotel staff working that day are likely non-Jews; without them, many functions of the hotel would not be able to happen, most notably food service.

Lastly, Israel gives us Diaspora Jews a counterpoint to our own lived Jewish experiences. In Israel, living a Jewish life is seemingly easy. Seeing and experiencing this helps us process the work that we undertake to live Jewish lives in a non-Jewish cultural milieu. It helps remind us that the choices we make—missing work or school for a weekday Jewish holiday or budgeting for the high cost of Kosher food—are demonstrations of Jewish commitment not only to Jewish tradition but also to Diaspora Jewish life.

Any Jew anywhere in the world can pick up and move to Israel. Many Diaspora Jews have done this. Those of us making the active choice to live our lives outside Israel are not second-rate Jews by any means. We are living out the reality of most of the Jewish history, as a minority in another cultural environment, where we must support each other in order to enrich our Jewish lives and create Jewish continuity for future generations. The existence of a thriving State of Israel enriches Diaspora Jewish life, and vice versa. Diaspora Jews have a place to look to for inspiration in Jewish ingenuity and creativity and to see Jewish time and space lived on a national scale. Israeli Jews can look to the Diaspora as a reminder that Jewish practice is not automatic and that outside of Israel, Jews need to work to maintain their identities. This inspires Israeli Jews to think creatively as to how to live out their Jewish existence in their own majority environment.

On this 75th anniversary of Israel's independence, I hope that the symbiotic, mutually beneficial relationship between Israeli Jews and Diaspora Jews c--ontinues and strengthens further. We need each other now more than ever. יום העצמאות שמח!





IJA Federation OF GREATER TORONTO







Aviva Chernick

"Connection may also mean having a sense that we are not apart but 'a part of something greater than ourselves alone."

-Rabbi Harold Kushner

This Holy Work

On April 22, I will celebrate the 40th anniversary of my bat mitzvah. I have been thinking about how I would like to mark this moment; with learning, leading, teaching, and maybe a firsttime *Hagbah*—lifting of the Torah together with my new shul family at Beth Tzedec. Please mark your calendar and join me at Beth Tzedec as we celebrate my bat mitzvah anniversary and the 75th birthday of Israel alongside Cantor Ezer and The HarmonEzers.

As I reflect on this formative experience of learning to read Torah from my beloved Hazzan Yossi Freiman^{z[¬]}, and on standing in front of the congregation as a terrified 12-year-old leading *tefillot* —prayers, I am amazed at how much my relationship to Judaism and my Jewish practice has evolved over time. I am noticing not only the shift from a child's experience to that of an adult, but a development of a nuanced and intimate relationship that is real, wrestling and all.

There were fervent years as a teen, then a university period of disconnection. There was a renewed fervour for Judaism when I discovered a Jewish retreat centre that integrates Judaism and nature, moving the body and more singing as essential parts of prayer. And then, there has been the invaluable learning of Jewish mindfulness practice through my many teachers. In these contexts, I have discovered the beauty of contemplative practice, the relationship of silence and song, the richness of *Hassidic* text and the transformative and healing nature of our liturgy even when we engage with only a few words at one time.

I have wrestled with my relationship to community, to prayer and with God, coming near and also feeling distanced many times over the years, and yet, through the support of these various entry points and modalities, I continue to discover ways to return and renew this rich relationship with Jewish practice.

People often ask me what I do at Beth Tzedec. One favourite aspect of my work is exploring, together with you, through prayer, what brings us into deeper connection. When I use the word 'connection', I mean feeling something—a stirring, an ache, a flutter of delight at our heart centre. Connection may also mean having a sense that we are not apart but 'a part of' something greater than ourselves alone.



Rabbi Baruch Frydman-Kohl, who was invested into the Order of Canada on December 1 in Ottawa.



Rabbi Steven Wernick, who was bestowed an honourary Doctor of Divinity degree at the Jewish Theological Seminary Rabbinic Convocation ceremony on December 5 in New York.

To this work, I bring my tools, as an artist (music and dance), as an improviser (play and curiosity) and as a trained *Shlihat Tzibur*—leader of Jewish prayer (a deep relationship to, formal training in, and appreciation of our liturgy). I also bring my training and practice as a meditation teacher, understanding the importance of slowing down, being still and listening, (which are teachings we find throughout Torah, our liturgy and Jewish sources).

Three examples:

1. Shabbat at the Floor, the first Shabbat of the month. I curate the music for this service, together with Cantor Sidney Ezer and Yacov Fruchter. Curating, in this case means thinking well about how the music feels in our bodies and what it may stir for each of us based on keys, modes and rhythms. We also put thought into which composers' music we are choosing to pair with the liturgy, ensuring a diversity of sound and impact. I also lead us all in a warm-up that helps us arrive together into prayer with open hearts and full voices. (The next Shabbat at the Floor is March 3 at 6:00 PM.)

2. Shabbat as a Mindfulness Practice

I have been designing and leading six-week meditation series for all levels. No matter what the primary theme, each series has an element of prayer learning and practice. The upcoming series takes place between Passover and Shavuot and is titled Divine Attributes: Counting the Omer as a Mindfulness Practice. (This series begins again on Friday, April 14 at 12:30 PM.)

3. Bree-AH: The Arts and Pray/Play Lab

For two years, I guided a group of 12 people (monthly) through an exploration of the meeting of arts and prayer. This group has become a month-long weekly series. It includes time for prayer exploration in song, silence and movement, and time for expression about the experience in prayer, utilizing arts and crafts. (The next round begins on Sunday, March 5 at 10:00 AM.)

I hope you will join us at Beth Tzedec this season to learn a little something more about your own relationship to Jewish prayer, about the possibilities of what Jewish prayer might mean for you now, in this moment, and to make some time and space to hear and voice the prayers of your own heart.

I love this holy work and I am honoured to be on this adventure with you.

Eit Zamir: A Time for Healing, Renewal and Celebration

On the evening Saturday, February 4, Aviva Chernick curated the wonderful concert Eit Zamir: A Time for Healing, Renewal and Celebration in celebration of Shabbat Shirah and Tu B'Shevat. Alongside Cantor Sidney Ezer, flamenco dancer and singer Tamar Ilana and an accomplished ensemble of Global musicians, this amazing concert wowed the packed house of concert-goers and those who participated via our livestream.



Care • Connect • Learn • Pray • Celebrate • Give & Get

These six core values represent the unified mosaic guiding the programs, services and events offered by Beth Tzedec that make our *kehillah* such a special and unique place.

Care



Grieving Together Support Group with Rabbi Robyn Fryer Bodzin and Yacov Fruchter

Mondays, May 1, 15 & 29 and June 5 & 19 at 7:45 PM

The loss of a loved one, at any time, is challenging. Judaism has a clear set of mourning rituals that help us relearn to be in the world after our significant loss. For many of us these rituals have been altered or limited, just as the rest of life has been full of uncertainties. Loss during the time of COVID-19 brings a host of other issues that may complicate our grief and bereavement.

What has not changed is our desire to support you at this time, and our belief in the power of coming together. We are here to provide an opportunity for you to meet, support and share—together.

Pre-registration required via ShulCloud.

Connect

Babies, Blessings and Shabbat Fun Friday afternoons at 12:15 PM

Join us on Fridays as we welcome Shabbat with a 45-minute music class featuring Shabbat songs and blessings, *ḥallah*, grape juice and lots of fun. We are pleased to partner with L'Dance Classes for this special weekly experience for children up to 18 months old, accompanied by an adult caregiver.

Drop-ins may be available for the remainder of the current winter term. Contact Penina Hoffnung at 416-781-3514 ext. 233 for more information.

The spring term runs from April 21 to June 16 (eight sessions; no session on May 24). Registration is now open!

Cost: \$100 for Beth Tzedec members; \$150 for the community. Pre-registration is required via ShulCloud.



Shabbat Morning Fun, Mini Minyans and Jr. Congregation

(For children ages o to 4, with a parent; and for kids ages 5 to 7 and ages 8 to 12)

Saturday mornings at 9:30 AM

Join us for a children's Shabbat experience that builds Jewish knowledge and community.

9:30 AM Free Shabbat Play. 10:30 AM. Age Appropriate Tefillah/Prayer Experiences, participation permitting. With special guests like our Shinshinit Amit to tell us about life in Israel, and other guests as well. 11:30 AM Blessings and Snacks. Children ages 3 and younger require adult accompaniment, those ages 4 and up can be dropped off.



Shabbat Middle School Lounge (For kids in Grades 6 to 8)

Saturday mornings, March 25, April 29 and May 27 at 11:00 AM

Hang out with friends to discuss the *parashah*, learn *tefillot* skills, play games and more!

This is a drop-in program. RSVP to Sylvie at smoscovitz@beth-tzedec.org.

PRESENTED BY THE BETH TZEDEC CENTRE FOR SPIRITUAL WELL-BEING



Our program and event opportunities continue to expand each week. Be sure to check our website regularly for updated information.



Bree-AH: Arts & Pray/Play Lab with Aviva Chernick and Ayla Lefkowitz

Sundays, March 5, 12, 19 & 26 from 10:00 AM to 12:00 NOON

Join Aviva Chernick, Beth Tzedec's artist-in-residence and *shlihat tzibur* (prayer leader), and Ayla Lefkowitz, spoken word artist, educator and social entrepreneur, for a four-part series exploring prayer and creativity.

What does this look like? We gather, singing simple, repeated melodies, incorporating silence and movement as we explore gratitude and praise in the morning prayers. For the second portion of the session, we are guided through an arts and crafts activity that allows us to reflect on our experience in prayer and express the prayers of our hearts.

Cost: \$30 for the series. Pre-registration is required via ShulCloud.

PRESENTED BY THE BETH TZEDEC CENTRE FOR SPIRITUAL WELL-BEING



Shabbat Afternoon Basketball (For teens in Grades 7 to 12)

Sunday, April 10 from 1:00 to 2:00 PM

Play basketball with other Jewish teens in the community in the Kimel Family Gym from 1:00 to 3:00 pm.



Torah and Tree Pose Series with Marcee Bar-Isaac and Rabbi Fryer Bodzin

Mondays, March 13, April 24, May 8 and June 5 at 9:00 AM

Join us for a brief Torah text study followed by yoga and moments of mindfulness and meditation. Please bring your own yoga mat and water.

Cost: \$10 per session or \$36 for four sessions. Register via <mark>Shulcloud</mark>.

PRESENTED BY THE BETH TZEDEC CENTRE FOR SPIRITUAL WELL-BEING AND RHA



Family Shabbat Dinners Fridays, March 24, April 28, May 26 and June 16

5:15 to 7:00 PM

Come together for a delicious Shabbat dinner and great programming for kids of all ages. We begin with young children's craft program and a lively abridged Kabbalat Shabbat service at 5:45 PM followed by a delicious, catered Shabbat dinner and programming for older kids. Participants are welcome to join for the craft and service at no cost.

Cost: \$60/family for Beth Tzedec members; \$70/family for non-members. Pre-registration required the Monday preceding each event. Register via Shulcloud.



20s and 30s Pre-Passover Shabbat Dinner

Friday, March 31 at 7:00 PM

Let's take some time away from the Passover cleaning and prep to enjoy a delicious Shabbat dinner with friends.

Cost for dinner: \$18 per person. Pre-registration is required by March 23 via ShulCloud.



Pre-Passover Shabbat Dinner Friday, March 31 at 7:00 PM

Following our Open My Heart concert, join join us for a community dinner.

\$45 for adults; \$27 for ages 5 to 13; No charge for children 4 and under. Pre-registration. is required by March 23 via ShulCloud.



Israel Creativity Fair: 75 Innovations from 75 Years of Israel Wednesday, April 26 from 4:30 to 7:00 PM

Celebrate Israel ingenuity and innovation! Join us for an exhibit and hands-on, family-friendly activities highlighting the many ways Israel has contributed to the world.

No charge. RSVPs requested via ShulCloud.



Passover Prep-alooza! Sunday, April 2 at 10:00 AM

Come on out for our pre-Passover kids' extravaganza! While the grownups get a little time to prepare for the holiday, we'll enjoy opportunities to do holiday craft projects!

Cost: \$5 per child. A pizza lunch can be purchased as an option. Kids ages two-anda-half to four must be accompanied by a grown-up, while kids 5 and up can attend by themselves. RSVPs requested via ShulCloud.

The Doll Seder

Sunday, April 2 from 12:30 to 2:00 PM

Grab your favorite doll and come to the great Canadian Doll Seder! Craft all the things your doll will need for a seder just their size. Then, you and your doll will go on a great adventure, going back in time to experience the exodus from Egypt. Then we'll all come together for a doll-sized seder! This event is for ages 5 ½ through 9, all genders invited. If you don't have your own 18-inch doll, such as Newberry, or Our Generation, we'll have one you can adopt for the afternoon.

Cost: \$15 per child; \$40 per family (max.) RSVPs required via Shulcloud ShulCloud.

The Teddy Bear Seder

Sunday, April 2 from 3:30 to 4:30 PM

t's Seder Time—for Teddy Bears! Even plush toys love Pesah! This program is especially for ages 3 to 5 with a grown-up

RSVPs requested via ShulCloud.



Divine Attributes: Counting the Omer Through a Mindfulness Lens with Aviva Chernick Friday afternoons, April 14, 21 & 28

and May 5, 12 & 19

12:30 to 1:00 PM (via Zoom)

Inspired by the Kabbalistic practice of associating each of the seven weeks of the counting of the *omer* with a different *sefirah* or attribute of the Divine, we will don our mindfulness lens and notice how these attributes manifest within and around us. This is an introductory meditation course and all levels of experience are welcome. It is offered via Zoom.

No charge; Registration is requested via ShulCloud.



Annual Meeting of the Congregation

Tuesday, May 23 at 7:30 PM

Information about attending the meeting will be distributed to all members of the Congregation in the coming weeks, either via email or post. Please note that you must be a member of Beth Tzedec Congregation to attend the Annual Meeting.

Learn



Torah Through the Ages with *Rabbi Fryer Bodzin*

Thursday mornings at 10:00 AM

Rabbi Fryer Bodzin looks at the weekly Torah portion with traditional and modern commentaries. This series will be presented via Zoom. Having an Etz *Chaim humash* will be beneficial; other materials will be provided.

No charge. Registration is required via Shulcloud.

THE INSTITUTE FOR JEWISH LEARNING IN MEMORY OF ANNE AND MAX TANENBAUM



Talking Torah with Daniel Silverman

Every Shabbat morning 9:30 AM

Take a fresh look at the weekly Haftarah with traditional and modern interpretations of the weekly reading. Intellectually stimulating and challenging.

This is a drop-in program. Pre-registration is not required.



iEngage: The Palestinian Conflict from a Jewish Lens with Reb Steve

Thursdays, March 9 & 30, Tuesday, April 4 and Thursday, May 11 at 7:30 PM

Join Rabbi Steven Wernick for this monthly series where we confront the challenges posed by the Palestinian conflict to life in Israel and the Middle East, through a Jewish values lens.

Learn about these critical issues through video, text and discussion, utilizing video lectures from Hartman's team of internationally renowned scholars to address core questions pertaining to the necessity and significance of the State of Israel.

Cost for series: \$25. Registration is required via Shulcloud.

PRESENTED IN PARTNERSHIP WITH THE SHALOM HARTMAN INSTITUTE



Learn Talmud with Reb Steve Monday evenings 7:30 PM

One of Judaism's greatest strengths is its affinity for diverse opinions and the debate, for the "sake of Heaven" to implement God's will in our lives. The *Talmud* is the source from which this affinity for debate and the code of Jewish *halakhah* (law) is derived. Reb Steve continues this weekly series at a slow and deliberate pace, studying a single page of *Talmud* each week.

No charge. RSVPs required via Shulcloud.

THE INSTITUTE FOR JEWISH LEARNING IN MEMORY OF ANNE AND MAX TANENBAUM



Learn to Chant a Haftarah! with Lorne Hanick Mondays, March 13, 20 & 27 7:45 to 9:00 PM

Ritual director Lorne Hanick leads this beginner's course on cantillation trope in general and the application of the cantillation to learning to chant *haftarah* (the prophetic reading that follows the Torah reading on Shabbat, festivals and other special days with goal that you learn a *haftarah* chant publicly! Reading knowledge of Hebrew **is** required.

No charge. Registration is required via Shulcloud.

THE INSTITUTE FOR JEWISH LEARNING IN MEMORY OF ANNE AND MAX TANENBAUM



Mizmor Monthly with Hazzan Sidney Ezer and Asher Farber

Fridays, March 24, April 21, May 19 and June 16 at 5:00 PM

Join Cantor Sidney and Asher as they preview the themes of each Jewish month through music and song. This program is open to everyone with plenty of opportunities to sing along.

This program is offered in person and via livestream at https://bethtzedec.tv.

Registration is required for all via Shulcloud.



Something New for Seder! A Treasure Trove of Creativity from the Minds of the Matzah Mavens

Monday, March 27 at 7:30 PM

Whether this is your first time hosting a seder or your 70th, our panel of experts will bring you new ideas and approaches to help make your family fresh, lively and engaging.

Got any special seder-related challenges or issues you want addressed? Send them to **Penina Hoffnung** by March 20, and we'll take it to the mavens!

No charge. RSVPs required via Shulcloud.



Day Trips in Jewish History with Hana Werner

Monday afternoons, April 24 and May 1, 8, 15 & 29

1:30 to 3:00 PM

Explore how the mystery of our history is shaped by revolutionary thinking and practice that transformed adversity to resilience, and promoted the survival of our people.

SPRING SESSIONS:

April 24: Yochanan ben Zakkai May 1: Israel Ben Eliezer May 8: Eliezer Ben Yehudah May 15: Emma Lazarus May 29: Ze'ev Jabotinsky

Cost: \$30 for five session or \$10 per session. Registration is required via <mark>Shulcloud</mark>.



BT Book & Film Club Series Wednesday afternoons at 1:30 PM

SPRING SESSIONS

March 22—Wan by Dawn Promislow

In a distinctive and mesmerizing voice, *Wan* is the story of Jacqueline, a privileged artist in 1970s South Africa. After an anti-apartheid activist comes to hide in her garden house, Jacqueline's carefully constructed life begins to unravel. **Dr. Nora Gold in conversation with author Dawn Promislow**.

April 19—Don't Ask by Gina Roitman

Don't Ask poses the question: who packed the suitcase we carry from birth? In this literary thriller, a woman agonizes over her Holocaust Survivor mother's suicide and is thrown into turmoil over her own attraction to a German. Led by author Gina Roitman.

May 17—My Polish Honeymoon

In this French film Anna and Adam, a young couple from Paris with Polish Jewish origins, leave for the first time of their lives in Poland. If Adam is not very excited about this trip, Anna is excited to discover the land that is also her grandmother's.

Cost per session: In person—\$10 Beth Tzedec members; \$15 community Online: \$10. Pre-registration required via Shulcloud.

Generously sponsored by reuben cipin healthy living center, 2 neptune and baycrest terraces

ADY USTICE:

WOMEN, THE LAW AND THE BATTLE TO SAVE AMERICA

Dahlia Lithwick and Robbie Kaplan in conversation with Caroline Mandell

Wednesday, May 10 at 7:45 PM

In her 2022 New York Times bestseller, Lady Justice: Women, the Law, and the Battle to Save America, Dahlia Lithwick tells the gripping stories of women who fought against hate and injustice during the Trump years using the most powerful tool available to them: a law degree. We are honoured to host Dahlia in conversation with one of her subjects, famed litigator Robbie Kaplan, who sued the organizers of the 2017 Charlottesville Nazi march and won. This will be an inspiring evening for Jews and non-Jews, lawyers and non-lawyers alike.

No charge. Books will be available for sale at the event. RSVPs requested via **Shulcloud**.

SPONSORED BY LENCZNER SLAGHT LLP

Pray



Weekday Shaḥarit Services

Sunday mornings at 8:45 AM Weekday mornings at 7:30 AM

Begin your day with Beth Tzedec's morning minyan, either in person or virtually on Zoom:

Sundays: https://zoom.us/j/894447868 Weekdays: https://zoom.us/j/733141765

You can also join by phone. Visit www.beth-tzedec.org for the phone numbers and meeting IDs.



Weekday Minhah-Ma'ariv Services

Every Sunday to Thursday evening; check website for times

At the end of the day, join us in person in the Hendeles Chapel or on Zoom for our evening services via https://zoom.us/j/668598809.

You can also join by phone only by calling 647-374-4685 and inputting the meeting ID 668-598-809.



Kabbalat Shabbat and Ma'ariv Every Friday evening at 6:00 PM

Prepare your spirit for Shabbat with song, comfort and community at our Kabbalat Shabbat and *Ma'ariv* services, either in person in the Hendeles Chapel and livestreamed via https://bethtzedec.tv.



Shabbat at the Floor Services Fridays, March 3 & 31 and May 5 at 6:00 PM

Shabbat at the Floor is a welcoming, inclusive, musical, connected, caring and relevant monthly Kabbalat Shabbat experience. It's not just another service, we choose music intentionally to represent diverse Jewish voices, identities and life stories—some familiar, others new.

Prepare to be moved and inspired. The Shabbat at the Floor services are offered in person and livestreamed via https://bethtzedec.tv.

For a taste of our Shabbat at the Floor services, **click here**>>



Minḥah / Seudah Shlisheet / Ma'ariv Services Every Saturday evening; check website for times

Join us for *Minḥah* followed by *Seudah Shlisheet* (the third Sabbath meal) and Torah study. We will then return to the Chapel for Ma'ariv and Havdalah following. This Service is offered in-person only.



Shabbat Sanctuary Services Every Saturday morning at 9:30 AM

Our Shabbat Service offers the energy and inspiration of a complete spiritual and liturgical Shabbat experience as you sing along with ' Cantor Sidney Ezer. Rabbi Steven Wernick and Rabbi Robyn Fryer Bodzin offer insights into our Torah reading, expertly chanted by ritual director Lorne Hanick. Lift your soul in prayer as you sing with us or close your eyes in meditation and be carried away by the magnificent harmonic sounds of the service.

Services are offered for in person *daveners* and are livestreamed via https://www.bethtzedec.tv.



For candle-lighting and service times, refer to our website calendar.



Musical Participatory Services Saturdays, March 11, April 22 and May 6 & 30 beginning at 9:30 AM

Join us for a musical participatory service led by Cantor Sidney Ezer, Asher Farber and our small vocal ensemble, The HarmonEzers. We introduce new melodies and revive older and familiar ones in a way that will be sure to get our toes tapping and our voices singing in harmony. Services are offered are offered in person and livestreamed via https://bethtzedec.tv.



Little Minyan Services Saturday mornings, March 11, 18 & 25, April 15 & 29 and May 13 & 20

9:30 AM

Looking to be more actively involved in the worship experience? The Little Minyan offers a traditional service in a welcoming, relaxed environment. Participants lead portions of the service, read Torah and Haftarah, and share Torah insights. Torah readers, *daveners* and those wishing to deliver a D'var Torah are always welcome. Come participate or simply experience a Shabbat service ful of song, spirit and warmth.

This service is offered in-person only.



Short & Sweet Multi-Generational Family Service

Saturday mornings, March 4, April 1 and May 13 at 9:30 AM

Our monthly Short & Sweet Multi-Generational Family Service offers a lively, engaging prayer service incorporating the participation of the children, teens and families in attendance, followed by a community dairy luncheon.

No charge. RSVPs for the luncheon are appreciated to Daniel Silverman.



The Whole Megillah (Readings)

Monday, March 6 at 6:45 PM and Tuesday, March 7 at 7:30 AM

Join our festive Purim Minhah-Ma'ariv and Shaharit services, including a fun, full reading of the Megillah, for in-person and livestream daveners. Get in costume, grab the groggers and join us in the Hendeles Chapel or via our livestream at https://www.bethtzedec.tv.

Celebrate



Purim Carnival and Abridged Megillah Reading

Monday, March 6

4:30 to 6:30 PM

Join the fun at our annual Purim carnival! Kids of all ages will enjoy carnival booths, bouncy castles, a toddlers' play zone and more! An abridged Megillah reading will take place from 5:15 to 5:30 pm. (A full Megillah reading begins at approximately 6:40 pm).

No charge for activities; kids dinner (pizza) will be available for purchase. RSVPs are requested via ShulCloud.



Purim Trivia Night Monday, March 6 at 8:00 PM

Come together in-person or online (in your best costume, of course) for an early, abridged *Megillah* reading. Perfect for little ones and older ones, too. We'll retell the Purim story, listen to parts of *Megillat Esther* and make lots and lots of noise!

Pre-registration required for both in-person and online participation via ShulCloud.



Megillah + Tequila: A Purim Speakeasy for 20s and 30s

Monday, March 6 at 8:30 PM

Beth Tzedec 20s and 30s invites you to a Megillah + Tequila Speakeasy. Join us for a night of scrumptious eats, soulful beats and lots of Purim surprises.

This party will be hosted at Ergys Coffee Till Cocktail (1005 Eglinton Ave. W). Doors open at 8:00 pm. Tickets include two drinks and food in a beautiful and chill environment.

(A full Megillah reading will be held at Beth Tzedec beginning at 6:45 PM.)

Cost: \$30 for Beth Tzedec members; \$36 for the community. Pre-registration is required via ShulCloud.



Open My Heart: Songs of Love from Shir Hashirim

Friday, March 31 at 5:00 PM

On this Shabbat before Pesah, we warm up our prayer space, homes and hearts at a pre-service concert highlighting the beautiful poetry of *Shir Hashirim, Song of Songs.*

This musical event features **Aviva Chernick**, Beth Tzedec's artist-inresidence, together with **Cantor Sidney Eze**r, percussionist **Naghmeh Farahmand** and other incredible musicians from the Global music community.

No charge for the concert; RSVPs requested via ShulCloud.



Shabbat Honouring Rav Baruch Frydman-Kohl

Friday, June 2 and Saturday, June 3

After 26 years as Beth Tzedec's Senior Rabbi and 4 more as a teacher, lecturer and service leader, Rav Baruch will officially retire from his work obligations to Beth Tzedec and enjoy retirement as Rabbi Emeritus.

Save the date and join us at this special Shabbat weekend celebration.



Volunteer Appreciation Shabbat and Yasher Koaḥ Awards

Saturday, May 27 at 9:30 AM

On the second day of Shavuot, we will honour our volunteers who have contributed significantly to Beth Tzedec's vision this past year.

- They are **community builders**—Their work is actively and purposefully done to expand and engage the synagogue community by building caring relationships
- They have **spearheaded** programs and initiatives that are enabling our community to live meaningful Jewish lives (Care, Connect, Learn, Pray, Celebrate, Give & Get)
- They give of their time **above and beyond**, serving on multiple committees and longer-term projects
- They are **pioneers**, having designed or initiated new programs, engaged with new constituencies, addressed new needs or demonstrated creativity

Please join us at Shabbat Services followed by a special ice cream and bubbly kiddush where we will honour all the recipients of the 2023 Yasher Koah Awards.

Thank you to the hundreds of Beth Tzedec members who help keep our holy community vibrant, impactful and welcoming through their efforts.

Visit our website at www.beth-tzedec.org for updated information.

Give & Get



Out of the Cold: Hot Lunches at St. Michael & All Angels Church

Sundays, March 6 & 20 and April 10 at 12:00 NOON

Volunteers are needed from 11:00 AM to 1:00 PM at 611 St Clair Ave W. and need to be vaccinated and willing to wear masks. To volunteer, email **Yacov Fruchter**.



Yom Hashoah Candles Deliveries Dates arranged with Men's Club

Put a little mitzvah in your day!

The Men's Club has been coordinating volunteers to package candles for their 2023 Yellow Candle Campaign. They now require volunteers to help deliver packages throughout the city.

If you are able to give an hour or two to this mitzvah project, please contact Adam Rachlin at 416-428-2274.

This is a great project for teen volunteers looking to fulfil their community services requirements.



Hallah for Hesed Fridays throughout the year

Since the beginning of the pandemic, we have been delivering *hallah* to many of our isolated members on Fridays. Volunteers are needed for delivery and to spend a few minutes checking in on those receiving *hallah*.

If you are interested in volunteering in this incredible mitzvah project or if you would like to receive *hallah* each week, email **Yacov Fruchter**.

A NIGHT OF SONG WITH

Monday, June 19 at 7:30 PM

Beth Tzedec is thrilled to present Divas on the Bima for a night of song, inspiration and celebration. The Divas—Cantors Jen Cohen, Magdalena Fishman, Alisa Pomerantz-Boro and Elizabeth Shammash—have hosted many performances throughout the United States. Join us as they perform an eclectic selection of Judaic, operatic and popular music on our stage. Watch for ticket information coming soon.

Sponsored by:

Libby & Jack Orenstein Institute for Adult Education Faye and Joseph Firestone Annual Concert Victor and Renee Topper Annual Cantorial Shabbat



Welcoming Evon to Team BT

Evon Kassabian

We are pleased to officially welcome the newest member to our professional team, Evon Kassabian, in the role of Executive Assistant.

Evon joins us with over 18 years of experience in the furniture manufacturing industry and, more recently, from the healthcare world.

Bringing over 20 years of Administrative support experience to Beth Tzedec, Evon supports Phil David, our Executive Director, and is very excited to be part of an amazing and dynamic team. Evon was born and raised in Windsor, moved to Toronto when she married her husband Mike in 1989 and has two wonderful sons. She enjoys travelling, especially overseas to spend time with family and friends.

You can reach Evon by phone at 416-781-3514 ext. 222 or by email at **ekassabian@beth-tzedec.org**.

When you are in the shul, take a couple minutes and stop by the Administrative Offices to meet and welcome Evon to the team!

Beth Tzedec Cares!

On Saturday night, February 25, dozens of people of all ages gathered in Beth Tzedec's parking lot for Ve'ahavta's annual Coldest Night of the Year walk, supporting programs aiding the homeless community. The evening began with an outdoor Havdalah led by Yacov Fruchter after which participants walked throughout the neighbourhood. Thank you to all who contributed to Team Beth Tzedec.







Safety First

Beth Tzedec has always taken the safety, security and wellbeing of our community to heart. Early this winter, staff members gathered in the Orenstein Mezzanine Hall for a day of CPR and first aid training.

Passover Guide

A return to celebrating Passover panim el panim.

As we return to gathering, we return to seder. We wish everyone a safe and joyous Passover.

Preparing Our Homes for Passover

This year, as we transition back to 'normal' routines and practices, we can again plan to prepare and celebrate Passover with family, friends and neighbours.

While we are less in a state of *sha'atk'khak*, time of crisis, we must still take care to follow the guidance of our local public health authorities. For guidance on *kashering* your home or hosting or attending *sedarim* with others, please contact **Nicole Leybman** at 416-781-3514 ext. 227 to request an appointment with a member of our Spiritual Leadership.

Seder

Individuals living alone or those absolutely unable to prepare for Passover are encouraged to **contact us** directly and we will do our best to help you acquire what you need to enjoy a Passover seder.

Kosher for Passover

We should strive to clean our homes for Passover as we normally would. In the coming weeks, we will make available the Rabbinical Assembly's "Passover Guide". In the meantime, you can review last year's recommendations here>>. Vegetarians and vegans are permitted, *l'hathilah*, from the outset, to eat *kitniyot* (legumes).

Yizkor

As is our tradition, we will mark Yizkor in person and with a livestreamed service on the last day of Pesah. Please note that this service will begin at 9:30 AM, via our Beth Tzedec TV livestream hub. We will record Yizkor and make it available on Beth Tzedec TV and social media channels following the service.

The Sale of Hametz

Forms to sell your *hametz* to our Rabbis who will sell it on your behalf may be accessed **here** or found on the Beth Tzedec **website**. Alternately, you can contact our Synagogue office at 416-781-3511 or **info@beth-tzedec.org** to make arrangements to sell your *hametz*.

Contributions to Rabbi Wernick's Discretionary Fund in honour of this *mitzvah* are especially appreciated at this time, as there are many people continue to face food insecurity that require *tzedakah* and these contributions will be earmarked to purchase food vouchers.

The Fast of the Firstborn

Following morning *minyan* on Wednesday, April 5 at 7:30 AM, we will provide a siyyum (completion of a cycle of study) in person and on Zoom. Join us for coffee and a bagel in the comfort of your own home or with our Spiritual Leadership and *kehillah* at Beth Tzedec as we celebrate this learning together.

Bidikat and Biur Hametz

The search for *hametz* takes place as usual Tuesday, April 4, using the formula found in your *Hagaddah*.

Traditionally, we use a candle, a wooden spoon and a feather to find even the smallest amount of *hametz*. If you don't have these tools handy, you can use any utensil or product in your home that accomplishes the same symbolism.

We will provide an opportunity for people to burn their *hametz* at Beth Tzedec in our parking lot from 10:00 to 10:30 AM. If you have any questions, please contact **Lorne Hanick** at 416-781-3514 ext. 240. We encourage our *kehillah* to do so at home using their barbeque, a metal trashcan or in another safe manner. If that is not possible, then one may crumble the *hametz* and throw it into a flowing body of water or into a natural area where animals are likely to consume it, as in *tashlikh*, the casting away of our sins on Rosh Hashanah

Other Resources

We will be posting a variety of Passover resources, downloadable *Hagaddot*, supplemental readings and the like for all ages on our website. Check back regularly to see what's been added.

We pray that each of us celebrates a meaningful, safe and healthy Passover and that God will bless all humanity with health, happiness and *shlaymoot*.

Selling Your Hametz

There are four ways we fulfil the Biblical mitzvah of ridding ourselves of *hametz* before Pesah: we clean our homes; we burn any remaining crumbs; we verbally declare that any *hametz* in our possession is worthless and no longer owned by us; and to ensure that there is no question about our intent to remove *hametz* from our possiession, we sell our *hametz* to non-Jews who may own leavened products on Passover.

If you are unable to personally sell your *hametz*, please complete this **form** no later than 6:00 PM on **Tuesday**, **April 4**.

You are welcome to join us in the parking lot on Wednesday, April 5 from 10:00 to 10:30 AM to burn *hametz*. For information, contact **Lorne Hanick**.





ORDER FOR PASSOVER BY MARCH 26th

Menu Available at: www.apexkoshercatering.com Send orders to: passover@apexkoshercatering.com

Order Deadline: Sunday, March 26th

Pick-up Wednesday, April 5th @ Beth Emeth or Beth Tzedec 10:00 AM - 1:00 PM Delivery - Starting at \$22







Gerry Posner

Beth Tzedec is blessed to have several members who are both capable and willing to lead services.

Murray and Judi Urowitz: A Three Generational Story



Beth Tzedec is blessed to have several members who are both capable and willing to lead services. There is a small number of these members who likely could do it all, right from the preliminary Shabbat service to the end of *Musaf*, with the *Haftorah* and Torah reading included. No small feat! One of this select group is Dr. Murray Urowitz. He has done it at Beth Tzedec and at Beth David and Beth Tikvah, synagogues he has previously been associated with .

The affection Murray and his wife Judi have for the synagogue was present at an early age. Murray was a product of the public schools. However, he did attend Hebrew School in the evenings four days a week and on Sundays. He loved his Jewish studies and it was not long before he was leading Junior Congregation at the Brunswick Talmud Torah. That was the beginning for Murray's involvement with synagogue life, which continues to this day.

When Murray was about 18 years old, he met the then 14-year-old Judi Reisner who had been inspired by synagogue life in Buffalo, New York at the Hebrew-speaking Camp Massad. That connection was the precursor of a relationship that blossomed into 59 years of marriage, three daughters and eight grandchildren. When they married, Judi worked as a dental hygienist to help support them as Murray studied medicine, interning in Toronto and spening a year at Johns Hopkins in Baltimore to train in Rheumatology. Once Murray finished his residency requirements, he was hired at the Wellesley Hospital in 1970, providing patient care while also teaching and researching. He remained at Wellesley until 1995 when the hospital closed.

Murray then signed on at Toronto Western Hospital, the hospital where he was born, and where he (sort of) retired in 2022. He is still very active both in research and teaching, but has ceased his clinician responsibilities.

What changed the direction of Murray's career was in 1970 when he worked in the University of Toronto's Lupus Clinic. That led to his establishing Canada's first Lupus patient database allowing the disease to be tracked and therefore better studied. Murray has been quoted to reflect on this new path for Lupus.

"One of our first initiatives was to raise the consciousness of this condition not only in the medical community but also in the general community." Indeed, up until that time, Lupus was barely talked about even in Medical Schools.
Since 1995, Murray, together with his colleague Dr. Dafna Gladman (also a member of Beth Tzedec), relocated the Lupus Clinic to Toronto Western Hospital and they have been there since that time. One of their great accomplishments was to make the Lupus database one of the largest in the world. More importantly, they have provided a far better quality of life for people living with Lupus, making it possible for women with Lupus to achieve successful pregnancies, testing new medicines for the treatment of the disease and significantly helping to train over 140 fellows from Canada and around the world.

Perhaps the greatest achievement is evidenced in a statement Murray made about the results of Lupus research: "When I started treating Lupus patients, the five-year survival rate was 50 percent. Today, the 20-year survival rate is approaching 90 percent." How satisfying is that! With a career spanning over 50 years and with the contributions Murray has made in the Lupus field, he is quick to say that none of this would have been possible without the support and strong family environment that his wife Judi provided, though she continued to work for 36 years. He said that it was such a comfort for him to come home each night, especially Friday nights, and have a traditional Shabbat meal in a warm family atmosphere with their children.

There is no doubt that it was a joy to hear the three girls, all taught by their father to lead services and take part on the bimah, lead services and participate in significant ways. More satisfying to Murray and Judi is the fact that the three girls have now transmitted this commitment to Judaism to the eight grandchildren, all having graduated or currently attending CHAT. I suggest there are few families in the Conservative movement anywhere who can assemble their whole clan together on a Friday night at the home of the grandparents and the grandchildren take turns giving a D'var Torah each week. That takes place each week and at each of the *haggim* in the Urowitz home.

Murray and Judi's commitment to Judaism also led to a strong involvement in synagogue life both in past voluntary activities and shul boards where Murray served as President of the Beth Tikvah Synagogue. But what he and Judi have done with their children and grandchildren speaks volumes about their commitment to carrying on the faith to future generations. That is what we are supposed to do and this Urowitz family has done and continues to do it each and every day.

-Gerry Posner

Gerry Posner is a retired lawyer from Winnipeg who moved to Toronto in 2012 with his wife Sherna.

Sisterhood News

As we gather more frequently for public events, celebrations and services and become more comfortable in group settings, the Beth Tzedec Sisterhood looks forward to welcoming our community at many upcoming events.

Brides Room Renovations

The renovations to the Brides Room, located near the Hendeles Chapel, are now complete. The Beth Tzedec Sisterhood provided funding for the renovation project, allowing the synagogue to update the visual appearance and comfort of the space for the brides and bridal parties using the room.

Women's League Newsletter

The Beth Tzedec Sisterhood is pleased to be affiliated with the Women's League for Conservative Judaism. The Women's League strives to engage, enrich and empower Jewish women and provides dozens of opportunities to fulfil these goals. To keep up to date on all the classes and events and the news from other Sisterhood chapters, we encourage our members to sign up for the Women's League newsletter. For the newsletter, click **here**. (You must be a Sisterhood member to access the newsletter. For information about becoming a Sisterhood member, please contact the Synagogue office.)

The Beth Tzedec Sisterhood wishes everyone a fun, festive Purim and a hag Pesah sameah, a happy Passover.

For information about the Sisterhood, please contact Ruthann Lubin or Rhoda Salama through the Synagogue office at 416-781-3511 or info@beth-tzedec.org.



Hesed Report

Out of the Cold Program

The Out of the Cold program operated out of St. Luke's United Church again this winter and will conclude on April 30th. Rafi Aaron, my co-chair from Beth Sholom, and Reverend James Keenan from St. Luke's United Church alternated nights and ran the 20-week program together.

We served over 600 meals per week and offered warm winter clothing and other essentials. We also operated the Street Outreach component, with volunteers visiting encampments to deliver meals and warm clothing. This initiative is extremely important as it is the best way to meet some of our guests where they are, especially those with disabilities who are unable to come to the Church to collect their dinner and clothing.

The Out of the Cold Program is an enormous undertaking, one that could not be accomplished without our very dedicated team of volunteers:

- **Matt Krofchick**, who spent hours updating and perfecting our online volunteer sign-up form,
- Shari Fremeth-Teper, our volunteer coordinator who worked tirelessly to ensure that there were always enough volunteers on site on any given night.
- **Don Smith**, a 15-year volunteer veteran who did an outstanding job leading the volunteers at the meal program every week.
- **Bernie Tanz**, who picked up the fruit at the Food Terminal every Wednesday for the past eight years as well as countless other donation pickups throughout the season.
- **Terri Humphries**, who always works tirelessly to promote Out of the Cold.
- Every volunteer who gave of their time and energy to help at Saint Luke's

Church and/or attend to those on the streets.

We are very grateful to the following groups, companies and individuals who also made a real difference and who understand the true meaning of *tzedekah*:

- Our Beth Tzedec community's response to our Emergency OOTC Drive that was held in December was overwhelming. There were over 200 bags and boxes of donations, all of which were dropped off.
- **Brian Dias** and his crew who outdid themselves by organizing, storing and loading everything into volunteers' cars to be delivered to St. Luke's.
- Beth Tzedec's Men's Club, steadfast supporters who once again provided a very generous monetary donation.
- **Burnac Corporation** (Provincial Fruit Division) which continued to provide us with fresh fruit every week for the last eight years.
- Aaron Moscoe of TPS Promotions & Incentives as well his son Jory who served as "Volunteer Project Coordinator "on this initiative. Jory did most of the correspondence with their suppliers who manufacture ski jackets, sweatshirts and t-shirts and prevailed upon them to donate any excess goods in their warehouses. Both father and son's determination paid off as is evident by the incredible donation shown in these photos.
- Isla Freeman and Dylan Chan, teen volunteers who separately took the initiative to organize a drive to collect clothing, food essentials, and Tim Horton's gift cards for the homeless from their classmates and the community at large. They should be very proud of themselves for giving back to the community.

A special debt of gratitude is owed to **Rafi Aaron**, my co-chair from Beth Sholom, who worked tirelessly both behind the scenes and in person at St. Luke's Church and who is a very vocal advocate for the plight of the homeless in Toronto. Rafi never let an unused meal go to waste and ensured that any left-over dinners were delivered to those living in the encampments. His dedication and empathy toward the plight of the homeless in our community is immeasurable.

Once again, we would like to thank **Reverend James Keenan** from St. Luke's for his unwavering compassion towards the homeless population and for providing us with the opportunity to work together in solidarity with many faith-based groups to help those in need:

Our Hesed Tribute Cards

If anyone would like to support the Out of the Cold program, please consider purchasing a Tribute Card in honour or memory of someone special, with the proceeds earmarked for OOTC.





Men's Club Makes a Difference



Men's Club Scholarship Program

The Beth Tzedec Men's Club is pleased to sponsor our long standing scholarship program to assist young men and women who are pursuing programs of higher Jewish education.

The criteria we use to judge each applicant is based on the following and should be given careful consideration when applying. The information provided with this application is the sole source upon which the scholarship committee will make a decision.

• The career goals of the candidate and how the program of study relates to it.

- The benefit that may be brought to the Jewish community by the candidate.
- The program of study for which the funds will be used.
- The financial needs of the candidate.
- The overall quality of the submitted application. Please print or type as illegible handwriting will negatively impact the application.
- Special needs or consideration should be explained in full.

A copy of your most recent school transcripts must be included.

The deadline for applications is **April 30, 2023**. Applications received after that date will not be considered.

All candidates will be notified in May of their status and scholarship winners or their representatives are expected to attend the Awards Breakfast to receive their awards.

The completed application form should be signed, dated and returned to the following address or e-mailed to hershr@rogers.com. Applications can be obtained also from hershr@rogers.com.



Anna Brudner, Our 2023 Tanenbaum Fellow

Introducing Anna Brudner, the Anne & Max Tanenbaum Fellow for 5783.

The Fellows receive a significant financial award and a two-week internship at Beth Tzedec, followed by a two-week experience at Camp Ramah Canada. They alternate between rabbinical students with a Canadian connection who study at the Jewish Theological Seminary and Israeli students from the Beit Midrash of the Schechter Institute.

While at Beth Tzedec, the Fellow shadows our rabbis, experiencing daily activities in synagogue and community, participating in lifecycle events, learning about the life of a large congregation, and teaching Torah in various settings.

Anna Bruder has a passion for creating and facilitating Jewish communal and educational experiences, while helping others find their place in the spaces Judaism provides. Anna is completing her MA in Jewish Education at the William Davidson Graduate School of Jewish Education at the Jewish Theological Seminary and has begun Rabbinical School at JTS. Anna grew up in North Vancouver and is a Jew-bychoice; her path has led from Newfoundland to BC and Toronto and now New York.

Anna earned a Bachelor of Arts in History at Simon Fraser University and worked in Jewish spaces in university including the Vancouver Holocaust Education Centre and at the Stephen Wise Free Synagogue in New York City. She is inspired to pursue the rabbinate and teach the next generation of Canadian Jews.

Anna enjoys embroidery, backpacking the great outdoors of her home province of BC, and baking delicious gluten-free foods.

Tributes

Make a donation, send a tribute card and include your listing here to honour your friends and loved ones. For more information about tribute opportunities, call the office at 416-781-3511.

Arts & Culture Fund

An anonymous contribution, honouring **Aviva Chernick** for her artistry, leadership, knowledge and guidance. Rosalee Berlin, honouring **Aviva Chernick**.

Camp Ramah Fund

Rhonda and Josh Charlat and family, acknowledging **Carolyn Kolers** in memory of **Leonard Cepler**. Rhonda and Josh Charlat and family,

honouring **Carolyn Pascoe** on the marriage of her son J**ordan Abugov** and Jessica Langer.

Phyllis Flatt, commemorating the yahrtzeit of **Ab Flatt**.

Phyllis Flatt, commemorating the yahrtzeit of **Beatrice Irene Wolfe**.

Phyllis Flatt, commemorating the yahrtzeit of **Moses Flatt**.

Phyllis Flatt, commemorating the yahrtzeit of **Nettie Albert**.

Phyllis Flatt, commemorating the yahrtzeit of **Shmuel Albert**.

Susan and Paul Lindzon, commemorating the yahrtzeit of **Ab Flatt**.

Debbie Rothstein and Michael Friedman, acknowledging **Richard Sherman** in memory of **Ronald Sherman**.

Cantor Sidney Ezer Discretionary Fund

Donnie Friedman, commemorating the yahrtzeit of **Mark Bohnen**. Sam and Melissa Glazer, commemorating

the yahrzeit of **Anna Glazer**. The Goodman Family, commemorating the yahrtzeit of **Helen Goodman**. Jeffrey Stutz, honouring the **weekday Shaharit Services daveners**.

Daily Minyan Breakfast Fund

Sephi Band and family, Ellen Band and Ira Band, commemorating the yahrtzeit of **Philip Ephraim Band, K.C.** Rosalee Berlin, acknowledging **Corinne**

Hart in memory of Dovena Hart. Larry Chad and family, commemorating the yahrtzeit of Lori Tanzer Chad. Brian, Kathy and Bobby Feldman, commemorating the yahrtzeit of Charles David Feldman. Jeffrey and Orly Glatt and family, marking the conclusion of *shloshim* for **Henry Glatt**.

Melissa and Sam Glazer, commemorating the yahrtzeit of **Morris Dorfman**.

Eudice Goldberg, commemorating the yahrtzeit of **Richard Goldberg**.

Nathan and Glennie Lindenberg, commemorating the yahrtzeit of **Philip Lindenberg**.

Lawrie and Ruthann Lubin and Carole and Bernie Starkman, commemorating the yahrtzeit of **Max Lubin**.

The Mandel Family, commemorating the yahrtzeit of **Fred Mandel**.

Paul and Jodi Mandel, commemorating the yahrtzeit of **Alan Mandel**.

The Promislow Family, commemorating the yahrtzeit of **Corinne Gandler Koslovsky**.

The Promislow Family, commemorating the yahrtzeit of **Israel Gandler**.

Debbie Rothstein and Michael Friedman, acknowledging **Corinne Hart** in memory of **Dovena Hart**.

Debbie Rothstein and Michael Friedman, acknowledging **Hilary Moore** in memory of **Margaret Ann Moore**.

Debbie Rothstein and Michael Friedman, acknowledging **Marvin Miller** in memory of **Goldie Erenberg**.

Debbie Rothstein and Michael Friedman, honouring **Oscar Zimmerman and Anna Day** on the birth of their granddaughter. Sara Wunch Glick, commemorating the yahrtzeit of **Cypora Kamel**.

Sara Wunch Glick, commemorating the yahrtzeit of **Jerry Freeman**.

Harold Shapiro, honouring **Devorah** and **Naomi** on their birthdays.

The Sheinzon Family, honouring **Alexander and Natalia** on their aliyah.

Alan Sless, commemorating the yahrtzeit of **Brian Sless**.

Reesa and Avrom Sud, commemorating the yahrtzeit of **Louis Hotz**.

Reesa and Avrom Sud, commemorating the yahrtzeit of **David Sud**.

Lawrence and Teresa Swern, commemorating the yahrtzeit of **Temi Krovblit**. Lawrence and Teresa Swern, commemorating the yahrtzeit of **Ruthe Kline**.

Larry and Nina Wallach, honouring the birth of their granddaughter **Iona Mer**. Cari Weiss, Gerald and Russell Weiss, commemorating yahrtzeit of **Grace Weiss**.

Gerald, Russell and Cari Weiss and families, commemorating the yahrtzeit of **Jason Weis**s.

The Goldberg and Weitz families, honouring the birth of their granddaughter **Charlotte Audrey Weitz**. Helen Zarnett, commemorating the yahrtzeit of **Norton Zarnett**. Teddy and Bari Zittell, honouring **Zachary Zittell and Claire Stanley** on their *auf ruf*.

Food Insecurity Fund

An anonymous contribution, honouring **Lyon Wexler**.

Brian and Amanda Cepler and family, honouring **Yacov Fruchter** for his kindness and compassion.

Toddy and Irving Granovsky, commemorating the yahrtzeit of **Bette Hillman**.

Nathan Greenberg, commemorating the yahrtzeit of **Allan Greene**.

Anne and Mitch Max, honouring **Rabbi Baruch Frydman-Kohl** on being inducted into the Order of Canada. Debbie Rothstein and Michael Friedman, honouring **Larry and Nina Wallach** on the birth of their granddaughter **Iona Mer**.

Sheldon and Patti Rotman, acknowledging **Marvin Miller** in memory of **Goldie Erenberg**.

Patti and Sheldon Rotman, honouring **Rayna Jolley** on her 80th birthday.

Lorraine and Alan Sandler, commemorating the yahrtzeit of **Sheila Broomberg**.

Lorraine and Alan Sandler, commemorating the yahrtzeit of **Fay Davis**.

Norman and Ava Tobias, commemorating the yahrtzeit of **Pearl Tobias**.

Ava Kanner-Tobias and Norman Tobias, commemorating the yahrtzeit of **Alexis Kanner**.

General Fund

Elana Barak, honouring the memory of **Corinne Bronfman**.

Lyle Cappe, commemorating the yahrtzeit of **David Cappe**.

Lyle Cappe, commemorating the yahrtzeit of **Sarah Freedman**.

Martin Halpern and Karen Glass and family, commemorating the yahrtzeit of **Sidney Halpern**.

Corinne Hart, commemorating the yahrtzeit of **Eva Hart**.

Hart Heller, honouring the **Back Minyan**. Lou and Magda Hoffer, commemorating the yahrtzeit of **Sali Hoffer**.

Lou and Magda Hoffer, commemorating the yahrtzeit of **Sam Hoffer**.

Shaya and Ziva Izenberg, commemorating the yahrtzeit of **Isaac Izenberg**. Nadine and David Koff, commemorating the yahrtzeit of **Henri Smolarski**.

Morley Brown, Sam Zeifman and Nathan Lindenberg, acknowledging Alan Cohen in memory of **Elaine Ruth Cohen**.

Mitch and Anne Max, honouring the marriage of their daughter **Naomi Max and Richard Waters**.

Elaine and Marvin Mintz, commemorating the yahrtzeit of **Sari Troister**.

Naomi Kramer and Ben Murane, honouring the **staff and clergy** of Beth Tzedec. Judith Osten, commemorating the yahrtzeit of **Sarah Rotman**. Liane Piltz, commemorating the *yahrtzeiten* of **Karl Lowenthal** and **Rose Lowenthal**.

Hascal and Sandra Rosen, commemorating the yahrtzeit of **Dr. Louis Julius Rosen**.

Hascal and Sandra Rosen, commemorating the yahrtzeit of **Leah Rappaport Zatz**.

Susan Schendel, commemorating the yahrtzeit for **Ferdinand (Nandi) Milder**. Arieh Singer, honouring **Daniel Silverman**.

Hesed Fund

Frances Ackerman and Henry Einstoss, commemorating the yahrtzeit of **Jack Einstoss**.

Rosalee Berlin and family, commemorating the yahrtzeit of **Anne Tennenbaum**.

Rosalee Berlin and family, commemorating the yahrtzeit of **Rose Berlin**.

Rosalee Berlin and family, commemorating the yahrtzeit of **Rose Greenberg**.

Perry and Shirley Cooper, commemorating the yahrtzeit of **Hyman Cooper**. Perry and Shirley Cooper, commemorating the yahrtzeit of **Mervin Cooper**.

Rabbi Robyn Fryer Bodzin, honouring **Lorne Hanick** on the 50th anniversary of his bar mitzvah.

Rabbi Robyn Fryer Bodzin, honouring **Rabbi Steven Wernick** on his 25 years of service in the Rabbinical Assembly.

Sandra Gertner, acknowledging **Marvin Miller** in memory of **Goldie Erenberg**.

Morton and Elaine Goldbach, commemorating the yahrtzeit of **Jack Goldbach**.

Susan Laufer and Barry Greenberg, commemorating the yahrtzeit of **Ida Laufer**.

Susan Laufer and Barry Greenberg, commemorating the yahrtzeit of **Pia Berlin**.

Nathan Greenberg, commemorating the yahrtzeit of **Harry Greenberg**.

Michael Gross and Marsha Hurwitz, commemorating the yahrtzeit of **Harold Gross**.

Ruth Nichols, commemorating the yahrtzeit of **Samuel Nichols**.

Lynnda and Jeffrey Pancer and family, commemorating the yahrtzeit of **Louis Rubin**.

Alan and Lorraine Sandler, acknowledging **Carolyn Kolers** in memory of **Leonard Cepler**.

FAMILY SHABBAT DINNE

Fridays, March 24, April 28, May 26 and June 16 at 5:15 рм

Come together for a lively, abridged Kabbalat Shabbat Service, delicious Shabbat dinner and great programming for kids of all ages.

Cost: \$60/family for Beth Tzedec members; \$70/family for non-members. Pre-registration is required on the Monday preceding each date. Check our website at **www.beth-tzedec.org** for registration links for each date.

The Segal Family, commemorating the yahrtzeit of **Joshua Segal**.

Gloria Chan, honouring the **Hallah for Hesed program**.

Harold Shapiro, honouring becoming a member of **Beth Tzedec Congregation**. Howard and Emily Snow and family, commemorating the yahrtzeit of **S. Mickey Snow**.

Mel and Ruth Steinhart, commemorating the yahrtzeit of **Harry Steinhart**. Ruth and Mel Steinhart, commemorating

the yahrtzeit of **Samuel Siegel**. Mel and Ruth Steinhart, honouring **Cantor Sidney Ezer** for leading the shiva service in memory of **Eleanor**

(Steinhart) Heller. Mel and Ruth Steinhart, honouring Perry Cooper for leading the shiva service in memory of Eleanor (Steinhart) Heller.

Mel and Ruth Steinhart, honouring Milton Verskin for leading the shiva service in memory of Eleanor (Steinhart) Heller.

Mel and Ruth Steinhart, honouring Howard Kaiman for leading the shiva service in memory of Eleanor (Steinhart) Heller.

Howard (Hy) Cooper Trust Fund

David and Carol Grossman and family, acknowledging the **Label Family** in memory of **Richard Label**.

Jack and Sandi Grossman, honouring **Morty and Gail Eisenberg** on their 50th anniversary.

Mark and Jan Lapedus, acknowledging Hersh and Cheryl Rosenthal in memory of Richard Label.

Elaine Marcus, commemorating the yahrtzeit of **Stanley Axmith**.

Cheryl and Hersh Rosenthal, acknowledging the **Jesion Family** in memory of **Morris Jesion**.

Cheryl and Hersh Rosenthal, honouring **Leora and Brian Reisler** on their marriage.

Jewish Family Living Fund

Maxine J. Fish, commemorating the yahrtzeit of **Florence F. Levin**. Leo, Judah, Ezra and Henry, honouring **Chloe Korenblum** for being the greatest, most loving, caring mother of all time. Mark and Judy Libman, wishing **Alan Sandler** a *refuah* shelaimah.

Brenda Orser, honouring **Annalee** Wagman and Evelyn Wolfe.

Brittany Sud and Justin Hennick, honouring the birth of their son **Spencer Noah Hennick**, and honouring **Norman Kahn** for officiating the ceremony of the *Pidyon Haben*.

Dorothy Tessis, honouring **Bonnie and Larry Moncik** on the bat mitzvah of their granddaughter **Hannah**.

Kaddish Fund

Maurice Levy, honouring the memory of **Brigitte Levy**.

Kosher Food Bank

Lorne Blumer, honouring the memory of **Rhoda Blumer**.

Robert Milne and family, commemorating the yahrtzeit of **Harold Milne**.

Paul and Gella Rothstein, commemorating the yahrtzeit of **Isaac Rothstein**.

Kosher Food Bank Fund

Jerry Kreindler, Eve Lerner and Yvette Lerner, honouring **Rabbi Baruch Frydman-Kohl** on being inducted into the Order of Canada.

Dena Libman, acknowledging **Carolyn Kolers** in memory of **Leonard Cepler**.

Newton and Claire Markus, commemorating the yahrtzeit of **Raymond Markus**.

Newton and Claire Markus, commemorating the yahrtzeit of **Joel Markus**.

Newton and Claire Markus, commemorating the yahrtzeit of **Lewis Markus**. Jeanne and Irving Salit, honouring Dr. Richard Stall and Dr. Lisa Berger on the birth of their grandson Samuel Stall. Jeanne and Irving Salit, honouring Dr. Tali Bogler and Dr. Nathan Stall on the birth of their son Samuel Stall. Jeanne and Irving Salit, honouring Rabbi Baruch Frydman-Kohl on being inducted into the Order of Canada. Don Smith, honouring Lianne Ecklove. Dorothy Tessis, commemorating the yahrtzeit of Sarah Tessis. Mila Zigelman and family commemorating

Mila Zigelman and family, commemorating the yahrtzeit of **Leon (Lev) Zigelman**.

Little Minyan Fund

Debbie Rothstein and Michael Friedman, acknowledging **Joe Milner and family** in memory of **Edith Milner**.

Debbie Rothstein and Michael Friedman, acknowledging the **Cepler and Kolers Families** in memory of **Leonard Cepler**.

Debbie Rothstein and Michael Friedman, honouring **Bruce and Nancy Elman** on the bar mitzvah of their grandson **Jacob**.

Debbie Rothstein and Michael Friedman, honoouring **Anne and Mitch Max** on the marriage of their daughter **Naomi**.

Membership Relief Fund

The Abrams Family, commemorating the yahrtzeit of **Hyman Abrams**.

Music Fund

Linda and Gary Goldberg, honouring **Dr. Gary Mansfield** on his 75th birthday.

Online Learning Fund

Deborah Staiman, acknowledging **Ephry Merkur, K.C.** in memory of **Melvin Merkur**.

Sharing Your Success!

You've studied and applied yourself for years and now have your hard-earned graduation certificate in hand. It's time to share your success.

Beth Tzedec will include of post-secondary graduation notices in the next edition of the *Bulletin*. Use **this form** to upload your graduate's name, parents' names, degree earned and university/college they attend. We'd also be happy to include a digital photo. Deadline for submissions is **Friday**, **July 14**.

Out of the Cold Fund

An anonymous contribution, honouring **Rabbi Brauch Frydman-Kohl** on being inducted into the Order of Canada.

An anonymous contribution, honouring the **staff of Beth Tzedec** for their kindness, compassion, dedication and hard work.

An anonymous contribution honouring **Eric Sobel** on the 64th anniversary of his bar mitzvah.

Phyllis Adler and family, commemorating the yahrtzeit of **Ethel Smordin**.

Beverley Applebaum, commemorating the yahrtzeit of **Sydney Applebaum**.

Drew and Pearl Berman, commemorating the yahrtzeit of **Valli Jean Berman**.

Joyce Chapnick and family, commemorating the yahrtzeit of **Mollie Peiser**.

Jeffrey Cummings and family, commemorating the yahrtzeit of **Michael Cummings**.

Jeffrey Cummings and family, commemorating the yahrtzeit of

Dr. Anne Cummings.

Henry Einstoss and Frances Ackerman, commemorating the yahrtzeit of **Jack Einstoss**.

Vera and Larry Finkelstein, commemorating the yahrtzeit of **Esther Glassman**.

Sally Gallinger, commemorating the yahrtzeit of **Harry Gallinger**.

Sandra Gertner, commemorating the yahrtzeit of **Eva Reich**.

Beverley Kupfert and Brian Heller, commemorating the yahrtzeit of **Morris Kupfert**.

Elise Herzig, honouring **Dena Libman** in being named last year's *Kallat Torah*.

David and Eva Hoffman, honouring **Morty and Gayle Einseberg** on their anniversary.

Gloria Houser and family, commemorating the yahrtzeit of **Harry Pearlstein**.

Esther Hussman and family, commemorating the yahrtzeit of **Benjamin Mizrachi**. Barnaby Kalan, honouring **Skip Walters**. Michael Katz, commemorating the *yahrtzeiten* of **Blanche and Melvin Katz**. Gilda Tanz and Marty Kelman, commemorating the yahrtzeit of **Rebecca Newman**.

Gilda Tanz and Marty Kelman, commemorating the yahrtzeit of **Bernard Newman**.

Glennie Lindenberg and Morland Brown, commemorating the yahrtzeit of **Rose Brown**.

Ruth and Harold Margles, honouring **Rabbi Baruch Frydman-Kohl** on being invested into the Order of Canada.

Roz Mendelson and family, commemorating the yahrtzeit of **Faye Bigman**.

Honey Milstein and family, commemorating the yahrtzeit of **Sarah Nisker**.

Marvin and Elaine Mintz, commemorating the yahrtzeit of **Abraham Mintz**.

Henia Muller, commemorating the yahrtzeit of **Meir Amburski**.

Eric and Elaine Ostfield, honouring **Lisa Berger and Richard Stall** on the birth of their grandson.

Karen Rabinowicz, commemorating the yahrtzeit of **Geeta Siegel**.

Denise Rogul and family, commemorating the yahrtzeit of **Norman Rogul**.

Debbie Rothstein, honouring **Rayna Jolley** on her special birthday.

Debbie Rothstein and Michael Friedman, honouring **Patti and Sheldon Rotman** on the birth of their granddaughter.

Paul and Gella Rothstein, acknowledging Marvin Miller in memory of Goldie Erenberg.

Paul and Gella Rothstein, honouring **Rabbi Baruch Frydman-Kohl** on being inducted into the Order of Canada.

Paul and Gella Rothstein, acknowledging Carolyn Kolers and family in memory of Leonard Cepler.

Jeanne and Irving Salit, commemorating the yahrtzeit of **Emmanuel Cooke**.

Jeanne and Irving Salit, acknowledging **Wendy Gold** in memory of **Macey Morris**.

Arlene Schwartz, acknowledging **Gail Goldfarb and family** in memory of **Sandi Miller**.

Jack Shore, honouring **Steven (Skip)** Walters.

Fern Simpson-Reich, commemorating the yahrtzeit of **Dorothy Koven**.

Don Smith, honouring his mother for teaching him the importance of giving back to the community.

Debbie, Lloyd, Michelle and Joc Speyer, commemorating the yahrtzeit of **Esther Wells**.

Bernice Stern and family, commemorating the yahrtzeit of **Gitel Rotenstein**.

Line and Steven Troster, commemorating the *yahrtzeiten* of **Madeleine and Jean Veillant**.

Judith and Murray Urowitz, commemorating the yahrtzeit of **Abraham Reisner**.

Susan Van, commemorating the yahrtzeit of **Jerry Van Vengroff**.

Prayer Book Dedications (Humash)

Myrna Lambert and family, acknowledging **Irving Gurau and family** in memory of **Susan Gurau**.

Renee Sananes, commemorating the yahrtzeit of **Joseph Sananes**.

Prayer Book Dedications (Siddur)

Patti Fluxgold, honouring **Marcia Schnoor**.

Rose Sobel and Duke Segel, acknowledging the **Chelin Family** in memory of **Sandra (Saundra) Chelin Schnoor**.



Email the office for a list of Beth Tzedec funds.

Rose Sobel and Duke Segel, acknowledging the **Chelin Family** in memory of **Sandra (Saundra) Chelin**.

Rabbi Robyn Fryer Bodzin Discretionary Fund

Brian and Amanda Cepler and family, honouring **Rabbi Fryer Bodzin** for her kindness and compassion.

Maury and Cheryl Cepler and family, commemorating the the yahrtzeit of **Sam Abramson**.

Michael and Katelyn Hochberg, honouring **Rabbi Robyn Fryer Bodzin** for her assistance and participation in their wedding.

Ronnie Hoffer and family, honouring **Rabbi Robyn Fryer Bodzin**.

Nancy Kraft and family, commemorating the yahrtzeit of **William Shore**.

Marcus Scoler, honouring **Lorraine and Shep Gangbar** for their warmth and friendship.

The Slan Family, honouring **Rabbi Robyn Fryer Bodzin**.

The Valo Family, commemorating the yahrtzeit of **Sidney Valo**.

Felicia Valo and Arlene Travis, commemorating the yahrtzeit of **William Travis**.

Rabbi Steven Wernick Discretionary Fund

An anonymous contribution, honouring **Rabbi Steve and Jody Wernick and family** in honour of Reb Steve's honourary Doctor of Divinity, and the loved ones who have supported and continue to support his endeavours. Earl Altman and family, commemorating

the yahrtzeit of **Sonny Altman**. Sidney Brown, commemorating the

yahrtzeit of **Morris Brown**. Orah Buck, commemorating the

yahrtzeit of **Abraham Meir Wigser**. Flory and Bob Cohen, acknowledging

Carolyn Kolers in memory of Leonard Cepler.

The Dales Family, honouring **Rabbi Steven Wernick**.

Samuel and Renata Galperin, commemorating the yahrtzeit of **Charles Galperin**.

Sid and Nancy Golden, commemorating the yahrtzeit of I**sadore Rosen**. Roz Halman and family, marking the conclusion of *shloshim* for **William Halman**. An anonymous contribution, honouring **Rabbi Steven Wernick** on receiving an honourary Doctor of Divinity degree from the Jewish Theological Seminary.

Jerome and Pearl Kazdan, commemorating the yahrtzeit of **Louis Kazdan**.

Jerome and Pearl Kazdan, commemorating the yahrtzeit of **Martin Kazdan**.

Dena Libman, honouring **Rabbi Steve Wernick** on receiving an honourary Doctor of Divinity degree from the Jewish Theological Seminary.

Judy and Mark Libman, honouring **Rabbi Steve Wernick** on receiving an honourary Doctor of Divinity degree from the Jewish Theological Seminary. Harold and Ruth Margles,

commemorating the yahrtzeit of **Maurice Margles**.

Anne and Mitch Max, honouring **Rabbi Dr. Steve Wernick** on receiving an honourary Doctor of Divinity degree from the Jewish Theological Seminary.

Brenda Orser, commemorating the yahrtzeit of **Trevor R. S. Orser**.

Saul Reichert and family, commemorating the yahrtzeit of **Toby Reichert**.

Lorraine and Morris Rotbard and family and Gerry and Donna Koffman, commemorating the yahrtzeit of **Annie Koffman**.

Lorraine and Morris Rotbard and family and Gerry and Donna Koffman, commemorating the yahrtzeit of

Morris Koffman.

Loren and Mark Roth, honouring **Rabbi** Steve Wernick.

Debbie Rothstein and Michael Friedman, honouring **Rabbi Steve Wernick** on receiving an honourary Doctor of Divinity degree from the Jewish Theological Seminary.

Sheldon and Patti Rotman, acknowledging **Carolyn Kolers** in memory of **Leonard Cepler**.

Harold Shapiro, honouring **Rabbi Steven Wernick** for his assistance during the High Holy Days.

Gary Stern and family, commemorating the yahrtzeit of **Morton Stern**.

Martha Sud and family, commemorating the yahrtzeit of **David Sud**.

Steven Troster and Dana Troster, honouring **Rabbi Steven and Jody Wernick**.

Reuben and Helene Dennis Museum Fund

Brenda Orser, acknowledging **Barbra** Walters and family in memory of Manley Walters.

Refugee Program

Fred and Ruth Fishman, honouring **Bari Zittell** on her birthday.

Hon. Sidney and Beverley Linden, honouring **Dr. Les Richmond** on his retirement.

Pauline Menkes, commemorating the yahrtzeit of **Jack Weintraub**.

Gella and Paul Rothstein, honouring the memory of **J. Barney Goldhar**.

The Walters Family, honouring **Bari Zittell** on her birthday.

Bari and Teddy Zittell, acknowledging **Carolyn Kolers** in memory of **Leonard Cepler**.

The Rabbi Baruch Frydman-Kohl Endowment Fund

Two anonymous contributions, honouring **Rabbi Baruch Frydman-Kohl** on being inducted into the Order of Canada. Frances Ackerman and family, honouring **Rabbi Brauch Frydman-Kohl** on being inducted into the Order of Canada. Albina Backman and family, commemorating the yahrtzeit of

Mariana Rozencwajg.

Catherine Weinberg and Todd Beallor, honouring **Rabbi Baruch Frydman-Kohl**. Moshe and Brenda Bessin, honouring **Rabbi Baruch Frydman-Kohl** on being inducted into the Order of Canada. Sidney Brown and Sarah Tanenbaum, commemorating the yahrtzeit of **Faiga Brown**.

Paul and Joyce Chapnick, acknowledging **Sheila Rubinoff and family** in memory of Gary Rubinoff.

Janet Cohen and family, honouring **Fauna Lidsky** on her special birthday. Bob and Flory Cohen, acknowledging

David Promislow and family in memory of **Shirley Promislow**.

Sandy Cohen, commemorating the yahrtzeit of **Minnie Clavir**.

Marlene Olyan and Arthur Cole, commemorating the yahrtzeit **Charlotte Cherlon**.

Marlene Olyan and Arthur Cole, commemorating the yahrtzeit of **Jack Cherlon**.

Phyllis Flatt, acknowledging **Carolyn Kolers** in memory of **Leonard Cepler**.

Gianna Glassman, commemorating the yahrtzeit of **Dr. Max Glassman**.

Diane Grafstein, honouring **Rabbi Baruch Frydman-Kohl** on being inducted into the Order of Canada.

Nathan Greenberg and family, honouring **Rabbi Baruch Frydman-Kohl** on being inducted into the Order of Canada.

David and Carol Grossman, honouring **Rabbi Baruch Frydman-Kohl**.

Roz Halman, honouring **Rabbi Baruch Frydman-Kohl** on being inducted into the Order of Canada.

Mark Heller, David Heller and Steven Heller and Lisa Glassman, honouring **Rabbi Baruch Frydman-Koh**l.

Ronnie Hoffer and family, honouring **Rabbi Baruch Frydman-Kohl** on being inducted into the Order of Canada.

Terri Humphries, acknowledging **Roslene Halman** in memory of **William Halman**.

Terri Humphries, acknowledging Carolyn Kolers and family in memory of Leonard Cepler.

Rayna Jolley, honouring **Martin Friedland** on his 90th birthday.

Norman and Jackie Kahn, honouring **Harold Wolfe** on receiving the Charles H. Revson Award from Jewish Theological Seminary.

Carolyn and Eliot Kolers, honouring **Rabbi Brauch Frydman-Kohl** on being inducted into the Order of Canada.

Bonnie and Igor Korenzvit, commemorating the yahrtzeit of

Rose Beverstein.

Judith Kostman and family, commemorating the yahrtzeit of **Harry Kostman**.

Judith Kostman and family, commemorating the yahrtzeit of **Henrietta Kostman**.

Jerry Kreindler, Eve Lerner and Yvette Lerner, honouring R**abbi Baruch Frydman-Kohl** on being inducted into the Order of Canada.

Yvette Lerner, acknowledging **Linda Colman** in memory of her brother.

Murray and Adrienne Levinter, commemorating the *yahrtzeiten* of **William and Anne Haberman**.

Murray and Adrienne Levinter, commemorating the *yahrtzeiten* of **Jacob and Sara Levinter**.

Nathan Lindenberg, commemorating the yahrtzeit of **Miriam Lindenberg**.

Lili, Sasha and Erin Litwin, commemorating the yahrtzeit of Jeffrey Litwin.

Elaine Marcus, commemorating the yahrtzeit of **Max Marcus**.

Roz Mendelson, honouring **Rabbi Baruch Frydman-Kohl** on being inducted into the Order of Canada.

Rochelle and Peter Miller, commemorating the yahrtzeit of Yale Pilz.

Phyllis Nemers, honouring **Rabbi Baruch Frydman-Kohl** for his wisdom and kindness.

Hart and Marcia Nemoy, acknowledging **David Promislow and family** in memory of **Shirley Promislow**.

Rachel Nisker and family, commemorating the yahrtzeit of **Isaac Bernie Prusznowski.** The Promislow Family, honouring **Rabbi**

Baruch Frydman-Kohl.

Marilyn Rosenberg, honouring **Rabbi Baruch Frydman-Kohl** on being inducted into the Order of Canada.

Dorothy Ross, honouring **Rabbi Brauch Frydman-Kohl** on being inducted into the Order of Canada.

Sheila Rubinoff and family, honouring **Rabbi Baruch Frydman-Kohl**.

Janice Segal, honouring **Rabbi Baruch Frydman-Kohl** on being inducted into the Order of Canada.

Richard Seligman and family, commemorating the yahrtzeit of **Sidney Seligman**.

Harold Shapiro, honouring **Rabbi Baruch Frydman-Kohl** for his friendship over the years.

Eric Sobel, honouring **Rabbi Baruch Frydman-Kohl**.

The Tanenbaum Family, commemorating the yahrtzeit of **Max Tanenbaum**.

Felicia Valo and Arlene Travis, commemorating the yahrtzeit of **Erica Travis**.

Gerry White, commemorating the yahrtzeit of **Noreen White**.

Lynda and Jerry White, commemorating the yahrtzeit of **Louis Swartz**.

Eileen and Phil Wunch, acknowledging **Carolyn Kolers** in memory of **Leonard Cepler**.

Eileen and Phil Wunch, honouring of **Rabbi Baruch Frydman-Kohl** on being inducted into the Order of Canada. David and Ellen Zworth, commemorating the yahrtzeit of **Mickey Zworth**.

The Rabbi J. Benjamin Friedberg Memorial Fund

Steven and Elyse Aronoff, acknowledging **Carolyn Kolers and family** in memory of **Leonard Cepler**.

Yom Hashoah Candle Fund

Cathy Surdin and Lawrence and Brooke Schiff, acknowledging **Marlene Rosen** in memory of **Shirley Rosen**. Cathy Surdin and Lawrence and Brooke Schiff, commemorating the yahrtzeit of **Victor Schiff**. Cathy Surdin and Lawrence and

Brooke Schiff, honouring **Gayle** and Morty Eisenberg on their 50th anniversary.

Young Emissaries Fund

Robert Milne, honouring the memory of **Carrie Glass**.

Robert Milne, acknowledging **Faye Lynn** in memory of **Esther Katz**.

Young Professionals Fund

Elise Herzig, honouring Yacov Fruchter.

Youth Initiatives Fund in memory of Adam Kruger

Stephen and Judy Kruger, honouring **Robyn and Matt Buck** on their marriage.

Tax Receipts

Tax receipts for contributions made to Beth Tzedec during 2022 have been emailed to all those who have contributed over this trying year. If we do not have an email address on file, the charitable tax receipt has been mailed to your home address.

If you have any questions, email Joven Pinol. Thank you to all who helped support our community.



Shabbat Middle School Lounge (For students in Grades 6 to 8)

March 25, April 29 and May 27 at 11:00 AM

Come hang out with Sylvie and other middle schoolers at BT for games, snacks and interesting discussions about Judaism on topic of your choice!

Registration requested to Sylvie Moscovitz.

Inscribe our *Siddurim*!

Inscribe one or more of our *SIDDURIM*, to mark a celebration, special occasion or achievement, or to honour the memory of a loved one. Each *SIDDUR* will bear an elegant, personalized bookplate to acknowledge the *MITZVAH* of your gift to Beth Tzedec.

To inscribe a siddur, call 416-781-3511

Condolences

The Congregation extends heartfelt condolences to the families of the late:

Irving Aaron Clara Cappe Mark Charness Sybil Cowitz Goldie Erenberg Judith Ezer Sonia Goldlust Edwin Goldstein Herb Greenstein Dovena Hart Eleanor Heller Rickey Hoff Min Mandel Melvin Merkur Edith Milner Betty Minden Esther Moyal (Meme) Mary Orenstein Thelma Schiff Ray Sinukoff Nina Mae Spiegel Bernice Stern David Sugarman Barry Swadron, K.C. Freda Tobe Batya (Betty) Volfinzon Gail Wilks Louis Zeidner

"May the God of mercy sustain and strengthen them in their sorrow."

Memorial Plaques

A plaque to honour the following individual will be installed in the Sanctuary:

Neil S. Abbott	Tova Markovzki
Ruth Elana Bayne	Susan Pasternak
Anne Eisenberg	Bertha Reine
Aaron David Howard	Sylvia Singer
Ruth Milne	Beverley Stern
Hilda Mitz	

If you wish to honour the memory of a dear one, a fitting, traditional and dignified remembrance is through a memorial plaque and lamp. Each plaque, bearing the name and yahrtzeit date, is mounted on a bronze tablet in the Sanctuary. The lamp is lit on the Shabbat of the week of the yahrtzeit, on the day of the yahrtzeit, and on the four festivals during the year when Yizkor is recited. To order a memorial plaque, **click here** or contact our Ritual Director **Lorne Hanick** at 416-781-3514, ext. 240.

Everything we do Today is for Tomorrow Beth Tzedec has a number of opportunities for members wishing to support our *tzedakah* initiatives. Honour the memory of a loved one by making a contribution to one of our funds or inscribing a suddur on a *yahrtzeit*. For a complete list of Synagogue funds, call 416-781-3511.

Passover Menu 2023 | 5783

Email Orders to passover@apexkoshercatering.com All Orders Must be Received by Sunday, March 26th, 2023 Available for Pick-Up From 10AM to 1PM on Wednesday, April 5th, 2023

Bitsernit Squash and Paar Soup Pan-Seared Chicken Supreme Sig per time (serves 4) Served with Manap Packah Salsa and Au Jus Source with Squash and Paar Soup Sig per portion Sig per time (serves 4) Served with Citrus Penegranate Salsa Sig per time (serves 4) Source with Au Jus Source with Squash Balls Source with Au Jus Sig per time (serves 4) Source with Au Jus Source with Squash Balls Source with Au Jus Source with Squash Balls Source with Au Jus Source with Squash Balls Source with Au Jus Source Source Source with Source Source with Manap Pene Served with Au Jus Source Source With Au Jus Source Source Source Source With Au Jus Source Source With Au Jus Mixed Green Salad Clup Spleed Chicken leg Quarter Source	QTY	SOUPS & APPETIZERS	QTY	MAINS			
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with Brunks of Carrot, Celery, Onion and Diced Chicken S20 per litre (serves 4) S21 per litre (serves 4) Matzah Balis S2.5.0 per piece S22 per ac portion S31 and Pepper Gefite Fish with Beet Horseradish S5 per 4co portion Salt and Pepper Gefite Fish with Beet Horseradish S5 per 4co portion Salt and Pepper Gefite Fish with Beet Horseradish S2 per portion Salt and Pepper Gefite Fish with Beet Horseradish S2 per portion Salt and Pepper Gefite Fish with Beet Horseradish S2 per portion Miked Green Salad with Orange, Grapefruit, Mandarin Segments, Sweet Pickled Heirloon Carrots, Honey Berry Dressing S6 per portion Baby Spinach Salad with Road Golden Beets, Balsamic Vinaigrette S6 per portion S1DES/STARCH Herb Crisp Potato with Garlic Chimichurri S6 per portion S47 per pan (7" x 4") Herb Susteed Miked Vegetables S47 per person S47 per person <t< td=""><td></td><td>\$18 per litre (serves 4)</td><td></td></t<>		\$18 per litre (serves 4)					
\$20 per litre (serves 4) Served with Citrus Pomegranate Salsa Clear Chicken Soup \$23 per 8oz portion SJ.50 per place \$28 per 8oz cocked weight Sweet Geflite Fish with Beet Horseradish \$28 per 8oz cocked weight System of a copportion \$29 per sourcoked weight Salt and Pepper Geflite Fish with Beet Horseradish \$29 per sourcoked weight System of a copportion Crispy Chicken Fingers with Ketchup and Plum Sauce Sold per force \$20 per dozen Mixed Green Salad Crispy Chicken Fingers with Ketchup and Plum Sauce With Orange, Grapefruit, Mandarin Segments, Sweet Pickled Crispy Chicken Wings with BBQ Sauce Mixed Green Salad Crispy Chicken Wings with BBQ Sauce with Roasted Red and Golden Beets, Balsamic Vinaigrette \$20 per place Si per sortion Baby Spinach Salad Si per forze portion \$20 per place Si per sortion \$20 per place Si per so portion \$20 per place Si per sop (7" x 4") Please NOTE!		Chicken Noodle Soup		\$19 per portion			
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Shretter day portion Sper day portion SALAD Mixed Green Salad with Orange, GrapeFruit, Mandarin Segments, Sweet Pickled Heirborn Carrots, Honey Berry Dressing S6 per portion Baby Spinach Salad with Roasted Red and Golden Beets, Balsamic Vinaigrette S6 per portion S1DES/STARCH S1DES/STARCH S1DES/STARCH S1DES/STARCH S1DES/STARCH S1DES/STARCH S1DES/STARCH S1DES/STARCH S20 per plate S1DES/STARCH S1DES/STARCH S20 per plate S1DES/STARCH S1DES/STARCH S1DES/STARCH S20 per plate S20 per ndividual place \$60 per Whole cake \$60 per whole cake \$60 per whole cake \$60 per plate S21 per pan (7* x 4") S47 per person			ADDITIONAL				
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SALAD Mixed Green Salad with Corange, Grapefruit, Mandarin Segments, Sweet Pickled Heirloom Carrots, Honey Berry Dressing S6 per portion Baby Spinach Salad with Roasted Red and Golden Beets, Balsamic Vinaigrette S6 per portion S1DES/STARCH S1DES/STARCH S1DES/STARCH S1DES/STARCH S1DES/STARCH S47 per pan (7" x 4") S47 per pan (7" x 4") S47 per parson S47 per person S42 per person Chicken Noodle Matrah Ball Soup Baby Spinach Salad Chicken Noodle Matrah Ball Soup Chicken Stalded Chicken Suded Mixed Vegetables Chicken Stalded Chicken Stalded <t< td=""><td></td><td>\$5 per 4oz portion</td><td></td><td>2 Pieces - \$12</td><td></td><td>6 Pieces - \$25</td></t<>		\$5 per 4oz portion		2 Pieces - \$12		6 Pieces - \$25	
Mixed Green Salad S30 per dozen With Orange, Grapefruit, Mandarin Segments, Sweet Pickled Crayoy Chicken Wings with BBQ Sauce Step portion S24 per dozen Baby Spinach Salad Charoset with Roasted Red and Golden Beets, Balsamic Vinaigrette S6 per portion S6 per portion Red Beet Horseradish S1DES/STARCH DESSERTS S1DES/STARCH DESSERTS S15 per pontion S6 per footato with Garlic Chimichurri S6 per footato with Garlic Chimichurri S6 set foota portion S15 per pan (7* x 4*) DESSERTS Apple kugel S17 per pan (7* x 4*) Apple kugel S17 per pan (7* x 4*) S47 per pan (7* x 4*) PLEASE NOTE: Minimum 2 people Set of 10 people *If you require meal division between households and/or family: Address: • Chicken Noodie Matzah Ball Soup Credit Card # • Expiry Date Cv • Choice of Main course: Oranset Step reson • Herb Sated Mixed Vegetables Choice of Main course: • Choice of Main course: Oranset Step reson • Choice of Main course: Oranset Step reson <td< td=""><td></td><td></td><td></td><td>Crispy Chicken Fingers with Ke</td><td>tchup and</td><td>Plum Sauce</td></td<>				Crispy Chicken Fingers with Ke	tchup and	Plum Sauce	
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SIDES/STARCH Side private SIDES/STARCH DESSERTS Herb Crisp Potato with Garlic Chimichurri \$60 per Whole cake \$60 per part (7" x 4") \$8.50 per Individual piece Apple Kugel \$60 per Whole cake \$17 per pan (7" x 4") CLENT INFORMATION Herb Sauteed Mixed Vegetables \$60 per Whole cake \$67 per pan (7" x 4") CLENT INFORMATION Herb Sauteed Mixed Vegetables \$42 per person \$47 per person \$42 per person \$47 per person \$42 per person \$47 per person \$42 per person Set of 10 people Address: *If you require meal division between households and/or family: additional charges may apply Seder Set Menu Includes: • Chicken Noodle Matzah Ball Soup • Baby Spinach Salad • Choice of Main course: • Choice of Main course: • Herb Crisp Potato • Herb Crisp Potato • Herb Crisp Potato • Herb Crisp Potato							
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\$6 per 602 portion \$8.50 per Individual piece Potato Kugel \$60 per Whole cake \$15 per pan (7" x 4") PLEASE NOTE: Maple Kugel \$8.50 per Individual piece \$17 per pan (7" x 4") PLEASE NOTE: Minimum 2 people \$42 per person \$47 per person \$42 per person Minimum 2 people \$et of 10 people *If you require meal division between households and/or family; additional charges may apply Seder Set Menu Includes: • Chicken Noodle Matzah Ball Soup • Chicken Noodle Matzah Ball Soup • Baby Spinach Salad • Choice of Main course: • Choice of Main course: • Choice of Main course: • Choice of Dessert: • Choice of Dessert: • Choice of Dessert: • Choice of Dessert:		Herb Crisp Potato with Garlic Chimichurri		Frozen Lemon Cake		670 par Whole cake	
\$15 per pan (7" x 4") \$8.50 per Individual piece \$60 per Whole cake Apple Kugel \$17 per pan (7" x 4") PLEASE NOTE: Herb Sauteed Mixed Vegetables \$90 + HST \$6 per 6oz portion \$90 + HST SEDER SET MENU \$42 per person \$47 per person \$42 per person Minimum 2 people \$6 to f 10 people *If you require meal division between households and/or family: additional charges may apply PAYMENT INFORMATION (Minimum spend \$90 + HST) Seder Set Menu Includes: 		\$6 per 6oz portion		\$8.50 per Individual piece		\$70 per whole cake	
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 $\underbrace{APEX}_{\text{KOSHER CATERING}}$



Nashuvah, Return Again!

Join us at Beth Tzedec as we gather as a *kehillah* and a community to celebrate Passover *panim el panim*, face to face. Below, please find a helpful guide with links to our Passover-related programs, services and other helpful information.

We wish you and your family a *Hag Pesah Kasher v'Sameah* and continued good health.

Something New for Seder! A Treasure Trove of Creativity from the Minds of The Matzah Mavens!

Monday, March 27 at 8:00 PM

(For adults and seniors)

The Doll Seder!

Sunday, April 2 from 12:30 to 2:00 PM

(For kids ages 5 ½ to 9 years)

Passover Prep-alooza!

Sunday, April 2 from 10:00 AM to 12:30 PM

(For Youth and Families)

The Teddy Bear Seder!

3:30 to 4:30 PM

with a grown-up)

Sunday, April 2 from

(For children ages 3 to 5

A Pre-Passover Community Shabbat Dinner

Friday, March 31 at 7:00 PM

(Everyone is welcome)

20s and 30s Pre-Passover Shabbat Dinner

Friday, March 31 at 7:00 PM

For more information about all our Passover programs, events and services, or to register for any program or dinner, **click here**>> Publications agreement #40009286