



## Beth Tzedec Congregation: Women in Israel

With Rabbi Robyn Fryer Bodzin

August 7-14, 2025

Itinerary as of February 26, 2025 (subject to change)

### Thursday, August 7, 2025: Bruchim Habaim!

- 9 am morning arrival - **Welcome to Israel ! ברוכים הבאים**
- Meet your **Ramah Staff** at Ben Gurion Airport and then head to Jerusalem for pick up at the Dan Panorama
- Intros and orientation at the beautiful **Tayelet- Haas Promenade** lookout over Jerusalem
- Volunteer at **Pantry Packers** packing dry goods that will be distributed to needy Israeli families
- Lunch on own
- Daven mincha at **Azarat Yisrael**- the egalitarian section of the Kotel in the **Old City** and then enjoy a walking tour with guide
- Check into the hotel
- Dinner on own at local restaurants
- Evening panel of women who are **miluim wives** and here about family life throughout the war

**Overnight: Dan Panorama Hotel, Jerusalem**

### Friday, August 8, 2025: Jerusalem of Gold

- Breakfast at hotel
- Tour the new **National Library** and see some of the rare literary gems in its private collection
- Pay respects at the memorial for the Swords of Iron war
- Lunch on own **in the Shuk** and picking up snacks for potluck seudat shlishit
- Prepare for Shabbat - 6:50pm Candle Lighting
- **Kabbalat Shabbat** with the Harel Community.
- Dinner at the hotel in a private room
- Oneg Shabbat at hotel

**Overnight: Dan Panorama Hotel, Jerusalem**

### **Saturday, August 9, 2025: Shabbat Mishpacha**

- Breakfast at hotel
- **Tefillah** at a choice of local Synagogues (optional)
- Learning session with Rabbi Fryer Bodzin
- Lunch at the hotel
- Walking tour of **Yemin Moshe** (optional)
- Mincha at hotel (optional)
- Reflection time with Rabbi Fryer-Bodzin (optional)
- Potluck **Seudat Shlishit at Bloomfield park**
- 8:08pm **Havdalah** together in the hotel
- Free evening and Dinner on own

**Overnight: Dan Panorama Hotel, Jerusalem**

### **Sunday, August 10, 2025: Working with Your Hands**

- Breakfast at hotel and check out
- Travel to a **local farm to volunteer helping in the fields**. The agricultural sector has been hit hard by the war and the entire country has been volunteering to help save this season's crops. We will spend the morning working, and participants should prepare for a physically demanding few hours of manual labor.
- Lunch on own
- Visit the mikvah on **Kibbutz Hanaton** and meet with a member of the kibbutz
- Meet with the Arab and Jewish women who work together at **Sidyanna Bagalil** and enjoy their spice making workshop
- Enjoy some free time and dinner on own in the beautiful lakeside town of **Tiveria**
- Check into the hotel

**Overnight: Nof Ginosar Hotel, Kinneret**

### **Monday, August 11, 2025: Golan: The Eyes of the Country**

- Breakfast at hotel
- **Volunteer in a Northern community** helping to rebuild what was broken during the war (location TBD based on need)
- Lunch on own
- Go up **Mt Ben Tal** to lookout over Syria and learn about the war in the North and the borders of Israel
- Enjoy a delicious chocolate workshop at the **De Karina chocolate factory** and meet with its founder Karina, and hear about her aliyah from Argentina and how she built up her business in the Golan
- Dinner at hotel
- Evening Speaker: **Sheila Weinberg**, the first Trans woman to sit on a City council (Kiryat Tivon) and learn about her political career as well as what life has been like in the North since 10/7

**Overnight: Nof Ginosar Hotel, Kinneret**

## **Tuesday, August 12, 2025: Around the Kinneret**

- Breakfast at hotel and check out
- Visit the **Kinneret cemetery** and learn about some of the leading poets of Israel who are buried there including Naomi Shemer and Rachel the Poetess
- Cool off in the leisurely water hike at the refreshing **Majrase stream**
- Walk around the Mystical city of **Tsfat** starting with lunch on own. Learn about this spiritual center of Judaism, with free time for shopping.
- Meet with a local female doctor at the **Ziv hospital** and learn about the medical school and how the country is working to improve medical care in the periphery of the country
- Travel to Haifa
- Check in and dinner at hotel
- Evening Speaker: **Anat Hoffman**, the director and founding member of Women of the Wall

**Overnight: Dan Panorama Hotel, Haifa**

## **Wednesday, August 13, 2025: Coexistence**

- Breakfast at hotel
- Meet with **Rabbi Natalie Lastreger** at Kfar Vradim
- Enjoy lunch at the **Druze village of Horfesh** and learn about the Druze religion and community
- Visit the boutique **Tulip winery**, located at **Kfar Tikvah** and enjoy tastings of their unique wine while learning about this village for people with special needs
- Tour around Haifa visiting sites connected to the various religions of the city including the **Stella Maris** monastery, the **Bahai Gardens** and the **Ahmadiyya Mosque**
- Free night out with dinner on own

**Overnight: Dan Panorama Hotel, Haifa**

## **Thursday, August 14, 2025: TLV: The First Hebrew City**

- Breakfast at hotel and check out
- Visit the **Israel Para Sports Center**, meet one of Israel's Elite Para athletes and hear her story. End the visit with a game of wheelchair basketball
- Enjoy lunch at the **Balinjera Ethiopian Restaurant**. Meet with founder and Chef Fanta Prada and her partner Ashager Arrero and learn about their journey to Israel and about the Ethiopian community in Israel
- Free time for last minute shopping in **downtown TLV** OR visit **Hostage Square** and meet with one of the families/returned hostages to hear their story
- Tour **Save a Child's Heart** and hear about this incredible project giving medical care to children from around the third world
- Head to **Modiin** for a Summary at the beautiful Anava park and enjoy a final dinner at the delicious **Caffit restaurant**
- Head to Airport

**להתראות ! Lehitra'ot**